

OREGON HEALTH AUTHORITY - Office of Health Analytics
2014 Medicaid Behavioral Risk Factor Surveillance System Survey
Statewide Totals

Additional information on the 2014 MBRFSS survey is available online at:
www.oregon.gov/oha/analytics/Pages/MBRFSS.aspx.

Demographics

	Indicator	Unweighted %	
		MBRFSS State Total	BRFSS State Total (2014)
Age		N=6,644	N=10,372
	18-34	31.9	29.1
	35-49	27.3	23.5
	50-64	35.9	26.8
	65+	5.0	20.5
Sex		N=6,651	N=10,410
	% Female	59.8	50.9
Sexual Orntn.		N=6,260	N=9,268
	% Straight	94.4	95.5
	% Gay, lesbian, or bisexual	5.6	4.5
Race / Ethnicity		N=6,651	N=10,184
	White	78.5	82.2
	African American	1.4	2.1
	American Indian / Alaska Native	3.3	2.1
	Asian (non-Pacific Islander)	1.3	3.3
	Pacific Islander	0.5	0.2
Marital Status		N=6,489	N=10,280
	Married / partnered	39.4	58.1
	Divorced / separated	30.1	14.9
	Widowed	4.1	6.6
	Never married	26.4	20.4
Children in Home		N=6,614	N=10,337
	Children in home	44.5	34.1
Education Level		N=6,112	N=10,090
	< Grade 12	23.3	11.6
	Grade 12 or GED	32.3	25.4
	Some college	31.7	36.5
Living Situation		N=6,525	N=10,040
	Own home	25.3	64.7
	Rent	61.0	30.6
	Other arrangement	12.8	4.7
	At shelter or homeless	0.9	

"N" represents unweighted denominator counts
Percentages are unweighted estimates

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Indicators

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Chronic/Adverse Conditions Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
Angina	3.4	2.8-4.0	4.1
Arthritis	27.1	25.7-28.6	26.2
Asthma (current)	16.5	15.2-17.8	10.6
Cancer	6.0	5.3-6.9	8.1
COPD	9.8	8.9-10.8	5.9
Depression	36.8	35.2-38.5	24.4
Diabetes	11.6	10.5-12.8	9.2
Disability	39.6	37.9-41.3	28.2
Heart attack	4.2	3.6-4.9	4.6
Stroke	3.8	3.2-4.5	2.9
Any chronic disease	64.7	62.9-66.5	54.8
Experience chronic pain	51.8	50.0-53.6	-
Physical health "not good" 1 or more of last 30 days	53.1	51.3-54.9	38.5
Mental health "not good" 1 or more of last 30 days	50.5	48.7-52.3	38.9
Activity limited by poor health 1+ days of last 30	56.0	53.8-58.1	46.2

Risk Factors Indicator	MBRFSS State Total		Weighted %
	Weighted %	CI	
Sugar-sweetened beverages a day - 1+ daily	27.2	25.6-28.8	19.7
High blood cholesterol	38.4	36.2-40.5	-
High blood pressure	28.3	26.8-29.9	-
No physical activity outside work in last 30 days	28.2	26.6-29.8	16.5
Overweight or obese	66.1	64.4-67.8	62.2
Obese	36.2	34.5-38.0	26.9
Morbidly obese	8.3	7.4-9.4	4.2
Insufficient sleep (<7 hours for most)	38.0	36.3-39.7	31.3
Pre-diabetic	10.1	9.1-11.3	9.4
Secondhand smoke exposure (1+ hours/week)	25.5	24.0-27.1	14.6

Medical Access/Screening Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
High blood sugar/diabetes test in last 3 years (45 years or older)	60.1	57.3-62.9	64.4
Blood cholesterol checked within past 5 years	60.3	58.4-62.1	-
Current on colorectal cancer screening (50-75 years old)	49.8	46.9-52.8	66.0
FOBT during last year (50-75 years old)	11.1	9.4-13.2	10.9
Mammogram in last 2 years (women age 50-74)	66.0	62.4-69.3	77.0
Pap test in last 3 years (women age 21-65 w/cervix)	78.3	76.0-80.4	83.0
Dental visit in last year	51.7	50.0-53.5	67.0
HIV - ever tested	49.0	47.2-50.8	35.1
Health insurance coverage continuous over past year	75.6	74.1-77.1	12.7

"Weighted %" represents the weighted estimate
 "CI" represents the 95% confidence interval for the estimate

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Indicators (continued)

Substance Use Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
Tobacco - current cigarette smoker	29.3	27.8-30.9	16.2
Tobacco - current tobacco chewer	3.6	3.1-4.3	3.5
Tobacco - current tobacco user (smoker or chewer)	31.3	29.7-32.9	18.4
Tobacco - ecigarette use ever	33.1	31.5-34.8	17.8
Tobacco - current ecigarette use	12.5	11.4-13.7	7.5
Tobacco - want to quit (smokers)	76.4	73.6-79.0	68.1
Tobacco - attempted to quit in last year (smokers)	62.2	59.2-65.1	58.2
Alcohol - 1+ days of binge drinking in last 30 days	12.1	10.9-13.3	14.7
Alcohol - heavy drinking over past 30 days	5.0	4.3-5.8	7.6
Drugs - current marijuana use (any)	17.6	16.3-18.9	22.6
Drugs - current medical marijuana use	7.2	6.4-8.1	6.2
Drugs - current meth, heroin, cocaine, or ecstasy use	1.0	0.7-1.5	-
Drugs - current prescription painkiller abuse	1.4	1.0-1.8	-

Stress and Safety Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
High-stress based on 4-item scale	13.1	12.0-14.4	-
Needed or received housing services	15.9	14.6-17.2	-
Food insecurity - food insecure	48.6	46.8-50.4	19.9
Food insecurity - hunger	22.3	20.8-23.8	10.3
Intimate partner violence past 12 months	4.5	3.8-5.3	-
Neighborhood rated "not at all" or "slightly" safe	24.7	23.2-26.3	-
High Adverse Childhood Experiences based on 11 item scale	34.7	32.9-36.6	22.5

Protective Factors Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
Fruits and vegetables - consumed 5+ servings/day	26.7	25.2-28.3	-
Health status rated good or better	67.0	65.3-68.6	83.7
Healthy weight	31.6	29.9-33.3	35.5
At least 150 minutes (or 75 vigorous) of physical activity/week	50.5	48.7-52.3	-
Muscle strengthening exercises 3 times/week	25.1	23.6-26.8	-
Met both PA and muscle strengthening recs.	16.9	15.6-18.4	-

Family Planning Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
Effective use of contraception (women at risk of unintended pregnancy)	58.4	54.8-61.9	68.9
Daily multivitamin, prenatal vitamin, or folic acid vitamin use (women at risk of pregnancy)	28.8	25.2-32.8	29.9

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Reactions to Race Indicator	MBRFSS State Total		BRFSS State Total
	Weighted %	CI	(Wgt %)
Difference between self-identified and generally-perceived race/ethnicity	12.3	11.1-13.6	-
Thinking about race at least once a day	15.9	14.6-17.3	-
Treated worse than other races when seeking health care	6.4	5.5-7.4	-
Physical symptoms due to how treated based on race	4.9	4.2-5.8	-
Emotional symptoms due to how treated based on race	8	6.6-8.6	-

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