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From the ATR Director

By Matthew Pearl

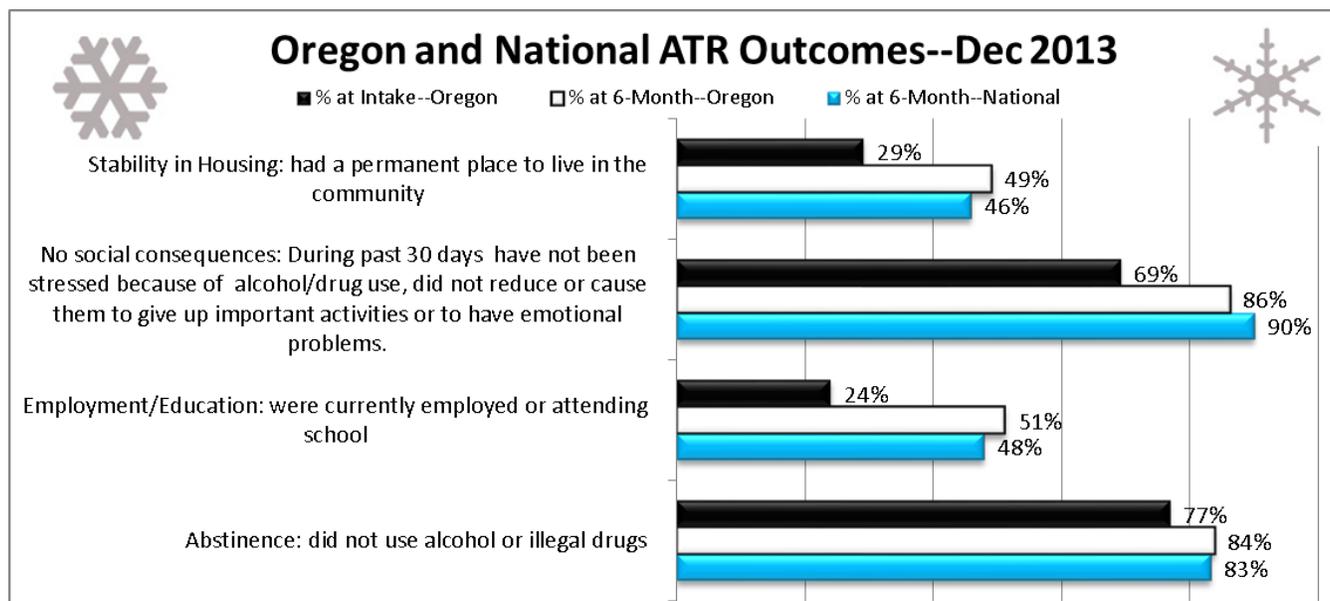
Happy New Year! For those of you who follow the Chinese zodiac, the year of the horse begins on January 31st. Horses are considered energetic and clear thinking with the power to replace the old with the new. It’s predicted that this year is going to be attentive to all our troubles and quick to react in protection of those who cannot fight for themselves. I like the sound of that. ATR’s “new year” began on October 1, 2013 and ends on September 30, 2014. That means we are already more than a quarter through the fourth and last year of the grant!

What about ATR4? Everyone is wondering about that. The good news is that ATR4 is in the president’s recommended budget. Congress has passed the budget and we are awaiting word on what that means for the possibility of ATR4. If another cycle of the grant becomes reality Oregon will apply, however the outcome will not be known for months. Therefore we must proceed as if this is the last year of the grant and focus on meeting our enrollment requirements, collecting every possible GPRA (Government Performance and Results Act), and spending the last dollar available to us in the “winding down” process.

What “winding down” looks like will vary between our county RMCs (recovery management centers), as counties and agencies are structured differently. What it does not mean is “withdraw.” The goal of the grant is to provide recovery supports to as many eligible individuals as possible for as long as possible. Ideally “winding down”

activities will occur in tandem with efforts to sustain the activities the grant funds. AMH is willing to support local conversations about how that can be achieved, as a primary goal of the grant is to further the development of recovery oriented systems of care. If you have questions about how “winding down” will affect your program, please contact your RMC or me directly. Thanks in advance for all your efforts on behalf of our clients in 2014.

Outcomes



Provider Highlight—Life in Focus Education

By Yvette Wright

Life in Focus Education is a community service of the Portland Pentecostal Church located in South East Portland. We offer a 24 week faith-based education program that consists of a three segment education course; A.C.T.S. Alcohol/Chemical Treatment Series/Relapse Recovery, Anger Management/Domestic Violence Intervention and Parenting/Family Life Skills. Life in Focus is an accepted provider in Multnomah County state of Oregon Circuit Court for Anger Management/Domestic Violence Intervention, and accepted for Parenting/Family Life Skills through DHS, Department of Human Services in Multnomah, Clackamas, Marion and Washington Counties as well as nationwide. The classes are held every Monday from 7:00pm to 9:00pm. We are active members of the Department of Corrections HGO, Home for Good in Oregon Religious Services certified mentor program and are Certified Relapse Specialist Mentors through AMH, working in the assistance of re-entry, and in helping offender’s transition back into the community. We mentor both in and out of the institutions. We offer individual spiritual support and group support upon request for strength and growth within as well as specific individual parenting plans, domestic violence intervention plans and specific relapse preventions plans.

I am the director of the program and have been 7 1/2 years clean and sober and have life experience in overcoming anger and a destructive lifestyle that comes with the use of a mind altering drug. I understand firsthand what a life of confusion through drugs, alcohol and domestic violence can do to

the destruction of the human spirit and hope of a purpose filled life. Accountability is of the utmost importance. Anyone who has the desire for positive change can obtain the victory in their lives. I found my source of strength in my relationship with Jesus. I am proof that through hard work and dedication, sobriety can be achieved and the restoration of family relationships is obtainable. Yes! Living the good life, believe it--it can be done!

We recently assisted a young mother who was referred to us through Access to Recovery and by her sister who was a participant in our Monday night education program. She contacted me in November of 2012 and arrived in my office for our intake well dressed with her folder in hand. As she sat down, she appeared to be in a very focused state of mind and as she began to speak it was clear she was in great distress and stated "I will do whatever it takes to get my son home." She communicated that her son was removed from her at birth due to domestic violence in the home. The violence had occurred in the presence of her 13 year old son, and in fact she had two open DHS cases at that time. She also stated that she had used methamphetamine in the past and that she realized she had made mistakes in her past. She stated "I have heard good things about your class and I would like to be part of your program."

It was clear that she was in need of our Monday night education classes. We discussed the curricula and what tools she would receive regarding Relapse Prevention and Parenting/Family Life skills which would enable her to comply with her DHS court ordered obligations as well as the Anger Management/Domestic Violence Intervention which would also meet her requirement and assist her in the re-unification of obtaining her son back into her custody.

We proceeded to put a specific plan into place with individual life skills sessions that will focus on her specific parenting skills needed and domestic violence intervention needs as well as identifying her personal triggers regarding her past use of methamphetamine. She requested a home Bible study as she was of Christian faith and wanted to restore her relationship with God. She committed to meeting twice a week for individual sessions including attending her education group, one session for spiritual support and one session for life skills development including attending her Monday night class.

Five weeks later, on December 5, 2012, her son was returned home and within three months her DHS case was closed with her eldest son. Through many court hearings and DHS reviews, we at Life in Focus were by her side to encourage her and provide written case summary's on her behalf to ensure that she was acknowledged for all her hard work and dedication both at her DHS family decision meetings and Juvenile Court hearings. Upon completion of her 24 week Life in Focus Education program and the other programs she was participating in through Access to Recovery, she had the final victory and her final DHS case was closed!

We at Life in Focus continue to meet with this client and are now working with her significant other as he has recently contacted Access to Recovery and will begin attending our Monday night classes and receive individual support to ensure the continued success and restoration of this family.

Life in Focus Education is committed to helping rebuild our communities together and is continually growing to meet the needs in our city and state. We are thankful for Access to Recovery and are blessed to be part of it as it has enabled us to assist people in the community to learn the skills they need to be successful one person at a time, to let go of the past and move forward with the renewing of their mind and a new beginning in life. In the summer of 2014, Life in Focus will be offering Batterers Intervention for men and Domestic Violence groups for women, and we are currently more active than ever in the institutions within the State of Oregon and nationally. We must continue to

work together to Break the Bond of Addiction! Maintain Violent Free Homes! And Re-build Strong Foundations for Families!

OWITS

Denise Yale, IT Data Coordinator

Compatible Browser

New and Improved! Almost every day now, the tools we use every day to get our work done seem to have newer “improved” versions. Every time you open a software program it seems you get a pop up message imploring you to update to the newest version so you can have access to all the cool new features and technology. While most of the time there is nothing wrong with getting that update, you may find that other software programs you use don’t “play nice” with the new versions.

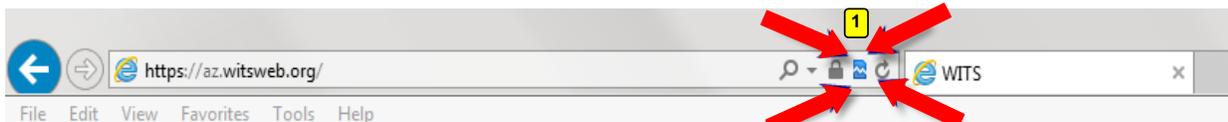
One of these examples is OWITS. The only browser that is fully compatible with OWITS is Internet Explorer, version 8 or older. While this may change with the new version of OWITS that should be coming out later this year, it is still best to view OWITS in IE, version 8 or older. If you upgrade to a newer version of IE, you will experience problems such as the screen view may look and act differently, you may not be able to backspace in certain fields or experience various other problems. These issues will be even worse if you try to use a completely different browser, such as Firefox.

While I can’t give you any solution to the problem of using a different browser other than you have to use Internet Explorer, there is a way to “have your cake and eat it too” if you want to use the newer versions on Internet Explorer. You will need to do a few simple things to make the newer IE play nice with OWITS.

Internet 9 and Higher- Compatibility Mode

If you are using Internet Explorer 9 or higher, make sure your browser is in Compatibility View before logging into OWITS. Being in Compatibility View will ensure that you are able to utilize OWITS full functionality. Once it is enabled, it will stay enabled each time you access OWITS. To enable, click the broken page icon in the address bar (see graphic below). When Compatibility View is enabled, the broken page icon will appear dark blue as in the image below.

For more info about Compatibility View, please visit: <http://windows.microsoft.com/en-us/internet-explorer/use-compatibility-view?ie=10>

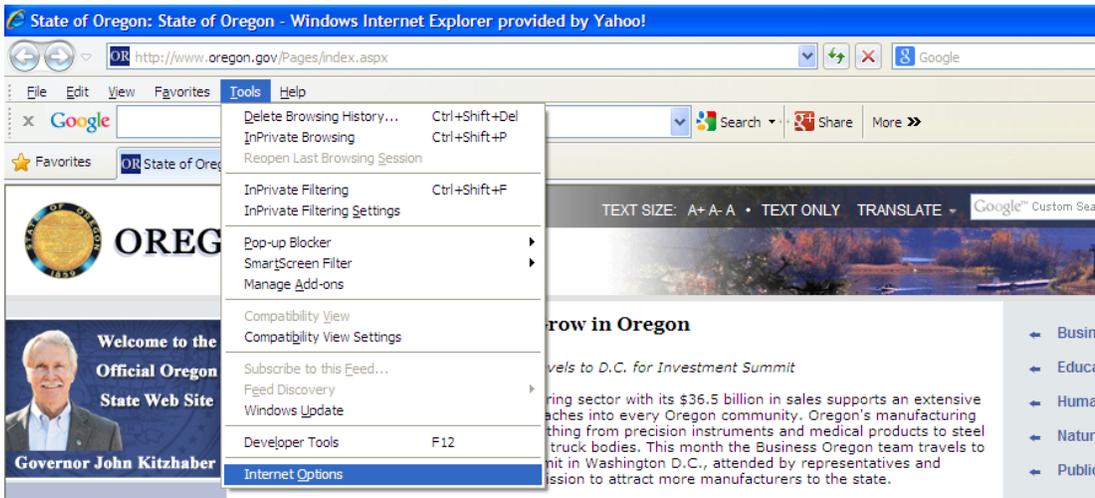


Google Chrome

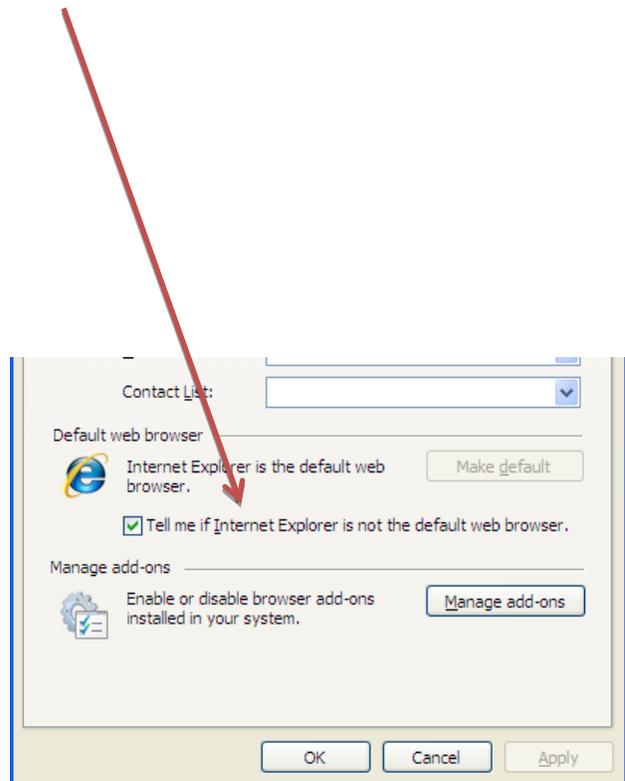
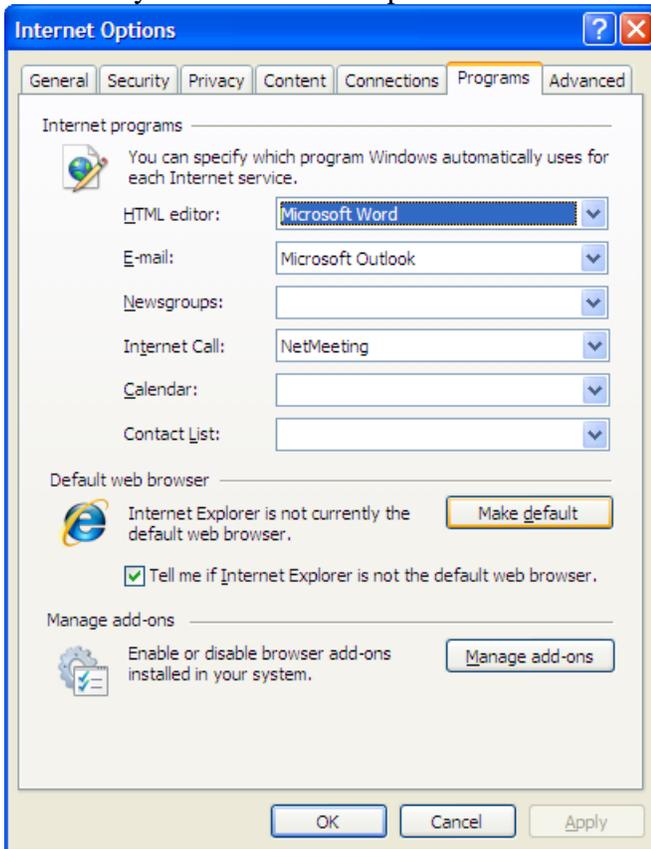
If you are experiencing problems with the way OWITS looks and operates, it may be because of some issues with Google Chrome.

If you have Google Chrome installed on your computer, chances are it asked during the installation if you wanted to make Google your default browser. OWITS will not view properly in Google, so this option needs to be turned off.

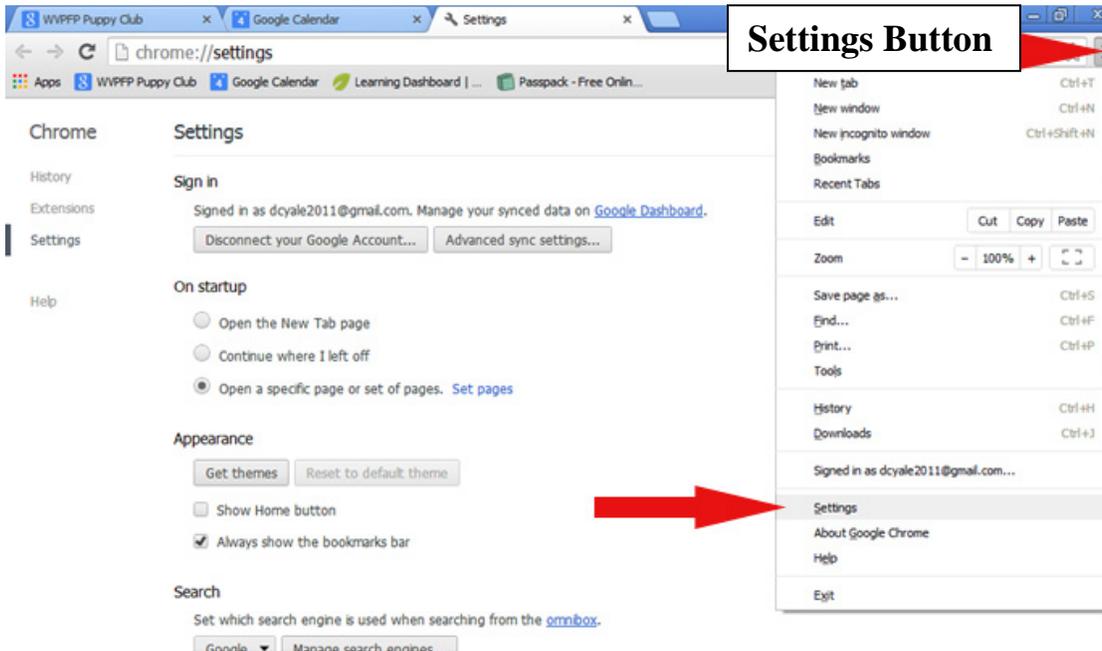
To change it so Google isn't your default browser, you need to go to Internet Explorer. Open Explorer and select Tools from the top menu. Then click on Internet Options.



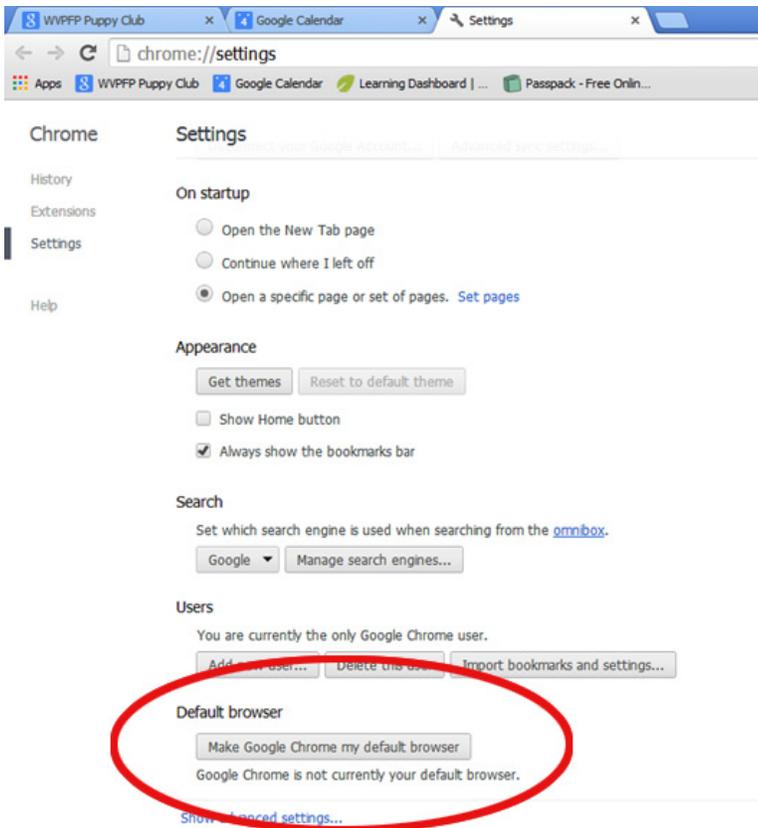
With the Internet Options box open, click on the button that says Make Default. The box will change and show you that Internet Explorer is the default web browser.



If you want, you can make sure that Google Chrome is no longer the default. Open it up and click on the Settings button. Then select settings on the dropdown list.



The Google settings should show that “Google Chrome is not currently your default browser”. See below.



If you have any questions or are having any problems setting these up, please contact me.

Welcome New ATR Providers

Provider Agency Name	County	Service Name
Attentive Counseling http://www.attentivecounseling.com/	Multnomah	Employment services and job training
Empowerment Clinic Inc.	Multnomah	Case Management
		Group counseling - chemical dependency or MH
		Individual Mental Health Counseling
		Urinalysis
		Outpatient Treatment Individual Counseling
Heaven's Gate aka Homeward Bound	Washington	Housing barrier removal
Lutheran Community Services NW http://lcsnw.org/	Multnomah	Family and Marital Counseling
		Group counseling - chemical dependency or MH
		Outpatient Treatment BH individual counseling
		Parenting education/child development group
		Parenting Support
		Parenting Support Group
		Pastorial Family and Marital Counseling
		Peer to Peer mentoring, coaching Group
		Peer to Peer mentoring, coaching individual
		Urinalysis
Pacific Alcohol and Drug Counseling, Inc http://padctreatment.com/	Washington	Family and Marital Counseling
		Group counseling - chemical dependency or MH
		Outpatient Treatment BH individual counseling
		Urinalysis
Oxford House http://www.oxfordhouse.org/userfiles/file/index.php	Douglas, Jackson, Lane, Multnomah, Washington	Housing barrier removal

Upcoming Training Opportunities

Addictions and Mental Health Training Calendar

January 13-17: Intentional Peer Support Training.

Presented by: Community Connections.

Presenter: Angel Prater.

Location: NWHS West Salem Clinic, 1233 Edgewater Street NW, Salem, OR.

Time: 9 am – 5 pm. Cost: \$500.

Registration: Angel Prater, chooserecovery@yahoo.com 503-319-6671

February 26: AIA Webinar Series ~ Promoting Protective Caregiving Roles for Parents with Co-occurring Disorders.

Presenter: Kathleen Sciacca, M.A.

Participants can earn 2 CEUs per webinar. Further details about the webinars and trainers can be found on the AIA website:

<http://aia.berkeley.edu/2014webinars>. For more information

March 6-7: Healing of the Canoe Curriculum Trainings.

Presented by: Suquamish Tribe,

Port Gamble S'Klallam Tribe and the Alcohol and Drug Abuse Institute (ADAI) University of Washington.

Location: Kiana Lodge, Poulsbo, WA. For more information: <http://healingofthecanoe.org>

March 24, 25, 26, 27 & 28th Each One Teach One Certified Recovery Mentor Training

Monday –Friday 9:00am-5:00pm

This training is Addiction and Mental Health (AMH) & ACCBO Approved--40 CEU's
The Miracles Club, 4200 NE MLK, Portland OR, 97211

For more information/registration, contact Dionne Preston, Dionne@miraclesclub.org

March 26-28: Group Counseling Skills Training.

Presented by: Janese Olalde. Location:

Springfield, Oregon. Time: 9 am – 5 pm. Cost: \$150.

CEU's: 21. Limit of 14 registrants.

Registration: 541-870-6706, janesejaneseolalde@yahoo.com

March 28, 2014: Come Out for Health: LGBTQ Meaningful Care Conference.

Presented by: The LGBTQ Health Coalition of the Columbia-Willamette.

Location: The Lloyd Double Tree Hotel, Portland, OR.

For more information: www.oregonlgbtqhealth.org/MCC

Other Training available

January 31, 2014: The Psychology of Money in Professional Relationships

Register online at <http://ccceugene.org/node/28> or mail or drop off registration form to:

Center for Community Counseling, 1465 Coburg Road, Eugene, OR 97401

When: Friday, January 31, 2014 8:00 a.m. – 4:30 p.m.

Location: Lane Community College, Downtown Campus, 99 W. 10th Ave., Suite 119, Eugene, OR 97401

Cost: \$130/person by January 10th, \$140/person on day of event. \$100/CCC volunteer

6 CEUs available from NASW

Conference Goals:

Attendees will gain enhanced understanding of:

- Transference (client's) and countertransference (professional's) expectations around money and its power
- Implications of these expectations in our work
- Money behavior and professional practice
- The new field of Financial Therapy
- Collaboration potential among different professions
- Effective interventions

Contacts—ATR Administrative Staff

ATR	Matthew Pearl	503. 947.5540	Matthew.Pearl@state.or.us
OWITS	Denise Yale	503.945.6003	denise.yale@state.or.us
	Justin King	503.945.6188	justin.king@state.or.us
	Note: Justin can only enable your account if you are locked out or reset your password.		
Contracts	Donna Smith		donna.smith@state.or.us
	Contract issues only		

Contacts—Recovery Management Centers (RMC)

COUNTY	ADDRESS AND PHONE	CARE COORDINATOR	SUPERVISOR
Umatilla	Umatilla County Human Services 109 SW Court Pendleton, OR 97801 541-278-6331	Antonio Martinez antonio.martinez@gobhi.net Sandra Chapman schapman@gobhi.net	Dennis Dahlen Dennis.dahlen@gobhi.net
Multnomah	Impact NW Dancing Tree Family Center 10055 E Burnside Street Portland, OR 97216 503-988-6000 ***Also serving Clackamas County***	Jana Hakova jhakova@impactnw.org Natalie Davis ndavis@impactnw.org Bryant Leathers bleathers@impactnw.org Carrie Ackerman cackerman@impactnw.org Zanny Mohrmann zmohrmann@impactnw.org	Rob Schultz rschultz@impactnw.org
Washington	Washington County Community Corrections 150 N. First Ave, Ste. 200 Hillsboro, Oregon 97124 503-846-3500	Tracey Nussbaumer tracey_nussbaumer@co.washington.or.us Dorothy Torelli Dorothy_Torelli@co.washington.or.us Jenny Acosta Jenny_Acosta@co.washington.or.us Cindy Downey Cindy_Downey@co.washington.or.us	Dennis Erickson Dennis_Erickson@co.washington.or.us
Lane	Transitions RMC Holly Square 2295 Coburg Road Ste, 300 Eugene, OR 97401 541-683-1771	Tonya Cochran tonyaqra@peak.org Cheri Gordon cheriqra@peak.org Judy Cline judyqra@peak.org	Miki Mace adminqra@peak.org

Douglas	ADAPT 652 NE Kane Street Roseburg, OR 97474 541-677-6117	Dawn Fox dawnf@adapt-or.org	Amy Strong amys@adapt-or.org
Jackson	Jackson County Human Services 1000 East Main Street Medford, OR 97504 541-774-7800	Shane Semin seminss@jacksoncounty.org	Michele Morales moralesME@jacksoncounty.org

We will be issuing this newsletter every two months to help keep you up to date about ATR issues. If you have any topics you would like to see discussed, please contact Denise Yale at Denise.Yale@state.or.us.