



# Oregon

Kate Brown, Governor

## Department of Human Services

*Office of Licensing and Regulatory Oversight*

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### Information Memorandum

Nursing Facility Providers

IM-16-13-NF

Date: February 29, 2016  
From: Nursing Facility Licensing Unit  
Subject: No-Cost, In-Person Training, March 2016

#### *Summary:*

Oregon Care Partners offers free, statewide caregiver training on topics including geriatric medication management, working with challenging behaviors and many Alzheimer's-related topics. CEU's are offered for most participants, contact Oregon Care Partners to confirm if your class qualifies.

Please help spread the word about this valuable free service by sharing this schedule with family or friends of individuals who need care.

This Alert highlights in-person classes offered in March at the following locations:

- Lake Oswego
- Eugene
- Salem
- Grants Pass
- Roseburg
- Bend
- The Dalles
- Hermiston

Annual Caregiver Conference on April 26<sup>th</sup> in **Medford** and April 27<sup>th</sup> in **Wilsonville**. Online registration will be open soon.

Courses are also available on-line. Oregon Care Partners contact and registration information is listed at the end of this Alert.

## PORTLAND METRO

### Conversations About Dementia

**Topic:** Join us for this class to learn some tips for breaking the ice with someone showing signs of dementia and setting the stage for meaningful and productive conversations about dementia. Presented by the Alzheimer's Association.

**When:** Friday, March 11, 2016, 10:00 a.m.-11:30 a.m.

**Where:** Lake Oswego, OR

## MID-WILLAMETTE VALLEY

### Challenging Behaviors: Effective Approaches to Common Behaviors in the Non-dementia Adult Population

**Topic:** This class is designed to help anyone who cares for an aging Oregonian better manage challenging behaviors that are common among older adults, such as anger, yelling, cussing, threatening others, withdrawing, self-harm and physical aggression.

**When:** Monday, March 7, 2016, 8:30 a.m.-1:00 p.m.

**Where:** Eugene, OR

### Understanding Medicines in Older Adults: Care Team Principles

**Topic:** Learn how to apply best practice tools and strategies to improve medication safety and communication within your care setting using a team approach.

**When:** March 15, 2016, 9:00 a.m.-4:00 p.m.

**Where:** Eugene, OR

### Living with Alzheimer's for Caregivers: Late Stage

**Topic:** Join us to hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for individuals with late-stage Alzheimer's and their families. Presented by the Alzheimer's Association.

**When:** Wednesday, March 16, 2016, 3:00 p.m.-5:00 p.m.

**Where:** Salem, OR

### Positive Approach to Alzheimer's and Dementia Care (PAC)

**Topic:** This workshop teaches hands-on skills and will help you to understand and connect more effectively with people experiencing changing abilities.

**When:** Wednesday, March 16, 2016, 3:00 p.m.-5:00 p.m.

**Where:** Salem, OR

## SOUTHERN OREGON

### Living with Alzheimer's for Caregivers: Middle Stage (Part 3 of 3)

**Topic:** Join us to hear caregivers and professional discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's. Presented by the Alzheimer's Association.

**When:** Tuesday, March 1, 2016, 3:00 p.m.-4:30 p.m.

**Where:** Grants Pass, OR

### Legal and Financial Planning for Alzheimer's

**Topic:** Learn about the important legal and financial issue to consider following a diagnosis of Alzheimer's disease, including how to put plans in place and access legal and financial resources near you. Presented by the Alzheimer's Association.

**When:** Tuesday, March 15, 2016, 3:00 p.m.-4:30 p.m.

**Where:** Roseburg, OR

### **CENTRAL OREGON**

#### Understanding Medicines in Older Adults: Care Team Principles

**Topic:** Learn how to apply best practice tools and strategies to improve medication safety and communication within your care setting using a team approach.

**When:** Wednesday, March 16, 2016, 9:00 a.m.-4:00 p.m.

**Where:** Bend, OR

### **NORTH-CENTRAL OREGON**

#### The Basics: Memory Loss, Dementia and Alzheimer's & Effective Communication Strategies

**Topic:** Understanding what is happening to a person with Alzheimer's is key to interacting effectively and providing quality care. This class includes information from expert professionals in the field and first-hand accounts from people diagnosed with Alzheimer's disease. Presented by the Alzheimer's Association

**When:** Tuesday, March 8, 2016, 10:00 a.m.-12:30 p.m.

**Where:** The Dalles, OR

### **EASTERN OREGON**

#### Living with Alzheimer's for Caregivers: Middle Stage

**Topic:** Join us to hear caregivers and professional discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's. Presented by the Alzheimer's Association.

**When:** Thursday, March 10, 2016, 2:00 p.m.-6:00 p.m.

**Where:** Hermiston, OR

All caregiver training opportunities offered by Oregon Care Partners are free and open to the public. Please share training information with anyone who may benefit from Oregon Care Partners classes:

- Family members providing care or involved in health care decisions.
- Nurses and CNAs.
- Social Service Directors.
- Students or individuals interested in learning more about long-term care.

**Contact: Oregon Care Partners**

**[www.oregoncarepartners.com](http://www.oregoncarepartners.com)**

**1-800-930-6851**

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