



**Novel Interventions in
Children's Healthcare (NICH):
Bending the Curve in Pediatrics**

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WHAT
(Info & Resources)

HOW
**(Behavioral
Interventions)**

WHY
**(Social
Ecology)**

TAU

WHY
(Social Ecology)

HOW
(Behavioral Interventions)

WHAT
(Info & Resources)

NICH

Family-Based Skills Training

Problem Solving
Communication Skills Training
Cognitive Restructuring
Family Systems Changes

Care Integration and Coordination

Transportation to Clinic
Medical Supplies
Liaison with Care Team
Attend Clinic Visits

Resource and Case Management

School Visits
Work with Child Protective Services
Assist with Obtaining Drug/Alcohol Treatment
Assist with Securing Stable Housing

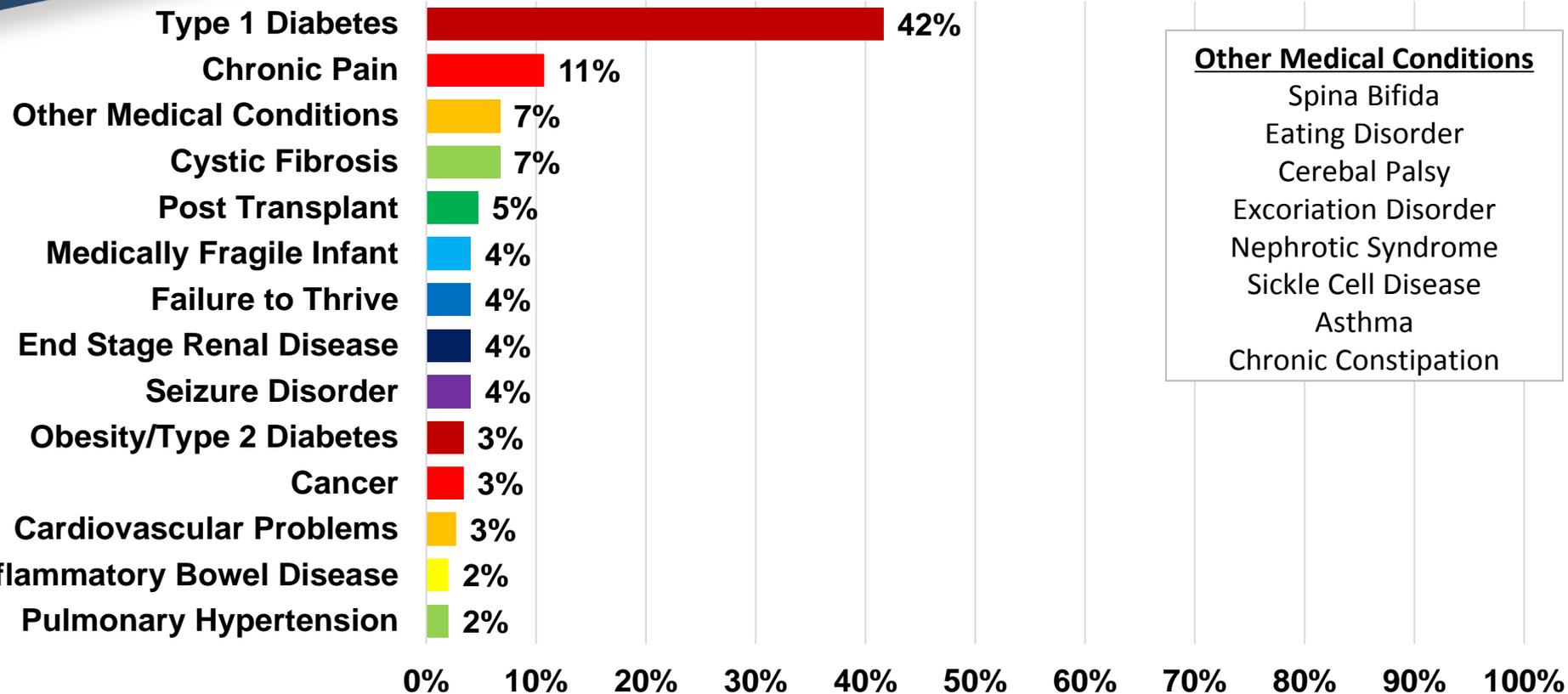
Youth with Complex and Chronic Health Condition and Family

Delivery of Care

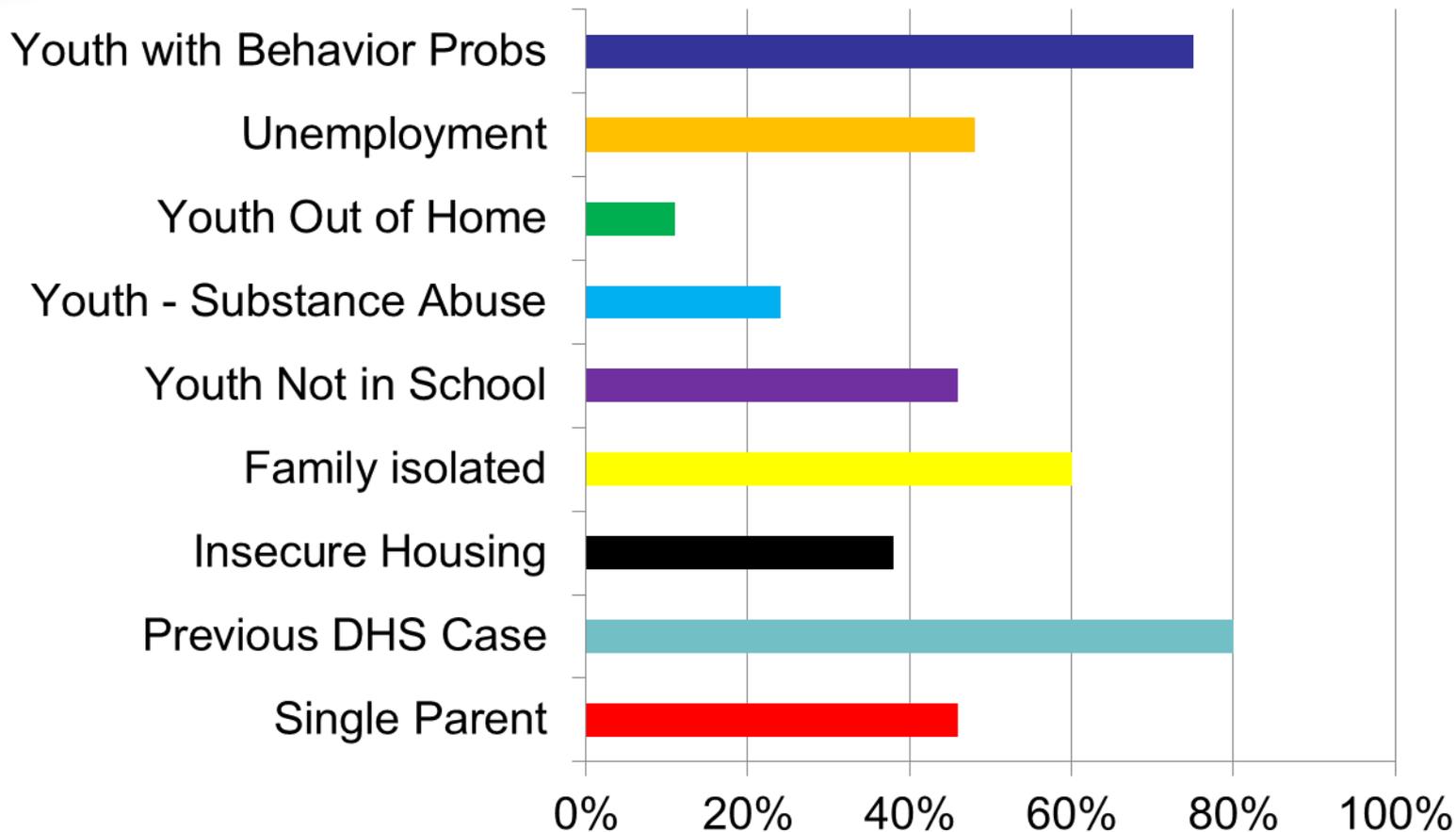
- **24/7**
- **Inpatient**
- **Clinic**
- **Tele-health**
 - **Videoconferencing (1-2x/wk)**
 - **Text (daily)**
 - **Phone (daily)**
- **Home visits (weekly)**
- **Care coordination (daily)**
- **School visits (as necessary)**

Medical Complexity

NICH PATIENT DIAGNOSES



Social Vulnerability



Types of NICH Patients

Expected Cost Reduction Patients

Intervention – High utilization with intent to improve health while reducing costs.

Expected Cost Increase Patients

Goal is to improve adherence to help patient qualify for a transplant. Likely that costs will increase.

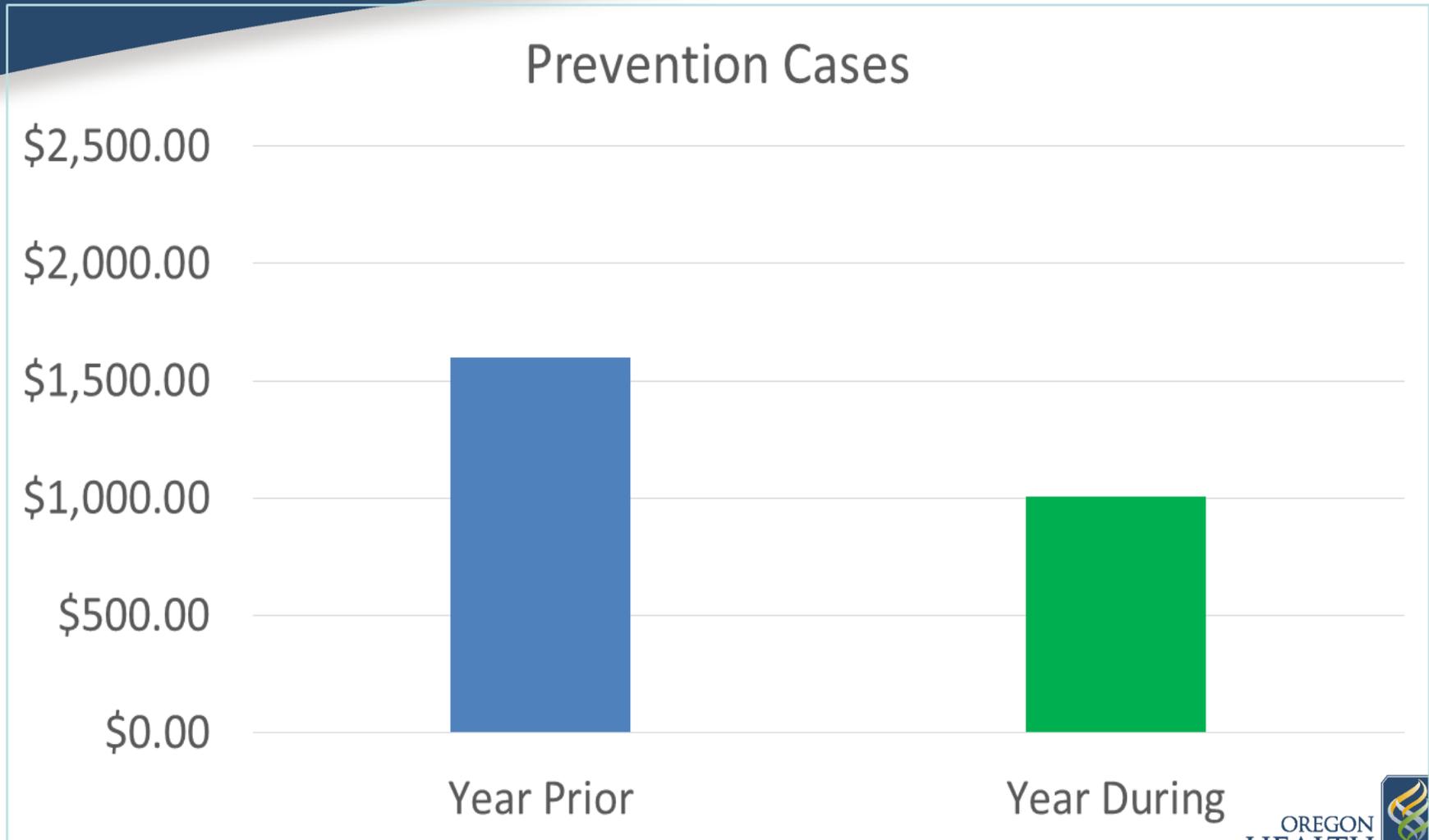
Stabilization Patients

High level of psychosocial risk, lack of follow-through with care, evidence of poor adherence; All of which would place the patient at risk of future health problems and high utilization.

Prevention Patients

Recent diagnosis coupled with social vulnerability.

PMPM - Prevention



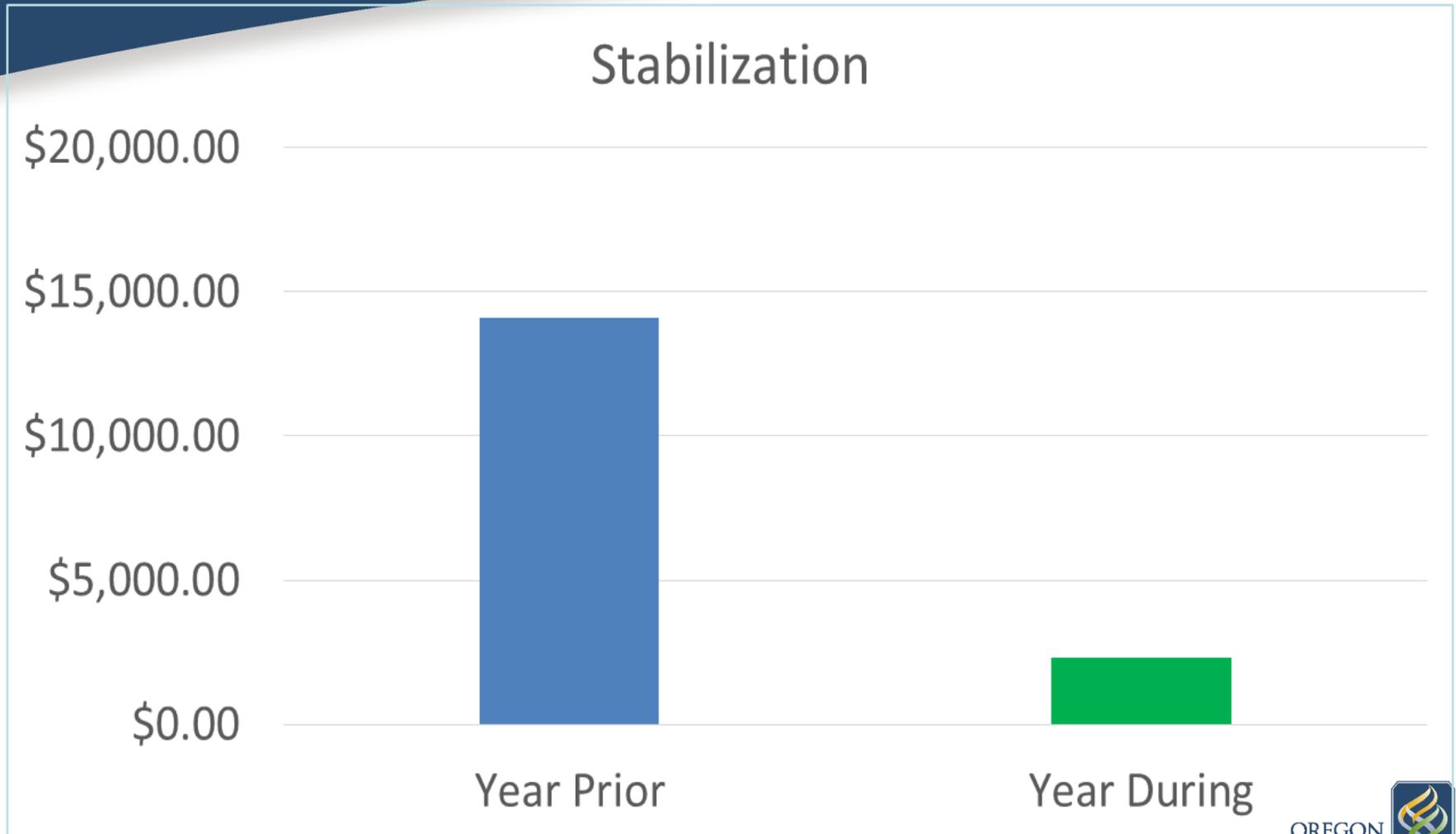
PMPM – Cost Reduction



PMPM – Cost Increase

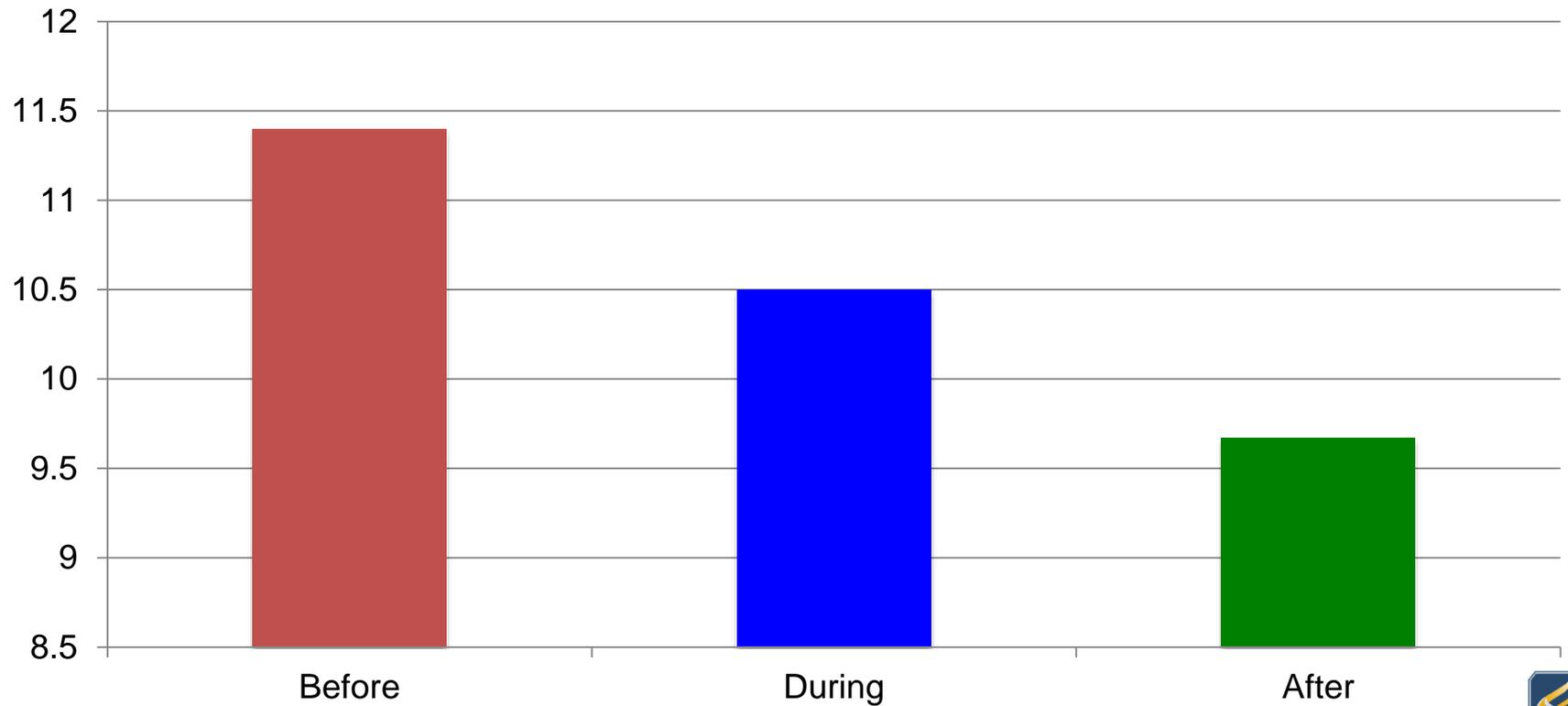


PMPM - Stabilization



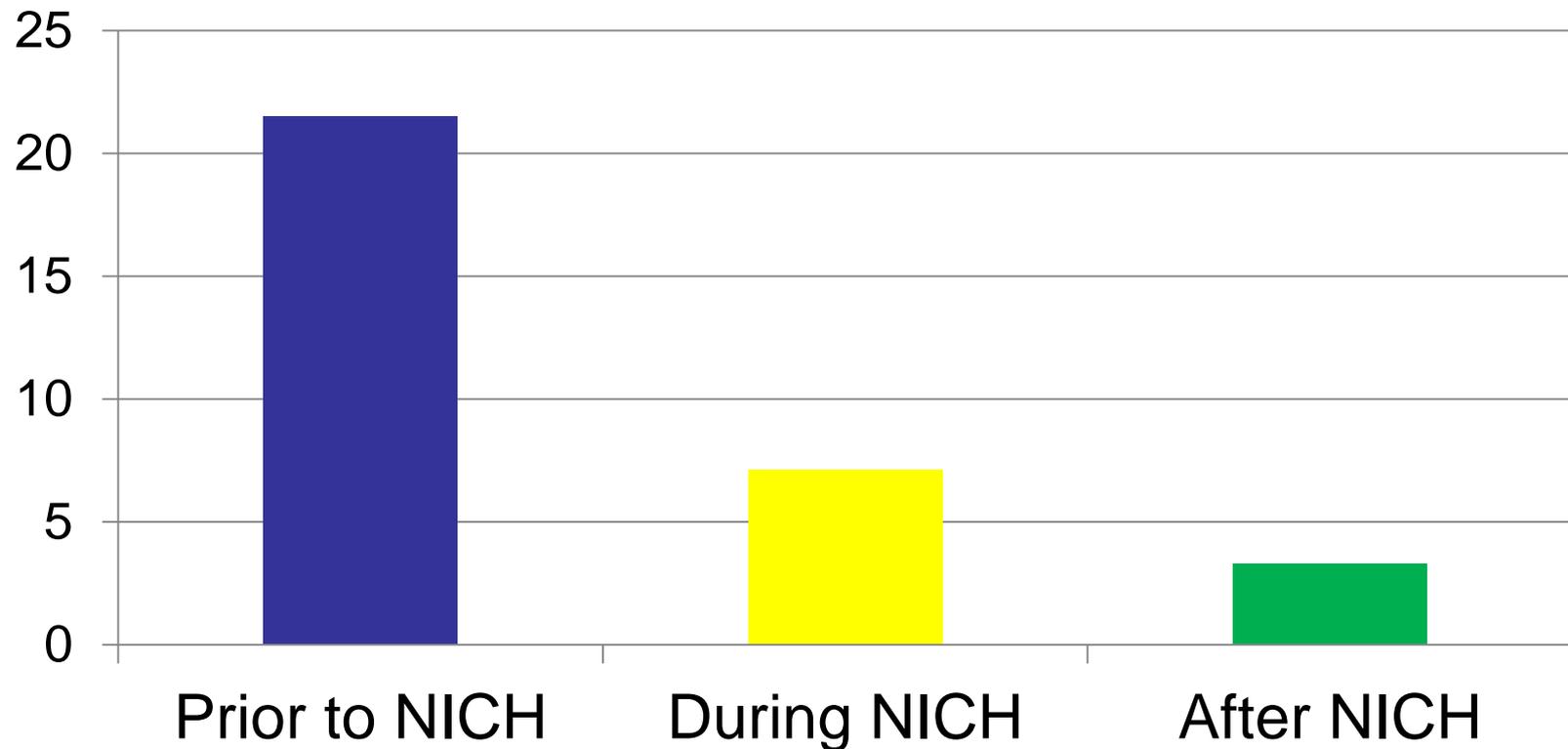
Improving Health (HbA1c)

HbA1c



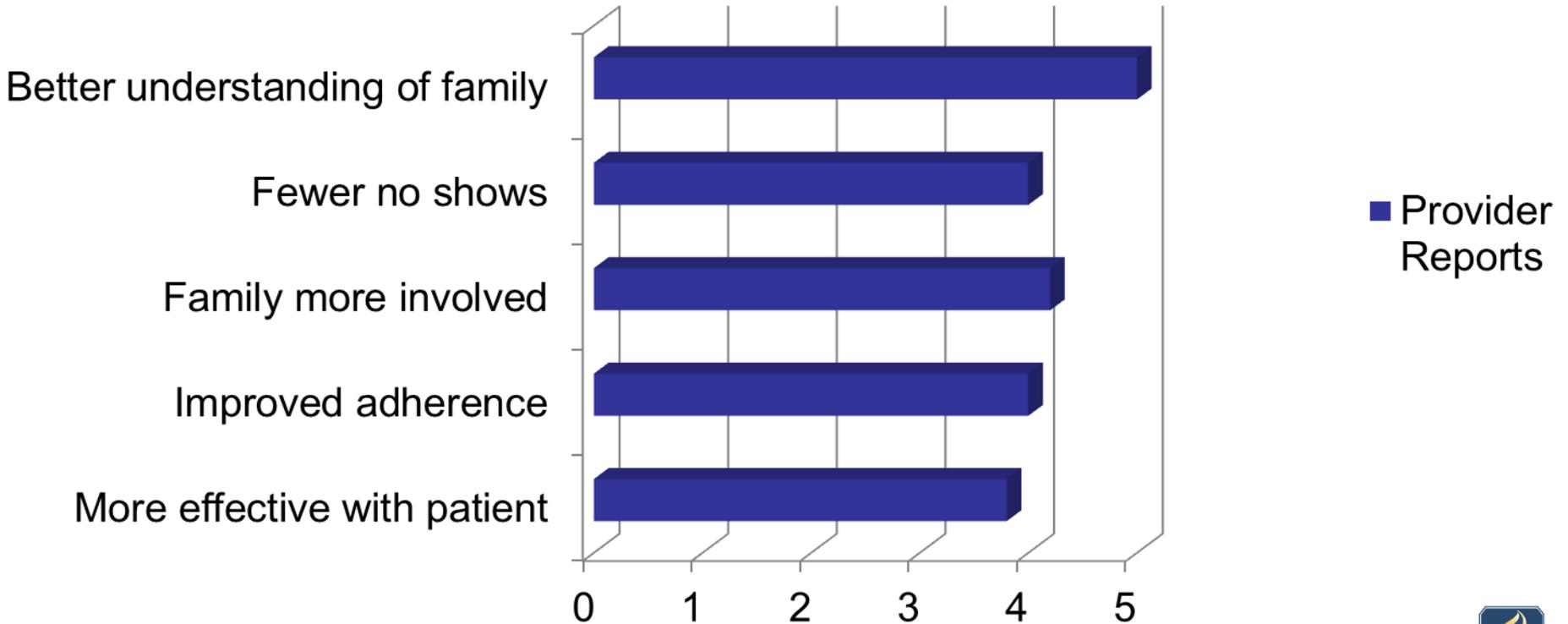
Reducing Hospitalizations

Days Hospitalized per Year



Improving Care

Provider Reports



NICH vs *Oregon CCO Outcomes

- **21% decrease in ED admissions 1 year after NICH**
 - ***17% for all CCOs and all patients across Oregon**
- **50% decrease in hospitalizations 1 year after NICH**
 - ***27% for adults with CHF**
 - ***32% for adults with COPD**
 - ***18% for adults with asthma**
- **73% decrease in hospital day stays 1 year after NICH**
- **50% decrease in total costs of care 1 year after NICH**

***Data from Oregon's Health Systems Transformation
2013 Performance Report - OHA**

It Takes a Village

Interventionists

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