

SKIN INFECTIONS, FUNGAL
(Dermatophyte)

Level I

(If subjective data sufficient, no exam is necessary.)

Skill Level: RN

Definition: External body, non-mucosal, superficial skin infection with common yeast or fungal elements that tend to thrive in warm, dark, damp conditions.

MILD	
<p>Subjective:</p> <ul style="list-style-type: none"> • "I have athlete's foot; jock itch." • "I have an itchy, burning rash between my toes; in my groin". • The involved area is limited, non-tender, non-swollen. • May have prior history of successful treatment with Tolnaftate. 	<p>Assessment:</p> <ul style="list-style-type: none"> • Alteration in skin integrity. • Mild athlete's foot/groin rash.
<p>Objective: (If exam is done)</p> <ul style="list-style-type: none"> • No obvious excoriation or sign of bacterial infection (pus, marked redness, heat, etc). • Area may be irritated from patient scratching 	<p>Plan:</p> <p>Patient education and self-care items for this protocol include:</p> <ul style="list-style-type: none"> • Anti-Fungal foot cream: Tolnaftate, available from Canteen <p>Education Handout available regarding hygiene, prevention, and care and chronic/recurrent nature.</p> <ul style="list-style-type: none"> • If symptoms are not resolving, refer to Level II protocol. • Any discomfort, swelling, drainage, inflammation or progressive involvement of more area requires Level II protocol. • Diabetes and Immuno-suppressive Disease Processes requires use of Level II protocol.

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APPROVED:

Medical Services Manager

Date

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Date

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Date

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