

Western Oregon Advanced Health, LLC

Introduction

- Western Oregon Advanced Health is part of a strong Southern Oregon Coastal community, serving approximately 20,000 Oregon Health Plan members in Coos, Curry and western Douglas counties.
- Western Oregon Advanced Health (WOAH) serves as a rock-solid backbone organization that is leading Health System Transformation in Coos, Curry and western Douglas counties. Working alongside providers, community groups and OHP members, WOAH's philosophy of partnership is a driving force in an organization that seeks to implement real changes and promote better health care.



CHP Process

- In June 2013, community leaders convened to (1) review local community health assessment findings, (2) review critical health priorities identified in the assessment, and (3) develop strategies, goals, objectives, measures timelines around the critical health priorities needing attention over the next three years. These community leaders represented several sectors of the community including hospitals, end of life care, clinics, mental health, public health, citizens, educators, city managers, elected officials and media.
- The mission of the Coos County Community Health Steering Committee is: *to ensure people in Coos County live long, healthy and productive lives.*
- The Steering committee reviewed current health data, and identified eight areas of concern: access to health care; chronic illness management; chronic illness prevention; dental health; fall prevention; maternal and child health; mental health; and socioeconomic disparities.

Community Health Improvement Plan Health Priorities

Western Oregon Advanced Health is committed to providing excellent, patient centered care and providing community leadership for healthcare providers in the Coos and Curry communities.

1. Access to Healthcare
2. Chronic Illness management
3. Chronic illness prevention
4. Dental health
5. Fall prevention
6. Maternal and child health
7. Mental health
8. Socioeconomic disparities

Examples of strategies selected to address the identified health priorities in the CHIP.

Strategy: To increase access to mental health care, continue to use J1 waivers to recruit new psychiatrists.

- **Why this strategy was selected:** Recruitment of psychiatrists is especially difficult for rural areas. Use of J1 waivers has been successful in the past.
- **Expected Outcome:** Improved access to critical mental health services.
- **Current Status or Outcome:** Coos County successfully recruited a psychiatrist through the J1 waiver and he is now fully operational, filling a critical gap in service to the community.

Strategy: To impact access to healthcare and increase the proportion of persons who obtain necessary medical care, explore the feasibility of a Community Paramedicine Program or a similar home visiting program.

- **Why this strategy was selected:** The Coos/Curry region holds great opportunity to leverage the skills of current health care professionals and deploy them in creative ways to achieve the triple aim.
- **Expected Outcome:** Improved early intervention; reduced emergency room utilization.
- **Current Status or Outcome:** Western Oregon Advanced Health staff are actively leading a community stakeholder process to pilot the Community Paramedicine Program.



Strategy: To improve management of chronic illness, work with community partners (e.g., SNF's, critical access, assisted living, etc.) to decrease hospital readmissions.

- **Why this strategy was selected:** Focusing on hospital readmissions was recognized as a high value area of focus and required a strong alliance of community stakeholders. Key players were ready to collectively engage in a plan to impact hospital readmissions.
- **Expected Outcome:** Improved transitions of care; reduced re-hospitalizations.
- **Current Status or Outcome:** A group of key health care leaders, including Western Oregon Advanced Health staff, received IHI training on the Science of Improvement. From there, the momentum has continued and a broader community group meets regularly to identify and implement strategies to impact hospital readmissions.

Strategy: To improve early detection of mental health conditions, increase the use of depression screenings in primary care settings serving OHP patients.

- **Why this strategy was selected:** Partners recognized that alignment of interests and incentives is critical in a world of competing priorities.
- **Expected Outcome:** Improved early detection of depression.
- **Current Status or Outcome:** Buy in of Coos area primary care providers is high and the use of depression screening tools continues to increase.