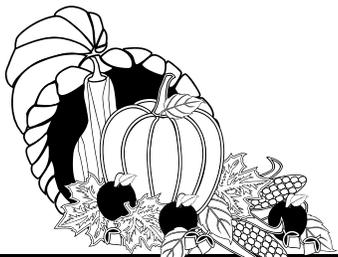




# OBNM Review

## Oregon Board of Naturopathic Medicine

*The mission of the Oregon Board of Naturopathic Medicine is to protect the public through licensing and regulation of naturopathic physicians. The Board will promote physician excellence and will foster communication within the profession and with the public*



### Naturopathic Medicine Through the Eyes of an “Outsider”

Yi-Kang Hu, Ph.D., JD

October, 2011

I joined the Oregon Board of Naturopathic Medicine as a public member in 2006. Next year will be my sixth and final year on the Board as my second term ends in June. As I look back over the past five years, it’s satisfying to see how far naturopathic medicine has integrated with mainstream healthcare. I think this is due, in part, to increasing demands in nutrition, herbal therapy and other natural treatments by consumers looking for a different kind of healthcare. I also think recent changes in public policy at the state level also played an important role in the growing recognition and acceptance of the naturopathic profession.

The first of such changes was the vast expansion of the naturopathic formulary, which enabled ND’s to provide a more comprehensive health-care approach for their patients. The

impact of this change is especially significant in rural and underserved communities where ND’s often serve an important role in providing primary care. Although the current classifications used in the formulary are comprehensive, more drugs are being added to the formulary as more drug petitions are being submitted to the Formulary Council for its review.

Commensurate with the formulary expansion, the Board increased the continuing education requirement in pharmacology to help ensure that ND’s remain competent and up-to-date with the uses, effects and interactions of drugs.

This added requirement not only makes sense for prescribing drugs from the extensive formulary, it is also helpful for working with patients who take medications prescribed by other health-care providers (my understanding is that this happens quite often) or who want to switch or wean off their medications.

Another major change, (cont’d on page 2)

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#### Board Staff

Anne Walsh  
Executive Director

David Linn  
Administrative Assistant

Merill Creagh  
Investigator

#### Office Hours

Monday through Friday  
8:30 AM to 4:30 PM  
(Closed Holidays)

#### Contact Info.

Tel: 971-673-0193  
Fax: 971-673-0226  
obnm.info@state.or.us

#### Website:

www.oregon.gov/OBNM

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**RENEWAL 2011 — Fee increases and CE increase** are effective October 17, 2011. An increase of \$25 for the active license goes into effect with the 2011 renewal cycle. Information, instructions and links on renewals will be available by November 1 at [www.oregon.gov/obnm](http://www.oregon.gov/obnm)  
**RENEWALS are DUE by DECEMBER 15, 2011 go to [www.oregon.gov/obnm](http://www.oregon.gov/obnm)**

**SERV-OR — Opportunity to Volunteer in case of an Emergency** This program is run by the Oregon Health Authority (previously DHS) to make sure Oregon is prepared in case of an emergency. You can find more information at <https://SERV-OR.org> and make inquiries at [SERV.OR@state.or.us](mailto:SERV.OR@state.or.us), or call 877-343-5767.

**BREAST AND CERVICAL CANCER PROGRAM — After January 1, 2012**, BCCP will offer screening and treatment to any uninsured and under-insured patients. More information can be found at [healthoregon.org/bcc](http://healthoregon.org/bcc).

**MEETING DATES —** The Regular Public Session Board meeting will tentatively meet the 2nd Monday of every even numbered month. You will find the most recent agenda on the home page of our web site prior to the meeting.

**GETTING STARTED —** New practitioners may be able to find help they need to get started from the Oregon Association of Naturopathic Physicians ([oanp.org](http://oanp.org)), the Secretary of State, Corporate Division ([www.filinginoregon.com](http://www.filinginoregon.com)) and other practitioners. go to page 6.



(Con't from page 1) Yi-Kang Hu, Ph.D., JD

which took place soon after I joined the Board, was requiring new ND applicants to submit their fingerprints for background checks. The Board adopted this requirement after the state legislature authorized, but didn't require, the practice. Although mandatory background checks impose an additional burden on both the applicants and the Board, they are an important tool and process for promoting transparency as well as enhancing public trust and confidence in the naturopathic profession. Overall, it was a policy decision made by the Board (and in my opinion, a right one) that the benefits of this requirement to the naturopathic community outweigh its drawbacks or minor inconveniences.

During my time with the Board, the legislature also extended the Board's regulatory authority over non-licensees, so that the Board can investigate and take enforcement actions against unlicensed practice of medicine. The Board has been active in this area (which is somewhat unfortunate), and I believe its work further installed confidence in the public by ensuring those who practice, or purport to practice, naturopathic

medicine in Oregon are properly trained and licensed.

Although naturopathic medicine has come a long way in the past few years, much work is still needed to earn the recognition and acceptance that it deserves. For example, although many ND's serve as the primary or even the only healthcare providers to their patients, not every public and private insurance carrier provides coverage for their care. Similarly, ND's are currently not recognized signers of POLST (physician orders for life sustaining treatment) in Oregon, even though they are involved in end-of-life care and decision process. Further, at the national level, the practice of naturopathic medicine is not regulated in several states, which casts doubt on the legitimacy of the practice and the quality of care provided in those unlicensed states.

I believe that these and other challenges facing the naturopathic profession can be overcome. However, meaningful changes will not happen without the continuing support and advocacy work of ND's, professional associations and their allies in the government. So get involved! Have a cup of coffee with your elected representatives to talk about your practice. Attend a Board meeting to

share your ideas. Or better yet, apply to serve on the Board or a Board committee!

As I enter my final year on the Board, I can't help but feel proud and fortunate to be given an opportunity to work with a group of diverse, dedicated and thoughtful individuals to improve healthcare in Oregon. I joined the Board when I was a relatively new attorney and in many ways have grown up with the Board. I will miss the Board when I leave next year, and will look forward to hearing about the good work that I am sure it will continue to do in the community.

*Yi-Kang Hu, Ph.D., JD is a food & drug attorney with Spectra Law Group, LLC. He works with companies that manufacture and sell FDA-regulated products. Prior to attending law school, he received a Ph.D. in biochemistry & molecular biology. You can reach him at [www.usfdalawyer.com](http://www.usfdalawyer.com).*



## WHY ARE FEES GOING UP? WHAT FEES ARE BEING INCREASED?

We can all agree that everything costs more these days; that experience is no different for operating this agency than what you are experiencing at work and home. The money to pay for these increased costs must come from somewhere. What we sometimes cannot agree on is where the money comes from and how it is spent.

The need to increase fees does not stem from pay raises or fancy new office space. The Board is not frivolous in spending money. Our cash reserves are being depleted. Expenditures continue to increase and revenue does not.

In an attempt to reduce the renewal fee increase the Board pursued legislation that would allow it to charge back costs incurred when Disciplinary action proposed by the Board is contested and a hearing is

requested. The Legislature was not comfortable with this, fearing this was unfair to the respondent and so our bill died in committee.

The Board does not issue discipline lightly. To date, the Board has prevailed in all disciplinary cases that have gone to hearing; and with this the Board must bear this cost which can range from \$2,500 to over \$50,000 per case.

Discipline issued by the Board over the last year is found on page 7. Investigations do not always lead to discipline by the Board. Since July 1, 2010, the Board has conducted approximately 50 investigations; 17 of those were dismissed for no violation found; 12 were issued a Letter of Caution, which is not public, but does put the licensee on notice that although no

violation was found, concern about licensee behavior was discussed. A letter of caution serves not only as a reminder, but may be used as an aggravating circumstance if future complaints are received. The remaining cases are all pending, requiring more investigation. There are costs incurred with even the simplest investigation, much less one requiring expert review and testimony.

These costs have been borne by the Board and now reserves are going below state requirements. Therefore, we must charge these costs back to you, the licensee.

A list of the fee increases can be found on page 3.

**RENEWAL CHANGES INCLUDING FEES and CONTINUING EDUCATION INCREASES, effective October 17, 2011...**

As you may be aware, this agency is considered an Other Funds agency. This means we do not get tax dollars from the General Fund or Lottery Fund, so all of our operating costs come from our license fees.

Effective October 17, 2011:

- Active renewal, increased \$25, now \$300 annually;
- Inactive renewal, increased \$15, now \$140 annually;
- Late fee, increased \$25,(after

12/15, prior to 12/31), now is \$100; Restoration fee, required if renewal postmarked later than December 31, remains \$150.

The changes to CE have been in rule for more than a year, but as a reminder there are 40 hours required for an active license renewal (with at least 10 in pharmacy and 2 in ethics); 10 for the inactive license holder; 15 for a Natural Childbirth certificate holder; none for the initial license holder and no CE required for the retired licensee.

Check out our CE links:  
[www.oregon.gov/obnm/CE.shtml](http://www.oregon.gov/obnm/CE.shtml)

At this web site you will find CE opportunities that have already been approved; the application needed if you

want to submit a CE approval request, individual or ongoing; Pain Management links; and more.

**...and effective January 1, 2012, changes in the cost of an initial license in Oregon**

After January 1, 2012, new licensees will pay a pro-rated initial license fee to bring them in line with the active licensee fee.

The fee structure will be as follows for applications made:

- January 1— March 30 = \$300;
- April 1— June 30 = \$225;
- July 1— September 30 = \$150;
- October 1— December 30 = \$75

The Initial license expires December 31.



**Board Membership**



**Michelle Homer, ND, Board Chair** - A member since 2007, has a private practice in southern Oregon. She also teaches college level science courses such as Anatomy, Physiology, and Pathology.

**Yi-K Hu, PhD., Public Member** - A member since 2006, Dr. Hu is a licensed Oregon attorney. He has a private practice and volunteers with Legal Aid Services of Oregon. Dr. Hu earned his Ph.D. in Biochemistry & Molecular Biology.

**Sara Ohgushi, ND** - As a Board member since 2009, Dr. Ohgushi has been in private practice since 2000 and is certified in natural childbirth. Dr. Ohgushi is the President of the American Association of Naturopathic Midwives.

**Patrick Chapman, ND** - Appointed to the Board in 2009, he is the Board's appointed representative to the Formulary Council. Dr. Chapman has been licensed since 2004, with a private practice in Sellwood.

**Gregory Eckel, ND** - Dr. Eckel has served on the Board since 2010. Dr. Eckel has been licensed since 2001 and practices in downtown Portland.

**Dwight Adkins, Public Member**— Was appointed to the Board August 2011. He is the Assistant Director of Greater Portland Hands On and is involved in many community projects.

**Sheila Myers, ND** - The newest Board member, appointed September 2011 practices in Bend Oregon. Being in practice since 1991, she has the experience and knows the needs of rural Central Oregon practice.

**Formulary Council Membership**

**Kevin Wilson, ND, FC Chair**— A member of the FC since 2000, he maintains a general private practice in Hillsboro since 1983.

**Dohn Kruschwitz, MD** — Appointed to the FC in 1999. He is a full time Associate Professor of Academic and Clinical Medicine at National College of Natural Medicine.

**Ann Blair, PhD, MBA** — A FC member since 2004, Works for Providence Health & Services, Oregon

**John Block, PharmD, PhD** — Joined the FC in 2006. He is a Professor Emeritus at OSU, has served on the Board of Pharmacy for 8 years, and is a recognized author and editor.

**Patrick Chapman, ND** — OBNM representative to the Formulary Council since 2009.

**Natalie Gustafson, PharmD** — A compounding pharmacist practicing in Hillsboro. She joined the FC in 2011.

**Joseph Lassiter, RPh** —Assistant Professor, School of Pharmacy at Pacific University. He joined the FC in 2011.

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**The Board would like to note its appreciation to Glen Taylor and Donna Beck, ND, who served on the Board providing individual perspective, knowledge and irreplaceable time. Their knowledge and service were commendable and will not be forgotten. Also, a special thank you to Michael Mockler, RPh and Cathy Raker, RPh who served on the Formulary Council for more than 12 years each. Thank you so much.**

***Are you recognized as an expert in an area of practice? Would you be willing to let the Board call on your expertise from time to time?***

The Board is in need of experts to call upon when conducting an investigation. Can you help?

What is your field of practice?

Are you considered an expert in this area?

Are you licensed in more than one health profession? If so, what profession other than naturopathic medicine?

Do you know someone in another health profession, who might be a viable expert for the Board? What area?

Are you fluent in a second language and able to help translate during an interview?

**READ ON ⇒**

**ADMINISTRATIVE RULES UPDATED**

In January 2010, **850-060-0225** and **850-060-0226** were expanded by Legislative Authority to include many of the drugs a ND may see a new patient present with. In May 2010, **850-005-0190**, a new rules defining compensation for Board members was adopted; and **850-060-0220** was amended to included EPT prescribing. In June 2010, **850-050-0120** and **850-050-0130** on self-reporting were amended for clarification. In June 2010, **850-060-0226** was amended to clarify classifications; in December 2010, to limit anti-psychotics listed in (8)(d)(B); in April 2011, along with amending **850-060-0225**, to remove AHFS from rule; and in June 2011, to remove Mifepristone from section (21). In December 2010, **850-060-0212** was amended by removing the limitation of “vitamins and minerals”. In April 2011, **850-050-0200** was added as a new rule on reapplication for licensure. In June 2011, **850-035-0230** was amended to clarify the review of birth records for natural childbirth certification.

Rules currently being processed include: **850-030-0035** with the necessary fee increases effective October 2011; **850-060-0215** has been initiated to include Schedule IIN to the DEA registration; and **850-050-0130** is being amended for consistency with statute in requiring self-reporting to the Board with 10 business days.

**ARE YOU INTERESTED IN SHARING YOUR EXPERTISE WITH THE BOARD?**

Complaints and concerns brought to the attention of the OBNM require investigation time. Sometimes it is as simple as helping with communication or understanding a patient’s rights. Other times much more complex and requires gathering and reviewing information, be it chart notes, prescription records, as well as conducting patient and practitioner interviews.

In January 1999, there were about 225 licensed NDs in Oregon. In that year there were approximately 6 complaints brought to the attention of the Board. The Executive Director, along with a Board member did the investigation on these cases. As of January 2011, there were approximately 950 licensees, and more than 25 complaints that need to be investigated.

Today, the Board has a limited duration, half-time investigator to assist with the 25+ new complaints the Board will look at this year, and finish up those complaints still being investigated from 2010. The diversity of complaints range from miscommunication between doctor and patient, to pain management, charting, prescribing, treatment and relationships.

It is not possible for the investigator, Director or Board members to have expertise in all areas of practice, but we know that there are experts out there.

Interested persons should be knowledgeable, analytical, organized, timely and able to work on several cases at time if necessary. A practitioner who must be able to act as an expert witness to support the decisions made by the OBNM when a hearing is requested after a Notice of Discipline has been issued.

The area of expertise the Board finds itself looking for professional assistance in review of complaint documents are:

- Pain Management;
- Charting;
- Prescribing;
- Boundary issues professional and personal;
- Ethics.

These are some areas we may need an expert for review and testimony. As an expert you may be asked to act as an expert witness in a contested case hearing.

If you think your knowledge, education, and experience might be useful to the Board at some time, now or in the future, send a cover letter that outlines your experience and expectations (some compensation may be available), resume and references to Anne Walsh, Executive Director at OBNM.

**“NATUROPATHIC PHYSICIAN”, “DOCTOR”, “N.D.”, “NATUROPATH”**

It is a long road to graduation and receiving a diploma showing that you have a “Doctorate in Naturopathic Medicine” is definitely something to celebrate. Oregon law, although not looking to damper your enthusiasm, requires anyone using the term “Doctor” to hold a valid license per ORS 676.110.

If you have graduated, passed the exams, background check and hold a license in Oregon you can present yourself as a “Doctor of Naturopathic Medicine”. However, if you have graduated and even taken the exams and passed them, but have for one reason or another decided to wait to get a license, you cannot refer to yourself as “Doctor”. Additionally, you can not refer to yourself as a naturopathic physician unless you have met the criteria for licensure found in Oregon Revised Statute Chapter 685.

## PROTECTING YOUR PATIENT FILES

### PROTECTING YOUR PATIENTS

The following information has been provided by National College of Natural Medicine regarding actions to take when a computer theft has occurred.

First, there are several important questions to ask about the theft and any subsequent breach of security.

**1. Has a police report already been obtained?** This should be done immediately.

**2. How many patients' information was stored on the computer?** If the number is at least 500 residents of a given state, there are requirements to notify the media in each state. Notices must be made through well known media outlets. Media and web notices must include a toll-free phone number individuals can call to learn whether their unsecured PHI was or may have been part of the breach.

**3. Was the information encrypted at 128 bits or greater?** "Breach notification covers unprotected electronic and non-electronic PHI." *Unprotected PHI* is either non-encrypted, or data that is stored with less than 128 bit encryption.

Federal laws regarding breaches focus on health information. Most state laws regarding breaches focus on financial information.

**If the breach involves name and one of the other four kinds of information, and the information is electronic and not encrypted with 128 bits or greater, notification is required (even if no health information was present):**

- Name and
- Social Security Number or
- Driver's license number or
- Passport number or
- Credit card number plus PIN

**The clinic is required to notify individuals directly.** This must be written notification by first-class mail to the individuals or next-of-kin or guardian at the individual's last known address. It is legal to provide email notification, if email is the patient's specified communication. However, email notification is only a viable option if it is encrypted at 128 bits or greater.

**If there are at least ten individuals with unknown or outdated contact information, the clinic is required to provide substitute notice.** Substitute notice includes conspicuous posting at the clinic's web site home page or major media notice in areas where those affected individuals most likely live.

**Required breach notifications include:**

- Brief description of the theft, the date of the theft and the date of discovery of the theft
- A description of the patient information on the stolen device (health condition, patient demographics, account numbers, financial information as delineated above)
- Steps affected individuals should take to protect themselves (Social security notification, closing current debit and credit cards, obtaining new debit and credit cards, obtaining theft identity insurance, etc.)
- Brief description of steps the clinic is taking to investigate the theft, mitigate losses and protect against further such losses.
- Clinic's contact information (must include a toll-free number, email address, website or postal address)

If there are more than 500 total individuals involved, the Office of Civil Rights must be notified immediately. OCR also notifies Congress of any such breaches and posts notice of those breaches on the OCR web site. For

breaches involving smaller numbers of individual's PHI the OCR must also be notified, but you have until the end of the calendar year to file the report. However, it is recommended that you file a report as soon as possible. In the case of a large breach, you will probably need to obtain the assistance of an experienced healthcare security firm. In that case, always ask for references, do plenty of homework and do not assume the highest bidder is the most qualified vendor.

The HIPAA Security Rule also mandates designation and training of a SIRT, a Security Incident Response Team. If the clinic does not already have a formal team, they should designate a team immediately, in advance of any breach. The SIRT team is responsible for:

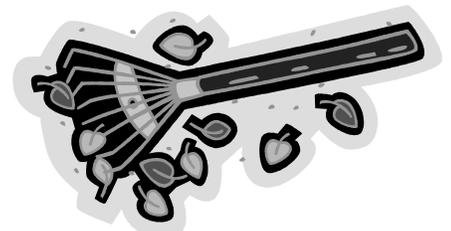
- Investigation
- Notification, including breach notification
- Implementing new or increased security controls as appropriate
- Documentation of incident and outcome

The Board would like to thank NCNM for providing the OBNM with this detailed information.

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**MANY CE OPPORTUNITIES** can be found at our web site:  
<http://www.oregon.gov/OBNM/CE.shtml>

Not all approved programs are listed, so read OAR 850-040-0210 to find out if a program qualifies, and check with the presenter, sponsor or the Board office if you have questions.



## NEWLY LICENSED NATUROPATHIC PHYSICIANS

Naturopathic Physician	License #	Initial Date	Location	Naturopathic Physician	License #	Initial Date	Location
David Alderdice, ND	1828	9/12/2011	Lake Oswego, OR	Walker Kirkpatrick, ND	1840	9/27/2011	Oregon City, OR
Mabel Almeida, ND	1819	1/20/2011	Portland, OR	Kathryn Kloos, ND	1798	1/1/2011	Portland, OR
Vanessa Anderson, ND	1791	1/1/2011	Lake Oswego, OR	Michael Knapp, ND	1769	9/29/2011	Portland, OR
Emma Andre, ND	1757	9/28/2010	Portland, OR	Meghan Larivee, ND	1799	1/1/2011	Portland, OR
Elizabeth Axelrod, ND	1758	9/28/2010	Portland, OR	Sarah Larson, ND	1831	9/23/2011	Portland, OR
Karima Raad Bassale, ND	1833	9/26/2011	Portland, OR	Yoojin Lee, ND	1806	1/3/2011	Westminster, CA
Leslie Batten, ND	1820	3/17/2011	Portland, OR	Ellen Lewis, ND	1838	9/26/2011	Portland, OR
Jaie Bosse, ND	1765	9/29/2010	Philadelphia, PA	Dawn Ley, ND	1856	10/11/2011	Portland, OR
Ashley Nicole Boudet, ND	1861	10/19/2011	Portland, OR	Andrew Litchy, ND	1859	10/14/2011	Minneapolis, MN
Angela Bourgeau, ND	1851	10/5/2011	Portland, OR	Richard Lok, ND	1800	1/1/2011	Milwaukie, OR
Brittany Boyle, ND	1759	9/28/2010	Portland, OR	Sara Love, ND	1762	9/28/2010	Portland, OR
Julie Briley, ND	1830	9/23/2011	Lake Oswego, OR	Jonathan Luchs, ND	1817	1/14/2011	Portland, OR
Lara Brinson	1766	9/29/2010	Portland, OR	Susanne Macsary, ND	1801	1/1/2011	Corvallis, OR
Stacey Bzowy, ND	1850	10/4/2011	Woodburn, OR	Robert Madda, ND	1802	1/1/2011	Portland, OR
Deborah Caldwell, ND	1834	9/26/2011	Portland, OR	Tineke Malus, ND	1755	9/27/2010	Portland, OR
Ryan Campbell, ND	1792	1/1/2011	Eugene, OR	Shannon May, ND	1837	9/26/2011	Portland, OR
Rachel Caplan	1855	10/10/2011	Portland, OR	Deanna McCrary, ND	1803	1/1/2011	Portland, OR
Katherine Caputo, ND	1807	1/5/2011	Lakewood, OH	Misty McDowell, ND	1852	10/7/2011	Portland, OR
Brandon Chastant, ND	1793	1/1/2011	Portland, OR	Elizabeth McElligott, ND	1788	10/29/2010	Portland, OR
Alexandra Christopoulos, ND	1835	9/26/2011	Portland, OR	Nathan McVeigh, ND	1839	9/26/2011	Portland, OR
Melissa Christensen, ND	1774	10/4/2010	Portland, OR	Laurie Menk-Otto, ND	1825	5/23/2011	Tuscon, AZ
Aliza Cicerone, ND	1778	10/4/2010	Mishawaka, IN	Thomas Messinger, ND	1754	9/27/2010	Portland, OR
Aisling Crowe, ND	1760	9/28/2010	Ashland, OR	Jeremy Mikolai, ND	1784	10/8/2010	Portland, OR
Mindy Curry, ND	1808	1/5/2011	Portland, OR	Alisha Moadab, ND	1815	1/11/2011	Portland, OR
Erin Danowski, ND	1794	1/1/2011	Portland, OR	Andrew Murison, ND	1763	9/28/2010	Beaverton, OR
Mark Davis, ND	1842	9/28/2011	Portland, OR	Nadene Neale, ND	1780	10/7/2010	Portland, OR
Katie Disharoon, ND	1843	9/28/2011	Tempe, AZ	Nolan Noska, ND	1841	9/27/2011	Portland, OR
Lindsey Donahue, ND	1775	10/4/2010	San Luis Obispo, CA	Khivan Oberoi, ND	1772	9/30/2010	Portland, OR
Gabriel Durben, ND	1844	9/28/2011	Portland, OR	Leah Olsen, ND	1845	9/28/2011	Newberg, OR
Stephanie Durham, ND	1848	10/4/2011	Portland, OR	Kristina Olson-Kuyper, ND	1862	10/20/2011	Gresham, OR
Kelley Eden, ND	1240R	1/7/2011	Portland, OR	Cara Orscheln, ND	1857	10/12/2011	Portland, OR
Erika Enos, ND	1767	9/29/2010	Portland, OR	Della Parker, ND	1824	4/14/2011	Portland, OR
Andrew Erlandsen, ND	1858	10/13/2011	Beaverton, OR	Katherine Patterson, ND	1776	10/5/2010	Portland, OR
Maleah Ermac, ND	1768	9/29/2010	Portland, OR	Cara Phillip, ND	1826	5/23/2011	Portland, OR
Candida Ferraiolo, ND	1828	9/23/2011	Portland, OR	Maeshowe Pierce, ND	1771	9/29/2010	Portland, OR
Mathew Fisel, ND	1827	7/22/2011	Guilford, CT	Kelly Prill, ND	1853	10/10/2011	Portland, OR
Kristian Flores, ND	1795	1/1/2011	Lake Oswego, OR	Gibran Ramos, ND	1821	3/17/2011	Portland, OR
Colleen Fuller, ND	1761	9/28/2010	Oregon City, OR	Katherine Reinholtz, ND	1813	1/10/2011	New York, NY
Soniya Gandhi, ND	1823	4/1/2011	Beaverton, OR	John Reynolds, ND	1804	1/1/2011	Portland, OR
Kalen Garr, ND	1854	10/10/2011	Portland, OR	Kristie Ritchey, ND	1811	1/7/2011	Wilsonville, OR
Sarah Giardenelli, ND	1787	10/12/2010	Rochester, NY	Jennifer Rose, ND	1816	1/13/2011	Portland, OR
Sara Gillham, ND	1836	9/26/2011	Portland, OR	Ellen Sauter, ND	1805	1/1/2011	Tualatin, OR
George Gonzales, ND	1781	10/8/2010	Salem, OR	Anorah Schostag, ND	1812	1/7/2011	Hedgesville, WV
Michael Grady, ND	1779	10/7/2010	Portland, OR	Corinne Sell, ND	1773	10/1/2010	Boulder, CO
Stacey Guggino, ND	1822	3/24/2011	Redmond, WA	Bonnie Skakel, ND	1849	10/4/2011	Portland, OR
Carey Gunn, ND	1789	11/5/2010	Portland, OR	Tera Stefanek, ND	1847	9/29/2011	Portland, OR
Stefani Hayes, ND	1783	10/8/2010	Portland, OR	Rachel Sterry, ND	1752	9/7/2010	Portland, OR
Amanda Hochman, ND	1846	9/29/2011	Ashland, OR	Lisa Taulbee, ND	1770	9/29/2010	Portland, OR
Sonya Hollander, ND	1818	1/20/2011	Portland, OR	Maria Valdez, ND	1777	10/6/2010	Portland, OR
Nathan Horek, ND	1829	9/23/2011	Portland, OR	Dana Waichunas, ND	1756	9/27/2010	Portland, OR
Jessica Huffman, ND	1860	10/18/2011	Portland, OR	Margaret Walsh, ND	1782	10/8/2010	Beaverton, OR
Lori Hulsing, ND	1796	1/1/2011	Portland, OR	Timothy Walter, ND	1751	9/1/2010	Eugene, OR
Karina Jarvela, ND	1790	12/1/2010	Portland, OR	Jennifer Weidner, ND	1814	1/10/2011	Oakland, CA
Zeenia Junkeer, ND	1786	10/11/2010	Beaverton, OR	Barry Wheeler, ND	1753	9/7/2010	Bellevue, WA
Elizabeth Kaltman, ND	1785	10/8/2010	Portland, OR	Anna Wieman, ND	1832	9/23/2011	Portland, OR
Kristi Kiel, ND	1809	1/5/2011	Ashland, WI	Melissa Woodyard, ND	1774	10/4/2010	Portland, OR
Cheryl King, ND	1797	1/1/2011	Louisville, CO	Nicole Yezman, ND	1810	1/5/2011	Portland, OR

Some graduates are better prepared than others to face the challenges of starting out on their own. Maybe you are looking for someone to join your practice or maybe you have can share your experience to support other Naturopaths in getting started. Acquaint yourself with other practitioners. Contact information for all licensees can be found on our web site <https://hrb.oregon.gov/OBNM/licenseelookup/>

# Board Disciplinary Actions

## Board Actions\* since September 1, 2010

A copy of the Final Order may be found at our web site: [www.oregon.gov/obnm/licenseelookup](http://www.oregon.gov/obnm/licenseelookup)

Case no./ Name	Violation and Board action
N10-09-26A Sandra Goldberg	FINAL ORDER BY DEFAULT, DENIAL OF APPLICATION FOR LICENSURE. Effective January 24, 2011 for failure to respond, in a timely manner to the Notice of Proposed Discipline, Denial of Application for Licensure, and Opportunity for Hearing issued October 22, 2010.
N09-05-10, N09-09-15 Alan Kadish ND	Violation of 685.110(21), OAR 850-050-0190(3), 685.110(14) and OAR 850-060-0212(6) for false advertising, misrepresentation as a specialist, and preparing to use chelation without current certification. SETTLEMENT AND CONSENT ORDER signed November 24, 2010, includes one year suspension effective February 1, 2011, to be reinstated after February 1, 2012, if licensee completes CE required for an active license; completes 12 additional hours of CE in Ethics, applies for and passes the State Jurisprudence examination; \$15,000 civil penalty
N09-10-21 Corey Hoffman	Violation of ORS 685.(5),(7),(14), OAR 850-050-0190(3) for Identity theft. SETTLEMENT AGREEMENT AND CONSENT ORDER signed March 16, 2011, includes license revocation, and may not reapply until Multnomah County probation is satisfied and no earlier than November 2011; \$10,000 civil penalty.
N09-03-08 Jane Birchard ND	Violation of ORS 685.110(14), OAR 850-050-0190(3), for unprofessional conduct and putting patients at risk. CONSENT ORDER signed June 24, 2011, includes 5 years probation, prohibits prescribing from Schedule II and III, until additional educational requirements are met; Prescriptions in triplicate; 30 additional hours of CE (3 recordkeeping, 12 pain management, 3 ethics and 12 Drug addiction); \$30,000 civil penalty
N10-11-29 Jeffrey Kiker	Violation of ORS 685.110(6), (14), ORS 670.280, OAR 850-050-0120(6)(b) and OAR 850-050-0190(3) for trafficking and non-disclosure to the Board. STIPULATION FOR VOLUNTARY SURRENDER OF LICENSE IN LIEU OF REVOCATION signed September 15, 2011, effective September 30, 2011.
*Only final actions are posted here	

**RESPONSIBLE PRESCRIBING** As with any protocol practiced, a naturopathic physician prescribing any medication for a patient is responsible for his/her education and training to assure the best health care is provided to every patient.

Are you prescribing for family members? The OBNM highly discourages prescribing for family and friends. We know that there are times when your ability to be a resource for urgent care is appropriate; however, the OBNM would like to remind you that any person you treat is a patient, whether you collect a fee or not; therefore treating family members requires the same diligence afforded any other patient in your care.

The Formulary compendium is found at OAR 850-060-0225 and OAR 850-060-0226.

### REMINDER: Hints For Responsible Practice

- ◆ Communicate clearly with your patients. Remember they may need a little more patience to understand their health care needs. Make sure s/he knows her/his options for treatment plans.
- ◆ Keep complete and accurate charts for each patient. The board has some guidelines posted on our website.
- ◆ Check the Formulary before you prescribe.
- ◆ Consult with others when you are not certain.
- ◆ Refer when appropriate; know what your limits are and use the skills of others towards your patients best interest.
- ◆ Make sure your advertising is not misleading. Advertisers will take your money, it is your responsibility to be certain your advertising is truthful.
- ◆ Should a complaint be filed against your license, cooperate with the Board during its investigation.

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**DEA REGISTRATION:** If you hold a DEA registration, it is your responsibility to make sure it is current and that the schedules you are registered for are within your scope of practice. The Board has proposed a rule change to include Schedule IIN for NDs in Oregon. Although Amphetamines and Adderall, as examples, are both within the scope of OAR 850-060-0226, they are both considered Schedule IIN by the DEA. Until the rule is adopted adding Schedule IIN to 850-060-0215, and DEA accepts this amendment these drugs are not within the authority provided by your DEA registration. Once this change is adopted, you will have to amend your DEA registration before prescribing from Schedule IIN. Current Schedules are II, III, IIIN, IV and V.



**Oregon Board of Naturopathic Medicine**

800 NE Oregon Street  
Suite 407  
Portland, OR 97232



**NOTICE: RENEWAL TIME IS HERE - RENEW ONLINE**

*www.oregon.gov/obnm*

*Renewing in a timely manner is your responsibility  
Contact OBNM with any questions*

***Duties & Responsibilities of a Licensee***

We are all aware that a change in residence, practice location, or mail address requires notification, but are you remembering that it is also your responsibility to notify the Board if you have been arrested for a DUII, or investigated by the Drug Enforcement Agency.

Here are a few incidents that licensees failed to report, which only added to the concern of the Board during previous investigations:

- Loss of/ restriction/ suspension of DEA registration
- Illegal trafficking
- DUII

Are you aware that it is also your responsibility to report any other practitioner, Naturopathic physician or other, when you find there is a potential violation of any law(s) pertaining to practice.

Two rules to reference: *OAR 850-050-0120 Illegal Practice; Duty to Self-Report*, and *OAR 850-050-0130 Change of Address*. These can be found in their entirety at our web site. If you need a paper copy you can print from the web or contact the OBNM to have a paper copy mailed to you.

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***CHANGES IN HOW YOU RECEIVE NEWSLETTERS AND UPDATES***

In our effort to keep you, the licensee, more informed the OBNM began providing a bi-monthly email "News Spot". This goes to all licensee with an e-mail address on file with the Board. The "paper" newsletter is printed annually and contains information shared throughout the year and includes the names of all newly licensed doctors.

If you need to update your email, residence, practice or mail information to stay current, please send an email to [obnm.info@state.or.us](mailto:obnm.info@state.or.us) or fax changes to 971-673-0226.

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**This is your  
NOTICE TO  
RENEW**

Access your renewal documents at the link found at our home page:

[oregon.gov/obnm](http://oregon.gov/obnm)

Besides your last name, you will need your license number (found on your license) and the last four-digits of your social security number.

(more on fees and CE requirements can be found on page 2 and 3)