



# **Oregon's Long Term Services and Supports Model: Principles & Selected Practices**

**A Presentation to  
LTC Study Workgroup**

**May 2013**

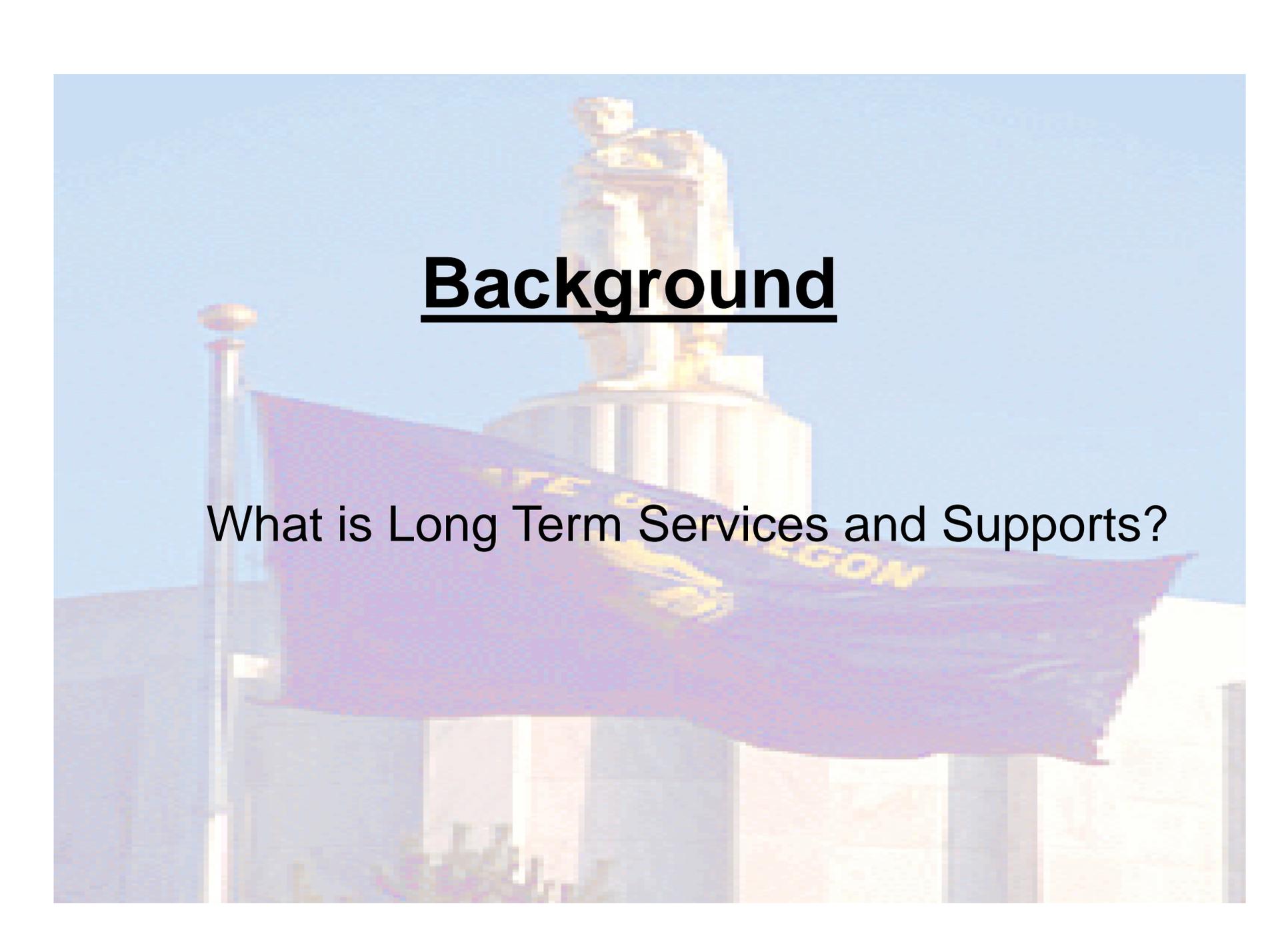
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# AGENDA

- Background – What is Long Term Services and Supports (LTSS)?
- Oregon Model
- AAA Model in Oregon



# Background

What is Long Term Services and Supports?

# **What is Long Term Services and Supports? (Medicaid - LTSS)**

“services and supports needed when ability to care for oneself has been reduced by a chronic illness, disability, or aging”

Kaiser Commission on Medicaid & the Uninsured

# What is LTSS cont'd

- It's about assisting with the inability to perform activities of daily living, such as eating, bathing, dressing, toileting, and mobility
- It's ultimately about where and how an individual lives 24 / 7 / 365
- It's services, not financial eligibility and food stamps

# Oregon's Service Priority Level System



Requires Full Assistance in Mobility, Eating, Elimination, and Cognition.



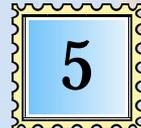
Requires Full Assistance in Mobility, Eating, and Cognition.



Requires Full Assistance in Mobility, or Cognition, or Eating.



Requires Full Assistance in Elimination.



Requires Substantial Assistance with Mobility, Assistance with Elimination and Assistance with Eating.



Requires Substantial Assistance with Mobility and Assistance with Eating.



Requires Substantial Assistance with Mobility and Assistance with Elimination.

Requires Minimal Assistance with Mobility and Assistance with Eating and Elimination.



Requires Assistance with Eating and Elimination.

Requires Substantial Assistance with Mobility.



Requires Minimal Assistance with Mobility and Assistance with Elimination.

Requires Minimal Assistance with Mobility and Assistance with Eating.



Requires Assistance with Elimination.



Requires Assistance with Eating.



Requires Minimal Assistance with Mobility.



Requires Full Assistance in Bathing or Dressing.



Requires Assistance in Bathing or Dressing.



Independent in the above levels but requires structured living for supervision for complex medical problems or a complex medication regimen.

**411-015-0010**  
**Priority of Paid Services**  
*(Effective 06/01/2006)*

To determine the service priority level, an individual must be found eligible, using the Department's standardized assessment tool, as meeting at least the requirements for Assist or Full Assist in activities of daily living as defined in OAR 411-015-0006, in the following order and as designated in OAR 411-015-0015.

# The Oregon Model



The background of the slide is a photograph of the Oregon State Capitol building in Salem, Oregon. The building is a large, light-colored stone structure with a prominent central tower topped by a golden statue. The sky is a clear, pale blue. The text is overlaid on this image.

# **Oregon's Vision for Long-Term Care**

**We envision a world in which  
seniors and people with  
disabilities live where they want  
to live, with the help they need  
to stay there.**

# ORS 410

## **410.010 State policy for seniors and people with disabilities.**

(1) The Legislative Assembly finds and declares that, in keeping with the traditional concept of the inherent dignity of the individual in our democratic society, the older citizens of this state are entitled to enjoy their later years in health, honor and dignity, and disabled citizens are entitled to live lives of maximum freedom and independence.

**410.020 Implementation of state policy.** In carrying out the policies stated in ORS 410.010, the state shall:

(3)(a) Allow the older citizen and citizen with a disability to live independently at home or with others as long as the citizen desires without requiring inappropriate or premature institutionalization.

# 1980 Study of Service Delivery

Ad hoc committee of aging advocates, including the Governor's Commission on Aging

- Determined Oregon's LTC system had serious deficiencies
- Too much reliance on nursing homes
- Too little service coordination between AAA's and state programs
- No one was satisfied

# 1981: 1915 (c) waiver

Oregon was the first state in the nation to receive a 1915 (c) waiver.

This has allowed Oregon's Title XIX Medicaid funds to be spent on HCBC services.

Seniors & people with disabilities must be eligible for nursing facility services in order to receive waived services.

# Guiding Principles of Oregon's Long-Term Care System

- Local planning
- Individual choice
- Individual/advocate-driven system
- Services provided at the least expensive, less intrusive level
- Single entry point
- Quality assurances and monitoring

# What are the Values Associated with Home & Community-Based LTSS?

- Independence
- Dignity
- Choice
- Financial Security

The background image shows the Oregon State Capitol building in Salem, Oregon. The Oregon State flag, which is blue with a gold border and the text "OREGON" and "1859" in gold, is flying on a tall pole in the foreground. Behind the flag is the Oregon Pioneer statue, a large bronze sculpture of a man in a top hat, standing on a pedestal. The sky is a clear, bright blue.

# How is LTSS Delivered in Oregon?

# Care Setting Options:

- Nursing Facilities
- Assisted Living Facilities
- Residential Care Facilities
- Adult Foster Homes
- In-Home Services

# LTSS Program Functions

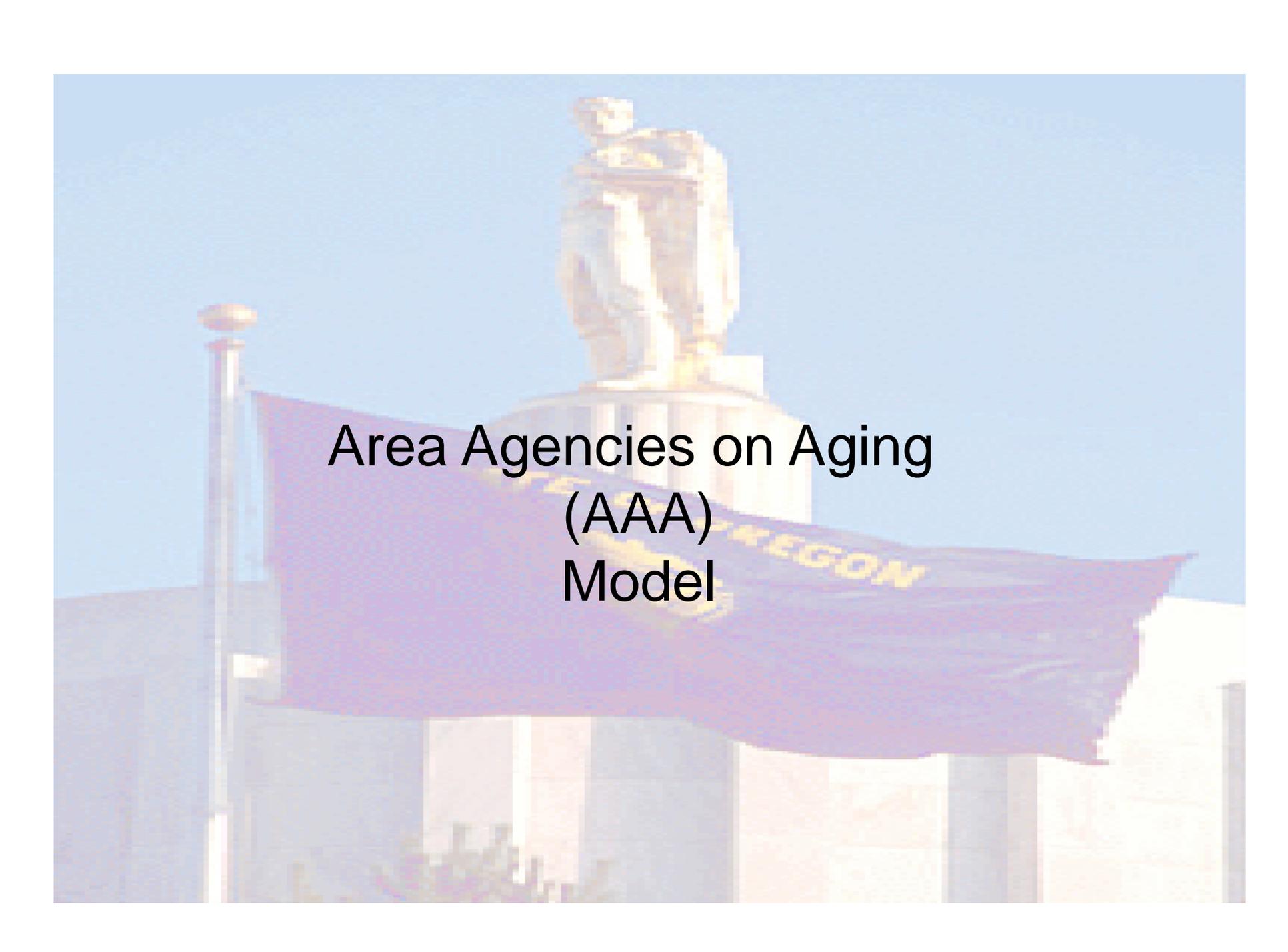
- Financial Eligibility
- Service Eligibility
- Diversion / Transition
- Pre-Admission Screening

# Case Management

Another key feature of the Oregon Model.  
Case Managers are the navigators and gatekeepers of our system.

## Case Managers:

- Assess the functional abilities of individuals using a computer based tool
- Look at ability to perform Activities of Daily Living (ADL's) and availability of social/natural supports
- Work with person to develop individualized care plan
- Authorize appropriate types and amounts of service; monitor progress of care plan



Area Agencies on Aging  
(AAA)  
Model

# AAA Service Delivery Models

## Two models

**Type B:** Contracts with the state to provide Medicaid, Oregon Project Independence, and Older Americans Act Programs.

There are 6 Type B AAAs. Four are Transfer AAAs, which means the Medicaid staff is employed by the AAA. Two are Contract AAAs, which means the Medicaid staff is employed by the state.

This option is available to AAAs that are part of a unit of local government.

**Type A:** Contracts with the state to provide Oregon Project Independence, and Older Americans Act Programs only. There are 11 Type A AAAs.

This option is available to AAAs that are private, non-profit or part of a unit of local government.

The Medicaid and SNAP programs are administered by the state in Type A areas.



# **A broad range of services are available and/or coordinated by Oregon Type B AAAs:**

**Adult Day Care  
Case Management Services  
Elder Abuse Awareness  
Family Caregiver Support  
Health Insurance Assistance  
Information and/or Assistance  
Home Care  
Personal Care  
In-Home Volunteers  
Language Translators  
Legal Assistance  
Medication Management  
Mental Health Counseling  
Nutrition Services (congregate  
and home delivered meals)**

**Public Education/Outreach  
Long-Term Care Ombudsman Prog.  
Adult Foster Home Care/Licensing  
Assisted Living Facility Care  
Guardianship/Conservatorship  
Medicaid Eligibility/Financial Asst.  
Medical Transportation  
Miscellaneous Medical Services  
Nursing Home Care  
Protective Services  
Pre-Admission Screening  
Private Admission Assessments  
Residential Care Facility Care  
Risk Intervention Service  
Home Modifications/Special Needs**



Oregon Association of Area Agencies on Aging & Disabilities (O4AD)  
**OREGON LONG TERM CARE NETWORK**  
**PROGRAM FUNDING STREAMS**

**OLDER AMERICANS ACT (OAA)**

**Title II**

Aging Network Support  
(Pension, Eldercare Locator, etc.)  
Aging & Disability Resource Center (Grants)  
Chronic Disease Self-Management Program  
Program Administration

**Title III**

B: Supportive Services  
C1: Congregate Meals  
C2: Home Delivered Meals  
Nutrition Services Incentive Program  
D: Preventative Care  
E: Family Caregivers Support

**Title IV**

Program Innovations, Research & Training

**Title V**

Community Services Employment for Older Americans

**Title VI**

A: Grants for Native Americans  
C: Native American Caregivers

**Title VII**

Elder Abuse Prevention

**Other OAA Programs**

Lifespan Respite Care  
Senior Medicare Patrol  
Adult Protective Services  
State Health Insurance Program (SHIBA)

**MEDICAID TITLE XIX**

**Title XIX**

Home and Community Based Care  
Nursing Facility Care  
Adult Protective Services  
Case Management  
Pre-Admission Screening  
Private Admission Assessment  
Diversion / Transition / Related Activities  
(supporting client choice during transitions)  
Eligibility of Enrollment for Aged, Blind & Disabled  
Supplemental Nutritional Assessment Program (SNAP)  
Service Eligibility for Medicaid Long-Term Care

**Authorizations of Support Services, including:**

- Home Delivered Meals
- Personal Care
- Non-Medical Transportation
- Adult Day Care
- Contract Registered Nurse Program
- In-Home Agency or Client Employed Caregivers
- Adult Foster Home
- Assisted Living, residential
- Long-Term Nursing Facilities Placement

**STATE GENERAL FUND**

**Oregon Project Independence**

Seniors age 60+  
Individuals with Alzheimer's disease or  
related disorders

**Maintenance of Effort (MOE)**

(Required by states to receive OAA Funding)

**Medicaid Title XIX Program Matching Fund**

(Approximately 50% match required, programs vary in  
specific requirements.)

- Programs are Administered by the Administration on Aging.

- Funds are distributed to each state by formula.

- Some programs are administered nationally with funds going to a contractor or Area Agency on Aging (AAA) without distribution to a state.

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