

# ten essentials for a CHILD'S GO-KIT

Oregon Office of Emergency Management recommends children have a Go-Kit that is kept in an easy to access location, such as on their bedroom door handle or in the closet, with these 10 essential items. When an emergency happens, they can grab their own "emergency kit" and BEE Prepared to help out Mom and Dad.

1. A change of clothes (rotate clothes for fit and season)
2. Shoes and socks
3. Flashlight with batteries (to preserve battery life, put them in upside down. They can be flipped easily in time of need.)
4. Whistle
5. Mini first-aid kit
6. Sunglasses
7. Lip Balm
8. Power Bar
9. Water Bottle
10. Space Blanket

