



SOUTH SLOUGH CALENDAR

JANUARY - FEBRUARY 2017



JANUARY 7, 2017

TIDE OF THE TODDLERS-

TIDES AND THE OCEAN COMMUNITY 10 AM TO 11 AM

Discover the motion of the ocean with your little one, ages 1 to 5! Come enjoy a variety of interactive activities focused on the ocean tide animals including songs, movement, and crafting creations. Meet at the South Slough Interpretative Center [Max – 15 children] (\$1/toddler)

EURYTHMY MOVEMENT ART 11 AM TO NOON

Come and join Evelyn Sprengelmeyer for a morning workshop in the movement art of Eurythmy. Developed at the turn of the 20th century by Rudolf Steiner, eurythmy brings the essence of poetry and music to life through imaginative, beautiful movement. Through doing eurythmy with others one touches into the deeper aspects of life while fostering feelings of social harmony with the world around us. The hour long workshop will be followed by a brief solo performance by Evelyn. There is no prior experience necessary to do eurythmy for the first time so anyone is welcome! Meet at the South Slough Interpretive Center (\$15 per person)

JANUARY 14, 2017

BIRDS ON THE ESTUARY 10 AM TO 11 AM

Explore the shores of Charleston in search of winged wildlife. Interpreter, binoculars and spotting scopes provided. Meet at the Charleston Visitors Center [Max - 15 participants] (\$1 / birder)

LOGS TO LUMBER TO LIVING 2 PM TO 4 PM

Before building on your woodlands there are a number of things you need to consider. This OSU extension service workshop will cover permits, material costs, design features, amenities, accessories, and access/liability. You will also see a start-to-finish cabin project that was recently completed. Meet at the South Slough Interpretive Center (\$15 per Family - same household)

Register at <http://extension.oregonstate.edu/coos/>

JANUARY 21, 2017

FAMILIES IN THE FIELD:

HARBOR DOCK STUDY 10 AM TO NOON

Come explore the bizarre creatures beneath the docks in Charleston, and investigate the mind-boggling diversity of life found underneath it all. Dress to be outdoors! Designed for families with children 6 years and older. Meet at the Charleston Visitors Center [Max – 20] (FREE)

SCIENCE FILM: NATURE'S BEST CON ARTISTS 1 TO 2 PM

Visit with the planet's greatest animal hustlers and the elaborate lengths they will go to claw their way to the top. Meet the shape shifters, mimics, masters of disguise and illusion, and sneaks. Come enjoy the big screen, awesome sound system and popcorn. (FREE)

January

JANUARY 28, 2017

KAYAKING THE ESTUARY 10 AM TO 3 PM

Explore five miles of beautiful South Slough on a trail that flows with the tide. Bring your own kayak or canoe (no inflatables or pedals), paddles, PFDs, water and lunch. Feet and legs may get wet and muddy at launch points. Driver and shuttle will be provided. [Min-3 boats/Max-8](\$15/boat)

SEATED STRETCHING WITH SAILEE 1 PM TO 3 PM

Join Sailee for a gentle yet awakening yoga practice, all from the familiar place of being seated! We will begin the class sitting in chairs and progress with the option to make your way to the floor. This class is open to all levels and is especially well suited for beginners! Come try yoga and enjoy the beautiful surroundings of South Slough! Whether you're a seasoned yogi, or trying yoga for the first time, you are bound to walk away feeling restored, grounded, relaxed and having learned something new! [Min - 10, Max 20] (\$12 / person)



Unless otherwise noted, all programs begin at the South Slough Reserve Interpretive Center, located 4 miles south of Charleston on Seven Devils Road.

Reservations are required for all programs.

Please call (541) 888 - 5558 Ext. 121

Programs may be cancelled due to low enrollment or hazardous weather. Activity fees and donations cover materials and are used by the Friends of South Slough Reserve, Inc. in support of the Reserve.

The Interpretive Center is open Tuesday through Saturday from 10 am to 4:30 pm.

Trails are open daily from dawn to dusk. For more information visit

www.southsloughestuary.org



SOUTH SLOUGH CALENDAR JANUARY - FEBRUARY 2017



February



FEBRUARY 4, 2017

TIDE OF THE TODDLERS- BIRDS, BEAKS, AND FEET

10 AM TO 11 AM

Discover the world of birds with your chicks, ages 1 to 5! We will explore the lives of birds that live in our local estuary followed by a birding adventure on the trail. [Max – 15 children] (\$1/toddler)

FERMENTATION WORKSHOP

1 PM TO 3 PM

Discover the taste, benefits, and joy of ancient food preservation in this fermentation workshop. After a brief presentation, participants will craft their own sauerkraut and pickles to take home and enjoy. Vegetables, spices and fermentation vessels provided. [Max – 25] (\$20 per person)

FEBRUARY 11, 2017

BUILD A BIRDHOUSE WORKSHOP PART I: WRENS 11 AM TO NOON

Before the wrens begin to nest, come learn about their ecology and build a birdhouse to encourage them to live in your backyard! This is a perfect activity for children, parents, and grandparents to do together. (All supplies are provided.) Advance registration is required. [Min - 5 Max-20 participants] (\$12/birdhouse)

SCIENCE FILM:

FROGS, THE THIN GREEN LINE

1 PM TO 2 PM

Frogs have evolved into some of the most wondrous and diverse creatures on earth. Today, they are at the center of one of the greatest mass extinctions since the dinosaurs. Come learn about this environmental crisis that is unfolding in our own backyard as well as around the globe. Come enjoy the big screen, awesome sound system and popcorn. (FREE)

FEBRUARY 18, 2017

KAYAKING THE ESTUARY

10 AM TO 3 PM

Explore five miles of beautiful South Slough on a trail that flows with the tide. Bring your own kayak or canoe (no inflatables or pedals), paddles, PFDs, water and lunch. Feet and legs may get wet and muddy at launch points. Driver and shuttle will be provided. [Min-3 boats/Max-8](\$15/boat)

FAMILIES IN THE FIELD: PLANKTON LAB 10 AM TO NOON

We encourage parents and children to participate together in this special Estuary Explorers event. Collect plankton, view plankton under the microscope and participate in the great plankton race! Designed for families with children 6 years and older. Meet at South Slough's Interpretive Center [Max – 20] (FREE)

MUSHROOM CULTIVATION WORKSHOP 1 PM TO 3 PM

Join us for a hands on mushroom log cultivation workshop using local hardwood. The workshop will cover the tools needed and instructions for how to successfully grow gourmet food and medicine. Fungi have an important role in our forest as decomposers, and we can mimic that role in our backyards and gardens. We will discuss this simple method and the various mushrooms you can grow. [Max – 25] (\$20 / person / log)

FEBRUARY 25, 2017

BLUEBIRD AND SWALLOW BIRDHOUSE WORKSHOP 11 AM TO NOON

Spring is just around the corner and this is the perfect time to build your very own western bluebird house. Begin the morning with a short presentation about bluebird ecology, how to attract bluebirds to your property and box placement. This is a perfect activity for children, parents, and grandparents to do together. (All supplies are provided) Advance registration is required. [Min - 5 Max-15 participants] (\$15/birdhouse)

SCIENCE FILM: LETHAL SEAS

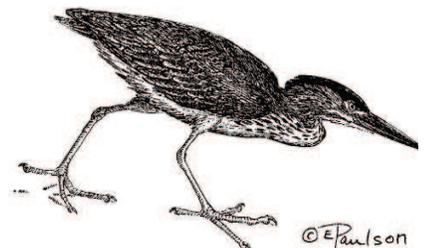
1 PM TO 2 PM

Come learn about the delicate balance between carbon dioxide and the survival of countless marine creatures essential to the web of life. This must see Nova production follows scientists as they seek solutions and make breakthrough discoveries. Come enjoy the big screen, awesome sound system and popcorn. (FREE)

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