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NEWSLETTER

The Board office is open
Monday through Friday from
8 a.m. to 5 p.m.

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- Lindsay McGrath, *Licensed Marriage & Family Therapist*
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BOARD OF LICENSED PROFESSIONAL COUNSELORS AND THERAPISTS

Renewing your license and CEUs —2016

During 2016 when you renew your license, you must report your continuing education units (CEUs). License renewals are done every year; CEUs are reported every even-numbered year as part of the renewal process. You can report CEUs as part of your online renewal process.

Your continuing education reporting period begins from your license renewal in one even-numbered year to the license renewal in the subsequent even-numbered year. For example, if your birth month is June, your CEU reporting period would be from July 1, 2014 through June 30, 2016. You would report when you

renew your license in June 2016.

CEU Waivers:

The Board has two types of CE waivers that must be approved *in advance* of your license renewal:

1. Medical waiver: This is for licensees who cannot complete the required number of hours of training due to a medical condition. Persons filing medical waiver requests must provide verification from a medical professional that a medical condition prevented training.
2. Not practicing waiver: This waiver is for those who do not offer or engage in the practice of counseling/therapy and do not plan to for an extended period. This

waiver will not be granted to persons practicing outside Oregon but not practicing in Oregon.

Registered Interns:

Registered Interns are not required to complete continuing education. Intern registration renewal may be done online or by mail submitting the generic intern renewal form and the \$80 renewal fee.

The Board's website has more information about CEUs including content areas and maximum # of CEUs allowed for activities/training.

If you have questions, please contact:

Connie Brown at
(503) 378-5499 ext. 2 or
Connie.Brown@state.or.us

The Board determined that the following training content **is allowed**:

- *Mediation training.
- *Language training that focuses on medical and mental health needs.
- *A group of conference offerings of less than one hour as long as offerings within the conference total more than one hour.

Training Content

- *Performance measurement training relating to mental health. The training must focus on client outcomes and not therapist performance.
- *Current CEU rules allow up to 10 hours of supervision. A contractual relationship for supervision will count in the same way.
- *Courses designed for

other mental health professionals – psychologists, social workers, etc.

*Training in hypnosis and hypnotherapy if the focus is on mental health therapy.

The following training is **not allowed**:

- *Statistical analysis for quality control.
- *Training for business or profit .

Training Content (Continued)

*Public relations or how to sell services.

*Training that is not geared for mental health professionals but is geared to the public.

*Watching video then discussing it with supervisor.

*CE from years prior to reporting period (no carrying CEs over).

*ADA training for administrative purposes. ADA training with counseling focus is acceptable.

*Courses in personal growth, administration, management, marketing, or other business classes.

CE Audit: If you are one of those lucky 10% chosen for the CE audit, you must submit dated documentation to the Board that shows proof of attendance, participation, certification, or completion. The board will accept academic transcripts and certificates of

completion. You may also submit program/activity descriptions, including (but not limited to) written verification of professional services; copies of published works or other proof of publication; and, letter from president/director of organization in which professional activity was conducted. If you are using supervision for CE credit you will need your supervisor to write a letter to the Board verifying the supervision.

INACTIVE STATUS

The Board does not have an 'inactive' status. All licenses will say 'active', even if you are not practicing or have a CE waiver.

RENEWALS

The cost of license renewal is \$125 per license (\$250 for those with LPC and LMFT). The renewal amount is the same for everyone. There is not a reduced rate for those not practicing.

CONTINUING EDUCATION—Frequently Asked Questions

1. Will this training I'm taking qualify for CEUs?

The Board does not pre-approve CE courses at this time. Check the CE guidelines on the Board's website to help you decide whether a particular course will meet the Board's administrative rules.

2. May I count hours for a study group?

The Board would examine the content of the group to make sure it meets all the continuing education requirements. It would depend on the purpose of the group. The group would need to meet these requirements:

- Program is presented by someone with appropriate academic training, professional licensure or certification, or professionally recognized experience. The presenter should have an identifiable involvement with human services.
- Program meets the professional needs of group members/clients

- Program lasts at least one (1) hour.
- Except for distance learning, program is offered in a place which is accessible to persons with disabilities.
- Presentation must fit one or more of the CEU content areas in OAR 833-080-0031

Several clinicians getting together to consult or discuss issues **would not** be considered continuing education. A group getting together with a licensee to review cases and get guidance may be counted as supervision.

3. I have more than the required hours for CE for this reporting period. May I carry them over to the next reporting period?

No. The counseling and marriage and family therapy fields continue to change and grow, and the purpose of continuing education is to help stay current in the profession.

4. I teach ethics. May I claim that for the ethics requirement?

Yes.

5. May I take any type of ethics course? The course must meet the needs of your clients.

6. I'm newly licensed, how many CEUs do I report? CEUs are reported on even numbered years with your birth month renewal.

The number of CEUs reported is determined by your initial license date. If you received your initial license 0-11 months ago, you are not required to complete any continuing education; if you received your initial license 12-23 months ago, 20 hours (including 3 hours of ethics); 24 or more months, 40 hours (including 6 hours of ethics). Ethics training is required every CE reporting period.

7. What happens if I am audited and do not have the training documentation or some training is not accepted? Those audited with fewer than the required hours meeting approval will be given a chance to submit additional documentation or to document other training to re-

place training claimed but not documented.

8. How many hours of distance learning may I use? All CEU training may be completed online as long as it meets the Board's CE guidelines.

9. Do I have to take 20 hours of continuing education each year? Training may be taken at any time within your reporting period. It is advisable to not wait until the last few months of your reporting period in case of a cancellation of a training or other unforeseen circumstances.

STAFF

- Charles Hill, Executive Director
- LaRee Felton, Operations Manager
- Connie Brown, Licensing Coordinator
- Lonnie Knotts, MBA, Intake Coordinator
- Rogelio Daniels, Investigator
- Natalie Altermatt, Program Assistant

Please send comments or suggestions to:
lpct.board@state.or.us

BOARD GOING PAPERLESS

Renewals Only Being Sent Via E-mail

In an attempt to reduce Board costs & unnecessary waste, the Board will use electronic & digital correspondence whenever possible. Beginning with the January renewal period the Board will only be sending out electronic renewal notices. (No renewal notices will be sent via the U.S. Postal Service.) Remember, your renewal is always due by the end of your birth month. Please be sure to provide the Board with an updated email address. Thank you for assisting us in our efforts to reduce waste & spending.

INTERN TITLES

Pursuant to the rule change that became effective on October 2, 2015, interns may no longer use "LPCi" or "LMFTi" to denote their credentials. Interns must use the titles "registered intern," "LPC Intern" or "LMFT Intern" in connection with a practice that is covered by an approved plan. It is also acceptable to spell these titles out, for example, "Professional Counselor Intern" or "Registered Marriage and Family Therapist Intern." Interns may also choose to include their degree and/or number in their titles, for example, "Jane Smith, M.S., Registered Counselor Intern #R1234."

Interns must use the required titles in any representation in which they are offering, practicing, or representing that they practice counseling or marriage and family therapy services, including websites and directories, business cards, letterhead, and billings. On August 10, 2015, the Board sent out notice to all licensees and interns that it intended to make this rule change. We are aware that it will take a little time to update your web and paper presence, but please make sure you use the required titles on all materials as soon as possible.

The Board has received some feedback suggesting that the title "intern" should not be used at all in reference to post-graduate clinical experience. Please note that it is a law that creates this designation. Oregon Revised Statute (ORS) 675.705 defines "registered intern" as "an applicant for licensure who is registered to obtain post-degree supervised clinical experience toward licensure according to an approved plan pursuant to ORS 675.720." To modify this designation would require a legislative change to several statutes.

This rule change ensures consistency in interns' representations to the public and removes uncertainty regarding appropriate title usage, providing clear expectations to registered interns and avoiding confusion to consumers of mental health services in Oregon. The Board would again like to thank those who submitted public comments on this rulemaking.

INVESTIGATOR

We welcome our newest staff member, Mr. Rogelio Daniels. Mr. Daniels is joining us after five years of service in the Marine Corps where he served as Military Police Officer and Investigator from 2009-2014. Concurrently and following his active duty service, Mr. Daniels worked as an Internal Affairs Investigator for three years in the State of Hawaii Law Enforcement Division.