



Oregon

John Kitzhaber, MD Governor

Board of Massage Therapists

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Education Committee Meeting

January 3, 2014

Board Office

Attendance

Committee Members:

Lisa Barck Garofalo, Chair

Peter Szucs, LMT

Steve Davis, LMT

Lana Braunt, LMT

John Combe, LMT

Board Members & Staff:

Kate Coffey, Executive Director

Ekaette Udosenata, Policy Analyst

Absent: Nick Chrones, LMT, Kathy Calise, Board Liaison

Public: No public present

CALL TO ORDER - Barck Garofalo called the meeting to order at 9:04 am.

INTRODUCTIONS: Present at time of introductions **Barck Garofalo, Braunt, Coffey, Combe** by phone, **Davis, Szucs** by phone and **Udosenata**.

Barck Garofalo, Davis and **Szucs** declared a potential conflict of interest, as they are CE providers.

Davis approve November 8, 2013 minutes approved

Combe seconded

MINUTES – November 8, 2013 minutes approved.

PUBLIC COMMENT: none present.

The committee agrees to accept the AG recommendation in regards to the purpose of Continuing Education.

The committee received and reviewed a letter from Board Member Grossart. The committee agrees that **Barck Garofalo** will respond to the letter.

Barck Garofalo will like contact and noncontact be bolded on the Continuing Education proposal as to allow for easy identification.

The committee agrees that OAR 331-001-0060 (14), definition of contact hours, will need to be modified.

The committee reviewed the draft Continuing Education OAR changes. Below are the agreed upon draft sections.

Revised 1/3/14

Purpose

These rules are set forth in accordance with the Oregon Board of Massage Therapists' Mission Statement, Vision and Values. The purpose of CE is to help licensees continue to maintain knowledge and skills. Continuing education is required as a condition of licensure.

Required Hours and Period of Completion

- (1) Each licensee must complete 25 hours of continuing education.
- 2) Of the 25 hours at least 15 must be contact hours of continue education training or Board approved activities as defined in OAR 334-010-0050 CE Requirements #2.
 - a) Licensees must document at least 6 contact hours in Professional Ethics, Boundaries and/or Communication every renewal period.
- 3) The remaining 10 hours may be contact or non-contact hours as defined in OAR 334...CE Requirements #3.
- 4) At renewal time, each licensee must sign and submit a Board supplied CE form indicating they have completed 25 hours of continuing education. The Board may require proof of CE hours.

Continuing Education Requirements

1. A licensee shall satisfy the requirements of OAR 334-010-0050 by taking continuing education in any of the following topics;
 - a. Massage and bodywork techniques;
 - b. Use of thermal modalities, topical preparations, mechanical assistive devices/appliances;
 - c. Stretching and gymnastics that lengthen and shorten soft tissues;
 - d. Posture and movement assessment
 - e. Massage and bodywork business practices;
 - f. Anatomy and physiology of the human body;
 - g. Kinesiology of the human body;
 - h. Pathology of the human body;
 - i. Ethical principles;

- j. Body mechanics;
 - k. Somatic education:
 - l. CPR/First Aid.
2. The methods of obtaining continuing education contact hours may include:
- a. Courses, seminars, and workshops sponsored, certified, or approved by an established and recognized massage and bodywork training program;
 - b. Courses or activities for continuing education offered by a provider recognized by a massage and bodywork professional organization;
 - c. Courses provided by an accredited institution of higher education if the subject matter is listed in 334-010-0050 CE Requirements #1;
 - d. Individual interactive distance learning study courses with subject matter that is listed in ORS 334-010-0050 CE Requirements #1 and that require an examination and are offered by an accredited institution, professional organization, or individual recognized by the Board;
 - 1. Contact hour credit for distance learning courses is limited to 8 hours per renewal cycle regardless of length of time spent.
 - e. Courses in cardiopulmonary resuscitation/first aid if taken in the presence of an instructor;
 - f. Providing Board requested peer supervision
 - 1. Licensee must record date and name / contact information of person mentored or supervised on CE renewal form
 - g. Attendance at an OBMT board meeting, board committee meeting, board task force or serving on these committees/task forces.
 - 1. One hour of CE contact credit will be given for each meeting.
 - 2. Licensee must record date, and name of meeting on CE renewal form.
3. The methods of obtaining continuing education non-contact hours may include but are not limited to:
- a. Publishing an article relating to massage and bodywork;
 - 1. Licensee must record date and name of publication of article on CE renewal form.
 - b. Self-study based on media (i.e. book/video, periodical, audiocassette, DVD);
 - 1. Licensee must record title of media on CE renewal form and submit one page summary of material.
 - c. Courses or lectures on massage and bodywork which a licensee presents;

1. Licensee must record date, number of attending, name and hours of class on CE renewal form.
 2. A licensee may receive credit for presenting a course or lecture only one time per renewal period regardless of how many times the licensee presents the course or lecture.
4. Licensees must document at least 6 contact hours in Professional Ethics, Boundaries and/or Communication every renewal period.

Continuing Education Restrictions

1. If the Continuing Education subject matter is not listed under OAR 334-010-0050 #1 it will not be accepted.

Continuing Education Audit and Required Documentation

1. The Oregon Board of Massage Therapists randomly selects a minimum of 10 percent of received monthly renewals for an audit.
 - a. If selected for an audit you will have 30 days to complete the audit form and submit copies (not originals) of your Continuing Education certificates.
 - b. The information provided during the audit must match the items you have listed at the time of your renewal.
 - c. If you fail to provide the requested information to the Board, within the 30 days, the Board may issue discipline per ORS 687.081 and 687.250.
2. The continuing education requirement does not apply to a licensee's first license renewal.
3. Continuing education must be completed within the renewal period.

Contact hours taken and submitted during renewal in excess of the total number required may only be carried over to the next subsequent renewal period.

(a) First renewal CE are not required to be submitted at the time of renewal, CE taken during the first renewal period may be submitted with second renewal.
4. Continuing education records must be maintained by each licensee for a minimum of five years.
5. If the Board finds indications of fraud or falsification of records, investigative action must be instituted. Findings may result in disciplinary action up to and including revocation of the licensee's license.
6. Failure to complete continuing education hours by the time of renewal may result in revocation, suspension and/or denial of a license. Licensee has

30 days from date of notification of non-compliance to come into compliance. Failure to be in compliance may result in discipline of the license to practice massage.

Homework:

Next meeting: TBD after the January 13, 2014 Board Meeting.

Adjourned at 11:00 am

DRAFT