

# Oregon Addictions & Mental Health Division

## Evidence-Based Programs

### Tribal Practice Approval Form



#### 1. Name of Tribal Practice

❖ Pow-wows

#### 2. Brief Description

❖ Native celebration of drumming, dancing, and singing for everyone in the community. A gathering in a safe, drug and alcohol free place to build cultural identity and increase connections to community.

#### 3. Other Examples of this Tribal Practice

❖ Many Tribes and communities have Pow-wows throughout the country

#### 4. Evidence Basis for Validity of the Tribal Practice: Historical/Cultural Connections

Longevity of the Practice in Indian Country	❖ Powwows have been celebrated for many years.
Teachings on which Practice is based	❖ Songs, regalia, protocols
Values incorporated in Practice	❖ Respect, teamwork
Principles incorporated in Practice	❖ Commitment to group
Elder’s approval of Practice	❖ Elders are included in entire process
Community feedback/ Evaluation of Practice	❖ Continuous positive feedback received increased number of Pow-wows.

#### 5. Goal Addressed by this Tribal Practice

❖ A community-based process that promotes social cohesion, bonding, celebration and transmission of culture to younger generations.

#### 6. Target Populations

a. Institute of Medicine Strategy (check all that apply)

<input checked="" type="checkbox"/> “Universal”
<input type="checkbox"/> “Selective”
<input type="checkbox"/> “Indicated”
<input type="checkbox"/> Treatment

b. Socio-demographic or other characteristics

Age	❖ All
Sex	❖ Both
Occupation	❖ All
Living Conditions	❖ All
Other	❖

**7. Risk and Protective Factors Addressed**

Domain	Risk Factors	Protective Factors
Community	<ul style="list-style-type: none"> <li>❖ Low Neighborhood Attachment &amp; Community Disorganization</li> <li>❖ Transition and Mobility</li> </ul>	<ul style="list-style-type: none"> <li>❖ Healthy Beliefs and Clear Standards</li> </ul>
Family	<ul style="list-style-type: none"> <li>❖ Family Dispersal</li> </ul>	<ul style="list-style-type: none"> <li>❖ Bonding</li> <li>❖ Healthy Beliefs and Clear Standards</li> </ul>
Peer	<ul style="list-style-type: none"> <li>❖ Favorable Attitudes Towards the Problem Behavior</li> </ul>	<ul style="list-style-type: none"> <li>❖</li> </ul>
School	<ul style="list-style-type: none"> <li>❖</li> </ul>	<ul style="list-style-type: none"> <li>❖ Bonding</li> </ul>
Individual	<ul style="list-style-type: none"> <li>❖ Favorable Attitudes Towards the Problem Behavior</li> </ul>	<ul style="list-style-type: none"> <li>❖</li> </ul>

**8. Tribal Practice—Personnel**

<ul style="list-style-type: none"> <li>❖ There are many responsibilities and roles for participants that vary depending on size of the Pow-wow.</li> </ul>
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**9. Tribal Practice—Key Elements**

<ul style="list-style-type: none"> <li>❖ Planning usually done with a Pow-wow committee. Various roles are assigned: Whipman or Whipwoman, drummers, MC, site/location, color guard.</li> </ul>
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**10. Tribal Practice—Materials**

<ul style="list-style-type: none"> <li>❖ Audio equipment, Elder seating, honorarium</li> </ul>
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**11. Tribal Practice—Optional Elements**

<ul style="list-style-type: none"> <li>❖ Food, t-shirts, raffle items.</li> </ul>
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## 12. Outcomes

Decrease	Increase	Specify
Avoidable death	Longevity	<ul style="list-style-type: none"> <li>❖ For sobriety Pow-wows; decreased amount of the consumption of alcohol.</li> <li>❖ Decreased number of alcohol related motor vehicle crash deaths</li> </ul>
Disease-specific morbidity	Health	<ul style="list-style-type: none"> <li>❖ For dancers; increased physical activity and stamina.</li> <li>❖ Decrease obesity</li> </ul>
Disability Handicap	Ability	❖
Pain and Suffering	Wellbeing	❖
Abuse Dependency Addiction	Abstinence Non-harmful Use	❖ Decrease alcohol and drug use and increase support for those in recovery
Unemployment	Employment	❖
Educational failure	Educational Success	❖
Dysfunctional family	Healthy Family	<ul style="list-style-type: none"> <li>❖ Increase family bonding</li> <li>❖ Decrease family conflict</li> </ul>
Delinquency/crime	Good Behavior	❖
Homelessness Instability	Stable Housing	❖ Increase access to resources
Unhealthy Attitude, Beliefs, Ignorance, Lack of Skills, Lifestyle	Healthy Attitudes, Beliefs, Skills, Lifestyle	<ul style="list-style-type: none"> <li>❖ Increase individual positive values, attitudes</li> <li>❖ Increase of self-esteem</li> </ul>

## 13. Contact person for Agency Providing the Tribal Practice

Person	❖ Julie Johnson, Burns-Paiute Tribe
Phone	❖ 541-573-7312, Ext. 234
e-mail	❖ johnsonja@burnspaiute-nsn.gov

## 14. TBP Panel Approval and Date

Caroline Cruz, Dr. John Spence, Lee-Ann Foster, Julie Johnson, Dr. Doug Bigelow, and Jason Yarmer.

Revised on March 8, 2011