



**TEAM OREGON**  
MOTORCYCLE SAFETY TRAINING PROGRAM

Rev up your cycle skills with the training you need to protect yourself. Take a course from TEAM OREGON and take your ride to the next level.

Visit [team-oregon.org](http://team-oregon.org) to find a class near you, or call 1-800-545-9944.

Ride safely. The way to go.

## Get Endorsed

All Oregon motorcyclists are required to have a motorcycle endorsement on their valid driver license. Since 2009 Oregon law requires that all new motorcycle riders complete an approved motorcycle safety course in order to get their motorcycle endorsement.

The TEAM OREGON Motorcycle Safety Program offers training courses for beginners, intermediate, and experienced riders. For information, visit the TEAM OREGON web site at <http://team-oregon.org>.

## Top 5 Reasons Motorcycle Riders Crash In Oregon

**1 RIDING TOO FAST FOR CONDITIONS**  
With Oregon's ever-changing weather and road conditions, the posted speed or curve advisory may be too fast for safety — especially if you're on two wheels.

**2 FAILING TO MAINTAIN YOUR LANE**  
Too much speed, sub-par riding skills, and failing to look well ahead all contribute to this one. Slow down, keep your head and eyes up and your skills are tuned up.

**3 RUNNING OFF THE ROAD**  
Unfortunately this mistake often ends abruptly at whatever solid object the rider's eyes fix on. Mailboxes and utility poles are popular targets. See 1 and 2 for the common factors in these crashes.

**4 FAILING TO AVOID STOPPED OR PARKED VEHICLES**  
As weird as it seems, 4 and 5 are consistently in the top five. Keep your eyes up and give yourself space and time to maneuver in traffic. It's critical!

**5 FOLLOWING TOO CLOSELY**  
Don't throw away your safety margin by tailgating. Most motorcycles have great brakes but they can't perform miracles. Neither can you.

## Group Riding 5 Simple Rules

Group rides have become a significant factor in Oregon motorcycle crashes. If you choose to ride with others, then ride in a way that is safe for everyone. Remember the objective is to have a safe, enjoyable day. Here are a few simple rules:

**1 PUT BEGINNERS UP FRONT**  
They should be right behind the leader so the pace can be matched to their ability. Encourage everyone to ride within their limits.

**2 KEEP THE GROUP SMALL**  
Limit your group to four or fewer riders. If you have more riders, split into smaller groups. Separate the groups so faster traffic can pass safely.

**3 KEEP YOUR DISTANCE**  
Use a staggered formation when there's plenty of space and visibility. Go to single file when passing or riding through curves.

**4 SIGNAL EARLY AND OFTEN**  
The leader should scan ahead for changes and signal early so that everyone has advance warning. Everyone should follow suit by signaling to the following rider.

**5 BE RESPONSIBLE FOR THE RIDER DIRECTLY BEHIND YOU**  
When making a turn, passing through a signal, or changing lanes, check to make sure that the rider following is still with you.

## See and Be Seen

Light and bright are the terms you need to remember when choosing riding gear. Wear clothing that makes you visible to drivers. Dark colored clothing can be difficult to see day or night. Choose gear that has **retro-reflective material** and use **retro-reflective tape** on your motorcycle and your helmet to increase your chances of being seen at night.

Choose a lane position that **makes you visible to other drivers** and lets you see what's ahead. Remember that if you can see a driver's eyes in their rear-view mirror or side mirrors, then they can see you. Don't ride in a car's "No Zone" blind spot.

Maintain a **space cushion** around you so that you have space and time to maneuver. Anticipate that drivers backing out of driveways may not see you. Your best defense is your awareness of traffic situations. Use your expert mental skills to avoid having to use your expert physical skills. Remember that when you're on a motorcycle surprises are bad. **Always bad.** Plan an escape route and ride as if you're invisible.

## Obey Speed Limits

Oregon speed limits are simple — maximum 65 mph on the interstate outside urban areas. Within cities the speed limit is posted. Outside cities, on non-interstate highways, posted speeds are no greater than 55 mph. Oregon's basic speed law requires you to determine what is reasonable and prudent depending on road conditions but do not exceed posted speeds.



# POSER

## HEAD

That beanie helmet may be legal and it may protect your head. Maybe not. **You only have one brain so why take the chance?**

## EYES, EARS AND FACE

Watering eyes, **deafened by wind blast** and a face pock-marked by insects and **airborne debris**...another mark of the poser.

## SHOULDERS AND ARMS

Your unprotected body is no match for the road rash you'll get from **sliding along concrete or asphalt**.

## HANDS

Fingerless gloves? Seriously? Because your pinkies need the air and are **expendable in a crash?**

## KNEES

Having your knees in the breeze is a great way to show off sunburn and road rash. Remember, there's **no such thing as a fender-bender when you're on a motorcycle.** Think about it.

## FEET

Personal contact with the shift lever, brake pedal, hot engine or the asphalt will forever change your perspective on footwear. **Wind on the toes is not "cool!"**

## Slow Down

**Don't exceed posted speed limits** — they're there for a good reason. Before you ride, consider the weather and road conditions and slow down accordingly. Speeding cuts down the amount of time you have for reacting to an emergency. Give yourself more reaction time and avoid a serious crash by slowing down.

One of the most dangerous combinations for motorcycle riders is **high speed and corners.** The largest percentage of motorcycle-related deaths in Oregon occur when riders leave the roadway, typically in corners, and crash into trees, rocks, or other fixed objects. Watch for posted speeds and slow down when entering curves. Speeding greatly increases the forces on your body in a crash. Even a small increase in speed — five to 10 miles per hour — can mean the difference between life and death.



## No-Zone

The No-Zone is the **danger area around trucks and buses where crashes are more likely to occur.** Most No-Zones are blind spots where your bike disappears from the view of other drivers. The right-side blind spot is doubly dangerous because trucks and buses make wide right turns. Stay out the No Zone trap (or these blind spots) and give larger vehicles plenty of room.

## Helmets and Headlights Required

In Oregon all motorcycle and moped riders and passengers **must wear motorcycle helmets** and your **headlight must be on at all times.**

## Avoid Aggression

**Speeding, tailgating and making frequent lane changes** all create dangerous situations on the road. Avoid aggressive drivers. If you're feeling angry or frustrated, take a deep breath to refocus, or pull over and take a break. Just remember, there's no such thing as a fender bender when you're on a motorcycle.

## Distractions

Fiddling with gloves or riding gear, looking at a map or checking your GPS, texting or fumbling with electronic devices can all distract you. Make certain everything is in order **BEFORE** you begin the ride. If there is a problem once you're rolling, **pull over and deal with it.** Don't divide your attention between an irritation and the critical business of staying upright and alive.

## Work Zones

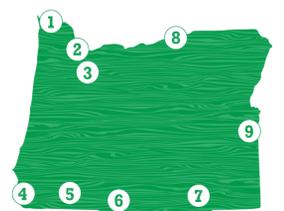
Work zones create special hazards for riders. Always look for roadway changes in color and texture. Metal plates, crack sealant and pavement markings can affect your control and traction, especially when they're wet. Uneven road surfaces can be very hazardous. Work zones may have debris and fluid spills that can easily cause loss of traction too. **Slow down in work zones, obey all posted speeds** and watch out for highway workers and equipment!



There are 7 Wonders of the World, and not a single one of them is here in Oregon. All we can figure is whoever came up with the list must have never set foot here. They must have never seen **Mt. Hood** or the grandeur of the **Columbia River Gorge.** They certainly didn't explore the **Oregon Coast.** The exposed earth of the **Painted Hills, Smith Rock's** towers of volcanic ash and the alpine peaks of the **Willowas** were overlooked as well. Even **Crater Lake,** the deepest lake in America, was left off their list. So we see your Wonders, world. **And raise you 7 of our own.**

And we invite you to not just see them, but experience them. Just remember: This is Oregon. So how do you go about doing that is entirely up to you.

Visit us at [TravelOregon.com](http://TravelOregon.com) or stop by one of our nine staffed travel information centers located throughout the state for recommendations on things to do or places to see.



**1. ASTORIA WELCOME CENTER**  
(Open all year)  
Located at the Astoria-Warrenton Chamber of Commerce  
111 W. Marine Dr., Astoria, OR 97103  
503-325-6311

**2. PORTLAND INTERNATIONAL AIRPORT WELCOME CENTER**  
(Open all year)  
Located on the lower level near baggage claim  
503-223-5928

**3. OREGON CITY WELCOME CENTER**  
(Open all year)  
Located at the End of the Trail Interpretive Center  
1726 Washington St., Oregon City, OR 97045  
800-424-3002

**4. BROOKINGS WELCOME CENTER**  
(Open all year)  
Located at Crissey Field State Recreation Site on Hwy 101  
14433 Hwy 101, Brookings, OR 97415  
541-469-4117

**5. ASHLAND WELCOME CENTER**  
(Open May-Sept)  
Located just off Exit 19 along I-5  
60 Lowe Road Ashland, OR 97520  
541-482-3486

**6. KLAMATH FALLS WELCOME CENTER**  
(Open May-Sept)  
Located at the Midland Rest Area on Hwy 97  
11001 Hwy 97 South, Klamath Falls, OR 97603  
541-882-7330

**7. LAKEVIEW WELCOME CENTER**  
(Open May-Sept)  
Located at the Lake County Chamber of Commerce  
126 North E St., Lakeview, OR 97630  
541-947-6040

**8. UMATILLA WELCOME CENTER**  
(Open all year)  
Located at the Umatilla Chamber of Commerce  
100 Cline, Umatilla, OR 97882  
541-922-2599

**9. ONTARIO WELCOME CENTER**  
(Open May-Sept)  
Located at the Ontario Rest Area on I-84  
1202 S I-84 North, Ontario, OR 97914  
541-889-8569

## MILEAGE TABLE

	Albany	Ashland	Astoria	Baker City	Bend	Bluns	Coos Bay	Corvallis	Eugene	Florence	Forest Grove	Grants Pass	Gresham	Klamath Falls	La Grande	McMinnville	Medford	Newberg	Newport	Ontario	Pendleton	Portland	Redmond	Roseburg	Salem	Springfield	The Dalles	Tillamook	Woodburn
Albany	219	158	351	123	253	147	11	44	94	73	179	78	213	329	50	207	50	65	383	277	69	121	111	24	43	152	92	40	
Arlington	205	370	228	168	169	230	347	216	245	298	160	380	126	306	124	173	381	159	248	239	72	136	153	313	182	244	53	210	166
Ashland	219	374	447	261	269	182	222	179	202	290	41	295	64	472	264	12	269	252	428	442	265	216	108	240	176	331	309	255	
Astoria	158	374	398	255	385	233	128	198	50	334	108	364	355	105	362	96	306	336	236	136	199	175	66	121	157	66	92	121	
Baker City	351	447	396	-	247	164	466	356	356	404	328	488	294	383	44	341	459	327	393	72	96	304	421	350	352	221	378	333	
Bandon	171	182	257	490	261	392	24	158	140	72	223	142	244	245	495	198	170	212	122	522	443	236	259	85	201	137	318	191	206
Beaverton	67	282	93	312	167	297	208	79	107	159	15	242	21	276	268	34	270	20	109	383	216	9	151	175	44	107	91	67	28
Bend	123	200	255	247	-	130	237	127	128	190	181	241	145	137	271	158	212	161	180	260	241	160	16	192	134	124	131	206	146
Brookings	249	146	339	559	295	424	107	238	216	155	306	105	327	208	565	280	134	294	205	555	525	317	311	168	272	220	400	274	289
Burns	253	299	385	164	130	367	257	259	320	311	339	275	235	205	288	311	291	310	130	198	290	146	322	261	253	260	336	276	
Clatskanie	130	347	35	361	221	351	253	287	426	479	341	561	307	473	65	354	548	344	157	481	245	61	205	268	170	140	93	91	
Coos Bay	147	182	233	466	237	367	-	135	116	300	175	370	141	265	155	189	341	174	300	254	103	151	112	302	198	234	69	225	182
Coquille	164	164	251	484	255	385	18	153	134	66	217	124	238	227	489	192	152	206	116	516	437	229	253	67	195	131	312	185	199
Corvallis	11	222	151	356	127	257	135	-	40	83	71	182	90	213	340	46	120	58	53	388	288	81	126	111	35	44	163	90	51
Cottage Grove	60	158	216	370	142	271	96	60	20	83	132	118	137	181	386	106	146	111	113	402	334	127	140	51	81	17	209	151	99
Dallas	31	248	129	364	146	276	164	29	70	112	51	208	71	242	320	25	236	37	70	406	268	60	144	140	15	73	143	64	32
Elgin	349	492	354	64	291	225	491	360	389	434	303	524	270	428	20	317	604	303	393	135	72	279	275	459	326	386	197	353	309
Enterprise	306	536	405	106	336	270	523	387	426	479	341	561	307	473	65	354	548	344	157	481	245	61	205	268	170	140	93	91	
Eugene	44	178	199	356	128	259	116	40	-	61	112	138	120	173	369	86	166	94	91	388	318	110	126	71	64	193	130	81	
Florence	94	202	184	404	190	320	48	83	61	-	151	162	172	234	422	126	190	139	50	450	371	164	184	94	118	65	245	119	135
Forest Grove	73	290	80	328	181	311	200	71	112	151	-	250	36	285	283	26	278	26	101	396	232	23	166	182	50	115	107	52	45
Fossil	213	309	264	195	108	172	328	218	218	280	195	350	166	245	175	209	321	194	280	233	123	171	92	282	218	214	89	245	236
Gold Beach	225	175	311	544	316	446	78	213	194	126	278	134	299	238	549	252	162	267	176	576	497	290	314	140	255	192	373	247	261
Grants Pass	179	41	334	488	241	339	142	182	138	162	250	-	254	104	504	224	29	229	212	470	452	245	257	68	199	136	327	269	216
Heppner	260	372	283	155	172	213	391	271	301	345	215	413	181	309	111	228	384	214	303	227	59	191	155	347	306	369	177	303	229
Hermiston	265	389	282	324	219	259	215	178	108	157	27	239	187	263	344	211	267	176	211	283	363	232	285	186	203	369	236	209	218
Hillsboro	73	292	87	322	176	306	206	78	117	156	6	252	30	286	278	32	280	20	106	391	226	17	160	184	50	117	101	58	37
Hood River	131	346	154	242	152	282	273	142	172	224	86	307	312	242	146	351	85	174	312	146	62	136	239	108	171	21	136	92	
Independence	20	238																											

