

Yamhill Community Care Organization

Introduction

The Yamhill Community Care Organization (YCCO) serves the Oregon Health Plan members in Yamhill County and parts of Clackamas, Washington, Polk, Marion, and Tillamook Counties. We serve a largely rural population which is approximately 27% Hispanic and 50% children.

Community Health Improvement Plan Process

The YCCO's CAC partnered with Yamhill County Public Health Department to conduct the CHA and the CHIP. The CAC used the MAPP strategic planning tool to identify the health needs of YCCO members and available resources. CHA surveys were distributed to members at CAC meetings, to community-based organizations, and at community forums. Results were analyzed and key health priorities were identified. Recommendations were made to the YCCO CAP and Board of Directors for inclusion in the CHIP.

CHIP Priorities

1. Promote overall well-being by reducing prevalence of chronic conditions.
2. Integrate oral health with physical and behavioral health.
3. Leverage existing providers and health care teams' capacities in more innovative and creative ways.
4. Value the mind-body connection by integrating behavioral and physical health prevention, education, and treatment.

Priority Goal 4, Objective 1, Strategy 6

Partner with Providence Newberg Medical Center and Willamette Valley Medical Center to provide group classes, such as pain management courses, for patients including Yamhill CCO members at free or reduced rates.

This strategy represents the shift from a relationship where a patient takes instructions from a provider to one where patient works as a partner in a healthcare team.

Expected outcomes:

- Strong partnerships with local medical centers
- Robust network of resources for patients and comprehensive care between the clinic and the home
- Free support for all patients, regardless of income
- Increased education, empowerment, and self-management, leading to better health

Current outcomes:

- Construction of a calendar that will collect all of the group classes offered in the area
- Willamette Valley Medical Center and Northwest Senior and Disability Services offering Chronic Disease Self Management and other courses to community members
- Development of CCO Wellness Center as a venue for group classes and wellness activities

Priority Goal 1, Objective 1, Strategy 5

Promote Student Nutrition and Activity Clinic for Kids program (SNACK) throughout Yamhill County clinics serving children

This program addresses what the 2013 Community Survey of Top Concerns ranked as the number one health concern: obesity. The SNACK program strategy aims to combat obesity early, starting with children and encouraging lifelong healthy habits.

Expected Outcomes

- Catalyze a healthy lifestyle movement and build enthusiasm for nutritious eating and physical activity
- Reduce proportion of obese and overweight children in Yamhill County

Current Outcomes

- Physician's Medical Center and Linfield College have partnered, providing educational clinic visits, physical activities, and community outreach events
- Linfield interns serve as mentors and role models for children
- Community events like a free cooking class for families



Priority Goal 3, Objective 2, Strategy 5

Build a culture of collaboration between different service providers by providing cross-discipline trainings.

By encouraging communication between physical, mental, and oral health providers, patient care becomes more holistic and serves patients more effectively and completely. Communication between providers and common goals can reduce harm and increase benefit for members.

Expected outcomes:

- Regular, collaborative communication between providers
- Establishment of online databases into which providers can enter and access information across disciplines
- A common mission for all CCO providers in Yamhill County

Current outcomes:

- September Pain Summit brought together doctors, dentists, behaviorists, and other healthcare professionals to confront the issue of opioid prescription
- Unprecedented communication between providers, agreement on need to reduce opioid addiction, overuse, and death
- Prescription Drug Workgroup created to continue the discussion