



Oregon

John Kitzhaber, MD Governor

Board of Massage Therapists

748 Hawthorne Ave NE

Salem, OR 97301

Phone: (503) 365-8657

Fax: (503) 385-4465

www.oregon.gov/OBMT

Education Committee Meeting

October 14, 2013

Pioneer Pacific College

Attendance

Committee Members:

Lisa Barck Garofalo, Chair

Nick Chrones, LMT

Peter Szucs, LMT

Steve Davis, LMT

Lana Braunt, LMT

John Combe, LMT

Board Members & Staff:

Kathy Calise, Board Liaison

Kate Coffey, Executive Director

Christine West, Business Analyst

Absent: Peter Szucs, LMT and John Combe, LMT

Public: No public present

CALL TO ORDER - Barck Garofalo called the meeting to order at 10:15 am.

INTRODUCTIONS: Present at time of introductions Barck Garofalo, Braunt, Davis, Chrones and Calise. Barck Garofalo, Chrones, Calise and Davis declared a potential conflict of interest, as they are CE providers.

MINUTES - September 13, 2013 minutes approved, with one change.

PUBLIC COMMENT: none present.

The committee reviewed three letters of suggestion from LMT's. Stephanie Manriquez submitted the first letter reviewed, the committee agrees that we do not want to be in the process of approving CE providers, class by class, there are several organizations that already approve CE courses. The committee agrees that presenting to the public to promote the massage profession is a great idea, although the Governors Office has previously stated that it is not up to the Board to promote massage, the Board is here to regulate LMTs. The committee disagrees that the intent of the 25 CE hours are to interact with the public.

Dianne Perneti submitted the second letter reviewed, she suggested tiered CEs for massage therapists, requiring less CEs the longer you're in the profession and disagrees with requiring ethics as part of CE. The committee does not agree with tiered CEs.

Francine More submitted the third letter reviewed, the committee does not agree with giving CEs for receiving massage.

The committee reviewed the draft Continuing Education OAR changes. Below are the agreed upon draft sections, the committee will continue its review of the entire document at the November 8, 2013 Education Committee meeting.

Draft OAR Continuing Education Division

Purpose

1. These rules are set forth in accordance with the Oregon Board of Massage Therapists' Mission Statement, Vision, and Values. These rules are intended to protect and inform all parties involved in the field of massage therapy and bodywork, to help maintain core competencies, share valuable experiences and advanced subjects in the field with colleagues, to maintain and advance this profession in the best way possible, and thus improving massage and bodywork to the public.
2. Continuing education is required as a condition of licensure to insure continued efforts on the part of Oregon licensed massage therapists to remain current with new developments in the field and to encourage diversified training and qualifications.

Required Hours and Period of Completion

1. Each licensee must complete 25 hours of continuing education in the competencies (334-010-0047 Competencies) each renewal period. At renewal time, each licensee must sign and submit a Board supplied CE form indicating they have completed 25 hours of continuing education. The Board may require proof of CE hours.
 - a. At least 15 contact hours of continuing education training or Board approved activities (Board or Committee meeting/Peer Supervisor/Examiner of Practical Exam/Board Investigator).
 - b. The remaining 10 hours may be contact hours or in areas as defined on the Board supplied CE form.

Continuing Education Requirements

1. A licensee may satisfy the requirements of OAR 334-010-0050 by taking continuing education in subjects which may include but are not limited to:
 - a. Massage and bodywork techniques;
 - b. Energetic and vibrational techniques;
 - c. Use of thermal modalities, topical preparations, mechanical assistive devices/appliances;
 - d. Movement and exercises that lengthen and shorten soft tissues;
 - e. Movement and exercises that promote energetic balance;
 - f. Massage and bodywork business practices;
 - g. Anatomy and physiology of the human body;
 - h. Kinesiology of the human body;
 - i. Pathology of the human body;
 - j. Ethical principles;
 - k. Body mechanics;
 - l. Somatic education;
 - m. CPR/First Aid.
2. The methods of obtaining continuing education contact hours may include:
 - a. Courses, seminars, and workshops sponsored, certified, or approved by an established and recognized massage and bodywork training program;
 - b. Courses or activities for continuing education offered by a provider recognized by a professional organization;
 - c. Courses provided by an accredited institution of higher education if the subject matter directly pertains to the massage and bodywork profession;

- d. Individual interactive distance learning study courses that directly pertain to the massage and bodywork profession and that require an examination and are offered by an accredited institution, professional organization, or individual recognized by the Board;
 - A. Contact hour credit for distance learning courses is limited to 8 hours per renewal cycle regardless of length of time spent.
- e. Courses in cardiopulmonary resuscitation/First Aid if taken in the presence of an Instructor;
- f. Courses or lectures on massage and bodywork which a licensee presents;
 - A. The licensee may receive continuing education hours equivalent to the hours awarded to participants.
 - B. A licensee may receive credit for presenting a course or lecture only one time regardless of how many times the licensee presents the course or lecture.
- g. Attendance at a board meeting, board committee meeting, board task force or serving on these committees/task forces.
 - 1. One hour of CE contact credit will be given for each meeting.

Homework: Review Steve's suggested changes to Continuing Education Restrictions.

Next meeting Friday November 8, 2013 9:00 a.m. – 12:00 p.m.
Adjourned 12:20 pm