



676 Church Street NE
Salem OR 97301

July/August 2015 Training News

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ISSUE
Classes organized
by City for your
convenience**

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Trainings in this newsletter are provided for Homecare Workers (HCWs), Personal Support Workers (PSWs) and the consumer/employers they work for.

Pre-registration is required and assures your spot at the class.

Register early as some classes fill to capacity and will not be able to accommodate walk-ins.

HCWs and PSWs

1. Self-Register Online: Go to www.or-hcc.org and follow these steps:

- ✓ Select a program area, and then login.
 - ✓ Navigate to the "Training" tab and select "Upcoming Training Classes"
 - ✓ Review upcoming classes
 - ✓ You can sign-up for and cancel upcoming classes

2. Send email request to: Training.OHCC@state.or.us Please tell us your name, provider number and the dates, class names and cities of the trainings you wish to attend, or

3. Call 1.877.867.0077 Option #2

NOTE: For technical assistance with the Registry, call toll-free 1.877.867.0077, Option #1

Adult Foster Care & Guests

- ✓ Cost: \$15 per class hour. Payment must be paid prior to attending class.
- ✓ Registration is open 7 days before each class until noon one business day prior to the class.
- ✓ To register go to: <https://ilearn.oregon.gov>
- ✓ If you are a new user, click on "Create a New Account". Select "Not a State Employee" as the type.
- ✓ To find Home Care Commission classes, select Learning Catalog. Search 'OHCC' to find open classes. Classes are open on a space available basis. Classes marked with "**AFC**" in the stipend column are approved for foster home CEUs.

CPR/First Aid Training

Requests are processed twice a month, so please allow a few weeks to hear from us:

- ◆ Get application form at a training class and turn in to the trainer, **or**
- ◆ Send a written request to: CPR: Home Care Commission, 676 Church Street NE, Salem OR 97301, **or**
- ◆ Send an email to: Training.OHCC@state.or.us, **or**
- ◆ Fax to: 503.378.5886

Basic Requirements: Completed two Home Care Commission training classes (not including MoneyWise), have worked within the three months prior to the request, and have a no-show rate for OHCC training classes of not over 30%.

Provide your name, address, county, phone number and provider number. List the Home Care Commission trainings you have attended. You will be contacted with information about how to sign up for CPR in your area. If the Commission has previously paid for your CPR/First Aid, you will need to have taken 4 additional trainings since that time. You are not paid for your time at the class.

OIS-G Training

The Home Care Commission offers a *2-day Oregon Intervention System-General Training* at no cost for Personal Support Workers who:

- ◆ Have an active PSW Provider Number or can show proof of approved, paid employment through a Community Developmental Disability Program (CDDP), Children's Intensive In-Home Services (CIIS), or Brokerage, **AND**
- ◆ Can show proof of paid hours as a PSW in any one of three full calendar months prior to submitting the request form, **AND**
- ◆ Have completed at least two Oregon Home Care Commission training classes (except *MoneyWise* and *Challenging Behaviors*).
- ◆ After submitting the OIS-G Training Request Form, you will be contacted to register for an upcoming class. Download the **OIS-G Request for Training** from this URL: <http://go.usa.gov/AppQ>
- ◆ **NOTE:** A training stipend is not provided.

Training Completion & Stipends for Attending Classes

HCWs and PSWs may be paid a stipend for attending classes (**except for CPR/First Aid, and OIS-G**) if they meet these criteria:

- ◆ Have an active provider number
- ◆ Have authorized and paid state provider hours within 3 calendar months prior to the month of the training or during the month the training is held.
- ◆ Have not been paid for that class in the previous 12 months.
- ◆ Class is approved for the specific work group by the Home Care Commission
 - * Home Care Workers
 - * Personal Support Workers
 - * Workers in Independent Choices Program

Training Completion & Stipends for Attending Classes (continued)

- ◆ If you miss more than 15 minutes of the class, the pay is pro-rated for the time attended and you will not receive a certificate. Incomplete classes are not listed on the Registry.
- ◆ PSWs not paid through the state payment system will need to provide verification of employment during one of the 4 qualifying months. This can include a pay stub, an invoice signed as paid by the employer, or other verification. ICP workers must provide a pay stub or statement from their employer.
- ◆ These payments are not considered work hours and will not have withholding. Training hours are not used to determine benefit eligibility.
- ◆ **Please allow 5-6 weeks to receive payment and for the classes to appear as completed in your Registry profile. If you have not received payment by then, please call us.**

The Registry Are you looking for work? Be sure to update your profile every **30** days. You can also check the Help Wanted section for consumers looking for a worker. Select the county or counties where you want to work in to find listings. Be sure to click on the "Expand" button to make sure you meet the person's needs before calling. The Registry web address is: <https://www.or-hcc.org>

For help with the Registry, send an email to Registry.OHCC@state.or.us or call 877.867.0077, Option #1.

Training Requirements: To Be Referred Through The Registry

HCWs and PSWs who want to be referred on the Registry are required to have the following annual continuing education (if you do not want to be referred through the Registry, there is NO training requirement:

- ◆ Four training classes a year (your year begins on the date your provider number became active, OR on October 4, if you were an active provider on 10/4/2013 when the 2013-15 contract was ratified, whichever came last).
- ◆ Only approved HCC classes will meet the requirement.
- ◆ At least once every two years, you must complete one of the HCC Safety trainings – PASS, PDT, TRIPS, or COMPASS. The other 7 classes in those two years can be any class approved for your group, except for MoneyWise. (COMPASS counts as two classes).

Tips for Tough Transitions



Moving between tasks or events are sometimes a challenge for those who experience autism spectrum disorders—or anyone. Using a visual timer can be a big help. There is, of course, an app for that! Here are couple to check out:

- Time Timer: www.timetimer.com (\$2.99 iPhone, iPad, Android)
- Vis Timer: mindfultools.gnoup.com (\$1.99 iPhone or iPad)

Enhanced/Exceptional Worker Program

Enhanced and Exceptional workers provide services to consumers with certain medical and/or behavioral needs, **AND** have successfully completed a separate Enhanced Worker or Enhanced/Exceptional Worker training.

The first step is to complete a *Readiness Assessment*. You are allowed to take the *Readiness Assessment* **once** each time it is open. It is highly recommended that you *review course manuals* from the classes listed in the *Readiness Assessment* information if you have taken them.

We will hold the next **Enhanced Homecare Worker** certification course on August 17, 18, 31 and September 1, 2015. This will be held in either Portland, Salem, or Eugene, depending on interest and qualified applications. An **Enhanced Personal Support Worker** course is planned for late 2015.

If you are interested in becoming certified, follow these steps:

- ◆ Go to the website: <http://ohcc-training.org>.
(Note: this website does **not** work using Internet Explorer 7 or lower)
- ◆ Create an account if you do not already have one.
- ◆ Log in to your account. (This is not connected to your Registry account at this time). If you can't remember your password, use the "forgot password link" and follow the instructions.
- ◆ Look under "Courses" for the *Summer 2015 Readiness Assessment for Homecare Workers*. **Enroll in this course.**
- ◆ Complete the Readiness Assessment.

A score of 80% or higher is a passing score. A passing score allows you to access the application online.

If you received a passing score, complete the application. You may submit it online, by email, or by US Mail. We must receive applications by **Wednesday, July 15 at 5:00 pm.**

If you completed the *Readiness Assessment* online, you can review your answers after you submit your assessment. This will help you learn what areas you may want to review before the next assessment is released.

You will need to send a copy of your CPR/First Aid certification with the application.

If you are unable to do this online, you can call or email us to request a paper copy.

For more information about the Enhanced Homecare Worker Certificate and the Enhanced or Exceptional Personal Support Worker Certificates, visit our web page:
<http://www.oregon.gov/dhs/spd/Pages/worker-cert.aspx>

Professional Development Recognition is awarded to active Homecare Workers who qualify by attending specified trainings. You must have attended the core classes of Keeping It Professional, Working Together, and Helping Caregivers Fight Fraud & Abuse. In addition, you must attend 5 hours of safety-related trainings (such as PASS, TRIPS, or PDT), and 5 hours of other services & skills trainings (such as Challenging Behaviors, Dementia, Diabetes, etc.), and no show rate for the trainings of less than 30%. *Adult CPR and First Aid must be kept updated on the Registry. The Professional Development designation will not show up on matched lists unless these are current.*



Workers with this award are noted on matched lists on the Registry. To request an application, call us at 1.877.867.0077, Option #2.

Congratulations To the Following Home Care Workers!!

Rozeland Caspino, Corvallis	Dianne Collins, Myrtle Creek
Dora Conner-McGuire, Grants Pass	Sylvia Cox, Albany
Laurie Hecht, Lincoln City	Liliana Hernandez, Stayton
Diana Howard, Terrebonne	Petie Illa-Trouble, Portland
Jennie Looney, Creswell	Terri Montgomery, Coos Bay
Jon Wheeler, Drain	

Tobacco Awareness: Eliminate Triggers

If you're a smoker, you know how hard it is to resist smoking in certain situations. Maybe for you, the people you associate with are smokers. If this is the case and you are trying to quit smoking, ask your friends to help you by limiting or avoiding smoking around you.



You can get help identifying and avoiding your smoking triggers by calling the QuitLine. They will also help you re-learn how to take pleasure in all activities again without wanting a cigarette. Sound impossible? They have helped hundreds of tobacco users do it, and now it is your turn. Call or go online today and learn how to gain control over your triggers. Call these numbers for free from anywhere in Oregon:

- ◆ 1-800-QUIT-NOW (1-800-784-8669)
- ◆ Español: 1-877-2NO-FUME (1-877-266-3863)
- ◆ TTY: 1-877-777-6534

Or register online at: www.quitnow.net/oregon/

The Quit Line is open seven days a week, 5:00 AM to 12:00 AM (Pacific time)



Now is the perfect time to think about the damage smoking does to your heart and the hearts of those you love. Smoking hurts not only the hearts of the smoker, but also the hearts of family members, friends and coworkers. You can help save the life of one of the 7,000 Oregonians dying every year from smoking-related reasons.

Class Descriptions

Class	Description	Class Length	Stipend Available
Bathing & Grooming (B&G)	Skills in personal care activities of bathing, shaving, skin care & grooming with a focus on using person-centered values and techniques. A video demonstrating hands-on care is shown.	3 ½ hrs	HCW ICP PSW AFC
Blindness & Low Vision (BLV)	An overview of eye diseases and vision loss; techniques for working with someone sight-impaired; being a sighted guide; helping someone to live independently; resources and adaptive equipment for use in the home.	3 hrs	HCW ICP PSW AFC
Challenging Behaviors (CB)	Practical information about working with seniors and adults with physical disabilities regarding types and causes of challenging behaviors, problem solving, and communication ideas.	3 hrs	HCW ICP AFC
Dementia & Alzheimer's (D-A)	Joyce Beedle, RN, BSN, is a nationally-known expert on Alzheimer's and dementia. You'll learn early signs of dementia, the progression of Alzheimer's disease, and practical tips for daily care.	4 hrs	HCW ICP PSW AFC
Diabetes By the Numbers (DBN)	A class on the basics of Diabetes. What is it? Are you at risk? The class will cover: carbohydrate identification; label reading and portion control; preventing complications; glucose testing; and understanding the numbers.	3 ½ hrs	HCW ICP PSW AFC
Diversity Awareness – Challenges Facing Lesbian, Gay, Bisexual, Transgender Adults (LGBT)	Learn terminology & definitions, gain an understanding of the lives of LGBT adults, and learn ways to be welcoming and inclusive.	3 hrs	HCW ICP PSW AFC
Durable Medical Equipment (DME)	Helpful hints on safely using mobility devices, bath & toilet aides, Hoyer lift, and other medical equipment. Tips for choosing, fitting & using devices.	3 hrs	HCW ICP PSW AFC
End of Life Care (ELC)	An overview of end of life care, including: the dying process; pain and symptom considerations; advanced planning; & spiritual, emotional, and social concerns.	4 hrs	HCW ICP PSW AFC
Everyone Communicates (EC)	Learn effective communication partner strategies that make a positive impact on the people you support with Intellectual and Developmental Disabilities who experience communication challenges. Also includes an introduction to communicating with individuals who use augmentative or alternative communication systems or devices.	4 hrs	PSW
Grief and Loss (G-L)	Understanding the process of grief, the myths and realities of grieving and loss, ways to help others, compassion fatigue and caring for yourself.	4 hrs	HCW ICP PSW AFC
Heart Healthy (HH)	How the heart works, understanding common heart problems, monitoring blood pressure, recognizing heart emergencies, & creating a heart healthy lifestyle.	3 hrs	HCW ICP PSW AFC
Helping Caregivers Fight Fraud & Abuse (F-A)	Recognizing & reporting abuse & neglect of older and disabled persons and Medicaid & Medicare fraud; the role of the caregiver; problem solving; local resources.	3 ½ hrs	HCW ICP PSW AFC

Class Descriptions

Class	Description	Class Length	Stipend Available
Keeping it Professional (KIP)	The role of the HCW in setting professional boundaries and working with the task list, when and how to keep things confidential and recordkeeping tips.	3 ½ hrs	HCW ICP PSW
Medication Safety (MedS)	Assisting adults who manage their own medication, including: types and effects of medications; assisting with documentation, storage; recognizing risks and warning signs; and the role of the worker.	3 hrs	HCW ICP PSW
MoneyWise (MW)	Setting financial goals, budgeting, and resources for managing your money. (This class is for personal use, NOT for helping employers with finances)	3 hrs	HCW ICP PSW
Nutrition Basics (NB)	Basics of nutrition, nutrient categories, meal timing, meal balance using person-centered strategies and tools to promote informed choices as well as common nutrition related concerns.	4 hrs	HCW ICP PSW FC
Protect Against Sprains and Strains (PASS)	Basic principles of body mechanics; making changes in work activities to minimize risks and protect yourself and others; review of some assistive equipment.	3 ½ hrs	HCW ICP PSW AFC
Preventing Disease Transmission (PDT)	Causes of infectious diseases and routes of transmission; reducing risks; best practices in housekeeping and caregiving to prevent the spread of diseases.	2 hrs	HCW ICP PSW AFC
Ready, Set, Work (RSW)	Create a professional marketing approach to finding work in home care; how to use the Registry & Referral System; and what you should do before starting a job. NOTE: Workers do not need to have worked to qualify for training pay for this class.	4 hrs	HCW ICP PSW
Respiratory Care: Oxygen to Ventilators (RC)	End-stage respiratory diseases, basics on the use of oxygen, nebulizers, & ventilators.	3 ½ hrs	HCW ICP PSW AFC
Substance Abuse Awareness (SAA)	Review the OHCC Drug-Free Workplace policy for homecare workers, learn the impact of drug and alcohol abuse, the role of the HCW, and resources for help.	3 hrs	HCW ICP
Stress Management and Relaxation Techniques (SMART)	Understanding stress and its affects; identifying triggers; fun and practical techniques for coping with stress.	3 hrs	HCW ICP PSW AFC
Taking Responsibility in Personal Safety (TRIPS)	Ideas for preventing injuries from slips and trips in the home; assessing risk factors; assisting in planning and preparing for emergencies, safe driving tips.	3 hrs	HCW ICP PSW
Working Together (WT)	Assertive communication and problem solving techniques for employers & workers; clarifying expectations; using person-directed values and language.	3 hrs	HCW ICP



Classes

B&G: Bathing & Grooming

BLV: Blindness & Low Vision

CB: Challenging Behaviors

COMPASS: Communities of Practice & Safety Support

D-A: Dementia & Alzheimer's

DBN: Diabetes By the Numbers

DME: Durable Medical Equipment

EC: Everyone Communicates!

ELC: End of Life Care

F-A: Helping Caregivers Fight Fraud & Abuse

G-L: Grief and Loss

HH: Heart Healthy

KIP: Keeping it Professional

LGBT: Diversity Awareness—Challenges Facing Lesbian, Gay, Bisexual, Transgender
Adults

MedS: Medication Safety

MW: MoneyWise

NB: Nutrition Basics

OIS-G: Oregon Intervention System-General Training

PASS: Protect Against Sprains and Strains

PDT: Preventing Disease Transmission

RSW: Ready, Set, Work

RC: Respiratory Care: Oxygen to Ventilators

SAA: Substance Abuse Awareness (class on hiatus)

SMART: Stress Management and Relaxation Techniques

TRIPS: Taking Responsibility in Personal Safety

WT: Working Together

Other Codes

F: Foster Home

H or HCW: Home Care Worker

OHCC: Oregon Home Care Commission

PDR: Professional Development Recognition

P or PSW: Personal Support Worker

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Albany	07/11/15 Saturday	DBN	Comfort Suites 100 Opal Court NE (off Knox Butte Road)	12:00 - 3:30
	07/18/15 Saturday	MedS	Comfort Suites 100 Opal Court NE (off Knox Butte Road)	3:00 - 6:00
	07/20/15 Monday	RSW	Comfort Suites 100 Opal Court NE (off Knox Butte Road)	2:00 - 6:00
	08/13/15 Thursday	PASS	Phoenix Inn 3410 Spicer Drive SE (Exit 233 off I-5)	9:00—12:30
	08/13/15 Thursday	WT	Phoenix Inn 3410 Spicer Drive SE (Exit 233 off I-5)	2:00 - 5:00
Astoria	07/18/15 Saturday	PASS	Holiday Inn Express 204 W Marine Drive	9:00 - 12:30
	07/18/15 Saturday	PDT	Holiday Inn Express 204 W Marine Drive	2:00 - 4:00
	08/17/15 Monday	HH	Holiday Inn Express 204 W Marine Drive	12:00 - 3:00
	08/28/15 Friday	LGBT	Holiday Inn Express 204 W Marine Drive	9:00 - 12:00
	08/28/15 Friday	TRIPS	Holiday Inn Express 204 W Marine Drive	1:30 - 4:30
Baker City	07/23/15 Thursday	RC	Rodeway Inn 810 Campbell Street	12:00 - 3:30
Beaverton	08/11/15 Tuesday	F-A	Hilton Garden Inn 15520 NW Gateway Court (off Cornell behind Sweet Tomatoes - NW 158th to Waterhouse to Gateway)	2:00 - 5:30
	08/19/15 Wednesday	B&G	Hilton Garden Inn 15520 NW Gateway Court (off Cornell behind Sweet Tomatoes - NW 158th to Waterhouse to Gateway)	1:00 - 4:30
	08/19/15 Wednesday	PDT	Hilton Garden Inn 15520 NW Gateway Court (off Cornell behind Sweet Tomatoes - NW 158th to Waterhouse to Gateway)	6:00 - 8:00

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

Bend	07/13/15 Monday	NB	Holiday Inn Express 20615 Grandview Drive	9:00 - 1:00
	07/25/15 Saturday	LGBT	Holiday Inn Express 20615 Grandview Drive	9:00 - 12:00
	07/25/15 Saturday	MW	Holiday Inn Express 20615 Grandview Drive	1:30 - 4:30
	08/04/15 Tuesday	WT	Red Lion Hotel 1415 NE Third Street	10:00 - 1:00
	08/04/15 Tuesday	SMART	Red Lion Hotel 1415 NE Third Street	2:30 - 5:30
	08/29/15 Saturday	MedS	Doubletree 300 NW Franklin	12:00 - 3:00
	08/29/15 Saturday	HH	Doubletree 300 NW Franklin	4:30 - 7:30
Burns	07/21/15 Tuesday	D-A	Senior Center 17 South Alder	9:00 - 1:00
Clackamas	07/16/15 Thursday	DME	Comfort Suites 15929 SE McKinley Avenue (off I205 at exit 12A)	2:00 - 5:00
	07/16/15 Thursday	RSW	Comfort Suites 15929 SE McKinley Avenue (off I205 at exit 12A)	8:30 - 12:30
Coos Bay	07/07/15 Tuesday	DME	Red Lion 1313 N Bayshore	9:00 - 12:00
	07/07/15 Tuesday	KIP	Red Lion 1313 N Bayshore	1:30 - 5:00
	07/26/15 Sunday	MedS	Red Lion 1313 N Bayshore	3:00- 6:00
	08/06/15 Thursday	PDT	Red Lion 1313 N Bayshore	9:00 - 11:00
	08/06/15 Thursday	RC	South Coast Hospice Bereavement Cen- ter 1610 Thompson Road	12:30 - 4:00
	08/09/15 Sunday	DBN	Red Lion 1313 N Bayshore	9:30 - 1:00

Refer to Page 8 for Codes

Please cancel if you cannot attend a class. Workers with a high percentage of no-shows without canceling will need to take more classes to qualify for the CPR benefit or for the Professional Development recognition.

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Corvallis	07/15/15 Wednesday	RC	Comfort Suites 1730 NW 9th Street	12:00 - 3:30
	07/29/15 Wednesday	CB	Comfort Suites 1730 NW 9th Street	1:00 - 4:00
	07/29/15 Wednesday	SMART	Comfort Suites 1730 NW 9th Street	5:30 - 8:30
	08/07/15 Friday	HH	Comfort Suites 1730 NW 9th Street	12:00 - 3:00
	08/28/15 Friday	MW	Comfort Suites 1730 NW 9th Street	9:00 - 12:00
	08/28/15 Friday	B&G	Comfort Suites 1730 NW 9th Street	1:30 - 5:00
Cottage Grove	08/14/15 Friday	LGBT	Village Green Resort 725 Row River Road (at Exit 174)	10:00 - 1:00
	08/14/15 Friday	B&G	Village Green Resort 725 Row River Road (at Exit 174)	2:30 - 6:00
Enterprise	08/07/15 Friday	CB	Eagles View Inn (former Best Western) 1200 Highland Avenue	9:00 - 12:00
	08/07/15 Friday	PDT	Eagles View Inn (former Best Western) 1200 Highland Avenue	1:30 - 3:30
Eugene and Springfield	07/10/15 Friday	PASS	Holiday Inn 919 Kruse Way, Springfield (I-5 Exit 195A, behind Comfort Inn)	9:00 - 12:30
	07/10/15 Friday	BLV	Holiday Inn 919 Kruse Way, Springfield (I-5 Exit 195A, behind Comfort Inn)	2:00 - 5:00
	07/11/15 Saturday	BLV	Holiday Inn 919 Kruse Way, Springfield (I-5 Exit 195A, behind Comfort Inn)	9:00 - 12:00
	07/15/15 Wednesday	F-A	Valley River Inn 1000 Valley River Way, Eugene	1:30 - 5:00
	07/19/15 Sunday	MedS	Holiday Inn Express 2117 Franklin Blvd, Eugene (Near U of O)	4:00 - 7:00

*** Eugene and Springfield classes continued on Page 12**

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Eugene Springfield (cont.)	07/21/15 Tuesday	CB	Holiday Inn Express 2117 Franklin Blvd, Eugene (Near U of O)	9:00 - 12:00
	07/21/15 Tuesday	KIP	Holiday Inn Express 2117 Franklin Blvd, Eugene (Near U of O)	1:30 - 5:00
	07/23/15 Thursday	EC	Hilton Garden Inn 3528 Gateway Street, Springfield (I-5 Exit 195A)	12:00 - 4:00
	08/05/15 Wednesday	WT	Hilton Garden Inn 3528 Gateway Street, Springfield	5:00 - 8:00
	08/06/15 Thursday	RSW	Holiday Inn 919 Kruse Way, Springfield (I-5 Exit 195A, behind Comfort Inn)	10:00 - 2:00
	08/19/15 Wednesday	PDT	Valley River Inn 1000 Valley River Way, Eugene	9:00 - 11:00
	08/19/15 Wednesday	RC	Valley River Inn 1000 Valley River Way, Eugene	12:30 - 4:00
	08/24/15 Monday	DBN	Hilton Garden Inn 3528 Gateway Street, Springfield (I-5 Exit 195A)	9:30 - 1:00
	08/26/15 Wednesday	D-A	Hilton Garden Inn 3528 Gateway Street, Springfield	12:00 - 4:00
	08/27/15 Thursday	MW	Holiday Inn 919 Kruse Way, Springfield (I-5 Exit 195A, behind Comfort Inn)	8:30 - 11:30
	08/27/15 Thursday	SMART	Holiday Inn 919 Kruse Way, Springfield (I-5 Exit 195A, behind Comfort Inn)	1:00 - 4:00
Florence	07/25/15 Saturday	MedS	Driftwood Shores 88416 1st Avenue	3:00 - 6:00
	07/28/15 Tuesday	CB	Driftwood Shores 88416 1st Avenue	10:00 - 1:00
	07/28/15 Tuesday	SMART	Driftwood Shores 88416 1st Avenue	2:30 - 5:30
	08/05/15 Wednesday	B&G	Driftwood Shores 88416 1st Avenue	9:00 - 12:30
	08/05/15 Wednesday	RC	Driftwood Shores 88416 1st Avenue	2:00 - 5:30

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Gladstone	07/30/15 Thursday	PASS	Holiday Inn Express 75 82nd Drive (I-205 at Exit 11, shares Safeway lot)	12:30 - 4:00
	07/30/15 Thursday	LGBT	Holiday Inn Express 75 82nd Drive (I-205 at Exit 11, shares Safeway lot)	5:30 - 8:30
	08/10/15 Monday	CB	Holiday Inn Express 75 82nd Drive (I-205 at Exit 11, shares Safeway lot)	12:30 - 3:30
	08/10/15 Monday	KIP	Holiday Inn Express 75 82nd Drive (I-205 at Exit 11, shares Safeway lot)	5:00 - 8:30
Grants Pass	07/27/15 Monday	G-L	Club Northwest 2160 NW Vine	5:00 - 8:30
	07/28/15 Tuesday	ELC	Club Northwest 2160 NW Vine	9:00 - 1:00
	08/14/15 Friday	WT	Club Northwest 2160 NW Vine	9:00—12:00
	08/14/15 Friday	MW	Club Northwest 2160 NW Vine	1:30—4:30
	08/20/15 Thursday	LGBT	Club Northwest 2160 NW Vine	5:00 - 8:00
	08/21/15 Friday	RSW	Club Northwest 2160 NW Vine	10:00 - 2:00
Gresham Troutdale	08/13/15 Thursday	RSW	Holiday Inn 477 NW Phoenix Drive (I-84 @ Exit 17)	12:00 - 4:00
	08/13/15 Thursday	LGBT	Holiday Inn 477 NW Phoenix Drive (I-84 @ Exit 17)	5:30 - 8:30
	08/20/15 Thursday	PASS Class in Spanish	Holiday Inn 477 NW Phoenix Drive (I-84 @ Exit 17) Esta clase en Español	12:00 - 3:30
	08/20/15 Thursday	TRIPS Class in Spanish	Holiday Inn 477 NW Phoenix Drive (I-84 @ Exit 17) Esta clase en Español	5:00 - 8:00
Hermiston	07/08/15 Wednesday	PASS	Oxford Suites 1050 North First Street	12:00 - 3:30
	07/08/15 Wednesday	WT	Oxford Suites 1050 North First Street	5:00 - 8:00
	08/08/15 Saturday	TRIPS	Oxford Suites 1050 North First Street	9:00—12:00
	08/08/15 Saturday	SMART	Oxford Suites 1050 North First Street	1:30—4:30

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Hillsboro	07/17/15 Friday	WT	Residence Inn 18855 NW Tanasbourne Drive	9:00 - 12:00
John Day	07/22/15 Wednesday	D-A	Outpost Pizza 201 W. Main Street	1:00 - 5:00
Klamath Falls	07/24/15 Friday	KIP	Olympic Inn 2627 South Sixth Street	9:00 - 12:30
	07/24/15 Friday	PASS	Olympic Inn 2627 South Sixth Street	2:00 - 5:30
	07/29/15 Wednesday	F-A	Olympic Inn 2627 South Sixth Street	2:00 - 5:30
	08/11/15 Tuesday	PDT	Elmer's Restaurant 3030 South 6th	9:00 - 11:00
	08/11/15 Tuesday	RC	Elmer's Restaurant 3030 South 6th	12:30 - 4:00
	08/26/15 Wednesday	MedS	Olympic Inn 2627 South Sixth Street	12:00 - 3:00
	08/26/15 Wednesday	HH	Olympic Inn 2627 South Sixth Street	4:30 - 7:30
La Grande	07/07/15 Tuesday	RSW	Blue Mountain Conference Center 404 12th Street	10:00 - 2:00
	07/07/15 Tuesday	WT	Blue Mountain Conference Center 404 12th Street	3:30 - 6:30
	08/24/15 Monday	F-A	AG Service Center 10507 North McAlister Road, Island City	2:00 - 5:30
	08/26/15 Wednesday	CB	AG Service Center 10507 North McAlister Road, Island City	9:00 - 12:00

Refer to Page 8 for Codes

If you are having your newsletter mailed, be sure to also let the Home Care Commission know of any address changes, or feel free update it yourself in the Registry (be sure to click the "Update" to save your changes).

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Lebanon	07/09/15 Thursday	DME	Lebanon Community Hospital 525 North Santiam Highway (use back entrance, near coffee shop)	8:30 - 11:30
	07/09/15 Thursday	TRIPS	Lebanon Community Hospital 525 North Santiam Highway (use back entrance, near coffee shop)	1:00 - 4:00
	08/19/15 Wednesday	PDT	Lebanon Community Hospital 525 North Santiam Highway (use back entrance, near coffee shop)	11:00 - 1:00
	08/19/15 Wednesday	KIP	Lebanon Community Hospital 525 North Santiam Highway (use back entrance, near coffee shop)	2:30 - 6:00
Lincoln City	07/08/15 Wednesday	D-A	Liberty Inn 4990 Logan Road	1:00 - 5:00
	07/22/15 Wednesday	PASS	Liberty Inn 4990 Logan Road	12:00 - 3:30
	07/22/15 Wednesday	WT	Liberty Inn 4990 Logan Road	5:00 - 8:00
Medford	07/23/15 Thursday	PDT	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	1:30 - 3:30
	07/23/15 Thursday	TRIPS	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	9:00 - 12:00
	08/29/15 Saturday	DME	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	1:30 - 4:30
	08/29/15 Saturday	CB	Rogue Regency Inn 2300 Biddle Road (I-5, Exit 30)	9:00 - 12:00
Newport	08/26/15 Wednesday	MW	Embarcadero Hotel 1000 SE Bay Road	1:30 - 4:30
	08/26/15 Wednesday	LGBT	Embarcadero Hotel 1000 SE Bay Road	9:00 - 12:00
Oakridge	07/30/15 Thursday	WT	St. Vincent de Paul Center 47663 Highway 58	10:30-1:30
	07/30/15 Thursday	TRIPS	St. Vincent de Paul Center 47663 Highway 58	2:30-5:30

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Ontario	07/24/15 Friday	RC	Four Rivers Cultural Center 676 SW 5th Avenue	2:00 - 5:30
	07/24/15 Friday	B&G	Four Rivers Cultural Center 676 SW 5th Avenue	9:00 - 12:30
	08/25/15 Tuesday	F-A	Clarion Inn 1249 Tapadera Avenue	1:30 - 5:00
Oregon City	07/13/15 Monday	DBN	Providence Willamette Falls Comm. Ctr. 519 15th Street, Room D (at Washington)	9:30 - 1:00
	08/01/15 Saturday	TRIPS	Providence Willamette Falls Comm. Ctr. 519 15th Street, Room D (at Washington)	9:00 - 12:00
	08/01/15 Saturday	SMART	Providence Willamette Falls Comm. Ctr. 519 15th Street, Room D (at Washington)	1:30 - 4:30
	08/18/15 Tuesday	MedS	Providence Willamette Falls Comm. Ctr. 519 15th Street, Room D (at Washington)	1:00 - 4:00
Pendleton	07/22/15 Wednesday	B&G	Oxford Suites 2400 SW Court Place (behind Safeway)	9:00 - 12:30
	07/22/15 Wednesday	RC	Oxford Suites 2400 SW Court Place (behind Safeway)	2:00 - 5:30
	08/20/15 Thursday	ELC	Red Lion 304 SE Nye Avenue	11:30 - 3:30
	08/20/15 Thursday	G-L	Red Lion 304 SE Nye Avenue	5:00 - 8:30

Refer to Page 8 for Codes

FALL SAFETY

Six out of every 10 falls happen in the home, where we spend much of our time and tend to move around without thinking about our safety. Many falls could be prevented by making simple changes. Here are a few:

- ◆ Remove or avoid safety hazards.
- ◆ Improve lighting.
- ◆ Install handrails and grab bars.
- ◆ Move items to make them easier to reach.

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Portland (July)	07/01/15 Wednesday	CB	Ramada Inn Airport 6221 NE 82nd (take NE 80th off Columbia to Holman)	12:30 - 3:30
	07/01/15 Wednesday	SMART	Ramada Inn Airport 6221 NE 82nd (take NE 80th off Columbia to Holman)	5:00 - 8:00
	07/07/15 Tuesday	HH	SMILE Station (Sellwood Moreland Improvement League) 8210 SE 13th Avenue (at Tenino)	10:00 - 1:00
	07/15/15 Wednesday	MW	SEIU, 6401 SE Foster Road (3-story red brick bldg at Foster & Holgate)	12:00 - 3:00
	07/16/15 Thursday	HH Class in Russian	SMILE Station (Sellwood Moreland Improvement League) 8210 SE 13th Avenue (at Tenino) Класс на русском языке	12:00 - 3:00
	07/18/15 Saturday	B&G	Ambridge Event Center 1333 NE Martin Luther King Boulevard (parking lot at NE 3rd and Clackamas)	9:00 - 12:30
	07/18/15 Saturday	PDT	Ambridge Event Center 1333 NE Martin Luther King Boulevard (parking lot at NE 3rd and Clackamas)	2:00 - 4:00
	07/21/15 Tuesday	RC	SMILE Station (Sellwood Moreland Improvement League) 8210 SE 13th Avenue (at Tenino)	9:00 - 12:30
	07/25/15 Saturday	ELC	Ramada Inn Airport 6221 NE 82nd (take NE 80th off Columbia to Holman)	9:00 - 1:00
	07/25/15 Saturday	G-L	Ramada Inn Airport 6221 NE 82nd (take NE 80th off Columbia to Holman)	2:30 - 6:00

Refer to Page 8 for Codes

***NOTE: Portland classes for August continued on Page 18**

Please share this newsletter with your employers. They are welcome to attend classes at no charge.

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Portland (August)	08/02/15 Sunday	WT	SMILE Station (Sellwood Moreland Improvement League) 8210 SE 13th Avenue (at Tenino)	2:00 - 5:00
	08/04/15 Tuesday	D-A	Ambridge Event Center 1333 NE Martin Luther King Boulevard (parking lot at NE 3rd and Clackamas)	9:00 - 1:00
	08/14/15 Friday	HH Class in Russian	SEIU, 6401 SE Foster Road (3-story red brick bldg at Foster & Holgate) Класс на русском языке	1:00 - 4:00
	08/17/15 Monday	MW Class in Russian	SEIU, 6401 SE Foster Road (3-story red brick bldg at Foster & Holgate) Класс на русском языке	2:00 - 5:00
	08/18/15 Tuesday	MW Class in Russian	SEIU, 6401 SE Foster Road (3-story red brick bldg at Foster & Holgate) Класс на русском языке	5:00 - 8:00
	08/22/15 Saturday	DME	SMILE Station (Sellwood Moreland Improvement League) 8210 SE 13th Avenue (at Tenino)	10:00 - 1:00
	08/25/15 Tuesday	MW Class in Russian	SEIU, 6401 SE Foster Road (3-story red brick bldg at Foster & Holgate) Класс на русском языке	5:00 - 8:00
	08/27/15 Thursday	MW Class in Russian	SEIU, 6401 SE Foster Road (3-story red brick bldg at Foster & Holgate) Класс на русском языке	5:00 - 8:00
	08/29/15 Saturday	PASS	Ambridge Event Center 1333 NE Martin Luther King Boulevard (parking lot at NE 3rd and Clackamas)	9:00 - 12:30
	08/29/15 Saturday	MW	Ambridge Event Center 1333 NE Martin Luther King Boulevard (parking lot at NE 3rd and Clackamas)	2:00 - 5:00
	08/31/15 Monday	B&G	Ramada Inn Airport 6221 NE 82nd (take NE 80th off Columbia to Holman)	8:30 - 12:00
	08/31/15 Monday	SMART	Ramada Inn Airport 6221 NE 82nd (take NE 80th off Columbia to Holman)	1:30 - 4:30

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Prineville	07/22/15 Wednesday	WT	Stafford Inn 1773 NE 3rd Street (Hwy 26)	10:00 - 1:00
	07/22/15 Wednesday	B&G	Stafford Inn 1773 NE 3rd Street (Hwy 26)	2:30 - 6:00
Redmond	07/28/15 Tuesday	F-A	Comfort Suites Airport 2243 SW Yew Avenue	2:00 - 5:30
	08/12/15 Wednesday	KIP	Super 8 Highway 97 3629 SW 21st Place	2:00 - 5:30
	08/13/15 Thursday	CB	Super 8 Highway 97 3629 SW 21st Place	12:00 - 3:00
Roseburg	07/09/15 Thursday	PASS	Sleep Inn 2855 NW Edenbower Boulevard (Exit 127 off of I-5)	9:00 - 12:30
	07/09/15 Thursday	LGBT	Sleep Inn 2855 NW Edenbower Boulevard (Exit 127 off of I-5)	2:00 - 5:00
	07/16/15 Thursday	B&G	Sleep Inn 2855 NW Edenbower Boulevard (Exit 127 off of I-5)	9:00 - 12:30
	07/16/15 Thursday	RC	Sleep Inn 2855 NW Edenbower Boulevard (Exit 127 off of I-5)	2:00 - 5:30
	08/17/15 Monday	NB	Holiday Inn 375 Harvard Blvd (at Exit 124)	10:00 - 2:00
	08/18/15 Tuesday	EC	Southern Oregon Region Brokerage 2930 NE Stephens Street	9:00 - 1:00
	08/27/15 Thursday	KIP	Sleep Inn 2855 NW Edenbower Boulevard (Exit 127 off of I-5)	9:00 - 12:30
	08/27/15 Thursday	CB	Sleep Inn 2855 NW Edenbower Boulevard (Exit 127 off of I-5)	2:00 - 5:00

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Salem	07/01/15 Wednesday	HH	Day's Inn Black Bear 1600 Motor Court NE (off Market St, next to Fred Meyer)	12:00 - 3:00
	07/07/15 Tuesday	D-A	Red Lion 3301 Market Street NE	1:00 - 5:00
	07/10/15 Friday	HH Class in Russian	Day's Inn Black Bear 1600 Motor Court NE (off Market St, next to Fred Meyer) Класс на русском языке	10:00 - 1:00
	07/14/15 Tuesday	B&G	Best Western Mill Creek Inn 3125 Ryan Drive SE (across from Costco)	9:00 - 12:30
	07/14/15 Tuesday	RC	Best Western Mill Creek Inn 3125 Ryan Drive SE (across from Costco)	2:00 - 5:30
	07/17/15 Friday	PASS	Doubletree 1590 Weston Court NE (at I-5 and Market St)	9:00 - 12:30
	07/17/15 Friday	DME	Doubletree 1590 Weston Court NE (at I-5 and Market St)	2:00 - 5:00
	08/11/15 Tuesday	ELC	Best Western Mill Creek Inn 3125 Ryan Drive SE (across from Costco)	11:30 - 3:30
	08/11/15 Tuesday	G-L	Best Western Mill Creek Inn 3125 Ryan Drive SE (across from Costco)	5:00 - 8:30
	08/15/15 Saturday	MedS	Best Western Mill Creek Inn 3125 Ryan Drive SE (across from Costco)	4:00 - 7:00
	08/19/15 Wednesday	MW Class in Russian	Day's Inn Black Bear 1600 Motor Court NE (off Market St, next to Fred Meyer) Класс на русском языке	2:00 - 5:00
	08/19/15 Wednesday	RSW	Red Lion 3301 Market Street NE	9:00 - 1:00
	08/19/15 Wednesday	WT	Red Lion 3301 Market Street NE	2:30 - 5:30
08/23/15 Sunday	DBN	Red Lion 3301 Market Street NE	9:30 - 1:00	

Refer to Page 8 for Codes

We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Sandy	08/28/15 Friday	HH	Sandy Senior Center 38348 Pioneer Boulevard	10:00 - 2:00
Seaside	07/26/15 Sunday	DBN	Rivertide Suites 102 North Holladay (at 1st Street, across from Convention Ctr.)	11:00 - 2:30
	08/04/15 Tuesday	MedS	Rivertide Suites 102 North Holladay (at 1st Street, across from Convention Ctr.)	10:00 - 1:00
St. Helens	07/25/15 Saturday	DBN	Best Western Oak Meadows Inn 585 South Columbia River Highway	1:00 - 4:30
	07/29/15 Wednesday	DME	Best Western Oak Meadows Inn 585 South Columbia River Highway	9:00 - 12:00
	07/29/15 Wednesday	KIP	Best Western Oak Meadows Inn 585 South Columbia River Highway	1:30 - 5:00
	08/05/15 Wednesday	RSW	Village Inn 535 South Columbia River Highway	12:00 - 4:00
	08/05/15 Wednesday	WT	Village Inn 535 South Columbia River Highway	5:30 - 8:30
The Dalles	07/23/15 Thursday	B&G	Cousins Country Inn 2114 West 6th Street	2:00 - 5:30
	07/24/15 Friday	SMART	Cousins Country Inn 2114 West 6th Street	10:00 - 1:00
	08/19/15 Wednesday	ELC	Cousins Country Inn 2114 West 6th Street	1:00 - 5:00
	08/21/15 Friday	G-L	Cousins Country Inn 2114 West 6th Street	1:00 - 4:30

Refer to Page 8 for Codes



We hope to see you at one or more of the classes offered in July and August 2015!

City	Date	Class	Location	Time
Tigard	07/09/15 Thursday	MedS	Embassy Suites Washington Square 9000 SW Washington Square Road	12:00 - 3:00
	07/10/15 Friday	KIP	Embassy Suites Washington Square 9000 SW Washington Square Road	9:00 - 12:30
	07/10/15 Friday	TRIPS	Embassy Suites Washington Square 9000 SW Washington Square Road	2:00 - 5:00
	07/12/15 Sunday	DBN	Doubletree 9575 SW Locust Street (at Greenburg - across from Washington Square)	11:00 - 2:30
	08/14/15 Friday	ELC	Doubletree 9575 SW Locust Street (at Greenburg - across from Washington Square)	9:00 - 1:00
	08/14/15 Friday	G-L	Doubletree 9575 SW Locust Street (at Greenburg - across from Washington Square)	2:30 - 6:00
	08/25/15 Tuesday	HH	Embassy Suites Washington Square 9000 SW Washington Square Road	2:00 - 5:00
Tillamook	07/27/15 Monday	DBN	Port of Tillamook Bay 4000 Blimp Boulevard, Suite 100	9:00 - 12:30

Refer to Page 8 for Codes

The Home Care Commission does not pay for refreshments or coffee at any of the classes. You are welcome to bring your own.



Classes at hotels usually have water service; classes at offices, libraries, churches, etc. do not. Please do NOT take food or beverages from lobbies or breakfast rooms without paying first.



Coming this fall, the Oregon Home Care Commission will offer a new program for individuals paying privately for in-home services called the Homecare Choice

Program. They will be able to purchase in-home services through the Commission's Registry. Although the consumer is the employer, the Commission will pay the provider on the consumer's behalf every two weeks and withhold taxes. This is not a Medicaid program.

In addition to assistance with household tasks and personal care, the Homecare Choice Program will be able to offer services that are currently unavailable under Medicaid. This includes things like:

- ◆ Pet care.
- ◆ Running errands.
- ◆ Accompanying people during social outings and activities.
- ◆ Assisting with hobbies and crafts.
- ◆ Accompanying people in the community.

There are many benefits to enrolling as a provider in the Homecare Choice Program:

- ◆ Instead of negotiating a wage with a private pay individual that may be lower than what you receive through Medicaid, you will receive \$13.75 per hour.
- ◆ Your taxes will be withheld and reported, which may not always be the case when you work for someone privately.
- ◆ You have the opportunity to pick up extra hours outside of the Medicaid program.
- ◆ Since eligibility is not based on how much help someone needs with personal care, you have the opportunity to work for individuals who may only need assistance with housekeeping, shopping, or companionship.
- ◆ You are covered under workers' compensation while working for a private pay individual in the Homecare Choice Program.
- ◆ Your hours are determined by the private pay consumer, not an assessment.

Becoming a Homecare Choice provider is easy. In fact, you're half way there! You must:

- ◆ Be an active homecare worker or personal support worker.
- ◆ Participate in an on-line orientation for the program.
- ◆ Take a readiness assessment that is based on the information in the orientation.
- ◆ Fill out a few extra things on your profile specific to the Homecare Choice Program.

Within the next month or two, you will receive additional information about how to sign up as a provider in the new program. In the meantime, please take a moment to complete a survey asking you about your interest in participating. Please go to:

https://www.surveymonkey.com/s/Homecare_Choice

**Note: to type in the email address above be sure to include an underscore between Homecare and Choice (Homecare_Choice).*

For questions, please sent an email to homecare.choice@state.or.us or call 1.844.494.4227

Community Health Worker Certification Training

Interested in a career move? OHCC provides **free** 80-hour Community Health Worker (CHW) certification training to qualified workers.



CHWs are one of the new Traditional Health Worker Medicaid-provider types. CHWs work as a part of a medical team to help patients with preventive services and disease management. CHWs will be a vital link between medical care and social services.

What are OHCC's qualifications for free CHW certification training?

- ◆ Be an active career HCW.
- ◆ Qualified/received OHCC Professional Development Recognition award. Submit a competitive application.
- ◆ *Workers do not receive stipends to attend certification classes.*

We are planning **now** for August/September certification classes throughout the state.

Add your name to our interest list by contacting us at our toll free number 1.877.880.8071 or send an email to OHCC.CHW@state.or.us. Please be sure to leave your name, provider number and contact information (phone or email address).

STEPS to Success

The Home Care Commission provides a program for consumers/employers: STEPS to Success with your Homecare Worker.

The program covers topics such as rights and responsibilities of the consumer/ employer, recruiting and interviewing a homecare worker, working with the task list, communication skills and more.



Please pass this information on to your employers. If consumers are interested in knowing more, they may call the Home Care Commission at 1.877.867.0077, Option 4 and ask for information about STEPS.

This is provided all over the state and staff are available to make home visits as part of the program. Family members or representatives are also welcome to participate.

Frequently Asked Questions

How many classes may I attend?

You are welcome to attend as many as you can fit into your schedule. You may attend the same training more than once in a 12-month period and still get paid, although it is recommended that you wait 6 – 12 months before taking a training for the second time. That way you will have used some of the information from the first time and have experiences to share.

Can I attend classes if I am not working? Will I get paid?

As long as you have had any hours authorized either during the month the training is held OR in any of the 3 months prior to the training, you will get paid. So – yes we hope you will attend training if you are between jobs. And even if you do not qualify for payment, you are welcome to attend any class.

Confidentiality Best Practices

- ◆ Do NOT let anyone but your employer see your voucher. If someone else is delivering it to the office, put it in a sealed envelope.
- ◆ Do NOT give your employer's name as a reference (unless they have given permission) or on a rental or loan application.
 - * If using a pay stub as proof of employment, black out the employer's name.
- ◆ Do NOT talk about your employer to his/her family members – or to yours.
- ◆ Do NOT share medical information about the employer with a landlord.
- ◆ Do NOT share any information about your employer with clergy, prayer groups, neighbors, or friends without permission.



Trainings At-a-Glance July 2015

Refer to Page 8 to for Codes

SUN	MON	TUES	WED	THURS	FRI	SAT
			1 HH 12-3 Salem CB 12:30-3:30 Portland SMART 5-8 Portland D-A 1-5 Astoria	2	3	4
5	6	7 HH 10-1 Portland D-A 1-5 Salem RSW 10-2 La Grande WT 3:30-6:30 La Grande DME 9-12 Coos KIP 1:30-5 Coos	8 D-A 1-5 Lincoln City PASS 12-3:30 Hermiston WT 5-8 Hermiston	9 PASS 9-12:30 Roseburg LGBT 2-5 Roseburg MedS 12-3 Tigard DME 8:30-11:30 Lebanon TRIPS 1-4 Lebanon	10 PASS 9-12:30 Eugene/Spr BLV 2-5 Eugene/Spr KIP 9-12:30 Tigard TRIPS 2-5 Tigard HH-Russian 10-1 Salem	11 BLV 9-12 Eugene/Springfield DBN 12-3:30 Albany
12 DBN 11-12:30 Tigard	13 DBN 9:30-1 Oregon City NB 9-1 Bend	14 B&G 9-12:30 Salem RC 2-5:30 Salem	15 RC 12-3:30 Corvallis MW 12-3 Portland F-A 1:30-5 Eugene	16 B&G 9-12:30 Roseburg RC 2-5:30 Roseburg HH-Russian 12-3 Portland RSW 8:30-12:30 Clackamas DME 2-5 Clackamas	17 PASS 9-12:30 Salem DME 2-5 Salem WT 9-12 Hillsboro	18 PASS 9-12:30 Astoria PDT 2-4 Astoria B&G 9-12:30 Portland PDT 2-4 Portland MedS 3-6 Albany
19 MedS 4-7 Eugene	20 RSW 2-6 Albany	21 RC 9-12:30 Portland CB 9-12 Eugene KIP 1:30-5 Eugene D-A 9-1 Burns	22 D-A 1-5 John Day B&G 9-12:30 Pendleton RC 2-5:30 Pendleton PASS 12-3:30 Lincoln City WT 5-8 Lincoln City WT 10-1 Prineville B&G 2:30-6 Prineville	23 RC 12-3:30 Baker City EC 12-4 Eugene/ Springfield TRIPS 9-12 Medford PDT 1:30-3:30 Medford B&G 2-5:30 The Dalles	24 KIP 9-12:30 Klamath Falls PASS 2-5:30 Klamath Falls SMART 10-1 The Dalles B&G 9-12:30 Ontario RC 2-5:30 Ontario	25 MedS 3-6 Florence ELC 9-1 Portland GL 2:30-6 Portland DBN 1-4:30 St. Helens LGBT 9-12 Bend MW 1:30-4:30 Bend
26 DBN 11-2:30 Seaside MedS 3-6 Coos Bay	27 DBN 9-12:30 Tillamook G-L 5-8:30 Grants Pass	28 ELC 9-1 Grants Pass CB 10-1 Florence SMART 2:30-5:30 Florence F-A 2-5:30 Redmond	29 CB 1-4 Corvallis SMART 5:30-8:30 Corvallis F-A 2-5:30 K Falls DME 9-12 St. Helens KIP 1:30-5 St. Helens	30 PASS 12:30-4 Gladstone LGBT 5:30-8:30 Gladstone WT 10:30-1:30 Oakridge TRIPS 2:30-5:30 Oakridge	31	

Trainings At-a-Glance

August 2015

Refer to Page 8 for Codes

SUN	MON	TUES	WED	THURS	FRI	SAT
						1 TRIPS 9-12 Oregon City SMART 1:30-4:30 Oregon City
2 WT 2-5 Portland	3	4 WT 10-1 Bend SMART 2:30-5:30 Bend D-A 9-1 Ptld MedS 10-1 Seaside	5 WT 5-8 Eugene B&G 9-12:30 Florence RC 2-5:30 Florence RSW 12-4 St.Helens WT 5-8 St.Helens	6 PDT 9-11 Coos Bay RC 12:30-4 Coos Bay RSW 10-2 Eugene	7 HH 12-3 Corvallis CB 9-12 Enterprise PDT 1:30-3:30 Enterprise	8 TRIPS 9-12 Hermiston SMART 1:30-4:30 Hermiston
9 DBN 9:30-1 Coos Bay	10 CB 12:30-3:30 Gladstone KIP 5-8:30 Gladstone	11 F-A 2-5:30 Bvtn PDT 9-11 K Falls RC 12:30-4 Klamath Falls ELC 11:30-3:30 Salem GL 5-8:30 Salem	12 KIP 2-5:30 Redmond	13 PASS 9-12:30 Albany WT 2-5 Albany RSW 12-4 Gresham LGBT 5:30-8:30 Gresham CB 12-3 Redmond	14 LGBT 10-1 Cottage Grove B&G 2:30-6 Cottage Grove WT 9-12 GPass MW 1:30-4:30 Grants Pass ELC 9-1 Tigard G-L 2:30-6 Tigard HH-Russian 1-4 Portland	15 MedS 4-7 Salem
16	17 HH 12-3 Astoria MW-Russian 2-5 Portland NB 10-2 Roseburg	18 MedS 1-4 Oregon City MW-Russian 5-8 Portland EC 9-1 Roseburg	19 B&G 1-4:30 Bvtn PDT 6-8 Beaverton PDT 9-11 Eugene RC 12:30-4 Eugene PDT 11-1 Lebanon KIP 2:30-6 Lebanon RSW 9-1 Salem WT 2:30-5:30 Salem MW-Russian 2-5 Salem ELC 1-5 The Dalles	20 LGBT 5-8 GPass PASS-Spanish 12-3:30 Gresham TRIPS-Spanish 5-8 Gresham ELC 11:30-3:30 Pendleton G-L 5-8:30 Pendleton	21 RSW 10-2 Grants Pass G-L 1-4:30 The Dalles	22 DME 10-1 Portland
23 DBN 9:30-1 Salem	24 DBN 9:30-1 Eugene/Springfield F-A 2-5:30 La Grande	25 F-A 1:30-5 Ontario MW-R 5-8 Portland HH 2-5 Tigard	26 D-A 12-4 Eugene/Springfield MedS 12-3 K Falls HH 4:30-7:30 K Falls CB 9-12 La Grande LGBT 9-12 Newport MW 1:30-4:30 Newport	27 MW 8:30-11:30 Eugene/Springfield SMART 1-4 Eugene/Springfield MW-Russian 5-8 Portland KIP 9-12:30 Rsbg CB 2-5 Roseburg	28 LGBT 9-12 Astoria TRIPS 1:30-4:30 Astoria MW 9-12 Corvallis B&G 1:30-5 Corvallis HH 10-2 Sandy	29 MedS 12-3 Bend HH 4:30-7:30 Bend CB 9-12 Medford DME 1:30-4:30 Medford PASS 9-12:30 Portland MW 2-5 Portland
30	31 B&G 8:30-12 Portland SMART 1:30-4:30 Portland					



**676 Church Street NE
Salem, OR 97301**

Here is your Worker Training News!!