

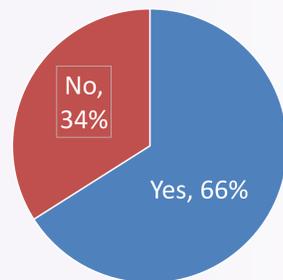
Integration of Primary Care into Behavioral Health

Central City Concern Old Town Clinic & Old Town Recovery Center

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Background

The Targeted Primary Care Project is designed to provide more integrated and targeted care for clients with severe mental illness who also have chronic medical conditions related to psychiatric conditions and medications.



July 21, 2015: 66% (n=125) are on second-generation antipsychotics compared to 34% (n=64) who are not

Project description

To serve as a pilot, providing 5 clients with "targeted primary care" through their psychiatric provider at Old Town Recovery Center's Integrated Health and Recovery Team (IHART)

- Psychiatric provider, in consultation with their Old Town Clinic primary care provider, will assume responsibility for both the patient's psychiatric and chronic medical care in terms of metabolic conditions.
- Care team responsible to the Integrated Health and Recovery Team, and they will act as the client's primary point of contact for both psychiatric and medical concerns.

Objectives

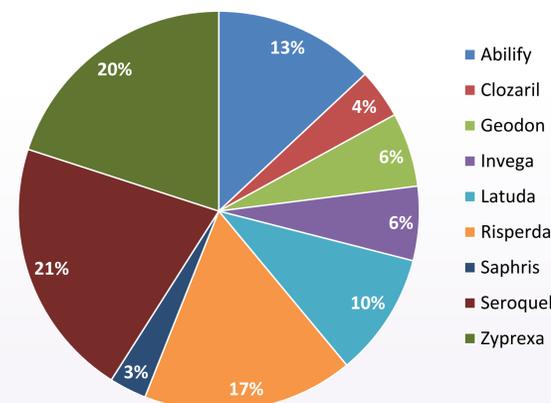
Care Management is shifting from the Old Town Clinics' Columns panel to IHART. IHART will act as the primary point of contact for psychiatric and medical concerns.

- Conduct interviews and/or surveys with clients to evaluate client experience/satisfaction with targeted primary care as compared to separate psychiatric and primary care.
- Evaluate metabolic monitoring metric: Hb A1C, blood pressure, LDL, BMI and smoking status.
- Compare the number of encounters the client has at the clinic prior to pilot and 3 months after engagement in pilot.

Expected outcomes

- Care plans for physical health and behavioral health being managed by IHART team
- Establish a monitoring system for the metabolic values with improvement expected in these measures within 1 year
- Understand how the pilot impacts touches over time
- See minimal negative impact on the provider's schedule and a positive impact on client engagement.

Second-generation antipsychotics prescribed for clients



July 21, 2015: Second-generation antipsychotics prescribed for program clients (n=125). Abilify (n=16); Clozaril (n=5); Geodon (n=8); Invega (n=8); Latuda (n=13); Risperdal (n=21); Saphris (n=3); Seroquel (n=27); Zyprexa (n=24).

Risks and solutions

Risk	Mitigation
Reducing client access to psychiatric providers	<ul style="list-style-type: none"> • Monitor providers' time/access • Expanded RN role • Utilize pharmacy support
Increased workload for IHART Team	<ul style="list-style-type: none"> • Team is currently fielding calls for medical & psychiatric needs and does present a significant change initially • Triage calls by IHART team • Continue to select clients who are not high complexity/high need medically
Staff working outside of scope	<ul style="list-style-type: none"> • Received guidance from CCC Legal, Risk Management & Billing departments to ensure proper notification and billing procedures • Psychiatric provider attended training on providing primary care for psychiatrists and has plans to complete another training in the near future • Appropriate credentialing and privileging to address scope of practice for psychiatrist
Medical needs increase beyond the scope of the team	<ul style="list-style-type: none"> • Client will continue to be empaneled with Old Town Clinic for primary care • Streamlined protocols in place for referral back and consultation with primary care provider as needed

- Old Town Clinic (OTC) is a Community Health Clinic located in Old Town, downtown NW Portland
- Old Town Recovery Center (OTRC) is a specialty mental health clinic connected to OTC and serves around 700 individuals
- Integrated Health and Recovery Team (IHART) serves around 300 clients who are enrolled in specialty mental health and paneled at OTC



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