

**Department of Human Services
Addictions and Mental Health Division
Co-occurring Disorder
Competency Checklist Tool**

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Continuous

BASIC LEVEL¹

Category 1: Screening, Assessment and Diagnosis	Category 2: Engagement, Readiness and Retention	Category 3: Integrated Treatment Planning	Category 4: Integrated Treatment Methods	Category 5: Education, Advocacy and Collaboration
<p>1A Able to screen for mental health, trauma, substance use disorders and problem/pathological gambling using population specific and/or standardized tools.</p> <p>1B Demonstrates knowledge of and is able to screen for risk of danger to self or others, monitors for safety.</p> <p>1C Demonstrates knowledge of and is able to screen for risk of AOD withdrawal and pathological gambling withdrawal.</p> <p>1D Assesses level of symptom severity, risk potential*, and level of care need.</p> <p>1E Refers individual to other treatment professionals or collaborating agencies when indicated for formal diagnostic assessment.</p>	<p>2A Uses language and behavior that reflects respect for the dignity and capability of people with COD.</p> <p>2B Engages and develops initial rapport with prospective individual, family members and collateral contacts.</p> <p>2C Can identify individuals' external and internal motivators to support behavioral change throughout the course of treatment.</p> <p>2D Can identify individuals' stage of change and uses basic level of motivational interviewing to engage individual in the therapeutic relationship.</p>	<p>3A Participates in/contributes to treatment planning process.</p> <p>3B Monitors individual progress and barriers to progress, reports to integrated treatment team for treatment planning updates.</p> <p>3C Assists individual in identifying practical strategies for achieving personal recovery goals for mental health, substance abuse disorders and problem/pathological gambling and reports to integrated treatment team for treatment planning updates.</p>	<p>4A Carries out activities specified in the treatment care plan consistent with credentials and scope of practice.</p> <p>4B Has been introduced to concepts that define evidence-based models of treatment and principles of integrated recovery for individuals with COD.</p> <p>4C Assists individuals in developing strategies to manage internal and external stress.</p>	<p>5A Facilitates mental health, substance use disorder and problem/pathological gambling education groups that teach about mental illness, substance use-abuse-dependence, problem/pathological gambling, trauma and other common co-occurring issues.</p> <p>5B Works collaboratively and cooperatively as a treatment team member to facilitate comprehensive treatment services.</p> <p>5C Educates and assists in using community supports such as NAMI, 12 step, Voices of Problem Gambling Recovery and peer support recovery groups.</p> <p>5D Educates and links individuals with community resources such as employment, education, financial counseling, food boxes, clothing, energy assistance, and drug free housing.</p>

¹ This level requires basic competencies only