



**Division of
Medical Assistance Programs**
Pharmaceutical Services

**Oregon
Medicaid
Fee-For-Service**

**Prior
Authorization
Approval
Criteria**

April 2010



DMAP CAPE 09-396 1109

Division of Medical Assistance Programs (DMAP) Pharmaceutical Service Program

Prior Authorization Approval Criteria

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- Scroll through the document with the sidebar on the right.

Division of Medical Assistance Programs
Oregon Medicaid Fee-For-Service
Prior Authorization Approval Criteria

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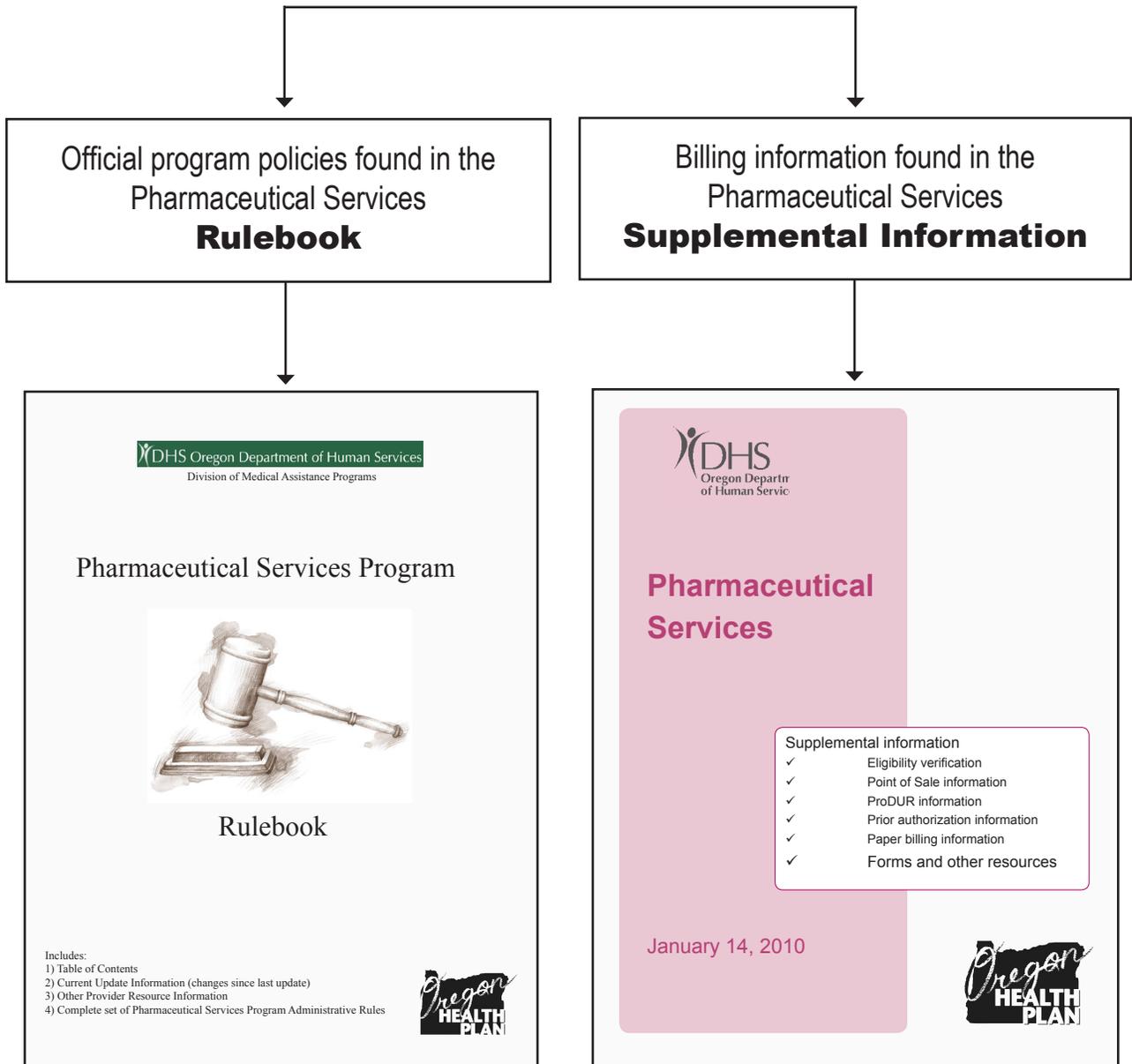
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DMAP provides the information and instructions contained in this booklet to be used in conjunction with current:



Find both documents here:

<http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html>

General Prior Authorization Information

**The following pages 4-7 include information about prior authorization
taken from the DMAP Pharmaceutical Services
Supplemental Information document found at:**

<http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html>

Overview

For drugs that require prior authorization (PA) on Point-of-Sale (POS) claims:

- A new evaluation feature of the Oregon DHS POS system, DUR Plus, reviews incoming POS claims and issues PA when the drug meets appropriate clinical criteria.
- For drugs that do not pass DUR Plus review, pharmacies must contact the prescribing provider, who then requests PA from the Oregon Pharmacy Call Center.

Drugs requiring PA

DHS may require PA for individual drugs and categories of drugs to ensure that the drugs prescribed are indicated for conditions funded by the Oregon Health Plan (OHP) and consistent with the Prioritized List of Health Services and its corresponding treatment guidelines (see OAR 410-141-0480 and 0520).

Administrative rule 410-121-0040 is related to drugs requiring prior authorization for Medically Appropriate Use.

For information regarding drugs requiring prior authorization, please refer to the Pharmacy Web site at: www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html.

DUR Plus review

The Oregon DHS POS system initially evaluates incoming pharmacy claims for basic edits and audits. If the drug on the claim requires prior authorization (PA) and requires DUR Plus evaluation, the claim passes through a series of clinical criteria rules to determine whether DUR Plus can issue PA and allow dispensing the drug to the client.

DUR Plus checks the current drug claim as well as the client's medical and claims history for the appropriate criteria.

- If suitable criteria are found, a prior authorization will be systematically created, applied to the claim, and the claim will be paid. This interactive process occurs with no processing delays and no administrative work for the pharmacy or prescribing provider.
- If all criteria are not met, the claim will be denied and PA will be required. The prescriber will be responsible for requesting PA, using procedures outlined in OAR 410-121-0060.

Oregon Pharmacy Call Center review

The Oregon Pharmacy Call Center is available 24 hours per day, seven days a week, 365 days a year.

Phone: 888-202-2126

Fax: 888-346-0178

The Call Center receives calls and faxes related to PA requests for fee-for-service prescriptions (including Mental Health “carve-out” prescriptions for managed care clients), and processes PA requests within 24 hours.

Prescribers should use PA procedures outlined in OAR 410-121-0060. For more information, refer to the Pharmacy Web page at www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html.

See the Pharmaceutical Services Program Supplemental Information Forms section for forms prescribers should use when submitting PA requests to the Call Center.

Emergency PA protocol

The Oregon Pharmacy Call Center may authorize up to a 96 hour emergency supply. Refer to 410-121-0060(4) Emergency Need:

The Pharmacist may request an emergent or urgent dispensing from the Pharmacy Call Center when the client is eligible for covered fee-for-service drug prescriptions.

- (a) Clients who do not have a PA pending may receive an emergency dispensing for a 96-hour supply.
- (b) Clients who do have a PA pending may receive an emergency dispensing up to a seven-day supply.

Client hearings and exception requests

For any PA requests that are denied due to DMAP criteria not being met, the right of a client to request a contested case hearing is otherwise provided by statute or rule, including OAR 410-141-0264(10).

This rule describes when a client may request a state hearing. Clients may request a hearing based upon information included in the PA denial notice.

Information on how to file an appeal is attached to all PA notices to clients and providers from the Oregon Pharmacy Call Center.

Providers may contact Provider Services at 800-336-6016 to file an exception request on a PA denial. For information regarding OAR 410-120-1860, refer to the General rules Rulebook at www.dhs.state.or.us/policy/healthplan/guides/genrules/main.html.

Forms

All DMAP forms are available on the web at:

www.oregon.gov/DHS/healthplan/forms/omapforms.shtml

DMAP 3978 - Pharmacy Prior Authorization Request

Prescribers should submit their PA requests for fee-for-service prescriptions and oral nutritional supplements with required documentation to:

Oregon Pharmacy Call Center

888-202-2126

Fax: 888-346-0178

This form is also available on the DHS Web site at

<http://dhsforms.hr.state.or.us/Forms/Served/OE3978.pdf>.

Information needed to request PA

Complete the form as follows. The Oregon Pharmacy Call Center may ask for some or all of the following information, depending upon the class of the drug requested:

| DMAP 3978 section | Information needed |
|-------------------|--|
| Section I: | Requesting provider name and National Provider Identifier. ➤ FQHC/RHC and AI/AN providers - Also enter the pharmacy or clinic NPI for your facility. |
| Section II | Type of PA Request: Mark "Pharmacy." ➤ FQHC/RHC and AI/AN providers -Mark "Other," followed by provider type (FQHC, RHC, IHS or Tribal 638). |
| Section III: | Client name and recipient ID number; |
| Section IV: | Diagnosis code (ICD-9-CM); |
| Section V: | Drug name, strength, size and quantity of medication. ➤ Participating pharmacy: Include the dispensing pharmacy's name and phone number (if available). |
| Section VI: | Date of PA Request Begin and End Dates of Service |
| Section VII: | Complete for EPIV and oral nutritional supplements only. |
| Section VIII: | Complete for oral nutritional supplements only. |



Prior Authorization Request for Prescriptions & Oral Nutritional Supplements

To: Oregon Pharmacy Call Center
888-346-0178 (fax); 888-202-2126 (phone)

Confidentiality Notice:

The information contained in this Prior Authorization Request is confidential and legally privileged. It is intended only for use of the recipient(s) named. If you are not the intended recipient, you are hereby notified that the disclosure, copying, distribution, or taking of any action in regards to the contents of this fax document- except its direct delivery to the intended recipient - is strictly prohibited.

Complete all fields marked with an asterisk (*), if applicable.

I Requesting Provider

* Name * NPI
Contact Name Contact Phone
Contact Fax Processing Time Frame: Routine
Supporting Justification for Urgent/Immediate Processing: Urgent
Immediate

II PA Request - Assignment Code (check appropriate box)

* Pharmacy Home EPIV Other

III Client Information

* Client ID DOB / /
* Last Name * First Name, MI

IV Service Information

Estimated length of treatment Frequency
Primary diagnosis * Primary ICD-9 diagnosis code
Other pertinent diagnosis
(For prescriptions and oral nutritional supplements, list all applicable ICD-9 codes or contributing factors)

V Drug/Product Information

* Name * Strength
* Quantity * NDC

Participating Pharmacy:

Name Phone Number Date / /

VI Date Information

* Date of Request / / * Expected Service Begin Date / /
* Expected Service End Date / /

VII Code and Cost Information – Required for EPIV and oral nutritional supplements

| Line Item | Procedure Code | Modifier | Description | Units | U&C | MSRP | Total Dollars |
|-----------|----------------|----------|-------------|-------|-----|------|---------------|
| 1 | | | | | | | |
| 2 | | | | | | | |
| 3 | | | | | | | |
| 4 | | | | | | | |
| 5 | | | | | | | |
| | | | Total Units | | | | |

VIII Patient Questionnaire – Complete for oral nutritional supplements only

| Question | Yes | No |
|---|--|--|
| Is the patient fed via G-tube? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is the patient currently on oral nutritional supplements? - If Yes, date product started: _____ - How is it supplied (e.g., self-pay, friends/family supply, etc)? _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the patient have Failure to Thrive (FTT)? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the patient have a long history (more than one year) of malnutrition and cachexia? | <input type="checkbox"/> | <input type="checkbox"/> |
| Does the patient reside in a: - Long-term care facility? - Chronic home care facility? - If Yes, list name of residence: _____ | <input type="checkbox"/> <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> |
| Does the patient have: - Increased metabolic need from severe trauma (e.g., severe burn, major bone fracture)? - Malabsorption difficulties (e.g., Crohn’s Disease, cystic fibrosis, bowel resection/removal, Short Gut Syndrome, gastric bypass, renal dialysis, dysphagia, achalasia)? - A diagnosis that requires additional calories and/or protein intake (e.g., cancer, AIDS, pulmonary insufficiency, MS, ALS, Parkinson’s, cerebral palsy, Alzheimer’s)? | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |

Date of last MD assessment for continued use of supplements: _____

Date of Registered Dietician assessment indicating adequate intake is not obtainable through regular or liquefied pureed foods: _____

- Serum Protein level: _____ Date taken: _____
- Albumin level: _____ Date taken: _____
- Current weight: _____ Normal weight: _____

Written Justification and Attachments:

Requesting Physician’s signature: _____

Specific Drug Prior Authorization and Contact Information

The following pages include specific drugs, goals or directives in usage, length of authorization, covered alternatives, approval criteria and more.

DMAP prior authorization policy is reviewed by the Oregon Drug Use Review Board (See http://pharmacy.oregonstate.edu/drug_policy/index.php?nav=dur_board and is subject to the DMAP administrative rule writing process.

For general questions about prior authorization policy, contact:

Kathy L. Ketchum, B. Pharm., M.P.A.: H.A.

Assistant Director
Drug Use Management & Research Program

Contact Information:

OSU College of Pharmacy
Drug Use Management & Research Program
DHS Division of Medical Assistance Programs
500 Summer Street NE, E-35
Salem, OR 97301-1079
ketchumk@ohsu.edu
Phone: 503-947-5220
Fax: 503-947-1119

Analgesics, Non-Steroidal, Anti-Inflammatory Drugs

Goal(s):

- To ensure that non-preferred NSAIDs are used for above the line conditions and restrict ketorolac to short-term use (5 days every 60 days) per the FDA black boxed warning.

WARNING - Ketorolac is indicated for the short-term (up to 5 days) management of moderately severe acute pain that requires analgesia at the opioid level. It is not indicated for minor or chronic painful conditions. Ketorolac is a potent NSAID analgesic, and its administration carries many risks. The resulting NSAID-related adverse events can be serious in certain patients for whom ketorolac is indicated, especially when the drug is used inappropriately. Increasing the dose beyond the label recommendations will not provide better efficacy but will result in increasing the risk of developing serious adverse events.

Initiative: NSAID PDL & Ketorolac Quantity Limit

Length of Authorization: Up to 1 year.

Preferred Alternatives: Listed at: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

Requires PA: Non-preferred NSAIDs

Ketorolac: Maximum of one claim per 60 days. That claim can be a maximum of 20 tablets / 5 days, i.e. there is a 5 day maximum per 60 days.

| Approval Criteria | | | |
|--|--|--|---|
| 1. What is the diagnosis being treated? | Document ICD-9 | | |
| 2. Is the diagnosis covered by the Oregon Health Plan? All indications need to be evaluated as to whether they are above the line or below the line. | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Yes: Go to #3.</td> <td style="width: 50%; border: none;">No: Pass to RPh; Deny, (Not Covered by the OHP)</td> </tr> </table> | Yes: Go to #3. | No: Pass to RPh; Deny, (Not Covered by the OHP) |
| Yes: Go to #3. | No: Pass to RPh; Deny, (Not Covered by the OHP) | | |
| 3. Is this a continuation of current therapy (i.e. filled prescription within prior 90 days)? Verify via pharmacy claims. | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Yes: Document prior therapy in PA record. Go to #4.</td> <td style="width: 50%; border: none;">No: Go to #5.</td> </tr> </table> | Yes: Document prior therapy in PA record. Go to #4. | No: Go to #5. |
| Yes: Document prior therapy in PA record. Go to #4. | No: Go to #5. | | |
| 4. Is request for ketorolac >20 tablets/5 days, or for > 5 days within 60 days? | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Yes: Pass to RPH. Deny (Medical Appropriateness). Review FDA warnings</td> <td style="width: 50%; border: none;">No: Go to #5.</td> </tr> </table> | Yes: Pass to RPH. Deny (Medical Appropriateness). Review FDA warnings | No: Go to #5. |
| Yes: Pass to RPH. Deny (Medical Appropriateness). Review FDA warnings | No: Go to #5. | | |
| 5. Will the prescriber consider a change to a preferred product? Message: <ul style="list-style-type: none"> Preferred products do not require PA. Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml . | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html</td> <td style="width: 50%; border: none;">No: Approve for 1 year or length of prescription, whichever is less.</td> </tr> </table> | Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html | No: Approve for 1 year or length of prescription, whichever is less. |
| Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html | No: Approve for 1 year or length of prescription, whichever is less. | | |

DUR Board Action: 9/24/09 (DO/KK), 2-23-06
Revision(s): 1/1/10
Initiated: ??

Antiemetics, New

Goal(s):

- Promote preferred drugs.
- Reserve costly antiemetics for appropriate indications.
- Restrict chronic use (> 3 days per week).
- If chemotherapy is more frequent than once weekly, approve a quantity sufficient for three days beyond the duration of chemotherapy.

Initiative: Antiemetics (PDL and Quantity Limit) Length of Authorization: 3 days to 6 months (criteria specific)

Preferred Alternatives: Listed at; http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml or metoclopramide (Reglan), prochlorperazine (Compazine), promethazine (Phenergan)

Check the reason for the PA request:

- *Non-Preferred drugs will deny on initiation*
- *Preferred drugs will deny only when maximum dose exceeded (www.orpdl.org)*

Quantity Limits:

| HICL | Generic | Brand | Quantity Limit |
|--------|-------------|-------------------------------|------------------------------------|
| 025058 | Aprepitant | Emend | 3 doses / 7day |
| 016576 | Dolasetron | Anzemet | 9 doses / 7day |
| 007611 | Granisetron | Kytril Tablets Kytril Soln | 6 doses / 7day (30 ml liquid)/7 |
| 006055 | Ondansetron | Zofran | 9 doses / 7day (300 ml liquid) |
| 019058 | Ondansetron | Zofran ODT | 9 doses / 7day |

Approval Criteria next page.

| Approval Criteria | | | | | | | | | | |
|---|--|---|----------------|--------|------------------|-----------|--------------|-----------|-------------------------------------|----------------------|
| 1. What is the diagnosis being treated? | Record ICD9 code. | | | | | | | | | |
| 2. Is the drug requested preferred? | Yes: Go to #4. | No: Go to #3. | | | | | | | | |
| 3. Will the prescriber consider a change to a preferred product? Message: <ul style="list-style-type: none"> Preferred products do not require PA for <4 days/week. Preferred products have received evidence-based reviews for comparative effectiveness and safety by the Health Resources Commission (HRC). http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml | Yes: Inform provider of covered alternatives in class and dose limits. If dose > limits, continue to #4. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/clinical.html | No: Go to #4. | | | | | | | | |
| 4. Is client currently diagnosed with cancer AND receiving chemotherapy or radiation therapy more frequently than every 7 days? | Yes: Approve for 3 days past length of therapy. (Chemo regimen more frequently than weekly) | No: Go to #5. | | | | | | | | |
| 5. Does client have refractory nausea that would require hospitalization or ER visits? | Yes: Go to #6. | No: Go to #8. | | | | | | | | |
| 6. Has client tried and failed two conventional antiemetics, listed below? <table border="1"> <thead> <tr> <th>Generic Name</th> <th>Brand Name</th> </tr> </thead> <tbody> <tr> <td>metoclopramide</td> <td>Reglan</td> </tr> <tr> <td>prochlorperazine</td> <td>Compazine</td> </tr> <tr> <td>promethazine</td> <td>Phenergan</td> </tr> </tbody> </table> | Generic Name | Brand Name | metoclopramide | Reglan | prochlorperazine | Compazine | promethazine | Phenergan | Yes: Approve up to 6 months. | No: Go to #7. |
| Generic Name | Brand Name | | | | | | | | | |
| metoclopramide | Reglan | | | | | | | | | |
| prochlorperazine | Compazine | | | | | | | | | |
| promethazine | Phenergan | | | | | | | | | |
| 7. Does client have contraindications to conventional antiemetics, e.g. Allergy; or cannot tolerate? | Yes: Document reason and approve up to 6 months. (Contraindications to Required Alternative Medications) | No: Pass to RPH; Go to #8. | | | | | | | | |
| 8. RPH only | All other indications need to be evaluated as to whether they are above the line or below the line. | Above: Deny, (Medical Appropriateness) Below: Deny, (Not Covered by the OHP) | | | | | | | | |

DUR Board Action: 9-24-09(DO/KK), 2-23-06, 2-24-04, 11-18-03, 9-9-03, 5-13-03, 2-11-03

Revision(s): 1-1-10, 7-1-06, 3-20-06, 6-30-04 (added aprepitant), 3-1-04 (removed injectables), 6-19-03

Initiated: 4-1-03

Antifungals

Goal(s): Approve use of antifungals only for covered diagnoses. Minor fungal infections of skin, such as dermatophytosis of nail and skin are only covered when complicated by an immunocompromised host.

Length of Authorization: SEE CRITERIA

ORAL

Covered Alternatives: Griseofulvin **DOES NOT** require prior authorization and other oral antifungals NOT typically used for onychomycosis **DO NOT** require PA:

| Generic Name | Brand Name |
|--------------|------------|
| Fluconazole | Diflucan |
| Flucytosine | Ancobon |
| Ketoconazole | Nizoral |
| Nystatin | Mycostatin |
| Viconzaole | Vfend |

Requires PA:

Oral antifungals commonly used for onychomycosis. →

| HSN | Route | Generic Name | Brand Name |
|--------|-------|--------------|------------|
| 006503 | ORAL | Itraconazole | Sporanox |
| 007590 | ORAL | Terbinafine | Lamisil |

TOPICAL

Preferred Alternatives:

| GCN | Generic Name | Brand Name(s) |
|----------------|-----------------------------------|-----------------|
| 007366, 047965 | Miconazole topical cream | Micatin, others |
| 007282, 007283 | Nystatin topical ointment & cream | Mycostatin |

NOT Covered: (See EXCLUSION LIST): Gentian Violet HIC3 - Q5F
Castellani Paint HIC3 – L9A

Requires PA: Topical Antifungals (HIC3 = Q5F)

Examples (NOT ALL INCLUSIVE) of TOPICAL ANTIFUNGALS requiring PA and FDA approved indications:

| Generic Name | Brands | T. Corporis | T. Cruris | T. Pedis/ mannum | T. Unguium | Pityriasis versicolor | Cutaneous candidiasis | Seborrheic dermatitis | Atopic dermatitis | Lichenoid dermatitis |
|---------------------------------|---------------------------|-------------|-----------|---------------------|------------|--------------------------|--------------------------|--------------------------|----------------------|-------------------------|
| Amphotericin B | Fungizone | | | | | | X | | | |
| Butenafine HCL | Lotrimin ultra; mentax | X | X | X | | X | | | | |
| Ciclopirox | Loprox, penlac | X | X | X | X | X | X | X | | |
| Clotrimazole | Lotrimin; Mycelex | X | X | X | | X | | | | |
| Clotrimazole/ Betamet Diprop | Lotrisone | X | X | X | | X | | | | |
| Econazole Nitrate | Spectazole | X | X | X | | X | X | | | |
| Ketoconazole | Nizoral | X | X | X | X | X | X | X | X | X |
| Naftifine HCL | Naftin | X | X | X | X | | X | | | |
| Nystatin/Triamcin | Mycolog II | | | | | | X | | | |
| Oxiconazole nitrate | Oxistat | X | X | X | | X | X | | | |
| Sertaconazole nitrate | Ertaczo | | | X | | | | | | |
| Sulconazole nitrate | Exelderm | X | X | X | | X | | | | |
| Terbinafine hcl | Lamisil & at (rx & otc) | X | X | X | | X | | | | |
| Tolnaftate (otc) | Tinactin | X | X | X | | | | | | |
| Undecylenic acid (otc) | Desenex | X | X | X | | | | | | |

Table 1 – Examples of COVERED indications (1/1/06)

| ICD-9 | Description |
|---------------|--|
| 112.1 | Candidiasis of vulva and vagina |
| 112.2 | Candidiasis of other urogenital sites |
| 112.4 | Candidiasis of the lung |
| 112.5 | Disseminated Candidiasis |
| 112.81 | Candidal Endocarditis |
| 112.82-112.89 | Candidal Otitis Externa - Other Candidiasis site |
| 114.0-114.9 | Coccidiomycosis various sites |
| 115.00-115.99 | Histoplasmosis |
| 116.0-116.2 | Blastomycosis |
| 117 & subsets | Rhinosporidiosis, Sporotrichosis, Chromoblastomycosis, Aspergillosis, Mycotis Mycetomas, Cryptococcosis, Allescheriosis, Zygomycosis, Dematiaceous Fungal Infection, Mycoses Nec and Nos |
| 118 | Mycosis, Opportunistic |
| 518.6 | Bronchopulmonary Aspergillus, Allergic |
| 616 & subsets | Inflammatory disease of cervix vagina and vulva |
| 681 & subsets | Cellulitis and abscess of finger and toe |
| 771.7 | Neonatal Candida infection |

Table 2 – Examples of NOT-COVERED conditions (1/1/06)

| ICD-9 | Description |
|---------------|--|
| 690 & subsets | Erythematous squamous dermatosis |
| 691 | Atopic dermatitis and related conditions |
| 691.0 | Diaper or napkin rash |
| 691.8 | Other atopic dermatitis and related conditions |
| 692 & subsets | Contact dermatitis and other eczema |
| 695.2-695.4 | Erythema nodosum, rosacea, lupus erythematosus |
| 695.8-695.9 | Other specified erythematous conditions, erythematous cond nec, unspecified erythematous condition |
| 697 & subsets | Lichen |
| 706 & subsets | Diseases of sebaceous glands |
| 111 | Dermatomycosis nec/nos |
| 111.0 | Pityriasis versicolor |
| 111.2 | Tinea blanca |
| 111.3 | Black piedra |
| 111.8 | Dermatomycoses nec |
| 111.9 | Dermatomycosis nos |
| 112.3 | Cutaneous candidiasis |
| 112.9 | Candidiasis site nos |
| 782.1 | Nonspecif skin erupt nec |

Table 3 – Criteria Driven diagnoses (1/1/06)

| ICD-9 | Description |
|-------|--|
| 110 | Dermatophytosis |
| 110.0 | Dermatophytosis of scalp and beard (tinea capitis/ tinea barbae) |
| 110.1 | Dermatophytosis of nail (onychomycosis) |
| 110.2 | Dermatophytosis of hand (tinea manuum) |
| 110.3 | Dermatophytosis of groin and perianal area (tinea cruris) |
| 110.4 | Dermatophytosis of foot (tinea pedis) |
| 110.5 | Dermatophytosis of body (tinea corporis / tinea imbricate) |
| 110.6 | Deep seated dermatophytosis |
| 110.8 | Dermatophytosis of other specified sites |
| 110.9 | Dermatophytosis site of unspecified site |
| 111.1 | Tinea nigra |
| 112.0 | Candidosis of mouth |

| Approval Criteria | | | | | | |
|---|---|----------------------|--|---|--|--|
| 1. Is the diagnosis in Table 1, Examples of COVERED indications (1/1/06)? | <p>Yes: approve as follows: (Above the line diagnosis)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #ffff00; text-align: center;">ORAL</td> </tr> <tr> <td> <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. </td> </tr> <tr> <td style="background-color: #ffff00; text-align: center;">ORAL & TOPICAL</td> </tr> <tr> <td> <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months </td> </tr> </table> | ORAL | <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. | ORAL & TOPICAL | <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months | No: Go to #2. |
| ORAL | | | | | | |
| <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. | | | | | | |
| ORAL & TOPICAL | | | | | | |
| <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months | | | | | | |
| 2. Is the diagnosis in Table 2, Examples of NOT-COVERED conditions (1/1/06)? | Yes: Pass to RPH; Deny, (Not Covered by the OHP). | No: Go to #3. | | | | |
| 3. Is the diagnosis in Table 3, Criteria Driven diagnoses (1/1/06)? | Yes: Go to #4. | No: Go to #6. | | | | |
| 4. Is the client immunocompromised? Document ICD-9 code | <p>Yes: approve as follows: (Immunocompromised client)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #ffff00; text-align: center;">ORAL</td> </tr> <tr> <td> <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. </td> </tr> <tr> <td style="background-color: #ffff00; text-align: center;">ORAL & TOPICAL</td> </tr> <tr> <td> <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months </td> </tr> </table> | ORAL | <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. | ORAL & TOPICAL | <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months | No: Go to #5. |
| ORAL | | | | | | |
| <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. | | | | | | |
| ORAL & TOPICAL | | | | | | |
| <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months | | | | | | |
| 5. Is client currently taking an immunosuppressive drug? Document drug. Immunosuppressive drugs include but are not limited to: | <p>Yes: approve as follows:(Immunocompromised client)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #ffff00; text-align: center;">ORAL</td> </tr> <tr> <td> <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. </td> </tr> <tr> <td style="background-color: #ffff00; text-align: center;">ORAL & TOPICAL</td> </tr> <tr> <td> <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months </td> </tr> </table> | ORAL | <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. | ORAL & TOPICAL | <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months | No: Pass to RPH; Deny, (Not Covered by the OHP) |
| ORAL | | | | | | |
| <ul style="list-style-type: none"> Toenails = 12 weeks. Max of 1 course per yr. Fingernails = 6 weeks. Max of 1 course every 6 months. | | | | | | |
| ORAL & TOPICAL | | | | | | |
| <ul style="list-style-type: none"> All other diagnosis = Course of treatment only with prn renewals. If length of therapy is unknown, approve for 3 months | | | | | | |
| <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Generic Names:</td> <td style="width: 50%;">Brand Names:</td> </tr> <tr> <td> Azathioprine Basiliximab Cyclosporine Sirolimus Tacrolimus Methotrexate (Mtx) Hydroxychloroquine Etanercept Leflunomide </td> <td> Imuran Simulect Sandimmune, Neoral Rapamune Prograf Rheumatrex Plaquenil Enbrel Arava </td> </tr> </table> | Generic Names: | Brand Names: | Azathioprine Basiliximab Cyclosporine Sirolimus Tacrolimus Methotrexate (Mtx) Hydroxychloroquine Etanercept Leflunomide | Imuran Simulect Sandimmune, Neoral Rapamune Prograf Rheumatrex Plaquenil Enbrel Arava | | |
| Generic Names: | Brand Names: | | | | | |
| Azathioprine Basiliximab Cyclosporine Sirolimus Tacrolimus Methotrexate (Mtx) Hydroxychloroquine Etanercept Leflunomide | Imuran Simulect Sandimmune, Neoral Rapamune Prograf Rheumatrex Plaquenil Enbrel Arava | | | | | |
| If not in list, Pass to RPH for evaluation. | | | | | | |

6. RPH only: All other indications need to be evaluated to see if they are above or below the line diagnosis:

- **If above the line** fungal code, then it may be approved for treatment course with prn renewals. If length of therapy is unknown, approve for 3 months intervals only
- **If below the line**: Deny, (Not Covered by the OHP).
- Deny Non-fungal diagnosis (Medical Appropriateness)
- Deny Fungal ICD-9 codes that do not appear on the OHP list pending a more specific diagnosis code (Not Covered by the OHP).
- Forward any fungal ICD-9 codes not found in the Tables 1, 2, or 3 to the Lead Pharmacist. These codes will be forwarded to DMAP to be added to the Tables for future requests.

DUR Board Action: 2-23-06; 11-10-0; 9-15-05; 5-12-05

Revision(s): 7-1-06; 11-1-0; 9/1/0

Initiated:

Antihistamines

Goal(s):

- Approve antihistamines only for covered diagnosis.
- Allergic rhinitis treatment is covered by the OHP only when complicated by other diagnoses (e.g. asthma, sleep apnea).
- Promote use that is consistent with Oregon Asthma Guidelines and medical evidence.
[Http://www.oregon.gov/DHS/ph/asthma/pubs.shtml#oregon](http://www.oregon.gov/DHS/ph/asthma/pubs.shtml#oregon)

Length of Authorization: 6 months

Preferred Alternatives: Oral corticosteroid inhalers, certirizine, chlorpheniramine, diphenhydramine, loratidine & hydroxyzine DO NOT require prior authorization. See: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

PA Required: All drugs (antihistamines and combinations) in TC = 14, except those listed above and including, but not limited to, the following:

| Drug Code | Brand Name | Generic Name |
|-------------|------------------|------------------------------------|
| HSN= 011595 | Allegra | Fexofenadine HCL |
| HSN= 016846 | Allegra D | Fexofenadine/Pseudoephedrine HCL |
| HSN= 006605 | Allergy Relief-D | Loratadine/Pseudoephedrine Sulfate |
| HSN= 004483 | | Brompheniramine Maleate |
| HSN= 024112 | | Brompheniramine Tannate |
| HSN= 004483 | | Carbinoxamine Maleate |
| HSN= 026664 | | Carbinoxamine Tannate |
| HSN= 021934 | Clarinet | Desloratadine |
| HSN= 006605 | Claritin-D | Loratadine/Pseudoephedrine Sulfate |
| HSN= 004512 | | Clemastine Fumarate |
| HSN= 001672 | | Cyproheptadine HCL |
| HSN= 004506 | | Dexchlorpheniramine Maleate |
| HSN= 013225 | | Diphenhydramine Citrate |
| HSN= 001608 | | Hydroxyzine HCL |
| HSN= 006605 | Loratadine - D | Loratadine/Pseudoephedrine Sulfate |
| HSN= 008959 | Semprex-D | Acrivis/Pseudoephedrine HCL |
| HSN= 022959 | Xyzal | Levocetirizine |

| Approval Criteria | | | |
|--|---|-----------------------|----------------------|
| 1. What is the diagnosis being treated? | Record ICD9 codes. | | |
| 2. Does client have diagnosis of allergic rhinitis, allergic conjunctivitis, or chronic rhinitis/pharyngitis/nasopharyngitis? (ICD-9: 472.xx, 372.01-05, 372.14, 372.54, 372.56, 477.xx, 995.3, V07.1) | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Yes: Go to #3.</td> <td style="width: 50%; border: none;">No: Go to #7.</td> </tr> </table> | Yes: Go to #3. | No: Go to #7. |
| Yes: Go to #3. | No: Go to #7. | | |
| 3. Does the client have asthma or reactive airway disease exacerbated by chronic/allergic rhinitis or allergies (493.xx)? | <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; border: none;">Yes: Go to #4.</td> <td style="width: 50%; border: none;">No: Go to #5.</td> </tr> </table> | Yes: Go to #4. | No: Go to #5. |
| Yes: Go to #4. | No: Go to #5. | | |

| | | |
|--|--|--|
| <p>4 Does the drug profile show an asthma controller medication (e.g. ORAL inhaled steroid, leukotriene antagonist, etc.) And/or rescue beta-agonist (e.g. Albuterol) within the last 6 months?</p> <p><i>Keep in mind: albuterol may not need to be used as often if asthma is controlled on other medications.</i></p> | <p>Yes: Approve for 6 months.</p> | <p>No: Pass to RPH; Deny, (Medical Appropriateness) Oregon Asthma guidelines recommend all asthma clients have access to rescue inhalers and those with persistent disease should use anti-inflammatory medicines daily (preferably orally inhaled steroids).</p> |
| <p>5. Does client have other co-morbid conditions or complications that are above the line?</p> <ul style="list-style-type: none"> • Acute or chronic inflammation of the orbit (376.0 – 376.12) • Chronic Sinusitis (473.xx) • Acute Sinusitis (461.xx) • Sleep apnea (327.20,327.21,327.23-327.29,780.51, 780.53, 780.57) • Wegener's Granulomatosis (ICD-446.4) | <p>Yes: Document ICD-9 codes and Go to #6.</p> | <p>No: Pass to RPH; Deny, (Not Covered by the OHP)</p> |
| <p>6. Does client have contraindications (e.g. Pregnant), or had insufficient response to available alternatives? Document</p> | <p>Yes, Approve 6 months</p> | <p>No: Pass to RPH; Deny, (Cost-Effectiveness)</p> |
| <p>7. Is the diagnosis COPD(496) or Obstructive Chronic Bronchitis (491.1-491.2)</p> | <p>Yes: Pass to RPH; Deny, (Medical Appropriateness). Antihistamine not indicated</p> | <p>No: Go to #8.</p> |
| <p>8. Is the diagnosis Chronic Bronchitis (491.0, 491.8, 491.9)?</p> | <p>Yes: Pass to RPH; Deny, (Not Covered by the OHP).</p> | <p>No: Pass to RPH; Go to #9.</p> |
| <p>9. RPH only: Is the diagnosis above the line or below the line?</p> <ul style="list-style-type: none"> • Above: Deny, yesterday's date (Medical Appropriateness) • Below: Deny, (Not Covered by the OHP). (e.g., URI-465.9 or Urticaria-708.0, 708.1. 708.5, 708.8, and 995.7 should be denied) | | |

Refer questions regarding coverage to DMAP.

DUR Board Action: 9-18-08reh, 2-23-06, 9-14-04, 5-25-04, 2-10-02, 5-7-02
Last Revision(s): 7/1/09, 7-1-06, 3-20-06, 10-14-04, 8-1-02, 9/1/06
Initiation:

Antimigraine - Triptans

Goal(s):

- Decrease potential for Medication Overuse Headache through quantity limits and therapeutic duplication denials.
- Promote PDL options.
- See DUR Board Newsletter:
http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume5/5_6.pdf

Initiative: Anti-migraine PDL, Quantity Limits & Duplicate Therapy.

Length of Authorization: up to 6 months

Preferred Alternatives: See PDL options: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

Check the reason for PA request:

- Non-Preferred drugs will deny on initiation
- Preferred drugs will deny only when maximum dose exceeded
- Both will deny for concurrent therapy (Concurrent triptans by different routes is allowed.i.e. oral + nasal, oral + injectable, nasal + Injectable)

Quantity Limits Per Labeling

| Generic | Brand | Initial dose | Max. Daily dose | Dosage form | Max # has/Mth | Limit |
|--------------|-------------------------|-----------------------------|-----------------|--|---------------|-------------------|
| Almotriptan | Axert | 6.25-12.5 mg Rpt in 2hr | 25 mg | 6.25 mg tab 12.5 mg tab (blister pack, 6, 12) | 4 | 12/45d |
| Eletriptan | Relpax | 20–40 mg Rpt in 2hr | 80 mg | 20 mg tab 40 mg tab (blister pack, 6, 12) | 3 | 12/60d |
| Frovatriptan | Frova | 2.5-5 mg Rpt in 2hr | 7.5 mg | 2.5 mg tab (blister pack, 9) | 4 | 9/30d |
| Naratriptan | Amerge | 1-2.5 mg Rpt in 4hr | 5 mg | 1 mg tab 2.5 mg tab (blister pack, 9) | 4 | 9/30d |
| Rizatriptan | Maxalt Maxalt MLT | 5-10 mg Rpt in 2hr | 30 mg | 5 mg tab 10 mg tab (blister pack, 6, 12) | 4 | 12/30d |
| Sumatriptan | Imitrex & generics | 25-100 mg po rpt In 2 hr | 200 mg | 25 mg tab, 50mg tab, 100 mg tab (blister pack, 9) | 4 | 9/30d |
| | | 5-10 mg NS Rpt in 2 hr | 40 mg | 5 mg, 10 mg NS (box of 6) | 4 | 6/30d |
| | | 3-6 mg SQ Rpt in 2hr | 12 mg | 6 mg SQ (box 2 syr), kit (2 syr per kit), 6mg/0.5ml vials | 4 | 6/30d 3mls/30d |
| Zomitriptan | Zomig Zomig ZMT | 1.25-5 mg Rpt in 2hr | 10 mg | 2.5 mg tab (blister pack, 6) 5 mg tab (blister pack, 3) | 3 | 6/30d |
| | Zomig NS | 5mg NS Rpt in 2hr | 10mg | 5mg NS (box of 6) | 4 | 6/30d |

| Approval Criteria | | |
|--|---|--|
| 1. What is diagnosis being treated? | Record ICD9 code. | |
| 2. Does patient have diagnosis of migraine, ICD-9 346.0-346.9? | Yes: Go to #3 | No: Pass to RPH, Deny, (Medical Appropriateness) There is no evidence to support the use of triptans for non-migraine diagnoses. |
| 3. Is drug requested preferred? | Yes: Go to #5. | No: Go to #4. |
| 4. Will the prescriber consider a change to a preferred product? Message: <ul style="list-style-type: none"> Preferred products do not require PA within recommended dose limits. Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml | Yes: Inform provider of covered alternatives in class and dose limits. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html | No: Go to #5. |
| 5. Is request for higher dose than listed in quantity limit chart? | Yes: Pass to RPH; Deny, (Medical Appropriateness) <ul style="list-style-type: none"> Can recommend use of migraine prophylactic therapy and reinforce that doses above those recommended by the manufacturer increase the incidence of medication overuse headache (may refer to DUR Board Newsletter above). One life-time 90-day taper may be approved at pharmacist discretion. Document. | No: Trouble-shoot claim payment (days supply?); Go to #6. |
| 6. Is the request for two different oral triptans concurrently? | Yes: Go to #7. | No: Approve for 6 months |
| 7. Is this a switch in triptan therapy due to intolerance, allergy or ineffectiveness? | Yes: Document reason for switch and override for concurrent use for 30 days. | No: Go to #8. |
| 8. Does patient request more triptan due to supply lost or stolen or a vacation/travel supply? | Yes: Document reason and approve for date of service. | No: Pass to RPH, (Medical Appropriateness). There is no evidence to support the use of two different ORAL triptans concurrently. |

DUR Board Action: 9/24/09(DO/KK)11-18-03, 5-13-03
Revision(s): 1/1/10, 7-1-06, 5-31-05
Initiation: 6/30/04

Anti-Psoriatics

Goal(s): Cover topical anti-psoriatics only for covered OHP diagnoses. Moderate/Severe psoriasis treatments are covered on the OHP. Treatments for mild psoriasis (696.1-696.2, 696.8), seborrheic dermatitis (690.XX), keroderma (701.1-701.3) and other hypertrophic and atrophic conditions of skin (701.8, 701.9) are not covered.

Length of Authorization: 1 year

Preferred Alternatives: Topical corticosteroids, methotrexate, cyclosporin

Requires PA: TC = 92 and HIC = L1A, L5F, L9D, T0A

| TC | HIC3 | Name of drug | Brand |
|----|------|----------------------------------|---------------------------|
| 92 | | Coal tar | (Various) |
| | L1A | Acitretin / emollient comb no.26 | Soriatane ck |
| | L1A | Methoxsalen, rapid | Oxsoralen-ultra |
| | L1A | Methoxsalen | 8-mop |
| | L5F | Anthralin | Psoriatec; drithocrema hp |
| | L5F | Calcipotriene | Dovonex |
| | L5F | Tazarotene | Avage, tazorac |
| | L9D | Methoxsalen | Oxsoralen lotion |
| | T0A | Betamet diprop / calcipotriene | Taclonex |
| | T0A | Betamet diprop / calcipotriene | Taclonex scalp |

| Approval Criteria | | |
|--|---|---|
| 1. What is the diagnosis being treated? | Record ICD9 code | |
| 2. Is the diagnosis for seborrheic dermatitis (690.XX), keroderma (701.1-701.3) or other hypertrophic and atrophic conditions of skin (701.8, 701.9) | Yes: PASS TO RPH - Deny (Not Covered by the OHP). | No: Go to #3. |
| 3. Is the diagnosis Psoriasis? (ICD-9: 696.1-696.2, 696.8) | Yes: Go to #4. | No: Go to #5. |
| 4. Is the Psoriasis Moderate/Severe? <i>Defined</i> as: At least 10% body surface area involved or with functional impairment. | Yes: Approve for length of treatment or 1 year. | No: PASS TO RPH Deny (Not Covered by the OHP). |
| 5. RPH only All other indications need to be evaluated as to whether they are above the line or below the line diagnosis. | If above the line or clinic provides supporting literature: approve for length of treatment. | If below the line: Deny, (Not Covered by the OHP). |

DUR Board Action: 9/24/09 (klk), 3/19/09(klk), 2/26/06, 5/24/07

Revision(s): 1/1/10, 7/1/09, 6/1/07

Initiated: 9-1-06

Antivirals – Topical

Goal(s):

- Cover topical anti-virals only for covered diagnoses.
- HSV infections are covered only when complicated by an immunocompromised host.

Antivirals –Topical Length of Authorization: Criteria Specific

Covered Alternatives: Oral acyclovir DOES NOT require PA

Requires PA: HIC3 = Q5V

| HSN | GENERIC | BRAND | ROUTE |
|--------|-------------|---------|---------|
| 004183 | Acyclovir | Zovirax | Topical |
| 011636 | Penciclovir | Denavir | Topical |
| 021956 | Docosanol | Abreva | Topical |

Approval Criteria

| | | |
|--|--|--|
| 1. What is the diagnosis? | Record the ICD9 codes. | |
| 2. Is the diagnosis uncomplicated herpes simplex (not genital) ICD9: 054.2, 054.6, 054.73, 054.9? | Yes: Go to #3. | No: Pass to RPH; Go to #6. |
| 3. Is the client immunocompromised? Document ICD9 code: <ul style="list-style-type: none"> Is client currently (not history of) diagnosed with Cancer AND currently undergoing chemotherapy or radiation? Document therapy and treatment regimen. Does client have diagnosis of HIV/AIDS? | Yes: Approve for 1 year (Immunocompromised Client) | No: Go to #4. |
| 4. Is client currently taking an immunosuppressive drug? Document drug: (If drug not in list below, Pass to RPH for evaluation) | Yes: Approve for expected therapy duration or 90 days. (Immunocompromised Client) | No: If Diabetes or Sickle-Cell disease-go to #5. All others go to #6. |

Immunosuppressive drugs include, but are not limited to:

| Generic Names | Brand Names |
|--------------------|------------------|
| Azathioprine | Imuran |
| Basiliximab | Simulect |
| Cyclosporine | Sandimmune, |
| Sirolimus | Neoral |
| Tacrolimus | Rapamune |
| Methotrexate | Prograf |
| Hydroxychloroquine | (MTX) Rheumatrex |
| Etanercept | Plaquenil |
| Leflunomide | Enbrel |
| | Arava |

| | | |
|---|---|--|
| <p>5. Does client have Diabetes or Sickle-Cell disease?</p> <p>Note: <i>Diabetes and Sickle-Cell is not considered as immunocompromising for antivirals as it is for antifungals.</i></p> | <p>Yes: Pass to RPH; Deny, (Not Covered by the OHP).</p> | <p>No: Pass to RPH to evaluate for immunosuppression.</p> <ul style="list-style-type: none"> ➤ If not immunocompromised, Deny (Not Covered by the OHP). ➤ If immunocompromised, approve for 1 year. |
|---|---|--|

6. RPH only:

All other indications need to be evaluated to see if they are above or below the line diagnosis:

- **If above,** viral diagnoses can be approved for treatment course with “prn” renewals. If length of therapy is unknown, please approve for 3 months intervals only (This is an exception to above guidelines and should be discussed with Lead Pharmacist)
- **If below,** Deny, (Not Covered by the OHP).
- **Deny Non-viral diagnoses** (Medical Appropriateness).
- **Deny Viral ICD-9 codes** that do not appear on the OHP list pending a more specific diagnosis code. (Not Covered by the OHP)

Refer questions of coverage to DMAP.

DUR Board Action: 2-26-06, 2-21-01, 9-6-00

Revision(s): 9-1-06,

Asthma Controller Drugs

Goal(s): The purpose of this prior authorization policy is to ensure that non-preferred asthma controller drugs are used for an above the line condition.

Initiative: Asthma Controller PDL

Length of Authorization: up to 1 year

Preferred Alternatives: Listed at: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

| Approval Criteria | | |
|---|--|---|
| 1. Is the requested drug montelukast (Singular)? | Yes: Go to Leukotriene Inhibitor Criteria | No: Go to #2. |
| 2. What is the diagnosis? | Record ICD9 code. | |
| 3. Is this an OHP covered diagnosis? | Yes: Go to #4. | No: Pass to RPh, DENY (Not Covered by the OHP). |
| 4. Is this a continuation of current therapy (i.e. filled prescription within prior 90 days)? Verify via pharmacy claims. | Yes: Document prior therapy in PA record. Approve for 1 year. | No: Go to #5. |
| 5. Will the prescriber consider a change to a preferred product? Message: - Preferred products do not require PA. - Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml | Yes: Inform provider of covered alternatives in class. http://www.orpdl.org | No: Approve for 1 year or length of prescription, whichever is less. |

DUR Board Action: 9/24/09(DO), 5/21/09
Revision(s): 1/1/10
Initiated: 1/1/10

Benign Prostatic Hypertrophy (BPH) Medications

Goal(s):

- BPH with urinary obstruction treatment is covered by OHP only when post-void residuals are at least 150ml.
- Cosmetic use for baldness is NOT covered.

Length of Authorization: 1 year

Covered Alternatives: Generic terazosin, doxazosin and prazosin available without PA;

Requires PA:

| GCN | Class | Generic | Brand |
|--------|-----------------------------|-------------|-----------|
| 045052 | Alpha Blocker | Alfuzosin | Uroxatral |
| 027546 | Alpha Blocker | Tamsulosin | Flomax |
| 037050 | 5-alpha reductase inhibitor | Finasteride | Propecia |
| 041440 | 5-alpha reductase inhibitor | Finasteride | Proscar |
| 051246 | 5-alpha reductase inhibitor | Dutasteride | Avodart |

Approval Criteria

| | | |
|--|--|---|
| 1. What is the diagnosis? | Record ICD9 code. | |
| 2. Is the request for an alpha blocker, and does client have a diagnosis related to functional and mechanical disorders of the genitourinary system including bladder outlet obstruction? (592.1, 595.1, 596.0, 596.3-596.5, 596.54, 596.7-596.9, 598, 599.82-599.89) | Yes: Go to #3. | No: Go to #4. |
| 3. Has the client tried and failed a 2-month trial of a covered alternative alpha blocker (terazosin, doxazosin, prazosin)? | Yes: Approve an Alpha Blocker only for 1 year | No: Deny until client has tried and failed a covered alternative |
| 4. Does client have a diagnosis of BPH (Benign Prostatic Hypertrophy) or enlarged prostate with obstruction? (600.01, 600.11, 600.21, and 600.91; 788.2 + 600.xx see RPH notes) | Yes: Approve for 1 year | No: Go to #5. |
| 5. Does client have a diagnosis of unspecified urinary obstruction or benign prostatic hyperplasia without obstruction? (599.6, 600.00, 600.10, 600.20, and 600.90) | Yes: Pass to RPH; Deny, (Not Covered by the OHP). | No: Pass to RPH; Go to #6. |
| 6. RPH Notes only - All other indications need to be evaluated to see if they are above or below the line: <ul style="list-style-type: none"> Above the line covered diagnoses related to prostate may be approved for 1 year Below the line diagnoses (e.g. Hair growth) should be denied (Not Covered by the OHP). Alpha Blockers and 5-alpha reductase inhibitors (ARI) may be used concurrently for BPH up to 1 year. Alpha-blockers may be discontinued once prostate is reduced to normal size. 788.2 (retention of urine, obstructive); Ask for more specific diagnosis. If along with 600.01, 600.11, 600.21 or 600.91, then may approve. | | |
| Refer questions of coverage to DMAP. | | |

DUR Board Action: 5-22-08, 2-23-06
 Revision(s): 5-22-08 (*Aebi*), 7-1-06, 9-30-05
 Effective: 10-14-04 (previously excluded)

Buprenorphine Sublingual

Goal(s):

- Expand access to opioid addiction treatment.
- Treatment of pain remains a priority, including e.g. addicts with injury & illness. Buprenorphine would need to be held during opioid treatment, esp. long-acting opioids.

Clinical Guidelines for the Use of Buprenorphine in the Treatment of Opioid Addiction, TIP 40, available at <http://www.samhsa.gov> or <http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat5>

Length of Authorization: up to 6 months; 2 months if MD prescribing for immediate need pending certification.

Requires PA:

| GCN | Brand | Generic |
|------------------|----------|------------------------|
| 051640 051641 | Suboxone | buprenorphine/naloxone |
| 029312 029313 | Subutex | buprenorphine |

| Approval Criteria | | | | | | | | | | | | | |
|--|--|--|--|--------|---------------------------------------|--------|--|--------|---|--------|---|--|---|
| 1. What is the diagnosis being treated? | | Record ICD9 code | | | | | | | | | | | |
| 2. Is diagnosis one of the following?: | <table border="1" style="width: 100%; border-collapse: collapse;"> <tr style="background-color: #e0ffe0;"> <td style="padding: 2px;">304.00</td> <td style="padding: 2px;">Opioid type dependence unspecified use</td> </tr> <tr> <td style="padding: 2px;">304.01</td> <td style="padding: 2px;">Opioid type dependence continuous use</td> </tr> <tr style="background-color: #e0ffe0;"> <td style="padding: 2px;">304.02</td> <td style="padding: 2px;"></td> </tr> <tr style="background-color: #e0ffe0;"> <td style="padding: 2px;">304.70</td> <td style="padding: 2px;">Combinations of opioid type drug with other drug dependence unspecified use</td> </tr> <tr> <td style="padding: 2px;">304.71</td> <td style="padding: 2px;">Combinations of opioid type drug with any other drug dependence continuous.</td> </tr> </table> | 304.00 | Opioid type dependence unspecified use | 304.01 | Opioid type dependence continuous use | 304.02 | | 304.70 | Combinations of opioid type drug with other drug dependence unspecified use | 304.71 | Combinations of opioid type drug with any other drug dependence continuous. | Yes: Go to #3. No: Pass to RPH; Deny for medical appropriateness. | No: Pass to RPH; Deny for medical appropriateness. |
| 304.00 | Opioid type dependence unspecified use | | | | | | | | | | | | |
| 304.01 | Opioid type dependence continuous use | | | | | | | | | | | | |
| 304.02 | | | | | | | | | | | | | |
| 304.70 | Combinations of opioid type drug with other drug dependence unspecified use | | | | | | | | | | | | |
| 304.71 | Combinations of opioid type drug with any other drug dependence continuous. | | | | | | | | | | | | |
| 3. Is prescriber a Physicians Assistant or Nurse Practitioner? (NPs & PAs may not prescribe.) | | Yes: Pass to RPH. Deny for medical appropriateness. | No: Go to #4. | | | | | | | | | | |
| 4. Does prescribing physician have a Drug Addiction Treatment Act (DATA)-2000 waiver ID number (also termed a special X-DEA license or certification)? OR Prescriber provides copy of SAMSHA certification request pending with "Immediate Need" checked? (Once MD meets criteria SAMHSA may take 45 days to process.) <i>Note: Physicians do not have to list their license on the SAMHSA Buprenorphine Physician Locator web site, which is publicly available. Pharmacists may call the Buprenorphine Information Center at 1-866-BUP-CSAT to verify unlisted or application under review prescribers.</i> | | Yes: Document number or attach copy of the SMASHA request to PA record. Go to #6. | No: Go to #5. | | | | | | | | | | |

| | | |
|---|---|--|
| <p>5. Does MD qualify for waiver from separate registration?</p> <ul style="list-style-type: none"> ➤ Must have a valid DEA license, AND ➤ Board certified in addiction medicine, OR ➤ Employed by an opioid treatment program, OR ➤ Federally employed physicians (e.g. IHS or VA) | <p>Yes: Go to #6.</p> | <p>No: Pass to RPH; Deny for medical appropriateness.</p> <p>Encourage physician to get training & register at SAMSHA http://buprenorphine.samhsa.gov/howto.html or FAX "intent" form to 240-276-1630 at DEA.</p> |
| <p>6. Is patient concurrently on long-acting opioids (check claim record & inform prescriber of any current claims)?</p> <p>Examples of long-acting opioids include: methadone (e.g. Dolophine, Methadose) levodromoran long-acting morphine (e.g. MS Contin, Oramorph SR, Kadian, Avinza) long-acting oxycodone (e.g. OxyContin) fentanyl patches (e.g. Duragesic) Opana XR</p> | <p>Yes: Pass to RPH. Deny for medical appropriateness.</p> <p>DO NOT GIVE methadone, or any long-acting opiate CONCURRENTLY with buprenorphine. If currently on methadone, reduce to stable state of 30 mg methadone equivalent (methadone 40 = buprenorphine 6mg), then wait 24 hours to initiate buprenorphine</p> | <p>No: Go to #7.</p> |
| <p>7. Is patient concurrently on other opioids (check claim record & inform prescriber of any current claims in STC 40)?</p> | <p>Yes: Pass to RPH. Deny for medical appropriateness.</p> <p>If MD can provide rationale for concurrent therapy document in PA record & continue to #8.</p> | <p>No: Go to #8.</p> |
| <p>8. Is dose \leq 24 mg / day (may average every other day therapy, i.e. 48mg qod).</p> | <p>Yes: Go to #9.</p> | <p>No: Pass to RPH. DENY. Deny for medical appropriateness.</p> <p>If MD can provide rationale, document in PA record & continue to #9.</p> |
| <p>9. What is patient's pharmacy of choice?</p> <ul style="list-style-type: none"> ➤ Document pharmacy name & NPI or address in PA record. ➤ Lock patient into their pharmacy of choice for 6 months. ➤ Use reason code: Suboxone. | <p>Inform prescriber patient will be locked in to a single pharmacy for all prescriptions. Go to #10.</p> | |
| <p>10. What is the expected length of treatment? Document treatment length in PA record.</p> | <p>a) If Prescriber is waiting for SAMSHA certification (#3) subsequent approvals dependent on certification: Approve x 2months.</p> <p>b) If Prescriber is certified (#3): Approve for anticipated length of treatment or 6 months, whichever is shorter.</p> | |

DUR Board Action: 9/24/09 (REH), 5/21/09, 9/24/09

Revision(s):

Initiated: 1/1/10

Central Nervous System (CNS) Sedatives - Benzodiazepine Quantity Limit

Goal(s):

- Approve only for covered OHP diagnoses.
- Treatment of uncomplicated insomnia is not covered, but insomnia contributing to covered comorbid conditions is.
- Prevent adverse events associated with long-term sedative use.
- Clients coming onto the plan on chronic sedative therapy are grandfathered.(refer to criteria). Also see related Sedative Therapy Duplication edit. The safety and effectiveness of chronic sedative use is not established in the medical literature. There is a documented increased risk of serious adverse events in the elderly. See DUR Board Newsletter: http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume8/DURV8I1.html and [Http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume3/3_2.htm#chronic](http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume3/3_2.htm#chronic)

Length of Authorization: 6 months to 1 year, (criteria specific)

Covered Alternatives: Zolpidem (NDC's priced as generic), trazodone, mirtazapine, diphenhydramine or tricyclic antidepressants may be alternatives for some clients.

| | TC | HSN | GENERIC | BRAND |
|--|----|--------|----------------|----------|
| Requires PA: Quantity Exceeding Limit of 15 doses / 30 days | 47 | 001592 | Temazepam | Restoril |
| | 47 | 001593 | Flurazepam HCL | Dalmane |
| | 47 | 001594 | Triazolam | Halcion |
| | 47 | 001595 | Quazepam | Doral |
| | 47 | 006036 | Estazolam | Prosom |

Approval Criteria

| | | |
|---|---|---|
| 1. What is the diagnosis being treated? | Record the ICD9 code | |
| 2. Does client have diagnosis of insomnia with sleep apnea, ICD9: 780.51? | Yes: Go to #3. | No: Go to #4. |
| 3. Is client on CPAP? | Yes: Approve for up to 1 year. The use of CPAP essentially negates the sedative contraindication and they are often prescribed to help clients cope with the mask. | No: PASS TO RPH, DENY (Medical appropriateness). Due to the depressant effects of sedative/ hypnotics, sedative/hypnotics are contraindicated for this diagnosis and are not approvable. |
| 4. Is the client being treated for co-morbid depression, anxiety, bipolar disorder or panic (i.e. Is there an existing claim history of antidepressants, lithium, antipsychotics, or other appropriate mental health drugs)? | Yes: Approve for up to 1 year | No: PASS TO RPH, Go to #5. |
| 5. RPH only: Is diagnosis being treated a covered indication on the OHP and is there medical evidence of benefit of the prescribed sedative? All indications need to be evaluated as to whether they are above the line or below the line. | Above: Document supporting literature and approve up to 6 months with subsequent approvals dependent on f/u and documented response. | Below: Go to #6. |
| 6. RPH only: Is this a request for continuation therapy for client with history of chronic use where discontinuation would be difficult or unadvisable? <i>NOTE: Clients coming onto the plan on chronic sedative therapy are "grandfathered."</i> | Yes: Document length of treatment and last follow-up date. Approve for up to 1 year. | No: DENY (Medical Appropriateness) |

DUR Board Action: 5-18-06, 2-23-06, 11-10-05, 9-15-05, 2-24-04, 2-5-02, 9-7-01

Revision(s): 1-1-07, 7-1-06, 11-15-05

Initiated:

11-15-02

Central Nervous System (CNS) - Sedative Non-Benzodiazepines

Goal(s):

- Approve only for covered OHP diagnoses.
- Treatment of uncomplicated insomnia is not covered; insomnia contributing to covered co-morbid conditions is.
- Prevent adverse events associated with long-term sedative use. Clients coming onto the plan on chronic sedative therapy (continuously for >90) are “grandfathered.” (Refer to criteria).
 - See related **Sedative Therapy Duplication** edit. The safety and effectiveness of chronic sedative use is not established in the medical literature. There is a documented increased risk of serious adverse events in the elderly.
 - See **DUR Board Newsletter**:
http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume8/DURV811.html and
Http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume3/3_2.htm#chronic

Length of Authorization: 6 months to 1 year, (criteria specific)

Covered Alternatives:

| | |
|--|---|
| <ul style="list-style-type: none"> ➤ Zolpidem (NDC's priced as generic) ➤ Trazodone ➤ Mirtazapine ➤ Diphenhydramine ➤ Tricyclic antidepressants | <p>May be alternatives for some clients.</p> |
|--|---|

Benzodiazepine sedatives are available for short-term (15 doses/30days) without PA.

Requires PA:

| TC | HSN | GENERIC | BRAND |
|----|--------|-------------|-------------------------------|
| 47 | 007842 | ** | Ambien, Ambien CR, Ambien PAK |
| 47 | 020347 | Zaleplon | Sonata |
| 47 | 026791 | Eszopiclone | Lunesta |
| 47 | 033126 | Ramelteon | Rozerem |

* Quantity Limit edit does not apply to Non-Benzodiazepines
 **for HSN 007842, GCNs 019187 and 019188 are exceptions

Approval Criteria

| | | |
|---|---|---|
| 1. What is the diagnosis? | Record the ICD9 code. | |
| 2. Does client have diagnosis of insomnia with sleep apnea, ICD9: 780.51? | Yes: Go to #3. | No: Go to #4. |
| 3. Is client on CPAP? | Yes: Approve for up to 1 year. The use of CPAP essentially negates the sedative contraindication and they are often prescribed to help clients cope with the mask. | No: Pass to RPH; Deny, (Medical appropriateness). Sedative/hypnotics, due to depressant effect, are contraindicated for this diagnosis and are not approvable. |

| | | |
|---|--|---|
| <p>4. Is the client being treated for:</p> <ul style="list-style-type: none"> ✓ Co-morbid depression, ✓ Anxiety, ✓ Bipolar disorder or ✓ Panic <p>(i.e. Is there an existing claim history of:</p> <ul style="list-style-type: none"> ✓ Antidepressants, ✓ Lithium, ✓ Antipsychotics, or ✓ Other appropriate mental health drugs)? | <p>Yes: Approve for up to 1 year</p> | <p>No: Pass to RPH; Go to #5.</p> |
| <p>5. RPH only: Is diagnosis being treated a covered indication on the OHP and is there medical evidence of benefit of the prescribed sedative?</p> <p>All indications need to be evaluated as to see if they are above the line or below the line.</p> | <p>Above: Document supporting literature and approve up to 6 months with subsequent approvals dependent on f/u and documented response.</p> | <p>Below: Go to #6.</p> |
| <p>6. RPH only: Is this a request for continuation therapy for client with history of chronic use where discontinuation would be difficult or unadvisable?</p> <p><i>NOTE: Clients coming onto the plan on chronic sedative therapy are "grandfathered."</i></p> | <p>Yes: Document length of treatment and last follow-up date. Approve for up to 1 year.</p> | <p>No: Deny, (Medical Appropriateness)</p> |

DUR Board Action: 5-18-06, 2-23-06, 11-10-05, 9-15-05, 2-24-04, 2-5-02, 9-7-01
Revision(s): 1-1-07, 7-1-06, 11-15-05
Initiated: 11-15-02

Central Nervous System (CNS) – Sedatives- Therapeutic Duplication

Goal(s):

- Prevent duplicate sedative use.
- Approve only for covered OHP diagnoses.
- Treatment of uncomplicated insomnia is not covered; insomnia contributing to covered comorbid conditions is.
- **Also see related Benzo Quantity edit and Non-benzo Sedative edit.**
- The safety and effectiveness of chronic sedative use is not established in the medical literature. There is a documented increased risk of serious adverse events in the elderly. See DUR Board Newsletter: http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume8/DURV811.html and http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume3/3_2.htm#chronic

Length of Authorization: 1 month

Covered Alternatives:

| | |
|--|--|
| <ul style="list-style-type: none"> ➤ Trazodone ➤ Mirtazapine ➤ Diphenhydramine ➤ Tricyclic antidepressants | <p>May be alternatives for some clients.</p> |
|--|--|

Requires PA: The plan prohibits the client from receiving two oral sedative medications at the same time. POS system screens duplicate oral sedative claims in the prior 30 days. If client has a covered diagnosis, treatment with any single agent is approvable.

Benzodiazepine sedatives, zolpidem & zaleplon in TC=47

| TC | HSN | GENERIC | BRAND |
|----|--------|----------------|-------------------------------|
| 47 | 001592 | Temazepam | Restoril |
| 47 | 001593 | Flurazepam HCL | Dalmane |
| 47 | 001594 | Triazolam | Halcion |
| 47 | 001595 | Quazepam | Doral |
| 47 | 006036 | Estazolam | Prosom |
| 47 | 007842 | Zolpidem | Ambien, Ambien CR, Ambien PAK |
| 47 | 020347 | Zaleplon | Sonata |
| | 026791 | Eszopiclone | Lunesta |
| | 033126 | Ramelteon | Rozerem |

Approval Criteria

| | | |
|---|--|--|
| 1. What is the diagnosis being treated? | Record the diagnosis, ICD9 code and reject the internal error code | |
| 2. Is this a switch in sedative therapy due to intolerance, allergy or ineffectiveness? | <p>Yes: Document reason for switch and approve duplication for 30 days.</p> | <p>No: Pass to RPH; Deny, (Medical appropriateness). There is no evidence to support the use of two different sedatives concurrently. Continuous use of a single sedative is approvable for covered diagnoses. (See benzo quantity limit sedative and non-benzo PA)</p> |

DUR Board Action: 5-18-06
 Revision(s):
 Initiated: 1/1/07

Central Nervous System (CNS) – Stimulants

Goal(s):

- Cover stimulants only for OHP covered diagnoses (e.g. ADHD, narcolepsy).
- Restrict to doses supported by medical literature and promote preferred drugs in class.
- The long-term effects of stimulants are unknown. Adverse events are more frequently associated with high doses. However, effectiveness is not linearly associated with dose and promote preferred drugs in class.

Initiative: CNS Stimulants (Non-PDL & Excessive Dose)

Length of Authorization: 1 month, 2 month or 1 year, (criteria specific)

Check the reason for PA request:

- Non-Preferred drugs will deny on initiation.
- Preferred drugs will deny only when maximum dose is exceeded.
- When a PA is entered, clients are locked into the per day quantity we enter in our PA. If the dose is increased, claims will reject for “plan limitations”. If that happens and the client is still meeting criteria, then end the old PA and enter a new one with the updated directions.

Preferred Alternatives: Listed at: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

PA does NOT concern drugs in STC 07 or 11, however, these drugs are not to be encouraged. The State is prohibited from prior authorizing Class 11 drugs by statute. These include:

- armodafinil (Nuvigil)
- atomoxetine (Strattera)
- modafanil (Provigil)

| Approval Criteria | | |
|--|--|--------------------------------------|
| 1. What diagnosis is the stimulant being used to treat? | Record ICD9 code | |
| 2. Is diagnosis one of the following?: ADHD (ICD9 314-314.01); Narcolepsy (ICD9 341) Drug-induced sedation (ICD9 292.89)? | Yes: Go to #4. | No: Go to #3. |
| 3. Is the diagnosis above the line? Unspecified hypersomnia (ICD9 780.54) and Obesity treatment (278.0 - 278.1) are below the line.. | No: Pass to RPH; Deny, (Not Covered by the OHP) | Yes: Go to #4. |
| 4. Is drug requested preferred? | Yes: Go to #7. | No: Go to #5. |
| 5. Is this continuation of therapy (claim indicating prescription filled within prior 90 days)? | Yes: Document prior prescription drug & date in PA record. Go to #7. | No: Go to #6. |
| 6. Will the prescriber consider a change to a preferred product? Message: <ul style="list-style-type: none"> • Preferred products do not require PA for FDA approved doses. • Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml | Yes: Inform provider of covered alternatives in class and dose limits. http://www.dhs.state.or.us/policy/healthplan/guides/Pharmacy/main.html | No: Go to #7. |
| 7. Is dose greater than limits in table below? | Yes: Go to #8. | No. Approve for up to 1 year. |

| | | |
|--|---|---|
| 8. Is the prescriber a psychiatrist? | Yes: Approve for up to 1 year | No: Go to #9. |
| 9. Is the patient < 18 years old? | Yes: Go to #10. | No: Pass to RPH; Deny, (Medical Appropriateness) Dose exceeds maximum recommended dose |
| 10. How much does the patient weigh? | Document patient's weight and continue to #11. | |
| 11. Is the patient receiving an accumulative dose that EXCEEDS 2mg/kg/day of methylphenidate products or EXCEEDS 0.5mg/kg/day of amphetamine products? | Yes: Pass to RPH; Deny. (Medical Appropriateness) - Dose exceeds maximum recommended dose. Consider switching to an alternative stimulant drug class or assessing compliance with the current therapy. | No: Approve for up to 1 year. |

Additional Criteria for Pharmacists:

If a client does not meet criteria and has been established on high doses (long term use), then:

1. A 1-month PA may be entered to allow time for the provider to collect the necessary information (i.e. patient's weight).
2. A 2-month PA may be entered to allow the physician to taper the patient down to acceptable doses.
3. If neither #1 nor #2 is acceptable to the prescriber, a 1-month PA may be entered; refer them for provider reconsideration and Medical Director review.

See Maximum Recommended Dose Limits for Stimulants next page.

MAXIMUM RECOMMENDED DOSE LIMITS FOR STIMULANTS

| HICL 001682 Methylphenidate (>90mg) | | |
|--|-------------------|--------------------|
| Brand | Strength | Daily Limit |
| Methylin/Ritalin | 5mg tab | 18 |
| Methylin/Ritalin | 10mg tab | 9 |
| Methylin/Ritalin | 20mg tab | 4 |
| Metadate ER, Methylin ER, Ritalin SR | 20mg ER/SR tab | 4 |
| Metadate ER, Methylin ER | 10mg ER tab | 9 |
| Metadate CD | 10mg CD cap | 9 |
| Metadate CD | 20mg CD cap | 4 |
| Metadate CD | 30mg CD cap | 3 |
| Metadate CD | 40mg CD cap | 2 |
| Metadate CD | 50mg CD cap | 1 |
| Metadate CD | 60mg CD cap | 1 |
| Ritalin LA | 10mg LA cap | 9 |
| Ritalin LA | 20mg LA cap | 4 |
| Ritalin LA | 30mg LA cap | 3 |
| Ritalin LA | 40mg LA cap | 2 |
| Concerta | 18mg tab | 5 |
| Concerta | 27mg tab | 3 |
| Concerta | 36mg tab | 2 |
| Concerta | 54mg tab | 1 |
| Methylin | 2.5mg chew tab | 36 |
| Methylin | 5mg chewable tab | 18 |
| Methylin | 10mg chewable tab | 9 |
| Methylin | 5mg/5ml soln. | 90mls |
| Methylin | 10mg/5ml soln. | 45mls |
| HICL 022987 Dexmethylphenidate (>20mg) | | |
| Brand | Strength | Daily Limit |
| Focalin | 2.5 mg tab | 8 |
| Focalin | 5mg tab | 4 |
| Focalin | 10mg tab | 2 |
| Focalin XR | 5mg XR cap | 4 |
| Focalin XR | 10mg XR cap | 2 |
| Focalin XR | 20mg XR cap | 1 |
| HICL 002067 Methamphetamine (>60mg) | | |
| Brand | Strength | Daily Limit |
| Desoxyn | 5mg tab | 12 |
| Desoxyn | 10mg tab | 6 |
| Desoxyn | 5mg SA tab | 12 |
| Desoxyn | 10mg SA tab | 6 |
| Desoxyn | 15mg SA tab | 4 |

| HICL 013449 Mixed Amphetamine Salts (>60mg) | | |
|---|-----------------|--------------------|
| Brand | Strength | Daily Limit |
| Adderall | 5 mg tab | 12 |
| Adderall | 10mg tab | 6 |
| Adderall | 20mg tab | 3 |
| Adderall | 30mg tab | 2 |
| Adderall | 7.5mg tab | 8 |
| Adderall | 12.5mg tab | 5 |
| Adderall | 15mg tab | 4 |
| Adderall XR | 10mg XR cap | 6 |
| Adderall XR | 20mg XR cap | 3 |
| Adderall XR | 30mg XR cap | 2 |
| Adderall XR | 5 mg XR cap | 12 |
| Adderall XR | 15mg XR cap | 4 |
| Adderall XR | 25mg XR cap | 2 |

| HICL 002065 Dexroamphetamine (>40mg) | | |
|--|-----------------|--------------------|
| Brand | Strength | Daily Limit |
| Dexedrine Spansule | 5mg SA cap | 8 |
| Desedrine Soansule | 10mg SA cap | 4 |
| 2Dexedrine Spansule | 15mg SA cap | 2 |
| Dexedrine | 5mg/5ml elixir | 40mls |
| Dextrostat/Dexedrine | 5mg tab | 8 |
| Dextrostat | 10mg tab | 4 |
| Dextrostat | 15mg tab | 2 |

| HICL 034486 Lisdexamfetamine (>70mg) | | |
|--|-----------------|--------------------|
| Brand | Strength | Daily Limit |
| Vyvanse | 20mg | 2 |
| Vyvanse | 30mg | 2 |
| Vyvanse | 40mg | 1 |
| Vyvanse | 50mg | 1 |
| Vyvanse | 60mg | 1 |
| Vyvanse | 70mg | 1 |

| HICL 033556 Methylphenidate transdermal (>30mg) | | |
|---|-----------------|--------------------|
| Brand | Strength | Daily Limit |
| Daytrana | 10 mg | 1 |
| Daytrana | 15 mg | 1 |
| Daytrana | 20 mg | 1 |
| Daytrana | 30 mg | 1 |

DUR Board Action: 9-24-09 (DO), 12-4-08 (reh), 2-23-06, 11-10-05, 9-15-05, 5-12-05, 2-21-01, 9-6-00, 5-10-00
 Revision(s): 1-1-10, 7-1-06, 2-23-06, 11-15-05
 Initiated:

Cough and Cold Preparations

Goal(s):

- Limit use of cough and cold preparations to covered diagnoses.
- Symptomatic treatment of upper respiratory tract infections is not covered by the OHP.

Length of Authorization: 1 year

Covered Alternatives:

These generic preparations **DO NOT** require prior authorization:

| HSN | DRUG NAME (GENERIC) |
|--------|-----------------------------|
| 000271 | Guaifenesin |
| 000206 | Guaifenesin/Codeine PHOS |
| 000223 | Guaifenesin/D-methorphan HB |
| 002091 | Pseudoephedrine HCL |

PA Required:

All drugs (antihistamines and combinations) in TC = 16, 17 except those listed above.
 TC 16 = Cough Preparations/ Expectorants
 TC 17 = Cough and Cold Preparations

| Approval Criteria | | |
|--|---|---|
| 1. What is the diagnosis? | Record ICD9 code. | |
| 2. Is the diagnosis an OHP covered diagnosis? All indications need to be evaluated to see if they are covered diagnoses on the Oregon Health Plan list of prioritized services. http://egov.oregon.gov/DAS/OHPPR/HSC/current_prior.s.html | Yes: Above the line diagnosis: Go to #3. | No: Below the line diagnosis: Pass to RPH; Deny, (Not Covered by the OHP). Offer alternatives |
| 3. Has the client tried and failed or are they contraindicated to one of the covered alternatives listed above? | Yes: document failure. Approve for one year. | No: Pass to RPH; Deny, (Cost Effectiveness) |

DUR Board Action: 2-23-06
 Last Revision(s):
 Initiated: 1-10-08

Dispense As Written-1 (DAW-1) Reimbursement Rate

Brand Name and Multi-source

Goal(s):

- State compliance with US CFR 42 Ch.IV §447.512
- Encourage use of generics.
- Cover multi-source brand drugs at the higher reimbursement rate (DAW-1) only when diagnosis is covered by OHP and medically necessary.

Length of Authorization: 1 year

Covered Alternatives: Prior Authorization is NOT required when multi-source brands are dispensed with DAW codes other than DAW-1 and thus pay at State Maximum Allowable Cost (SMAC) or Federal Upper Limits (FUL) reimbursement rates.

SMAC and/or FUL are applied only when two or more A-rated generics are available from a manufacturer that participates in the Federal rebate program. SMAC and FUL prices and dispute forms are listed at: <http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/billing.html>

Requires PA: All multi-source drugs dispensed with a DAW-1 code (**except** narrow therapeutic index drugs listed below) as defined in ORS 414.325.

NO PA Required:

| Narrow-therapeutic Index Drugs that WILL PAY Without Prior Authorization | | |
|---|---------------------------------|-----------------------|
| HSN | Generic Name | Brand Name(s) |
| 001893 | Carbamazepine | Tegretol |
| 004834 | Clozapine | Clozaril |
| 004524 | Cyclosporine | Sandimmune |
| 010086 | Cyclosporine, modified | Neoral |
| 000004 | Digoxin | Lanoxin |
| 002849 | Levothyroxine | Levothroid, Synthroid |
| 008060 | Pancrelipase | Pancrease |
| 001879 | Phenytoin | Dilantin |
| 002812 | Warfarin | Coumadin |
| 008974 | Tacrolimus | Prograf |
| 000025 | Theophylline controlled-release | Various |
| HIC3-C4G | Insulin(s) | Various |

Approval Criteria: What is the diagnosis being treated with the branded drug?

| | | |
|--|--|--|
| 1. Is the diagnosis an OHP (DMAP) above the line diagnosis? | Yes: Go to #2. | No: Pass to RPH; Deny (Not Covered by the OHP). Offer alternative of using generic or pharmacy accepting generic price (no DAW-1) |
| 2. Is the drug requested an antiepileptic in Std TC 48 (e.g. Lamotrigine) or immunosuppressant in Spec TC Z2E (e.g. Cellcept) and is the client stabilized on the branded product? | Yes: Document prior use and approve for one year. | No: Go to #3. |
| 3. Does client have documented failure (either therapeutic or contraindications) on an AB-rated generic? (usually 2 weeks is acceptable) | Yes: Document date used and results of trial. Approve for one year. | No: Pass to RPH; Deny, (Cost Effectiveness) |

DUR Board Action: 2-23-06, 3-19-09, 12/3/09 (KK)
Revision(s): 7-1-06, 9-08, 7/1/09 (KK), 1/1/10 (KK)
Initiated: 6-16-03

Exclusion List

- Deny payment for drug claims for drugs that are only FDA-approved for indications that are not covered by the Oregon Health Plan.
- Other exclusionary criteria are in rules at:
<http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html>.

**Excerpt from
OAR 410-121-0147 Exclusions and Limitations
(DMAP Pharmaceutical Services Program)**

The following items are not covered for payment by the Division of Medical Assistance Programs (DMAP):

- (1) Drug Products for diagnoses below the funded line on the Health Services Commission Prioritized List;
- (2) Home pregnancy kits;
- (3) Fluoride for individuals over 18 years of age;
- (4) Expired drug products;
- (5) Drug Products from Non-Rebatable Manufacturers;
- (6) Drug products that are not assigned a National Drug Code (NDC) number;
- (7) Drug products that are not approved by the Food and Drug Administration (FDA);
- (8) Drug products dispensed for Citizen/Alien-Waived Emergency Medical client benefit type;
- (9) DESI drugs (see OAR 410-121-0420);
- (10) Medicare Part D covered drugs or classes of drugs for fully dual eligible clients;...

NOTE: Returns as “70 – NDC NOT COVERED”

| Approval Criteria | | |
|--|--|-----------------------|
| 1. What is the diagnosis? | Record the ICD9 code. | |
| 2. For what reason is it being rejected? | | |
| 2A. “70” NDC Not Covered (Transaction line states “Bill Medicare”) | Yes: Go to the Medicare B initiative in these criteria. | No: Go to #2B. |
| 2B. “70” NDC Not Covered (Transaction line states “Bill Medicare or Bill Medicare D”) | Yes: Informational Pa to bill specific agency | No: Go to #2C. |
| 2C. “70” NDC Not Covered (due to expired or invalid NDC number) | Yes: Informational PA with message <i>“The drug requested does not have a valid National Drug Code number and is not covered by Medicaid. Please bill with correct NDC number.”</i> | No: Go to #2D. |
| 2D. “70” NDC Not Covered (due to DME items) (Error code M5 –requires manual claim) | Yes: Informational PA (Need to billed via DME billing rules) 1-800-336-6016 | No: Go to #2E. |
| 2E. “70” NDC Not Covered (Transaction line states “Non-Rebatable Drugs”) | Yes: Pass to RPH, Deny, (Non-Rebatable Drug) with message <i>“The drug requested is made by company that does not participate in Medicaid Drug Rebate Program and is therefore not covered”</i> | No: Go to #2F. |

| | | |
|---|--|--|
| <p>2F. “70” NDC Not Covered (Transaction line states “DESI Drug”)</p> | <p>Yes: Pass to RPH, Deny, (DESI Drug) with message, <i>“The drug requested is listed as a “Less-Than-Effective Drug” by the FDA and not covered by Medicaid.”</i></p> | <p>No: Pass to RPH. Go to #3.</p> |
| <p>3. RPH only: “70” NDC Not Covered (Drugs on the Exclusion List) All indications need to be evaluated to see if they are above the line or below the line.</p> | <p>Above: Deny, yesterday’s date (Medically Appropriateness) and use clinical judgment to APPROVE for 1 month starting today to allow time for appeal.</p> <p>Message: <i>“Although the request has been denied for long term use because it is considered medically inappropriate, it has also been APPROVED for one month to allow time for appeal.”</i></p> | <p>Below: Deny, (Not Covered by the OHP)</p> <p>Message: <i>“The treatment for your condition is not a covered service on the Oregon Health Plan.”</i></p> |

If the MAP desk notes a drug is often requested for a covered indication, notify Lead Pharmacist so that policy changes can be considered for valid covered diagnoses.

See: Exclusion list next page.

Exclusion List

| Drug Code | Description | DMAP Policy |
|--|--|---|
| DCC = 1 | Drugs To Treat Impotency/ Erectile Dysfunction | Impotency Not Covered on OHP List |
| DCC = B | Fertility Agents | Fertility Treatment Not Covered on OHP List |
| DCC = D | Diagnostics | DME Billing Required |
| DCC= F, except HSN = 018751 002111 002112 002070 002113 016924 | Weight Loss Drugs | Weight Loss Not Covered on OHP List except In cases of co-morbidity. Exceptions are Prior Authorized |
| DCC= Y | Ostomy Supplies | DME Billing Required |
| HIC3= B0P | Inert Gases | DME Billing Required |
| HIC3= L1C | Hypertrichotic Agents, Systemic/Including Combinations | Cosmetic Indications Not Covered on OHP List |
| HIC3= Q6F | Contact Lens Preparations | Cosmetic Indications Not Covered on OHP List |
| HIC3=X1C | Iud's | DME Billing Required |
| HIC3=D6C | Alosetron Hcl | IBS Not Covered on OHP List |
| HIC3=D6E | Trgaserod | IBS Not Covered on OHP List |
| HIC3=L1D | Hyperpigmentation Agents | |
| HIC3=L3P | Astringents | |
| HIC3=L4A | Topical Antipruritic Agents | |
| HIC3=L5A; Except HSN= 002466 006081 (Podophyllin Resin) | Keratolytics | Acne, Warts, Corns/Calluses; Seborrhea Are Not Covered on OHP List |
| HIC3=L5B | Sunscreens | Cosmetic Indications, Acne, Atopic Dermatitis, Warts, Corns/Callouses; Diaper Rash, Seborrhea Are Not Covered on OHP List |
| HIC3=L5C | Abrasives | Cosmetic Indications, Acne, Atopic Dermatitis, Warts, Corns/Callouses; Diaper Rash, Seborrhea Are Not Covered on OHP List |
| HIC3=L5E | Anti Seborrheic Agents | Seborrhea Not Covered on OHP List |
| HIC3=L5G | Acne Agents | Acne Not Covered on OHP List |
| HIC3=L5H | Acne Agents, Topical | Acne Not Covered on OHP List |
| HIC3=L6A; Except HSN = 002577 002576 002574 002572 (Capsaicin) | Irritants | Acne, Atopic Dermatitis, Seborrhea, Sprains Not Covered on OHP List |
| HIC3=L7A | Shampoos | Cosmetic Indications, Seborrhea, Not Covered on OHP List |
| HIC3=L8A | Deodorants | Cosmetic Indications Not Covered on OHP List |
| HIC3=L8B | Antiperspirants | Cosmetic Indications Not Covered on OHP List |

Exclusion List (cont.)

| Drug Code | Description | DMAP Policy |
|--|--|--|
| HIC3=L9A | Topical Agents, Misc | Cosmetic Indications, Acne, Atopic Dermatitis, Warts, Corns/Callouses; Diaper Rash, Seborrhea, are Not Covered on OHP List |
| HIC3=L9B | Vit A Used for Skin | Acne Not Covered on OHP List |
| HIC3=L9C | Antimelanin Agents | Pigmentation Disorders Not Covered on OHP List |
| HIC3=L9D | Topical Hyperpigmentation Agent | Pigmentation Disorders Not Covered on OHP List |
| HIC3=L9F | Topical Skin Coloring Dy Agent | Cosmetic Indications Not Covered on OHP List |
| HIC3=L9I | Topical Cosmetic Agent; Vit A | Cosmetic Indications Not Covered on OHP List |
| HIC3=L9J | Hair Growth Reduction Agents | Cosmetic Indications Not Covered on OHP List |
| HIC3=Q5C | Topical Hypertrichotic Agents | Cosmetic Indications Not Covered on OHP List |
| HIC3=Q5K | Topical Immunosuppressants | Atopic Dermatitis Not Covered on OHP List |
| HIC3=Q6R, Q6U, Q6D | Antihistamine-Decongestant, Vasoconstrictor and Mast Cell Eye Drops | Allergic Conjunctivitis Not Covered on OHP List |
| HIC3= U5A, U5B, U5F & S2H plus HSN= 014173 | Herbal Supplements " Natural Anti-Inflammatory Supplements" - Not Including Nutritional Supplements such as: Ensure, Boost, Etc. | |
| HSN = 004045 + ROA = TOPICAL | Clindamycin Topical | Acne Not Covered on OHP List |
| HSN=003344 | Sulfacetamide Sodium/Sulfur Topical | Acne Not Covered on OHP List |
| HSN=008712, 004022 + ROA=TOPICAL | Erythromycin Topical | Acne Not Covered on OHP List |
| HSN=025510 | Rosac | Acne Not Covered on OHP List |
| TC = 93; Except HSN = 002363 (dextranomer) 002361 (zno) | Emmolients/Protectants | Cosmetic Indications, Acne, Atopic Dermatitis, Warts, Corns/Callouses; Diaper Rash, Seborrhea, Psoriasis Are Not Covered on OHP List |

DUR Board Action: 2-23-06
Revision(s): 9/1/06
Initiated: 10-01-04

Fentanyl transmucosal and buccal

The purpose of this prior authorization policy is to ensure that Actiq/Fentora/Onsolis is appropriately prescribed in accordance to FDA black box warning:

- *“Actiq/Fentora/Onsolis is indicated only for the management of breakthrough cancer pain in clients with malignancies who are already receiving and who are tolerant to opioid therapy for their underlying persistent cancer pain.*
- *Clients considered opioid tolerant are those who are taking at least 60 mg morphine/day, 50 mcg transdermal fentanyl/hour, or an equianalgesic dose of another opioid for a week or longer.*
- *Because life-threatening hypoventilation could occur at any dose in clients not taking chronic opiates, Actiq/Fentora/Onsolis is contraindicated in the management of acute or postoperative pain.*
- *This product must not be used in opioid non-tolerant clients. Actiq/Fentora/Onsolis is intended to be used only in the care of cancer clients and only by oncologists and pain specialists who are knowledgeable of and skilled in the use of Schedule II opioids to treat cancer pain.*
- *When prescribing do not convert patients from other fentanyl products on a mcg per mcg basis. Pharmacokinetic differences between products could cause fatal over dose.*
- *Caution should be used when combining Actiq/Fentora/Onsolis with CYP3A4 inhibitors. Increases in fentanyl concentrations could cause fatal respiratory depression.*
- *Patients and their caregivers must be instructed that Actiq/Fentora/Onsolis contains a medicine in an amount which can be fatal to a child. Patients and their caregivers must be instructed to keep all units out of the reach of children and to discard opened units properly.”*

Initiative: MAP: Actiq/Fentora

Length of Authorization: Up to 6 months (w/qty limit)

Covered Alternatives: Generic morphine solutions and hydromorphone, morphine or oxycodone tablets **DO NOT** require PA.

The following requires PA:

| GSN | GENERIC | BRAND |
|---|------------------|---------|
| 022358, 022360, 041339, 041340, 041341, 041342 | Fentanyl Citrate | Actiq |
| 061492, 061493, 063177, 061495, 061496, 061497 | Fentanyl Citrate | Fentora |
| 65552, 65553, 65554, 65555, 65556 | Fentanyl Citrate | Onsolis |

| Approval Criteria | | |
|---|--|---|
| 1. What is the diagnosis for which Actiq/Fentora/Onsolis is being requested? | | Record ICD9 code and reject/internal error code |
| 2. Is the pain diagnosis above the line or below the line? <i>(for DMAP, Actiq/Fentora/Onsolis is not limited to cancer pain but must be severe chronic pain)</i> | Above the line: go to #3. | Below the line: No, Pass to RPH; Deny, (Not Covered by the OHP). |
| 3. Is the prescriber an oncologist or pain specialist? | Yes: Go to #4. | No: Pass to RPH; Deny, (Medical Appropriateness), <i>with message:</i> <i>“The described use is not consistent with the FDA labeling which Actiq/Fentora/Onsolis be used only by oncologists and pain specialists who are knowledgeable of and skilled in the use of Schedule II opioids to treat cancer pain.”</i> |
| 4. Is client tolerant to opioids (Check profile), defined as chronic long-acting opioid dose of: <ul style="list-style-type: none"> • Morphine greater than 60 mg per day? OR • Transdermal fentanyl 50 mcg per hour? OR • Equianalgesic dose of another opioid for at least one week? | Yes: Go to #5. | No: Pass to RPH; Deny, (Medical Appropriateness), <i>with message:</i> <i>“Your request was reviewed and denied because it is not consistent with the FDA labeling. A trial of immediate release morphine or oxycodone is recommended prior to use of Actiq/Fentora/Onsolis.”</i> |
| 5. Has the client tried and failed immediate release morphine or oxycodone? OR is the client allergic, unable to swallow or intolerant to morphine and oxycodone? | Yes: Go to #6. | No: Pass to RPH; Deny, (Medical Appropriateness), <i>with message:</i> <i>“Your request was reviewed and denied based on the following: A trial of immediate release morphine or oxycodone is recommended prior to use of Actiq/Fentora/Onsolis.”</i> |
| 6. Is the quantity >4 doses per day? | Yes: Pass to RPH; Deny, (Medical Appropriateness), <i>with message:</i> <i>“Your request for a quantity greater than 4 has been denied because it exceeds limits.”</i> | No: Approve for up to 6 months with quantity limit of 4 lollipops/tablets per day (i.e. 120/30 days). |

DUR Board Action: 12-3-09 (KS), 9-15-05, 5-12-05
Revision(s): 4/1/08, 6/1/08, 1/1/10
Initiated: 9-1-06

Hormones – Growth Hormone

(Somatrem, Somatropin)

Goal(s): Cover drugs only for covered diagnoses and those where there is medical evidence of effectiveness and safety.

Length of Authorization: 3 months, 1 year, 2 years, lifetime (criteria specific)

Note: Criteria is divided into:

→ **Pediatric (<18 years old)**

- New therapy
- Renewal therapy

→ **Adult (≥18 years old)**

- New therapy
- Renewal therapy

→ **AIDS wasting**

- New therapy
- Renewal therapy

Requires PA: All drugs in HIC3 = P1A

| Brand | Generic | FDA Indications | Dosing |
|---|------------------------|------------------------------|----------------|
| Accretropin | Somatropin recombinant | GHD, Turner | Daily |
| Genotropin Genotroptin Miniquick | Somatropin | GHD, PWS, SGA, AGHD, Turner | Daily |
| Humatrope | Somatropin | GHD, Turner, AGHD, ISS, SHOX | Daily |
| Norditropin | Somatropin | GHD, AGHD, Turner, Noonan | Daily |
| Nutropin; Nutropin AQ; Norditropin Nordiflex | Somatropin | GHD, CRI, ISS, Turner, AGHD | Daily |
| Nutropin Depot | Somatropin | GHD | Monthly |
| Omnitrope | Somatropin recombinant | GHD, AGHD | Daily |
| Saizen | Somatropin | GHD, AGHD | Daily |
| Serostim | Somatropin | AIDS wasting | Daily |
| TEV-Tropin | Somatropin | GHD | 3 times / week |
| Zorbtive | Somatropin | Short Bowl Syndrome | Daily |

| Pediatric Approval Criteria (<18 years old) - New Therapy | | |
|--|---|---|
| 1. Is this a request for initiation of growth hormone? | Yes: Go to question #2. | No: Go to renewal therapy |
| 2. Is the prescriber a pediatric endocrinologist or pediatric nephrologist? | Yes: Document and go to #3. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 3. What is the diagnosis being treated? | Record ICD9 code and reject/internal error code go to #4. | |
| 4. Is the diagnosis one of the following? <ul style="list-style-type: none"> • Growth hormone deficiency (GHD) (253.2 – 253.5) • Turner's Syndrome (758.6) • Noonan Syndrome (759.89) • Pre-transplant chronic renal insufficiency (CRI) (593.9) • Prader - Willi Syndrome(PWS) (759.81) • Neonatal Hypoglycemia associated with Growth Hormone Deficiency | Yes: Document and go to #5. | No: Go to #4a. |
| 4.a. Is the diagnosis: promotion of growth delay in a child with 3 rd degree burns (ICD-9 codes 941.3-949.3)? | Yes: Document and send to DHS Medical Director for review and pending approval | No: Deny, (medical appropriateness) |
| 5. If male, is bone age <16 years? If female, is bone age <14 years? | Yes: Document and go to #6. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 6. Is there evidence of non-closure of epiphyseal plate? | Yes: Document evidence and approve for one year either (Child –Growth Failure) OR Female –Turner's Syndrome if applicable | No: Pass to RPH; Deny, (Medical Appropriateness) |

| Pediatric Approval Criteria (<18 years old) – Renewal Therapy | | |
|---|--|---|
| 1. Document approximate date of initiation of therapy and diagnosis (if not already done). | | |
| 2. Is growth velocity greater than 2.5 cm per year? | Yes: Document and go to next question. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 3. Is male bone age <16 yrs. And Is female bone age <14 yrs.? | Yes: Approve for one year. Document either (Child –Growth Failure) OR Female – Turner's Syndrome if applicable | No: Pass to RPH; Deny, (Medical Appropriateness) |

Adult Approval Criteria (≥ 18 years old) - New Therapy

| | | |
|--|--|---|
| 1. What is the diagnosis? | Record ICD9 code being treated. | |
| 2. Is diagnosis hypothalamic or pituitary disease? | Yes: Go to #3. | No: Go to next table (AIDS waiving) |
| 3. Is this a request for initiation of growth hormone treatment? | Yes: Go to #4. | No: Go to renewal criteria |
| 4. Is GHD due to a destructive lesion of the pituitary or peri-pituitary area, (for example, pituitary adenoma), or as a result of treatment, such as cranial irradiation, or surgery? | Yes: If complete hypopituitarism/panhypopituitarism, document and go to #6. Otherwise, document and go to #5. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 5. Does client have a provocative stimulation test < 5 ng/ml if measured by radioimmunoassay or < 2.5 ng/ml if measured by immunoradiometric assay? <i>The insulin tolerance test is the preferred testing method, but other secretagogues, such as arginine, GHRH, and L-dopa are acceptable. Clonidine is not acceptable.</i> | Yes: Document and go to #6. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 6. Is client receiving full supplementation of deficient pituitary hormones, such as thyroid, glucocorticoids, or gonadotropic hormones? | Yes: Document and go to #7. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 7. Does client have at least ONE of the following abnormalities or elevated risk factors associated with GH deficiency, as evidenced by one of the following: (Document in notes) <ul style="list-style-type: none"> Reduced bone mineral density (BMD) of greater than 1 SD below the mean, using the WHO criteria? OR High risk lipid profile (total cholesterol level ≥ 240mg/dl, or LDL level ≥ 190mg/dl) OR At least 2 pituitary hormone deficiencies (other than GH), such as TSH, ACTH, gonadotropins, or ADH. | Yes: Approve for 2 Years (Adult-Pituitary Insufficiency with Appropriate Testing) | No: Pass to RPH; Deny, (Medical Appropriateness) |

Adult Approval Criteria (≥ 18 years old) - Renewal Therapy (Required annually to check for therapy benefit)

| | | |
|---|--|---|
| At 2 years client must show improvement in their original qualifying risk factor as compared to baseline; subsequent renewals must show maintenance of gains. | Document the ONE that client used as qualifier in original approval. | |
| Has there been: <ul style="list-style-type: none"> Increase in bone mineral density (BMD) per DEXA scan? OR At least a 5% reduction in lipid panel OR | Yes: Document Approve for 1 year (Adult-Pituitary Insufficiency with Appropriate Testing) | No: Pass to RPH, DENY (Medical Appropriateness) |
| If client has: <ul style="list-style-type: none"> 2 pituitary hormone deficiencies no BMD or lipid | Yes: Document and Approve for lifetime (12-31-2036) (Adult-Pituitary Insufficiency) | No: Pass to RPH; Deny, (Medical Appropriateness) |

| | | |
|----------------|---------------------------|--|
| panel required | with Appropriate Testing) | |
|----------------|---------------------------|--|

| AIDS Wasting – New Therapy | | |
|---|--|---|
| 1. Is the diagnosis AIDS wasting as defined by CDC? | Yes: Go to #2. | No: Pass to RPH; Deny, (Medical Appropriateness) |
| 2. Is this a request for initiation of growth hormone treatment? | Yes: Go to #3. | No: Go to renewal criteria |
| 3. Has there been involuntary weight loss > 10% of pre-illness weight with one of the following? <ul style="list-style-type: none"> • Chronic diarrhea (at least two loose stools per day for 30 days or more)? OR • Chronic weakness and documented fever for 30 days in the absence of any condition other than HIV infection that could explain the findings? | Yes: Document weights, go #4. | No: Pass to RPH. Deny, (Medical Appropriateness) |
| 4. Is there documentation of failure with other wasting treatment modalities (e.g. Nutritional supplementation, dronabinol, megestrol or testosterone)? <i>Treatment failure is indicated by a lack of overall weight gain of at least 5% in lean body mass in a 6-month treatment duration.</i> | Yes: Document and approve for 3 months (AIDS Wasting) | No: Pass to RPH, Deny, (Medical Appropriateness) |

| AIDS Wasting– Renewal Therapy | | |
|--|--|---|
| Has client gained or maintained weight? | Yes: Document weight and approve for 3 months(AIDS Wasting) | No: Pass to RPH; Deny, (Medical Appropriateness) |

DUR Board Action: 9-18-08ca, 2-23-06, 11-18-03, 9-9-03,
Revision(s) 4-15-09, 10-1-03, 9/1/06
Initiated: 10-1-03

Hormones - Leuprolide

Approve for above-the-line conditions, such as central precocious puberty, endometriosis or prostate cancer and medically appropriate short-stature treatment.

Initiative: MAP: Leuprolide

Authorize through age 12 years in girls, age 13 years in boys.

Requires PA: Leuprolide in children and adolescents ages 10 through 18.

| GCN | Generic Drug Name | Label Name Desc |
|-------|--|------------------------------|
| 44964 | Leuprolide acetate intramusc 22.5mg disp syrin | Lupron depot 22.5 mg 3mo kit |
| 44967 | Leuprolide acetate sub-q 1mg/0.2ml kit | Lupron 2-wk 1 mg/0.2 ml kit |
| 44968 | Leuprolide acetate intramusc 30mg kit | Lupron depot-4 month kit |
| 44969 | Leuprolide acetate sub-q 1mg/0.2ml vial | Lupron 1 mg/0.2 ml vial |
| 44970 | Leuprolide acetate intramusc 7.5mg disp syrin | Lupron depot 7.5 mg kit |
| 44980 | Leuprolide acetate intramusc 11.25mg kit | Lupron depot 11.25 mg 3mo kt |
| 45017 | Leuprolide acetate intramusc 3.75mg kit | Lupron depot 3.75 mg kit |
| 47665 | Leuprolide acetate intramusc 11.25mg kit | Lupron depot-ped 11.25 mg kt |
| 47666 | Leuprolide acetate intramusc 7.5mg kit | Lupron depot-ped 7.5 mg kit |
| 47851 | Leuprolide acetate intramusc 15mg kit | Lupron depot-ped 15 mg kit |
| 50363 | Leuprolide acetate sub-q 7.5mg disp syrin | Eligard 7.5 mg syringe |
| 50857 | Leuprolide acetate sub-q 22.5mg disp syrin | Eligard 22.5 mg syringe |
| 51826 | Leuprolide acetate sub-q 30mg disp syrin | Eligard 30 mg syringe |
| 58789 | Leuprolide acetate sub-q 45mg disp syrin | Eligard 45 mg syringe |

| Approval Criteria | | |
|---|---|-----------------------------------|
| 1. What is the diagnosis being treated with leuprolide; what is the age and gender of the patient? | Record diagnosis and ICD9 code being treated. | |
| 2. Is the patient female & < 13 years old or male & < 14 years old? | Yes , Go to #3. | No : Pass to RPH; Go to #3 |
| 3. Is the diagnosis one of the following? -central precocious puberty (CPP) aka precocious sexual development & puberty NOC ICD-9 259.1; -endometriosis ICD-9 617.0-617.9; -prostate cancer ICD-9 185, 189, 198; -uterine fibroids 218.9 • Note that CPP is often associated with hydrocephalus, cranial irradiation, Silver-Russell syndrome, hypothalamic tumor, or hamartoma. • All above diagnosis & conditions are rare in children and adolescents. | Yes : Approve through: ➤ Age 12 for female ➤ Age 13 for male | No : Pass to RPH; Go to #4 |
| 4. RPH only All other indications need to be evaluated as to whether they are above the line or below the line. <ul style="list-style-type: none"> • If above: Deny, (Medical Appropriateness), e.g. when initial treatment not until age 10 years in girls, or age 12 years in boys; CPP beyond age 12 years in girls, or age 13 years in boys. Refer unique situations to Medical Director of DMAP. • If below: Deny, (Not Covered by the OHP), e.g unspecified psychosexual disorder, as sexual deviancy, or chemical castration as sexual disorder NOS, ICD-9 302.9 | | |

DUR Board Action: 9/20/07(reh)

Revision(s):

Initiated: Via Retro DUR 11/07, 7/1/09 via PA

Hormones - Testosterone

Goal(s):

- Cover only for covered diagnosis and for medically appropriate conditions.
- Use for body building is not covered.
- Use for sexual dysfunction is not covered.

Length of Authorization: 6 months

Covered Alternatives: Oral and IM testosterone DO NOT require PA.

Requires PA: HIC3 = F1A and ROA = TRANSDERM

| Drug Code | Brand Name | Generic Name |
|------------------------------|--------------------------|---------------------------------------|
| GCN = 021606 & 021607 | Testoderm patch | Testosterone patch |
| GCN = 045215 & 045216 | AndroGel, Testim | Testosterone gel |
| GCN = 024137, 031376, 057874 | Androderm, Testoderm TTS | Testosterone patch |
| GCN=045972, 051614 | First-Testosterone | Testosterone Cream or Ointment |
| GCN = 029239 | DHEA | Prasterone w/ Vitamin E cream |

| Approval Criteria | | |
|---|--|--|
| 1. What is the diagnosis being treated with topical testosterone? | Record the ICD9 code being treated with topical testosterone. | |
| 2. Does the diagnosis for the medication requested include any of the following? <ul style="list-style-type: none"> Ovarian failure (256.31, 256.39) Testicular Hypofunction (257.2) Hypopituitarism and related disorders (253.2, 253.4, 253.7, 253.8) AIDS-related cachexia (253.2) | Yes: Approve medication x 6 mos (use appropriate PA reason) | No: Pass to RPH RPH go to #3. |
| 3. RPH only All other indications need to be evaluated to see if they are above the line or below the line. | Above: Deny, (Medical Appropriateness) | Below: Deny, (Not Covered by the OHP) |

DUR Board Action: 2-23-06, 2-21-01, 9-6-00
Revision(s): 9/1/06

Laxatives (Selected Laxatives)

Length of Authorization: 4 weeks to 12 months

Not covered by OHP: Disorders of function of stomach and other functional digestive disorders (ICD-9: 536.0-536.3, 536.8-536.9, 537.1-537.2, 537.5-537.6, 537.89, 537.9, 564.0-564.7, 564.9). This includes chronic constipation and Irritable Bowel Syndrome.

Covered Alternatives (do not require prior authorization): lactulose, senna, sorbitol, polyethylene glycol (PEG, Miralax, Glycolax) and all other FDA approved laxatives.

Requires PA:

| GCN | Brand | Generic |
|----------------|----------|--------------------------|
| 060341, 063946 | Amitiza | Lubiprostone |
| 064008, 064011 | Relistor | Methylnaltrexone Bromide |

| Approval Criteria | | |
|---|---|---|
| 1. What is the diagnosis and ICD9 code being treated? | Record the ICD9 code. | |
| 2. Is request for methylnaltrexone (Relistor)? | Yes: Go to #3. | No: Go to #4. |
| 3. Does the patient average < 3 spontaneous bms per week for at least 4 weeks AND have life expectancy less than 6 months AND continuous opioids for \geq 60 days? | Yes: Go to #8. | No: Pass to RPH; Deny, Medical Appropriateness (only approvable for late-stage, advanced illness in a chronic condition or cancer, receiving continuous opioids) |
| 4. Is the diagnosis IBS (564.1)? | Yes: Pass to RPH, Deny Not Covered by the OHP. | No: Go to #5. |
| 5. Is the diagnosis constipation (564.0, 564.2-564.7, 564.9) or gastroparesis (536.3)? | Yes: Go to #6. | No: Pass to RP Go to #9. |
| 6. Is the constipation or gastroparesis secondary to one of the following?: <ul style="list-style-type: none"> ✓ Cancer (140-239) ✓ Diabetes (250) ✓ Neurologic disorders (330-337) | Yes: Go to #7. | No: Pass to RPH Go to #9. |
| 7. Is patient \geq 18 years old? | Yes: Go to #8. | No: Pass to RPH; Deny, Medical Appropriateness |

8. Has patient failed, or become intolerant to, an adequate trial (2 weeks) of at least 3 of the following categories?

| | |
|----------|---|
| A | Dietary modification—increased dietary fiber (25 g/day) |
| B | Fiber supplementation/bulk laxatives (Psyllium, Metamucil, Perdiem, Fibercon, etc) |
| C | Saline laxatives (milk of magnesia, magnesium citrate, Fleet phospho-soda, etc) |
| D | Stimulant laxative (senna, bisacodyl, cascara sagrada, etc) |
| E | Lactulose, sorbitol or polyethylene glycol (Miralax, Glycolax, etc) |

Yes: Approve for 4 months. Continued coverage will be dependent on documentation to support clinical response and lack of adverse effects to therapy.

No: Pass to RPH. Go to #9.

9. RPH only

- All other indications need to be evaluated to see if they are above or below the line.
- Lubiprostone (Amitiza): IBS not approvable. Chronic constipation secondary to an above the line diagnosis not listed above is approvable if medically appropriate and #7 & #8 are met.
- Methylnaltrexone (Relistor) is only approvable for late-stage, advanced illness in a chronic condition or cancer, receiving continuous opioids. Use beyond 4 months has not been studied. No efficacy or safety RCT's beyond 2 weeks have been done to date.

DUR Board Action: 12/4/08klk, 3/19/09

Revision(s):

Initiated: 7/1/09

Leukotriene Inhibitors

Goal(s):

- Approve montelukast only for covered diagnosis.
- Allergic rhinitis treatment is covered by the OHP only when complicated by other diagnoses (e.g. Asthma, sleep apnea).
- Promote use that is consistent with Oregon Asthma Guidelines and medical evidence.
[Http://www.oregon.gov/DHS/ph/asthma/pubs.shtml#oregon](http://www.oregon.gov/DHS/ph/asthma/pubs.shtml#oregon)

Length of Authorization: 6 months or 2 years, (diagnosis specific)

Covered Alternatives:

Allergic Rhinitis: certirizine, chlorpheniramine, diphenhydramine, loratidine & hydroxyzine DO NOT require prior authorization.

Asthma: oral corticosteroid inhalers (see preferred drug list options at http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml), long-acting beta-agonist inhalers and zafirlukast (Accolate) DO NOT require prior authorization.

Requires PA: Singulair (montelukast) HSN= 016911

| Approval Criteria | | |
|--|--|---|
| 1. What is the diagnosis being treated? | Record the ICD9 code. | |
| 2. Does client have asthma or reactive airway disease (ICD-9: 493.xx)? | Yes: Approve for 2 years | No: Go to #3. |
| 3. Does client have diagnosis allergic rhinitis, allergic conjunctivitis, or chronic rhinitis/pharyngitis/nasopharyngitis? (ICD-9: 472.xx, 372.01-05, 372.14, 372.54, 372.56, 477.xx, 995.3, V07.1) | Yes: Go to #4. | No: Go to #6. |
| 4. Does client have other co-morbid conditions or complications that are above the line? <ul style="list-style-type: none"> Acute or chronic inflammation of the orbit (376.0 – 376.12) Chronic Sinusitis (473.xx) Acute Sinusitis (461.xx) Sleep apnea (327.20,327.21,327.23-327.29,780.51, 780.53, 780.57) Wegener’s Granulomatosis (ICD-446.4) | Yes: Go to #5. | No: PASS to RPH; Deny, (Not Covered by the OHP). |
| 5. Does client have contraindications (e.g. Pregnant) or had insufficient response to at least 2 available alternatives? Document. | Yes: Approve 6 months | No: Pass to RPH; Deny, (Cost-Effectiveness) |
| 6. Is the diagnosis COPD(496) or Obstructive Chronic Bronchitis? (491.1-491.2) | Yes: Pass to RPH; Deny, (Medical Appropriateness). Leukotriene not indicated | No: Pass to RPH; Go to #7. |

| | | |
|---|---|--|
| <p>7. Is the diagnosis Chronic Bronchitis? (491.0, 491.8, 491.9)</p> | <p>Yes: Pass to RPH; Deny, (Not Covered by the OHP) MESSAGE: <i>“The treatment for your condition is not a covered service on the Oregon Health Plan.”</i></p> | <p>No: Pass to RPH Go to #8.</p> |
| <p>8. RPH only: Is the diagnosis above the line or below the line?</p> | <p>Above: Deny with yesterday’s date (Medically Appropriateness)</p> <p>Use clinical judgment to APPROVE for 1 month starting today to allow time for appeal.</p> <p>MESSAGE: <i>“Although the request has been denied for long term use because it is considered medically inappropriate, it has also been APPROVED for one month to allow time for appeal.”</i></p> | <p>Below: Deny, (Not Covered by the OHP) <i>“The treatment for your condition is not a covered service on the Oregon Health Plan.”</i></p> <p>(e.g. URI-465.9 or Urticaria-708.0,708.1,708.5,708.8,995.7, should be denied)</p> |

Refer questions regarding coverage to DMAP.

DUR Board Action: 9-18-08reh, 2-23-06, 9-14-04, 5-25-04
Revision(s): 7-1-09, 9-1-6, 7-1-06, 5-31-05, 4-1-05 Re-established,
Suspended 12-17-04
Initiated: 11-18-04

Lyrica (Pregabalin)

Goal(s):

- Cover pregabalin only for above-the-line diagnoses that are supported by the medical literature (e.g. Epilepsy, diabetic neuropathy, post-herpetic neuralgia).
- Pregabalin has not demonstrated superiority to other first-line treatments for neuropathic pain and its use should be reserved for treatment failure.

Length of Authorization: 90 days to Lifetime (criteria specific)

Covered Alternatives: Anxiety: SSRIs, TCAs, Benodiazepines, Buspirone
 Neuropathic pain: TCAs, Tramadol, Carbamazepine, Gabapentin

Requires PA: Pregabalin (Lyrica) HSN=026470

| Approval Criteria | | |
|---|--|---|
| 1. What is the diagnosis being treated? | Record the ICD9 code. | |
| 2. Does client have diagnosis of epilepsy? (ICD-9 code 345.0-345.9, 780.39, or 907.0) | Yes: Approve for lifetime (until 12-31-2036) | No: Go to #3. |
| 3. Does the client have rheumatism, unspecified or fibrositis, fibromyalgia/ myalgia or myositis or below the line neuralgia/neuritis? (729.0, 729.1 or 729.2) | Yes: Pass to RPH; Go to #7 | No: Go to #4. |
| 4. Does client have diagnosis of one the following? <ul style="list-style-type: none"> • Diabetic neuropathy (ICD9: 250.6 & subsets) – Document diabetic therapy (supporting meds) • Post-herpetic neuralgia (ICD9: 053 & subsets) • Trigeminal and other above the line neuralgias (ICD9 350, 352) | Yes: Go to #5. | No: Go to #6. |
| 5. Has the client tried or are they contraindicated to gabapentin AND one of the following? <ul style="list-style-type: none"> • Tcas • Carbamazepine Document drugs tried or contraindications. | Yes: Approve for 90 days with subsequent approvals dependent on documented* positive response for lifetime (12-31-2036) <i>* Documented response means that follow-up and response is noted in client's chart per clinic staff</i> | No: Pass to RPH; Deny, (Medical Appropriateness) and recommend trial of covered alternative. |
| 6. Does the client have an anxiety disorder (ICD9 300xx) | Yes: Go to #7. | No: Go to #8. |
| 7. Has the client tried or are they contraindicated to at least two of the following drug classes? <ul style="list-style-type: none"> • Ssris • Tcas • Benzodiazepines • Buspirone Document drugs tried. | Yes: Approve for 90 days with subsequent approvals dependent on documented* positive response for lifetime (12-31-2036) approval. | No: Pass to RPH; Deny, (Medical Appropriateness) and recommend trial of covered alternative. |

8. Pass to RPH

- For Bipolar affective disorder: there is no data to support its use for this indication,(Deny Medical Appropriateness) recommend other alternatives (lithium, valproate, carbamazepine, lamotrigine)
- For Migraine prophylaxis: there is no data to support its use for this indication,(Deny Medical Appropriateness) recommend other alternatives (beta-blockers, calcium channel blockers, valproate, gabapentin, tcas) Refer to American Academy of Neurology Guideline <http://www.neurology.org/cgi/reprint/55/6/754.pdf>
- If clinically warranted, may DENY yesterdays date (Medical Appropriateness) and use clinical judgement to APPROVE for 1 month starting today to allow time for appeal.
- **MESSAGE:**"Although the request has been denied for long term use because it is considered medically inappropriate, it has also been APPROVED for one month to allow time for appeal."

All other indications need to be evaluated to see if diagnosis is above or below the line:

- Above the line neuropathies found in table 1 (*list is not all inclusive*) may be approved for 90 days with subsequent approvals dependent on documented positive response.(*Documented response means that follow-up and response is noted in client's chart per clinic staff*) **ALSO see footnote****
- Below the line neuropathies such as those found in table 2 (*list is not all inclusive*) that are related to above the line diagnoses found in table 3 may be approved for 90 days with subsequent approvals dependent on documented positive response.(*Documented response means that follow-up and response is noted in client's chart per clinic staff*) **ALSO see footnote****

Below the line diagnoses should be **DENIED (Not covered by the OHP)**

**** Please forward any neuropathy/neuralgia ICD-9 codes not found in the Table 1 to the Lead Pharmacist. These codes will be forwarded to DMAP for consideration.**

Table 1 – Examples of other above the line neuropathies.

| ICD-9 | Description |
|---------------|---|
| 337.0 | Idiopathic Peripheral autonomic neuropathy |
| 354.2 | Ulnar nerve lesion |
| 356 – 356.9 | Hereditary and idiopathic peripheral autonomic neuropathy |
| 357.89, 357.9 | Inflammatory Polyneuropathy |
| 723.4 | Brachial neuritis or radiculitis |
| 724.4 | Thoracic or Lumbosacral neuritis or radiculitis unspecified |

Table 2 – Examples of below the line diagnosis that can be approved ONLY if due to a condition that is found in Table 3

| ICD-9 | Description |
|-------|--|
| 337.2 | Reflex sympathetic dystrophy |
| 337.3 | Autonomic Dysreflexion |
| 724.3 | Sciatica –Neuralgia or neuritis of sciatic nerve |
| 729.1 | Myalgia Myositis |
| 729.2 | Neuralgia/Neuritis and Radiculitis Unspecified |

Table 3 – Above line condition that can be the basis of below line neuropathy found in Table 2.

| ICD-9 | Above the line Condition |
|-------|--|
| 336.9 | Unspecified disease of spinal cord |
| 340 | Multiple sclerosis |
| 344.0 | Quadraplegia |
| 344.1 | Paraplegia |
| 754.2 | Scoliosis |
| 737.3 | Kyphoscoliosis |
| 907.0 | Late effects of injuries to nervous system |

DUR Board Action:(9-20-2007, 11-29-2007)

Revision(s):

Initiated: 4/1/08

Marinol (Dronabinol)

Goal:

Cover drugs only when used for covered OHP diagnoses, and restrict use to instances where medical evidence supports use (e.g. Nausea associated with chemotherapy). There is limited medical evidence supporting the use of dronabinol for many conditions.

http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/reviews/articles/dronabinol.html

Length of Authorization: 6 months to lifetime (criteria specific)

Covered Alternatives: Metoclopramide (Reglan),
 Prochlorperazine (Compazine)
 Promethazine (Phenergan)
 5 HT3 antagonists (Zofran, Anzemet, or Kytril) – PA'D for >3 days.

Requires PA: HSN = 001955 dronabinol (MARINOL)
 No quantity limits for Oncology (cancer) related antiemetic use.

Quantity Limits: 2.5mg & 5mg - - 3 units / day
 10mg - - 2 units / day
 Apply **only** to AIDS/HIV related anorexia and Non-Oncology related antiemetic use

Approval Criteria

| 1. What is the diagnosis being treated? | Record the ICD9 code being treated. | | | | | | | | | |
|---|---|--|----------------|--------|------------------|-----------|--------------|-----------|--|--|
| 2. Does client have diagnosis of anorexia associated with AIDS? HIV? | Yes: Approve for lifetime (until 12-31-2036) Apply quantity limit (Anorexia associated with AIDS/HIV) | No: Go to #3. | | | | | | | | |
| 3. Does client have current diagnosis of cancer AND receiving chemotherapy or radiation therapy? | Yes: Approve for length of chemo or radiation therapy. No quantity limit. (Chemotherapy or Radiation, whichever is applicable) | No: Go to #4. | | | | | | | | |
| 4. Does client have refractory nausea that would require hospitalization or ER visits? | Yes: Go to #5. | No: Go to #7. | | | | | | | | |
| 5. Has client tried two medications listed below? | Yes: Approve for up to six months. Apply quantity limit (Refractory Nausea With Failure of Alternative Meds) | No: Go to #6. | | | | | | | | |
| <table border="1" style="width: 100%; border-collapse: collapse; margin-bottom: 5px;"> <thead> <tr style="background-color: #002060; color: white;"> <th style="padding: 2px;">Generic Name</th> <th style="padding: 2px;">Brand Name</th> </tr> </thead> <tbody> <tr style="background-color: #fff9c4;"> <td style="padding: 2px;">Metoclopramide</td> <td style="padding: 2px;">Reglan</td> </tr> <tr style="background-color: #fff9c4;"> <td style="padding: 2px;">Prochlorperazine</td> <td style="padding: 2px;">Compazine</td> </tr> <tr style="background-color: #fff9c4;"> <td style="padding: 2px;">Promethazine</td> <td style="padding: 2px;">Phenergan</td> </tr> </tbody> </table> <p>5 HT3 drugs - Anzemet, Kytri, or Zofran</p> | Generic Name | Brand Name | Metoclopramide | Reglan | Prochlorperazine | Compazine | Promethazine | Phenergan | | |
| Generic Name | Brand Name | | | | | | | | | |
| Metoclopramide | Reglan | | | | | | | | | |
| Prochlorperazine | Compazine | | | | | | | | | |
| Promethazine | Phenergan | | | | | | | | | |
| 6. Does client have contraindications, such as allergies, or other reasons they CANNOT use these anti-emetics? Document reason. | Yes: Approve for up to six months. Apply quantity limit (Refractory Nausea With Contraindication of Alternative Meds) | No: Go to #7. | | | | | | | | |
| 7. Does client have ONE of more of following diagnosis? Cancer associated anorexia, dystonic disorders, glaucoma, migraine, multiple sclerosis, pain | Yes: Pass to RPH; Deny, (Medical Appropriateness) | No: Pass to RPH; Go to #8. | | | | | | | | |
| 8. RPH only All other indications need to be evaluated to see if they are above or below the line | Above: Deny, (Medical Appropriateness) | Below: Deny, (Not-Covered by the OHP) | | | | | | | | |

DUR Board Action: 2-23-06, 2-24-04, 2-11-03
 Revision(s): 7-1-06, 5-31-05
 Effective: 4-1-03

Milnacipran (Savella)

Goal(s):

Cover milnacipran only for above-the-line diagnoses that are supported by the medical literature (e.g., depression).

Initiative: Map: milnacipran (Savella)

Length of Authorization: 1 year

Covered Alternatives: SSRIs, TCAs, other antidepressants

Requires PA: milnacipran (Savella) HICL Seq Number = 21229

| Approval Criteria | | |
|---|---|----------------------|
| 1. What is the diagnosis? | Record ICD9 code and reject/internal error code. | |
| 2. Does the client have rheumatism, unspecified or fibrositis, fibromyalgia/myalgia or myositis or below-the-line neuralgia/neuritis (728.0, 729.1 or 729.2)? | Yes: Pass to RPH; Deny, (Not covered by the OHP) | No: Go to #2. |
| 3. Does the client have an anxiety disorder or depressive disorder (ICD9 296xx, 300xx, 309xx, 311xx)? | Yes: Approve for one year. | No: Go to #3. |
| <p>4. Pass to RPH</p> <p>All other indications need to be evaluated to see if diagnosis is supported by the medical literature and above or below the OHP coverage line.</p> <p style="padding-left: 40px;">For Psychiatric Disorders other than Depression: There is no data to support its use for any psychiatric indication other than depression indication, (Deny Medical Appropriateness) recommend other alternatives as appropriate. Evidence for use as an antidepressant is from European trials.</p> <p>Below the line diagnoses should be Denied (not covered by the OHP).</p> | | |

DUR Board Action: 5/21/09
 Revisions:
 Initiated: 1/1/10

Nasal Inhalers

Goal(s):

- Approve use of nasal inhalers only for covered diagnosis.
- Allergic rhinitis treatment is covered by the OHP only when complicated by other diagnoses (e.g. asthma, sleep apnea).
- Promote use that is consistent with Oregon Asthma Guidelines and medical evidence.
<http://www.oregon.gov/DHS/ph/asthma/pubs.shtml#oregon>

Length of Authorization: 6 months

Covered Alternatives: Oral corticosteroid inhalers, certirizine, chlorpheniramine, diphenhydramine, loratidine & hydroxyzine DO NOT require prior authorization.

Requires PA: Nasal antihistamines, Nasal cromolyn, Nasal steroids

(LIST MAY NOT BE INCLUSIVE OF ALL DRUGS)

| HIC3 Code | Generic Name | Brand Name(s) |
|-----------|----------------|------------------------|
| Q7E | azelastine | Astelin |
| Q7H | cromolyn | NasalCrom |
| Q7P | beclomethasone | Beconase AQ, Vancenase |
| | budesonide | Rhinocort |
| | flunisolide | Nasarel, Nasalide |
| | fluticasone | Flonase |
| | mometasone | Nasonex |
| | triamcinolone | Nasacort AQ, Tri-Nasal |
| | ciclesonide | Omnanis |

Approval Criteria

| | | |
|--|-------------------------------------|--|
| 1. What is the diagnosis being treated? | Record the ICD9 code being treated. | |
| 2. Does patient have diagnosis allergic rhinitis, allergic conjunctivitis, or chronic rhinitis/pharyngitis/nasopharyngitis? (ICD-9: 472.xx, 372.01-05, 372.14, 372.54, 372.56, 477.xx, 995.3, V07.1) | Yes: Go to #3. | No: Go to #7. |
| 3. Does patient also have asthma or reactive airway disease exacerbated by chronic/allergic rhinitis (493.xx)? | Yes: Go to #4. | No: Go to #5. |
| 4. Does the drug profile show an asthma controller medication (e.g. ORAL inhaled steroid, leukotriene antagonist, etc.) &/or rescue beta-agonist (e.g. albuterol) within the last 6 months? <i>(Keep in mind albuterol may not need to be used as often if asthma is controlled on other medications.)</i> | Yes: Approve for 6 months | If No: Pass to RPH; Deny, (Medical Appropriateness) Oregon Asthma guidelines recommend all asthma patients have access to rescue inhalers and those with persistent disease should use anti-inflammatory medicines daily (preferably orally inhaled steroids). |

| | | |
|---|--|---|
| <p>5. Does patient have other co-morbid conditions or complications that are above the line?</p> <ul style="list-style-type: none"> • Acute or chronic inflammation of the orbit (376.0 – 376.12) • Chronic Sinusitis (473.xx) • Acute Sinusitis (461.xx) • Sleep apnea (327.20,327.21,327.23-327.29,780.51, 780.53, 780.57) <p>Wegener's Granulomatosis (ICD-446.4)</p> | <p>Yes: Document ICD-9 codes and go to #6.</p> | <p>No: If No, Pass to RPH; Deny, (Not Covered by the OHP).</p> |
| <p>6. Does patient have contraindications (e.g. pregnant), or had insufficient response to available alternatives ? Document:</p> | <p>Yes: Approve 6 months.</p> | <p>No. Pass to RPH; Deny, (Cost-Effectiveness)</p> |
| <p>7. Is the diagnosis COPD(496) or Obstructive Chronic Bronchitis (491.1-491.2)</p> | <p>Yes: Pass to RPH; Deny, (Medical Appropriateness). Nasal steroid not indicated</p> | <p>No: Pass to RPH; Go to #8.</p> |
| <p>8. Is the diagnosis Chronic Bronchitis (491.0, 491.8, 491.9)?</p> | <p>Yes: Pass to RPH; Deny, (Not Covered by the OHP)</p> | <p>No: Pass to RPH; Go to #9.</p> |
| <p>9. RPH only: Is the diagnosis above the line or below the line?</p> | <p>Above: Deny, yesterday's date (Medically Appropriateness)</p> | <p>Below: Deny, (Not Covered by the OHP) (e.g. URI-465.9 or Urticaria-708.0,708.1,708.5,708.8,995.7, should be denied)</p> |

Refer questions regarding coverage to DMAP.

DUR Board Action: 9-18-08reh, 2-23-06, 9-14-04, 5-25-04, 2-10-02, 5-7-02
Last Revision(s): 8-11-09,7-1-09, 9-1-06, 7-1-06, 3-20-06, 5-31-05, 10-14-04, 8-1-02,
Initiation: ??

Nutritional Supplements (Oral Administration Only)

- Restrict use to clients unable to take food orally in sufficient quantity to maintain adequate weight.
- Requires ANNUAL nutritional assessment for continued use.
- Use restriction consistent with DMAP EP/IV rules at:
<http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html>

These products are NOT Federally rebate-able; Oregon waives the rebate requirement for this class.

PLEASE NOTE:

- ✓ Nutritional formulas, when administered enterally (g-tube), are no longer available through the point of sale system.
- ✓ Service providers should use the CMS 1500 form and mail to DMAP, P.O. Box 14955, Salem, Oregon, 97309 or the 837P electronic claim form, and not bill through POS.
- ✓ When billed correctly with HCPCS codes for enterally given supplements, enterally administered nutritional formulas do not require a prior authorization. However, the equipment does require a PA (i.e., pump).
- ✓ Providers can be referred to 800-642-8635 or 503-945-6821 for enteral equipment PAs
- ✓ For complete information on how to file a claim, go to:
[Http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html](http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html)

Length of Authorization: up to 1 year

Note: Criteria divided into: 1) Clients 6 years or older
 2) Clients under 6 years

For Nutritional Supplement Fax Questionnaire, see Appendix

Not-Covered: Supplements and herbal remedies such as Acidophilis, Chlorophyll, Coenzyme Q-10, Fish Oil, are not covered and should not be approved.

Requires PA: All supplemental nutrition products in HIC3 = C5C, C5F, C5G, C5U, C5B (Nutritional bars, liquids, packets, powders, wafers such as Ensure, Ensure Plus, Nepro, Pediasure, Promod).

CLIENTS 6 YEARS OR OLDER

Document:

- Name of product being requested
- Physician name
- Quantity/Length of therapy being requested

Approval Criteria

| | | |
|---|---|----------------------|
| 1. What is the diagnosis responsible for needing nutritional support? | Record ICD9 code being treated. | |
| 2. Is product requested a supplement or herbal product without an FDA indication? | Yes: Pass to RPH; Deny, (Medical Appropriateness) | No: Go to #3. |
| 3. Is the product to be administered by enteral tube feeding (g-tube)? | Yes: Go to #10. | No: Go to #4. |

| | | |
|--|---|---|
| <p>4. All indications need to be evaluated as to whether they are above the line or below the line:</p> | <p>Above the line: Go to #5.</p> | <p>Below the line: Pass to RPH; Deny, (Not Covered by the OHP).</p> |
| <p>5. Is this request for a client that is currently on supplemental nutrition?</p> | <p>Yes: Go to #6.</p> | <p>No: Go to #7.</p> |
| <p>6. Has there been an annual assessment by MD for continued use of nutritional supplement? Document assessment date</p> | <p>Yes: Approve up to 1 year</p> | <p>No: Request documentation of assessment OR Pass to RPH; Deny, (Medical Appropriateness)</p> |
| <p>7. Client must have a nutritional deficiency identified by one of the following:</p> <ul style="list-style-type: none"> • Has there been a recent (within year) Registered Dietician assessment indicating adequate intake is not obtainable through regular/liquefied or pureed foods? (<i>Supplement cannot be approved for convenience of client or caregiver.</i>) OR • Is there a recent serum protein level < 6? | <p>Yes: Approve for up to 1 year</p> | <p>No: Go to #8.</p> |
| <p>8. Does the client have a prolonged history (>1 year) of malnutrition and cachexia OR reside in a LTC facility or chronic home care facility? Document:</p> <ul style="list-style-type: none"> • Residence • Current weight • Normal weight | <p>Yes: Go to #9.</p> | <p>No: Request more documentation OR Pass to RPH; Deny, (Medical Appropriateness)</p> |
| <p>9. Does the client have:</p> <ul style="list-style-type: none"> • An increased metabolic need resulting from severe trauma (e.g. Severe burn, major bone fracture, etc.)? OR • Malabsorption difficulties (e.g. Crohns Disease, Cystic Fibrosis, bowel resection/ removal, Short Gut Syndrome, gastric bypass, renal dialysis, dysphagia, achalasia, etc)? OR • A diagnosis that requires additional calories and/or protein intake (e.g. Cancer, AIDS, pulmonary insufficiency, MS, ALS, Parkinson's, Cerebral Palsy, Alzheimers, etc.) | <p>Yes: Approve for up to 1 year</p> | <p>No: Request more documentation OR Pass to RPH; Deny, (Medical Appropriateness)</p> |

| | | |
|---|--|--|
| <p>10. Is this request for a client that is currently on supplemental nutrition?</p> | <p>Yes: Approve for 1 month and reply: <i>Nutritional formulas, when administered by enteral tube, are no longer available through the point of sale system. For future use, service providers should use the CMS form 1500 or the 837P electronic claim form and not bill through POS. A one-month approval has been given to accommodate the transition.</i></p> <p>Please visit: http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html</p> | <p>No: Enter an Informational PA and reply: <i>Nutritional formulas, when administered by enteral tube, are no longer available through the point of sale system. For future use, service providers should use the CMS form 1500 or the 837P electronic claim form and not bill through POS. When billed using a HCPCS code, enterally administered nutritional formulas do not require a prior authorization. However, the equipment does require a PA. Providers can be referred to 800-642-8635 or 503-945-6821 for enteral equipment pas.</i></p> <p>For complete information of how to file a claim, please visit: Http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html</p> |
|---|--|--|

CLIENTS AGED 5 YEARS and UNDER

Document:

- Name of product being requested
- Physician name
- Quantity/Length of therapy being requested

| Approval Criteria | | |
|--|---------------------------------------|---|
| 1. What is the diagnosis being treated that is responsible for needing nutritional support? | Record the ICD9 codes. | |
| 2. All indications need to be evaluated as to whether they are above or below the line covered diagnoses. | Above the line: Go to #3. | Below the line: Pass to RPH; Deny, (Not Covered by the OHP) |
| 3. Is the product to be administered by enteral tube feeding (g-tube)? | Yes: Go to #9. | No: Go to #4. |
| 4. Is this request for a client that is currently on supplemental nutrition? | Yes: Go to #5. | No: Go to #6. |
| 5. Has there been an annual assessment by MD for continued use of nutritional supplement? <i>No recent weight loss, serum protein level or dietitian assessment required if body weight being maintained by supplements due to clients medical condition).</i> Document assessment date. | Yes: Approve up to 1 year | No: Request more documentation OR Pass to RPH; Deny, (Medical Appropriateness) |
| 6. Is the diagnosis failure to thrive (FTT)? (783.41) | Yes: Approve for up to 1 year. | No: Go to #7. |

| | | |
|--|---|--|
| <p>7. Does the client have:</p> <ul style="list-style-type: none"> • An increased metabolic need resulting from severe trauma (e.g. Severe burn, major bone fracture, etc.)? OR • Malabsorption difficulties (e.g. Crohns Disease, Cystic Fibrosis, bowel resection/ removal, Short Gut Syndrome, gastric bypass, renal dialysis, dysphagia, achalasia, etc)? . OR • A diagnosis that would require additional calories and/or protein intake (e.g. Cancer, AIDS, pulmonary insufficiency, Cerebral Palsy, etc.) | <p>Yes: Approve for up to 1 year.</p> | <p>No: Go to #8.</p> |
| <p>8. Client must have a nutritional deficiency identified by one of the following:</p> <ul style="list-style-type: none"> • Has there been a recent (within year) Registered Dietician assessment indicating adequate intake is not obtainable through regular/liquefied or pureed foods? (<i>Supplement cannot be approved for convenience of client or caregiver.</i>) OR • Is there a recent serum protein level <6? | <p>Yes: Approve for up to 1 year.</p> | <p>No: Request more documentation OR Pass to RPH; Deny, (Medical Appropriateness))</p> |
| <p>9. Is this request for a client that is currently on supplemental nutrition?</p> | <p>Yes: Approve for 1 month and reply: <i>Nutritional formulas, when administered by enteral tube, are no longer available through the point of sale system. For future use, service providers should use the CMS form 1500 or the 837P electronic claim form and not bill through POS. A one-month approval has been given to accommodate the transition.</i></p> <p><i>Please visit: http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html</i></p> | <p>No: Enter an Informational PA and reply: <i>Nutritional formulas, when administered by enteral tube, are no longer available through the point of sale system. For future use, service providers should use the CMS form 1500 or the 837P electronic claim form and not bill through POS. When billed using a HCPCS code, enterally administered nutritional formulas do not require a prior authorization. However, the equipment does require a PA. Providers can be referred to 800-642-8635 or 503-945-6821 for enteral equipment pas.</i></p> <p><i>For complete information of how to file a claim, please visit: Http://www.dhs.state.or.us/policy/healthplan/guides/homeiv/main.html</i></p> |

**Note: Normal Serum Protein 6 – 8 g/dl
Normal albumin range 3.2 – 5.0 g/dl**

DUR Board Action: 2-23-06
Revision(s): 9-1-06, 7-1-06, 4-1-03, 6/22/07
Initiated:

Opioids - Long-Acting

Initiative: Long Acting Opioids for PDL

Length of Authorization: Up to 1 year

Approve use of non-preferred long-acting opioids only for covered diagnosis.

| OHP does not cover: | | | |
|---------------------------------|---|-----------|---|
| Disorders of soft tissue | <i>Includes ICD9:</i> 729.0-729.2, 729.31-729.39, 729.4-729.9, V53.02 | OR | Acute and chronic disorders of spine without neurologic impairment |
| | | | <i>Includes ICD9:</i> 721.0 721.2-721.3 721.7-721.8 721.90 722.0-722.6 722.8-722.9 723.1 723.5-723.9 724.1-724.2 724.5-724.9 739 839.2 847 |

Preferred Alternatives: Listed at: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

Requires PA:

| GCN | Brand | Generic |
|--|---------------------------------|-------------------------------------|
| 050219 050222 050221 050220 | Avinza | Morphine Sulfate |
| 065544 065545 065546 065547 065548 065549 | Embeda | Morphine Sulfate/ Naltrexone |
| 015883 059102 015880 015881 015882 | Duragesic & Generics | Fentanyl |
| 061092 063783 061093 063784 061094 061091 063782 | Opana ER | Oxymorphone HCL |
| 024504 063515 045129 024505 063516 024506 063517 025702 | Oxycontin & Generics | Oxycodone HCL |

Approval Criteria

| | | | | |
|--|--|--|---|-----------------------------|
| 1. What is the patient's diagnosis? | Record ICD9 code. | | | |
| <p>2. Will the prescriber consider a change to a preferred product?</p> <p>Message:</p> <ul style="list-style-type: none"> • Preferred products do not require PA. • Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). <p>Reports are available at: http://www.oregon.gov/OHPPR/HRC/EvidenceBased_Reports.shtml.</p> | <p>Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html</p> | <p>No: Go to #3.</p> | | |
| 3. Is the diagnosis above the line (see above for examples of diagnoses not covered)? | <p>Yes: Go to #8.</p> | <p>No: Go to #4.</p> | | |
| <p>4. Is the diagnosis chronic back pain</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #e0f7fa; padding: 5px;"> 721.0 721.2-721.3 721.7-721.8 721.90 722.0-722.6 722.8-722.9 </td> <td style="background-color: #fff9c4; padding: 5px;"> 723.1 723.5-723.9 724.1-724.2 724.5-724.9 739 839.2 847 </td> </tr> </table> | 721.0 721.2-721.3 721.7-721.8 721.90 722.0-722.6 722.8-722.9 | 723.1 723.5-723.9 724.1-724.2 724.5-724.9 739 839.2 847 | <p>Yes: Pass to RPH, Go to #5.</p> | <p>No: Go to #6.</p> |
| 721.0 721.2-721.3 721.7-721.8 721.90 722.0-722.6 722.8-722.9 | 723.1 723.5-723.9 724.1-724.2 724.5-724.9 739 839.2 847 | | | |
| <p>5. Is there neurologic impairment defined as objective evidence of at least 1 of the following:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="background-color: #ffe0b2; padding: 5px;"> <p>a. Reflex loss b. Dermatomal muscle weakness c. Dermatomal sensory loss d. EMG or NCV evidence of nerve root impingement e. Cauda equina syndrome f. Neurogenic bowel or bladder</p> </td> </tr> </table> | <p>a. Reflex loss b. Dermatomal muscle weakness c. Dermatomal sensory loss d. EMG or NCV evidence of nerve root impingement e. Cauda equina syndrome f. Neurogenic bowel or bladder</p> | <p>Yes: Document objective evidence with chart notes; Go to #10.</p> | <p>No: Go to #6.</p> | |
| <p>a. Reflex loss b. Dermatomal muscle weakness c. Dermatomal sensory loss d. EMG or NCV evidence of nerve root impingement e. Cauda equina syndrome f. Neurogenic bowel or bladder</p> | | | | |
| 6. Is this new therapy (i.e. no previous prescription for the same drug last month)? | <p>Yes: Pass to RPH, Deny; (Not Covered by the OHP)</p> | <p>No: Go to #7.</p> | | |
| 7. Is this patient terminal (< 6 months) or admitted to hospice? | <p>Yes: Approve for 6 months.</p> | <p>No: Go to #8.</p> | | |

| | | |
|--|---|---|
| <p>8. Does dose exceed 120mg Morphine Equivalents per day?</p> <div style="border: 1px solid black; background-color: #e0ffe0; padding: 5px; margin-top: 10px;"> <p>a. Fentanyl 50mcg/day b. Hydromorphone 30mg/day c. Oxycodone 80mg/day d. Oxymorphone 40mg/day e. Methadone 40mg/day</p> </div> | <p>Yes: Go to #9.</p> | <p>No: Go to #10.</p> |
| <p>9. Is the patient seeing a single prescribing practice & pharmacy for pain treatment?</p> | <p>Yes: <u>Approve for 90 days.</u> Refer to Rx "Lock-in" program for evaluation, monitoring & potential taper.</p> <p>Further approvals pending RetroDUR/Medical Director review of case.</p> | <p>No: <u>Approve 30 days only;</u> Refer to Rx Lock-In program for evaluation, monitoring & potential taper.</p> <p>Further approvals pending RetroDUR/Medical Director review of case.</p> |
| <p>10. Is the patient concurrently on other long-acting opioids (e.g. fentanyl patches, methadone, or long-acting morphine, long-acting oxycodone, long-acting oxymorphone)?</p> | <p>Yes: Pass to RPH. Go to #11.</p> | <p>No: Approve for up to 1 year.</p> |
| <p>11. Is the duplication due to tapering or switching products?</p> <p>The concurrent use of multiple long-acting narcotics is not recommended unless tapering and switching products. Consider a higher daily dose of a single long-acting opioid combined with an immediate release product for breakthrough pain. http://www.ohsu.edu/ahec/pain/home.html</p> | <p>Yes: <u>Approve for 30-90 days</u> at which time duplication LAO therapy will no longer be approved.</p> | <p>No: Deny, Appropriateness.</p> <p>May approve for taper only.</p> <p>If necessary, inform prescriber of provider reconsideration process and refer to RetroDUR for review.</p> |

DUR Board Action: 12/3/09 (KS), 9/9/09(klk), 12/4/08klk, 3/19/09
Revision(s): 1/1/10
Initiated: 7/1/09

Opioids - Methadone – High Dose Limit

Goal(s):

- Ensure safe use of methadone.
- Approval for >100mg/day only after assessment of QTc risk factors by prescriber.
- Methadone has been associated with adverse cardiac effects as stated below in an excerpt of the FDA Black Box Warning:

Cases of QT interval prolongation and serious arrhythmia (torsades de pointes) have been observed during treatment with methadone. Most cases involve patients being treated for pain with large, multiple daily doses of methadone, although cases have been reported in patients receiving doses commonly used for maintenance treatment of opioid addiction.

See Oregon DUR Board newsletter at:

http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume11/DURV11I2.pdf

http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume5/5_5.html

Initiative: Methadone High Dose Limit

Length of Authorization: up to 6 months

Preferred Alternatives: Listed at: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

| Approval Criteria | | |
|--|---|--|
| <p>1. Does the patient have any of the following QTc Risk Factors?</p> <ul style="list-style-type: none"> a) Family history of “long QTc syndrome”, syncope, sudden death b) Potassium depletion primary or secondary to drug use (i.e. diuretics) c) Concurrent use of C34 inhibitors or QTc prolonging drugs (see table below) d) Structural heart disease, arrhythmias, syncope | <p>Yes: Go to #2.</p> | <p>No: Approve up to 6 months but be sure prescriber is aware of black box warning.</p> |
| <p>2. Is this new therapy (i.e. no previous prescription for the same drug last month)?</p> | <p>Yes: Pass to RPH; Deny, (Medical Appropriateness) Go over black box warning and offer alternatives (e.g. Duragesic or LA morphine).</p> | <p>No: Pass to RPH, Approve for 30-60 days to allow time to taper or transition to alternative. Direct to DUR Newsletter for assistance. Refer to Rx “Lock-in” Program for evaluation and monitoring.</p> |

Table 2 – Possible Methadone drug interactions causing QTc prolongation or cardiac arrhythmias

| Drug / Drug Class | CYP 450 | QT prolonging | Contraindicated |
|--|---------|---------------|-----------------|
| Clarithromycin, erythromycin, telithromycin | X | X | |
| Itraconazole, ketoconazole, voriconazole | X | | X |
| Posaconazole | X | | |
| Isoniazide | X | | |
| Quinidine | X | X | |
| HIV reverse transcriptase inhibitors | X | | |
| HIV protease inhibitors | X | | |
| Amiodarone | X | X | |
| Norfloxacin | X | X | |
| Sertraline | X | | |
| Tricyclic antidepressants | X | | |
| Antipsychotics (typical & atypical) | | X | |
| Thioridazine | | | X |
| Ziprasidone | | | X |
| Other antiarrhythmics (see https://online.epocrates.com for complete list) | | X | |
| Some fluoroquinolones (spar-, gati-, levo-, moxi-) | | X | |
| Ranolazine | | X | |

Source: Epocrates online database. <https://online.epocrates.com>

This is not a comprehensive list of possible drug-drug interactions. Additional drug-drug interactions may be viewed at Epocrates online database (see above url address).

DUR Board Action: 9/24/09(DO/KK), 5/21/09
Revision(s)
Initiated: 1/1/10

Opioids - Narcotic Combination – Excessive dose limits

Goal(s):

- Avoid adverse effects due to high dose of combined ingredient by enforcing FDA maximum dose labeling.
- Pay only for treatment of covered OHP diagnoses

Length of Authorization: None

Covered Alternatives:

Pharmacy may need to adjust days supply entry.
 Prescriber may choose a product with a higher ratio of narcotic to keep APAP or ASA within maximum limits or use a single-ingredient opioid.

Requires PA:

Limits by the maximum dose of the non-narcotic ingredient(s).
 Acetaminophen is not to exceed 4 gms/day.
 Aspirin is not to exceed 8 gms/day.

| Approval Criteria | | |
|--|---|---|
| 1. What is the diagnosis being treated with the opioid combination? (See tables) | Record ICD9 code being treated with the opioid combination. | |
| 2. Does daily dose exceed the maximum for combination ingredient? | Yes: Go to #3. | No: Instruct pharmacy to correct days supply entry |
| 3. All indications need to be evaluated as to whether they are above the line or below the line. | Above: Pass to RPH, DENY, (Medical Appropriateness) Review FDA maximum dose and provide alternatives. | Below: Pass to RPH, DENY, (Not Covered by the OHP) Review FDA maximum dose and provide alternatives |

Examples of products containing aspirin that are limited 8 grams per day of ASA

| Aspirin Combinations | | | |
|--|--------------------------|---|--------------------------|
| Drug | Maximum quantity per day | Drug | Maximum quantity per day |
| Codeine /ASA 15/325 mg | 24.6 tablets | Oxycodone/Oxycodone terp/ASA 2.25/0.19/325 mg | 24.6 |
| Codeine/ASA 30/325 mg | 24.6 tablets | Oxycodone/Oxycodone terp/ASA 4.5/0.38/325 mg | 24.6 |
| Codeine/ASA 60/325 mg | 24.6 | Propoxyphene/ASA 65/325 mg | 24.6 |
| Codeine/ASA/Caffeine/Butalbital - 7.5/325/40/50 mg | 24.6 | Propoxyphene nap/ASA 100/325 mg | 24.6 |
| Codeine/ASA/Caffeine/Butalbital - 15/325/40/50 mg | 24.6 | Propoxyphene/ASA/Caffeine 32/389/32mg | 20.6 |
| | | Propoxyphene/ASA/caffeine 65/389/32 mg | 20.6 |
| | | Pentazocine/ASA 22.5/325 mg | 24.6 |
| | | Dihydrocodone/ASA/Caffeine 16.2/356.4/ | 22.4 |

Examples of products containing acetaminophen that are limited to 4 grams per day of APAP

| Hydrocodone/APAP combinations | | | |
|--------------------------------------|---------------------------------|---|---------------------------------|
| Drug | Maximum quantity per day | Drug | Maximum quantity per day |
| Hydrocodone/APAP 2.5/500mg | 8 tablets | Hydromorphone/APAP10/400 mg | 10 tablets |
| Hydrocodone/APAP 5/500mg | 8 tablets | Hydrocodone/APAP 10/500mg | 8 tablets |
| Hydrocodone /APAP 5/400 mg | 10 tablets | Hydrocodone/APAP 10/650mg | 6.2 tablets |
| Hydrocodone /APAP 7.7/400 mg | 10 tablets | Hydrocodone/APAP 10/660mg | 6.1 tablets |
| Hydrocodone/APAP 7.5/500mg | 8 tablets | Hydrocodone 7.5mg/APAP 500mg per 15 ml Elixir | 120 ml |
| Hydrocodone/APAP 7.5/650mg | 6.2 tablets | Hydrocodone 5 mg/APAP 100mg/5ml | 200 ml |
| Hydrocodone/APAP 7.5/750mg | 5.3 tablets | Hydrocodone 5 mg/APAP 120 mg/5 ml | 166.5 ml |
| Hydrocodone/APAP 10/325mg | 12.3 tablets | Hydrocodone 2.5 mg/APAP 167 mg/15 ml | 359.6 ml |

| Propoxyphene/APAP combinations | |
|---------------------------------------|-----|
| Propoxyphene /APAP 65/650mg | 6.1 |
| Propoxyphene nap100mg/APAP 500mg | 8 |

| Oxycodone/APAP combinations | |
|------------------------------------|------------|
| Oxycodone/APAP 2.5/325mg | 12 tablets |
| Oxycodone/APAP 5/325mg | 12 tablets |
| Oxycodone/APAP 5/500 | 8 tablets |
| Oxycodone/APAP 7.5/325mg | 12 tablets |
| Oxycodone/APAP 7.5/500mg | 8 tablets |
| Oxycodone/APAP 10/325mg | 12 tablets |
| Oxycodone/APAP 10/650mg | 6 tablets |
| Oxycodone/APAP 5/325 per 5 ml | 61.5 ml |

| Codeine/APAP combinations | |
|--|--------|
| Codeine/APAP Elixir 120mg/5ml and 12mg/5ml | 500 ml |
| Codeine /APAP 15/300mg (Tylenol #2) | 12.3 |
| Codeine /APAP 30/300mg (Tylenol #3) | 12.3 |
| Codeine /APAP30/ 300mg (Tylenol #4) | 12.3 |

| Tramadol/APAP combinations | |
|-----------------------------------|----|
| Tramadol/APAP 37.5/325mg | 12 |

DUR Board Action: 2-23-06, 11-5-99, 2-10-99
Revision(s) 9-30-05, 5-16-05, 12-1-03, 5-1-03
Initiated:

Preferred Drug List (PDL) – Non-Preferred Drugs in Select PDL Classes

The purpose of this prior authorization policy is to ensure that non-preferred drugs are used for an above-the-line condition.

| Select classes include: |
|--|
| Alzheimers Drugs |
| Angiotensin Converting Enzyme Inhibitors |
| Angiotensin Converting Enzyme Inhibitors + Hydrochlorothiazide |
| Angiotensin II Receptor Blockers |
| Angiotensin II Receptor Blockers + Hydrochlorothiazide |
| Beta-Agonists, Inhaled Short-Acting |
| Beta-Blockers, Oral |
| Calcium Channel Blockers, Oral Dihydropyridine |
| Calcium Channel Blockers, Oral Non-Dihydropyridine |
| Diabetes, Oral Hypoglycemics |
| Diabetes, Oral Thiazolidinediones |
| Hormone Replacement Therapy, Oral |
| Hormone Replacement Therapy, Topical |
| Hormone Replacement Therapy, Vaginal |
| Multiple Sclerosis Drugs |
| Overactive Bladder Drugs |
| Platelet Inhibitors |
| Statins & Combinations |
| Targeted Immune Modulators |

Initiatives: PDL: Preferred Drug List

Length of Authorization: up to 1 year

Preferred Alternatives: All preferreds on PDL list: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

| Approval Criteria | | | |
|---|---|--|---|
| 1. What is the diagnosis? | Record ICD9 code. | | |
| 2. Is this an OHP covered diagnosis? | <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">Yes: Go to #3.</td> <td style="width: 50%;">No: Pass to RPH: Deny, (Not Covered by the OHP).</td> </tr> </table> | Yes: Go to #3. | No: Pass to RPH: Deny, (Not Covered by the OHP). |
| Yes: Go to #3. | No: Pass to RPH: Deny, (Not Covered by the OHP). | | |
| 3. Is this a continuation of current therapy (i.e. filled prescription within prior 90 days)? Verify via pharmacy claims. | <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">Yes: Document prior therapy in PA record. Approve for 1 year</td> <td style="width: 50%;">No: Go to #4.</td> </tr> </table> | Yes: Document prior therapy in PA record. Approve for 1 year | No: Go to #4. |
| Yes: Document prior therapy in PA record. Approve for 1 year | No: Go to #4. | | |
| 4. Will the prescriber consider a change to a preferred product? Message: <ul style="list-style-type: none"> Preferred products do not require PA. Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml. | <table border="0" style="width: 100%;"> <tr> <td style="width: 50%;">Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html</td> <td style="width: 50%;">No: Approve for 1 year or length of prescription, whichever is less.</td> </tr> </table> | Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html | No: Approve for 1 year or length of prescription, whichever is less. |
| Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html | No: Approve for 1 year or length of prescription, whichever is less. | | |

DUR Board Action: 9/24/09(DO), 5/21/09

Revision(s):

Initiated: 1/1/10

Pegylated Interferon and Ribavirin

Goal(s): Cover drugs only for those clients where there is medical evidence of effectiveness and safety.

Initiative: Hepatitis C

Length of Authorization: 16 weeks plus 12- 36 additional weeks or 12 months

Requires PA: All drugs in HIC3 = W5G

| HSN | Brand | Generic | Form |
|--------|------------|---------------------------|-------------------|
| 004184 | Copegus | Ribavirin | Tablet |
| 004184 | Rebetol | Ribavirin | Capsule, Solution |
| 004184 | Ribapak | Ribavirin | Tab DS PK |
| 004184 | Ribasphere | Ribavirin | Capsule, Tablet |
| 004184 | Ribatab | Ribavirin | Tablet, Tab DS PK |
| 004184 | Ribavirin | Ribavirin | Capsule, Tablet |
| 018438 | Rebetron | Ribavirin/Interferon A-2B | KIT |
| 021367 | Peg-Intron | Peginterferon ALFA-2B | KIT, PEN IJ KIT |
| 024035 | Pegasys | Peginterferon ALFA-2A | KIT, VIAL |

| Approval Criteria | | |
|--|--|-----------------------|
| 1. Is peginterferon requested preferred? | Yes: Go to #3. | No: Go to #2. |
| 2. Will the prescriber consider a change to a preferred product? Message: - Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml | Yes: Inform provider of covered alternatives in class and proceed to #3. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html | No: Go to #3. |
| 3. Is the request for treatment of Chronic Hepatitis C? Document appropriate ICD9 code: (571.40; 571.41; 571.49) | Yes: Go to #4. | No: Go to #10. |
| 4. Is the request for continuation of therapy? (Patient has been on HCV treatment in the preceding 12 weeks according to the Rx profile) | Yes: Go to "Continuation of Therapy" | No: Go to #5. |
| 5. Does the patient have a history of treatment with previous pegylated interferon-ribavirin combination treatment? Verify by reviewing member's Rx profile for PEG-Intron or Pegasys, PLUS ribavirin history. Does not include prior treatment with interferon monotherapy or non-pegylated interferon. | Yes: Forward to DMAP Medical Director | No: Go to #6. |

| | | |
|--|--|--|
| <p>6. Does the patient have <u>any</u> of the following contraindications to the use of interferon-ribavirin therapy?</p> <ul style="list-style-type: none"> • severe or uncontrolled psychiatric disorder • decompensated cirrhosis or hepatic encephalopathy • cytopenias • untreated hyperthyroidism • severe renal impairment or transplant • autoimmune disease • pregnancy • unstable CVD | <p>Yes: Deny; Pass to RPH (Medical Appropriateness)</p> | <p>No: Go to #7.</p> |
| <p>7. If applicable, has the patient been abstinent from IV drug use or alcohol abuse for ≥ 6 months?</p> | <p>Yes: Go to #8.</p> | <p>No: Deny; Pass to RPH, (Medical Appropriateness)</p> |
| <p>8. Does the patient have a detectable HCV RNA (viral load) > 50IU/mL? Record HCV RNA and date:</p> | <p>Yes: Go to #9.</p> | <p>No: Deny, Pass to RPH, (Medical Appropriateness)</p> |
| <p>9. Does the patient have a documented HCV Genotype? Record Genotype:</p> | <p>Yes: <u>Approve for 16 weeks</u> with the following response: Your request for has been approved for an initial 16 weeks. Subsequent approval is dependent on documentation of response via a repeat viral load demonstrating undetectable or 2-log reduction in HCV viral load. Please order a repeat viral load after 12 weeks submit lab results and relevant medical records with a new PA request for continuation therapy. Note: For ribavirin, approve the generic only</p> | <p>No: Deny; Pass to RPH, (Medical Appropriateness)</p> |
| <p>10. Is the request for Pegasys and the treatment of confirmed, compensated Chronic Hepatitis B?</p> | <p>Yes: Go to #11.</p> | <p>No: Deny; Pass to RPH, (Medical Appropriateness)</p> |
| <p>11. Is the patient currently on LAMIVUDINE (EPIVIR HBV), ADEFOVIR (HEPSERA), ENTECAVIR (BARACLUDE), TELBIVUDINE (TYZEKA) and the request is for combination Pegasys-oral agent therapy?</p> | <p>Yes: Deny; Pass to RPH, (Medical Appropriateness)</p> | <p>No: Go to #12.</p> |
| <p>12. Has the member received previous treatment with pegylated interferon?</p> | <p>Yes:Deny; Pass to RPH, (Medical Appropriateness) Recommend: LAMIVUDINE (EPIVIR HBV) ADEFOVIR (HEPSERA)</p> | <p>No: Approve Pegasys #4 x 1ml vials or #4 x 0.5 ml syringes per month for 12 months (maximum per lifetime).</p> |

Continuation of Therapy- HCV

1. Does the client have undetectable HCV RNA or at least a 2-log reduction (+/- one standard deviation) in HCV RNA measured at 12 weeks?

Yes: Approve as follows:

| Genotype | Approve for | Apply |
|--|---|--|
| 1 or 4 | An additional 36 weeks or for up to a total of 48 weeks of therapy (whichever is the lesser of the two). | Ribavirin quantity limit of 200 mg tablets QS# 180 / 25 days (for max daily dose =1200 mg). |
| 2 or 3 | An additional 12 weeks or for up to a total of 24 weeks of therapy (whichever is the lesser of the two). | Ribavirin quantity limit of 200 mg tab QS# 120 / 25 days (for max daily dose = 800 mg). |
| For all genotypes and HIV co-infection | An additional 36 weeks or for up to a total of 48 weeks of therapy (whichever is the lesser of the two) | Ribavirin quantity limit of 200 mg tablets QS# 180 / 25 days (for max daily dose = 1200 mg). |

Note: Approval for beyond quantity and duration limits requires approval from the medical director.

No: Deny; (Medical Appropriateness)

Treatment with pegylated interferon-ribavirin does not meet medical necessity criteria because there is poor chance of achieving an SVR.

Clinical Notes:

- Serum transaminases: Up to 40 percent of clients with chronic hepatitis C have normal serum alanine aminotransferase (ALT) levels, even when tested on multiple occasions.
- RNA: Most clients with chronic hepatitis C have levels of HCV RNA (viral load) between 100,000 (10⁵) and 10,000,000 (10⁷) copies per ml. Expressed as IU, these averages are 50,000 to 5 million IU. Rates of response to a course of peginterferon-ribavirin are higher in clients with low levels of HCV RNA. There are several definitions of a "low level" of HCV RNA, but the usual definition is below 800,000 IU (~ 2 million copies) per ml.(5)
- Liver biopsy: Not necessary for diagnosis but helpful for grading the severity of disease and staging the degree of fibrosis and permanent architectural damage and for ruling out other causes of liver disease, such as alcoholic liver injury, nonalcoholic fatty liver disease, or iron overload.

| Stage is indicative of fibrosis: | | Grade is indicative of necrosis: | |
|----------------------------------|---|----------------------------------|----------|
| Stage 0 | No fibrosis | | |
| Stage 1 | Enlargement of the portal areas by fibrosis | Stage 1 | None |
| Stage 2 | Fibrosis extending out from the portal areas with rare bridges between portal areas | Stage 2 | Mild |
| Stage 3 | Fibrosis that link up portal and central areas of the liver | Stage 3 | Moderate |
| Stage 4 | Cirrhosis | Stage 4 | Marked |

The following are considered investigational and/or do not meet medical necessity criteria:

- ✓ Treatment of HBV or HCV in clinically decompensated cirrhosis
- ✓ Treatment of HCV or HBV in liver transplant recipients
- ✓ Re-treatment of HCV or HBV previous non-responders or relapsers
- ✓ Treatment of HCV or HBV > 48 weeks
- ✓ Treatment of advanced renal cell carcinoma
- ✓ Treatment of thrombocytopenia
- ✓ Treatment of human papilloma virus
- ✓ Treatment of multiple myeloma

DUR Board Action: 9-9-09 (DO), 9-15-05, 11-30-04, 5-25-04,
Revision(s): 1-1-10, 5-22-08 (Koder)
Initiated: 1-1-07

Proton Pump Inhibitors (PPI)

Goal(s):

- Promote PDL options.
- Restrict chronic use (>eight weeks) to patients who failed H2-antagonist, omeprazole, Aciphex, or Prilosec OTC therapy or who have severe disease, e.g. Barrett's, or Zollinger Ellison syndrome.
- Restrict BID use to patients with severe disease, H.pylori or pediatric patients.

Initiative: PPI Clinical Edit & PDL

Length of Authorization: 2 weeks to lifetime (criteria specific)

Notes:

- This is a "global" PA.
- If an active PA for a PPI already exists, then **any** PPI will pay.
- A new PA is required if the dosing schedule changes, e.g., an active PA for once daily dosing restricts the PPI to once a day.
- BID dosing requires a new PA, however, the strength of the dose could be increased without an additional PA, e.g, a change from 20 mg daily could be increased to 40 mg ONCE a day without an additional PA.

Covered Alternatives without PA:

- ✓ Aciphex (HSN = 018847)
- ✓ Prilosec OTC (HSN= 011115)
- ✓ Omeprazole (HSN=004673)
- ✓ H2-antagonists, sucralfate and antacids

Preferred PPIs: Listed at: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

Check the reason for the PA request: *Non-Preferred drugs will deny on initiation.*

| ROUTE | HICL | BRAND | GENERIC | FORMULATIONS |
|-------|------------------|----------------------|----------------------------|--|
| Oral | 021607 | Nexium | Esomeprazole | Capsules, delayed-release: 20, 40mg Suspension, delayed-release pkts: 10, 20, 40mg |
| Oral | 008993 | Prevacid | Lansoprazole | Capsules, delayed-release: 15, 30 mg Enteric coated granules for oral suspension, delayed release: 15, 30mg |
| Oral | 025742 | Prevacid NapraPAC | Lansoprazole + Naproxen | Delayed release capsules + naproxen tablets kit - 15 – 375, 15 -500 |
| Oral | 004673 | Zegerid | Omeprazole | Packet for solution: 20, 40mg Capsules: 20, 40mg |
| Oral | 036085 | Kapdex | Dexlansoprazole | Capsules, delayed-release: 30, 60mg |
| Oral | 011590 022008 | Protonix | Pantoprazole | Tablets, delayed-release: 20 mg, 40 mg Suspension, delayed-release: 40mg |
| Oral | 011590 | Pantoprazole | Pantoprazole | Tablets, delayed-release: 20 mg, 40 mg |

Approval Criteria next page.

Approval Criteria

| | | |
|---|--|---|
| 1. What is the diagnosis being treated? | Record ICD9 code and reject/internal error code | |
| 2. Is the drug requested preferred? | Yes: Go to #4. | No: Go to #3. |
| <p>3. Will the prescriber consider a change to a preferred product? Message:</p> <ul style="list-style-type: none"> Preferred products do not require PA within recommended dose limits. Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). <p>Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml</p> | <p>Yes: Inform provider of covered alternatives in class. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html</p> | No: Go to #4. |
| <p>4. Is diagnosis</p> <ol style="list-style-type: none"> Zollinger-Ellison (251.5)? Barrett's esophagus (530.85)? Multiple Endocrine Adenoma (237.4)? Malignant Mastoma (202.6)? MEN Type I (258.01)? | Yes: Approve for a life-time; BID dosing OK. | No: Go to #5. |
| 5. Is the diagnosis dyspepsia (536.8)? | Yes: Pass to RPH; Deny, (OHP coverage) - Diagnosis is below the line; Prilosec OTC, Acipher, omeprazole or H2 antagonists are available without PA. | No: Go to #6. |
| <p>6. Has patient tried and failed:</p> <ul style="list-style-type: none"> ✓ Prilosec OTC or Omeprazole 40mg/day or ✓ Acephep 20mg/day <p>for 8 week trial (2 weeks for H. Pylori)?</p> | Yes: Go to #6. | <p>No: Pass to RPH; Deny, (Cost-effectiveness) Recommend Prilosec OTC 20mg QD or BID.</p> <p>(May approve solutabs or packets for patients with G-tubes, etc.)</p> |
| 7. Is diagnosis H.Pylori? | Yes: Approve for 2 weeks – BID dosing OK | No: Go to #8. |
| <p>8. Is diagnosis active GI bleed? (531.0-531.2, 532.0-532.2, 533.0-533.2, 534.0-534.2)</p> | Yes: Approve for 2 weeks – BID dosing OK | No: Go to #9. |
| Continued next page. | | |

| | | |
|---|--|------------------------------|
| <p>9. Is diagnosis Gastric or Duodenal Ulcer (531.3-531.9, 531.3-532.9, 533.3-533.9, 534.3-534.9) and/or does patient have 2 or more of the following risk factors:</p> <ul style="list-style-type: none"> • > 65 years • requires > 3 mths of NSAIDs, aspirin or steroids • on anticoagulation (warfarin, enoxapirin, etc.) • History of GI Bleed or Ulcer? | <p>Yes: Approve QD for 1 year, if previously failed an 8 week QD trial at highest dose approve BID for 1 year.</p> <p>May approve BID dosing for pediatrics <12 years old</p> | <p>No: Go to #10.</p> |
| <p>10. Is the diagnosis symptomatic GERD (530.81, 530.10 – 530.19)</p> | <p>Yes: Approve QD for 1 year, if previously failed an 8 week QD trial at highest dose approve BID for 1 year.</p> <p>May approve BID dosing for pediatrics <12 years old</p> | <p>No: Go to #11.</p> |
| <p>11. Is diagnosis:</p> <ol style="list-style-type: none"> a. Ulcer of esophagus (530.2x) b. Stricture & stenosis of esophagus (530.3) c. c) Perforation of esophagus (530.4) | <p>Yes: Approve up to BID for 1 year.</p> | <p>No: Go to #12.</p> |
| <p>12. All other diagnoses will need to be evaluated by a pharmacist for appropriateness and OHP line coverage.</p> | <ul style="list-style-type: none"> • Diagnoses above the line and where PPI is appropriate can be covered. • Diagnoses below the line and where PPI is appropriate should be denied as not covered. • Diagnoses above the line but where PPIs are not appropriate should be denied and not medically appropriate. | |

DUR Board Action: 12/03/09(DO/KK), 5-21-09; 5-7-02; 2-5-02; 9-7-01, 9-11-98
Revision(s) 1/1/10; 9-1-06, 7-1-06, 10-14-04, 3-1-04
Initiated:

Regranex

Wound Healing Agent

Goal(s): To cover agents only for above-the-line diagnosis and those indicated by medical evidence, i.e. Restrict diabetic neuropathic ulcers.

Length of Authorization: 6 months

Requires PA:

| HSN | GENERIC | BRAND |
|--------|-------------|----------|
| 017028 | Becaplermin | Regranex |

Approval Criteria

| | | |
|--|---|--|
| 1. What is the diagnosis being treated? | Record ICD9 code. | |
| 2. Is the diagnosis stated as Diabetic neuropathic ulcers ? | Yes: Go to #3. | No: Pass to RPH; Deny, (Medical Appropriateness). |
| 3. Does the client take any oral antidiabetic meds/insulin OR has office faxed documentation of diabetic status? | Yes: Approve ONLY 15 grams of Regranex at a time x 6 mos | No: Pass to RPH; Deny, (Medical Appropriateness). |

DUR Board Action:

Revision(s)

Effective:

Risperdal Consta – Quantity Edit

Goal(s): To insure the use of the appropriate billing quantity.

Length of Authorization – Date of service OR 1 year, depending on criteria

PA Required: Risperdal Consta

This is a quantity initiative, **not a clinical initiative**. The syringe is 2 ml size . The pharmacy must submit the dispensing quantity as 1 syringe not 2 ml.

| Approval Criteria | | |
|---|---|---|
| 1. Is the quantity being submitted by the pharmacy expressed correctly as # syringes? | Yes: Go to #2. | No: Have pharmacy correct to the number of syringes instead of ml's. |
| 2. Is the amount requested above 2 syringes per 18 days for one of the following reasons? <ul style="list-style-type: none"> Medication lost Medication dose contaminated Increase in dose or decrease in dose Medication stolen Admission to a long term care facility Any other reasonable explanation? | Yes: Approve for date of service only (use appropriate PA reason) | No: Go to #3. |
| 3. Is the pharmacy entering the dose correctly and is having to dispense more than 2 syringes per 18 days due to the directions being given on a weekly basis instead of every other week . | Yes: Approve for 1 year. (use appropriate PA reason) | Please Note: This medication should NOT be denied for clinical reasons. |

DUR Board Action:

Revision(s): 05-31-05

Effective: 11-18-04

Skeletal Muscle Relaxants

Goal(s):

- Cover non-preferred drugs only for above-line-line diagnosis.
- Restrict carisoprodol to short-term use per medical evidence.
- There are no long-term studies of efficacy or safety for carisoprodol.
- Case reports suggest it is often abused and can be fatal when used in association with opioids, benzodiazepines, alcohol or illicit drugs.
- Carisoprodol is metabolized to meprobamate.
- See DUR Board Newsletter for more information at:

[Http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume4/4_8.html](http://pharmacy.oregonstate.edu/drug_policy/pages/dur_board/newsletter/articles/volume4/4_8.html)

Initiative: Skeletal Muscle Relaxant PDL & Carisoprodol Quantity Limit

Length of Authorization: Up to 6 months

Preferred Alternatives: See PDL options: http://www.oregon.gov/DHS/healthplan/tools_prov/pdl.shtml

Cyclobenzaprine (similar to tricyclic antidepressants – TCAs) has the largest body of evidence supporting long-term use and is the preferred product in the muscle relaxant class. For patients that have contraindications to TCAs, NSAIDs, benzodiazepines or opioids are other alternatives. OHP does not cover pain clinic treatment.

Check the reason for the request:

- Non-Preferred drugs will deny on initiation
- Carisoprodol will deny only when maximum dose exceeded

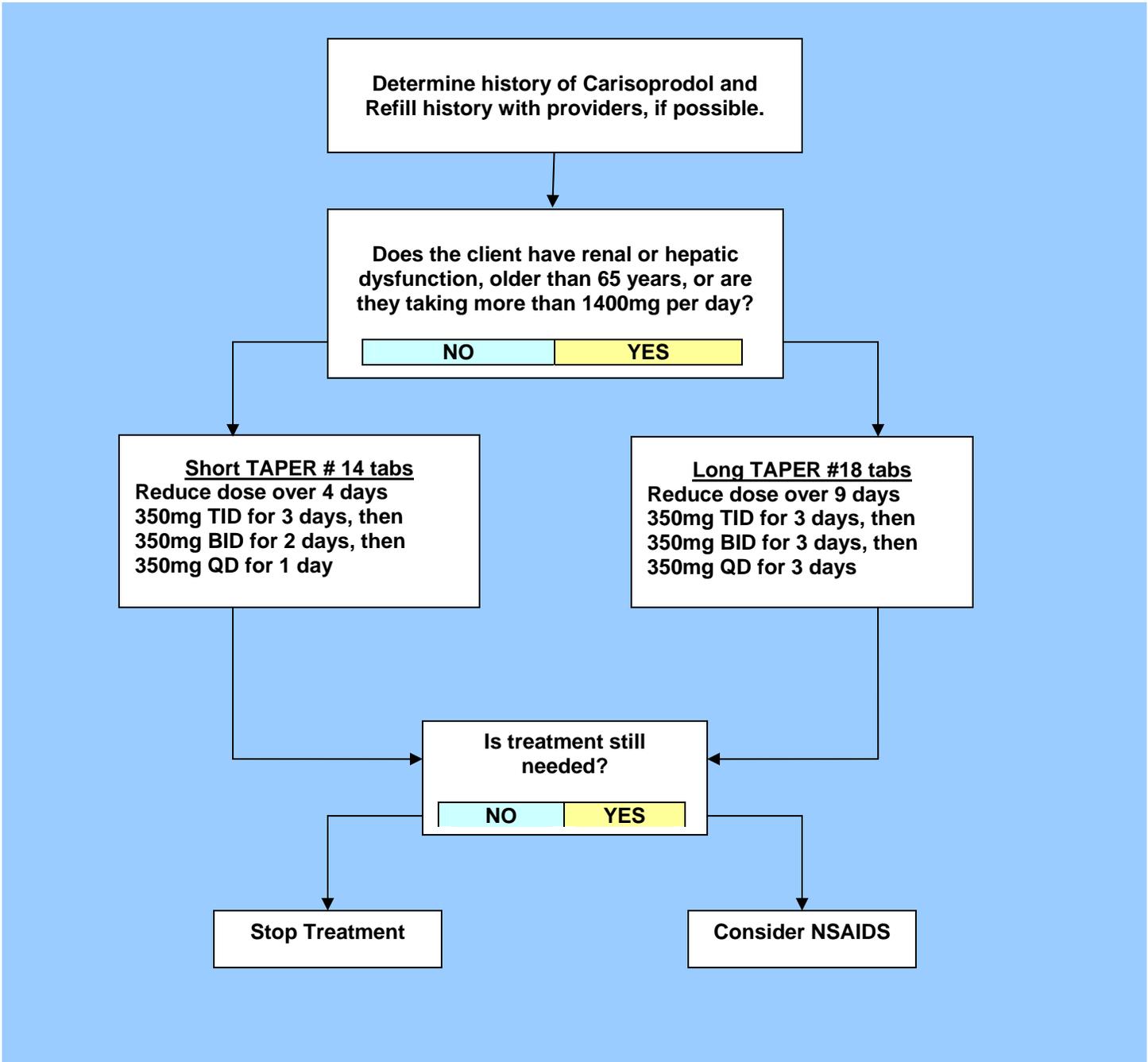
Carisoprodol product limited to Quantities >56 tablets during a rolling 90-days.

| GCN | GENERIC | BRAND |
|----------------|--------------------------|-------------------------|
| 004663, 023385 | Carisoprodol | Soma |
| 004661 | Carisoprodal/aspirin | Soma Compound |
| 048518 | Carisoprodol/asa/codeine | Soma Compound w/codeine |

| Approval Criteria | | |
|---|-----------------------------------|---|
| 1. What is the diagnosis being treated? | Record ICD9 code. | |
| 2. Is diagnosis covered by the Oregon Health Plan? | Yes: Got to #3. | No: Pass to RPH; Deny, (Not Covered by the OHP) |
| 3. Is drug requested carisoprodol? | Yes: Go to #4. | No: Go to #6. |
| 4. Does total quantity of carisoprodol (Soma) products exceed 56 tablets within 90 days? From claims, document product, dose, directions, and amount used during last 90 days: | Yes: Go to #5. | No: Quantities less than 56 tablets within 90 days DO NOT require a prior authorization; override edit if needed |
| 5. Does patient have a terminal illness (e.g. metastatic CA, end stage HIV, ALS)? | Yes: Approve for 6 months. | No: Pass to RPH, Go to #7. |

| | | |
|--|---|---|
| <p>6. Will the prescriber consider a change to a preferred product? Message:</p> <ul style="list-style-type: none"> • Preferred products do not require PA • - Preferred products are evidence-based reviewed for comparative effectiveness & safety by the Health Resources Commission (HRC). <p>Reports are available at: http://www.oregon.gov/OHPPR/HRC/Evidence_Based_Reports.shtml</p> | <p>Yes: Inform provider of covered alternatives in class and carisoprodol dose limits. http://www.dhs.state.or.us/policy/healthplan/guides/pharmacy/main.html</p> | <p>No. Approve for up to 6 months</p> |
| <p>7. Pharmacist's Statement:</p> <ul style="list-style-type: none"> • Carisoprodol cannot be approved for long term usage. • Patients are limited to 56 tablets in a 90 day period. • It is recommended that the patient undergo a "taper" of the Soma (Carisoprodol) product of which a supply may be authorized for this to occur. • The amount and length of taper depends upon the patient's condition. Does the patient meet one or more of the following?: <ul style="list-style-type: none"> ▪ >65 years old ▪ Renal Failure ▪ Hepatic failure <p>Take > 1400mg per day (>3.5 tablets)</p> | <p>Yes: Document reason and approve long taper:</p> <ul style="list-style-type: none"> ✓ Authorize 18 tablets ✓ Reduce dose over 9 days ✓ 350mg TID X 3 days, then ✓ 350mg BID X 3 days, then ✓ 350mg QD x 3 days then evaluate | <p>No: Approve short taper:</p> <ul style="list-style-type: none"> ✓ Authorize 10 tablets ✓ Reduce dose over 4 days ✓ 350 mg tid x 1 day, then ✓ 350 mg bid x 2 days, then ✓ 350 mg QD x 1 day, then evaluate |

Tapering Carisoprodol



DUR Board Action: 9-24-09(DO), 2-23-06, 2-24-04, 11-14-01, 2-21-01, 9-6-00, 5-10-00, 2-9-00
Revision(s): 1-1-10, 11-18-04
Initiated: 12-6-02

Topamax (Topiramate)

Goal(s): Approve topiramate only for covered diagnoses (above the line) that are supported by the medical literature (e.g. Epilepsy, and migraine prophylaxis).

Topiramate has not demonstrated superiority to placebo for the treatment of bipolar affective disorder. Its use should be reserved for treatment failure.

Note: Weight loss is not covered by the OHP.

Length of Authorization: 90 days to Lifetime (criteria specific)

Covered Alternatives:

Bipolar affective disorder: lithium, valproate, lamotrigine, carbamazepine,
Migraine prophylaxis: tcas, beta-blockers, calcium channel blockers, valproate,
Gabapentin (Refer to American Academy of Neurology Guideline
<http://www.neurology.org/cgi/reprint/55/6/754.pdf>)

Requires PA: Clients >18 years old; Topiramate (Topamax) HSN=011060

| Approval Criteria | | |
|---|---|--|
| 1. What is the diagnosis being treated? | Record the ICD9 code being treated. | |
| 2. Does client have diagnosis of epilepsy (ICD-9 code 345.0-345.9, 780.39, or 907.0)? | Yes: Approve for lifetime (until 12-31-2036) | No: Go to #3. |
| 3. Does the client have a diagnosis of migraine (ICD9 346)? | Yes: Go to #4. | No: Go to #5. |
| 4. Has the client tried or are they contraindicated to at least two of the following drug classes: <ul style="list-style-type: none"> • Tcas • Gabapentin • Beta blockers • Calcium channel blockers • Valproate Document drugs tried or contraindications. | Yes: Approve for 90 days with subsequent approvals dependent on documented* positive response for lifetime (12-31-2036) <i>*Documented response means that follow-up and response is noted in client's chart per clinic staff</i> | No: Pass to RPH; Deny, (Medical Appropriateness) and recommend trial of covered alternative. Refer to practice guideline http://www.neurology.org/cgi/reprint/55/6/754.pdf |
| 5. Does the client have a diagnosis of bipolar affective disorder or schizoaffective disorder (ICD9 296 and subsets)? (ICD9 2965(?) And subsets)? | Yes: Go to #6. | No: Go to #7. |

| | | |
|---|---|--|
| <p>6. Has the client tried or are they contraindicated to at least two of the following drugs:</p> <ul style="list-style-type: none"> • Lithium • Valproate and derivatives • Lamotrigine • Carbamazepine • Atypical antipsychotic <p>Document drugs tried or contraindications.</p> | <p>Yes: Approve for 90 days with subsequent approvals dependent on documented positive response for lifetime approval.*</p> | <p>No: PASS TO RPH, DENY(Medical Appropriateness) and recommend trial of covered alternative.</p> |
| <p>7. Is the client using the medication for weight loss? (Obesity ICD9 278.0, 278.01)?</p> | <p>Yes: Pass to RPH; Deny, (Not covered by the OHP)</p> | <p>No: Go to #8.</p> |
| <p>8. Pass to RPH.</p> <p>All other indications need to be evaluated for appropriateness:</p> <p>Neuropathic pain Post-Traumatic Stress Disorder (PTSD) Substance abuse</p> | <p>Use is off-label: Deny, (Medical Appropriateness) Other treatments should be tried as appropriate.</p> <p>Below the line diagnoses: Deny, (Not covered by the OHP)</p> <p>If clinically warranted: Deny, yesterdays date (Medical Appropriateness) and use clinical judgement to approve for 1 month starting today to allow time for appeal.</p> <p>MESSAGE: "Although the request has been denied for long term use because it is considered medically inappropriate, it has also been APPROVED for one month to allow time for appeal."</p> | |

DUR Board Action: (9-20-2007, 11-29-2007)
Revision(s):
Initiated: 4/1/08

Weight Loss Medications

Goal(s):

- Cover drugs only for covered diagnoses.
- Obesity treatment is generally not covered by the OHP and amphetamines are NOT covered for weight loss.

OREGON Medicaid restricts access to Orlistat for weight loss, but CMS states Medicaid programs must make it **available for hypercholesterolemia**.

Note: For Weight Loss Fax Questionnaire

Length of Authorization: 4 months, (ONCE IN A LIFETIME)

| HSN | Generic Name |
|--------|------------------|
| 018751 | Orlistat |
| 016924 | Sibutramine |
| 002070 | Benzphetamine |
| 002112 | Phentermin Resin |
| 002116 | Diethylpropion |
| 002111 | Phentermine |
| 002115 | Bontril |

| Approval Criteria | | |
|---|--|--|
| 1. What is the diagnosis being treated? | Record the ICD9 code being treated. | |
| 2. Is the diagnosis obesity or weight related? | Yes: Go to #3. | No: Go to #4. |
| 3. Client requesting weight reduction drugs must meet the following four requirements (A.B.C. & D): | | |
| A. Does the client have documented diagnosis of Diabetes Mellitus? | Yes: Proceed with next question | No: Pass to RPH: Deny, (Not Covered by the OHP) |
| <ul style="list-style-type: none"> Does the client have documented anti-diabetic medications on their profile? | Yes: Document medication(s) used <i>and</i> Go to B. | |
| B. Does client have hyperlipidemia? | Yes: Proceed with next question | |
| <ul style="list-style-type: none"> Does client have documented lipid-lowering therapy on profile? | Yes: Proceed with next question | |
| <ul style="list-style-type: none"> Request clients last serum LDL cholesterol concentration | | |
| <ul style="list-style-type: none"> Is LDL \geq 160mg/dl | Yes: Go to C. | No: Pass to RPH: Deny, (Not Covered by the OHP) |
| C. Is the client obese? | Yes: Go to D. | |
| <ul style="list-style-type: none"> Document height, Document weight:(see charts below) | | |
| D. Is the client on a 1200 calorie or less diet? | Yes: Approve weight Loss medication for four (4) months: NOTE: THIS IS NOT RENEWABLE- THIS IS A LIFETIME LIMIT OF FOUR MONTHS | |
| | | |

| | | |
|---|--|---|
| <p>4. Is Orlistat being used to treat hypercholesterolemia? (<i>OREGON Medicaid restricts access to orlistat for weight loss, but CMS states Medicaid programs must make it available for hypercholesterolemia</i>).</p> | <p>Yes: Go to #5.</p> | <p>No: Pass to RPH; Deny, (Medical Appropriateness)</p> |
| <p>5. Has client failed or is intolerant to Statin, fibrate, or bile acid sequestrant therapy?</p> | <p>Yes: Approve for 3 month with subsequent approvals (up to 1 year) dependent on favorable response.</p> | <p>No: Pass to RPH and suggest alternatives; generic lovastatin is the preferred statin. If not willing to switch, approve for 3 month with subsequent approvals (up to 1 year) dependent on favorable response.</p> |

| We Can! Watch Our Weight | | | | | | | | | | | | | | | | | |
|---------------------------------|----------------------|-----|-----|-----|-----|-----|------------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|
| | Healthy Weight | | | | | | Overweight | | | | | | Obese | | | | |
| BMI | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 |
| Height | Body Weight (pounds) | | | | | | | | | | | | | | | | |
| 4'10" | 91 | 96 | 100 | 105 | 110 | 115 | 119 | 124 | 129 | 134 | 138 | 143 | 148 | 153 | 158 | 162 | 167 |
| 4'11" | 94 | 99 | 104 | 109 | 114 | 119 | 124 | 128 | 133 | 138 | 143 | 148 | 153 | 158 | 163 | 168 | 173 |
| 5'0" | 97 | 102 | 107 | 112 | 118 | 123 | 128 | 133 | 138 | 143 | 148 | 153 | 158 | 163 | 168 | 174 | 179 |
| 5'1" | 100 | 106 | 111 | 116 | 122 | 127 | 132 | 137 | 143 | 148 | 153 | 158 | 164 | 169 | 174 | 180 | 185 |
| 5'2" | 104 | 109 | 115 | 120 | 126 | 131 | 136 | 142 | 147 | 153 | 158 | 164 | 169 | 175 | 180 | 186 | 191 |
| 5'3" | 107 | 113 | 118 | 124 | 130 | 135 | 141 | 146 | 152 | 158 | 163 | 169 | 175 | 180 | 186 | 191 | 197 |
| 5'4" | 110 | 116 | 122 | 128 | 134 | 140 | 145 | 151 | 157 | 163 | 169 | 174 | 180 | 186 | 192 | 197 | 204 |
| 5'5" | 114 | 120 | 126 | 132 | 138 | 144 | 150 | 156 | 162 | 168 | 174 | 180 | 186 | 192 | 198 | 204 | 210 |
| 5'6" | 118 | 124 | 130 | 136 | 142 | 148 | 155 | 161 | 167 | 173 | 179 | 186 | 192 | 198 | 204 | 210 | 216 |
| 5'7" | 121 | 127 | 134 | 140 | 146 | 153 | 159 | 166 | 172 | 178 | 185 | 191 | 198 | 204 | 211 | 217 | 223 |
| 5'8" | 125 | 131 | 138 | 144 | 151 | 158 | 164 | 171 | 177 | 184 | 190 | 197 | 203 | 210 | 216 | 223 | 230 |
| 5'9" | 128 | 135 | 142 | 149 | 155 | 162 | 169 | 176 | 182 | 189 | 196 | 203 | 209 | 216 | 223 | 230 | 236 |
| 5'10" | 132 | 139 | 146 | 153 | 160 | 167 | 174 | 181 | 188 | 195 | 202 | 209 | 216 | 222 | 229 | 236 | 243 |
| 5'11" | 136 | 143 | 150 | 157 | 165 | 172 | 179 | 186 | 193 | 200 | 208 | 215 | 222 | 229 | 236 | 243 | 250 |
| 6'0" | 140 | 147 | 154 | 162 | 169 | 177 | 184 | 191 | 199 | 206 | 213 | 221 | 228 | 235 | 242 | 250 | 258 |
| 6'1" | 144 | 151 | 159 | 166 | 174 | 182 | 189 | 197 | 204 | 212 | 219 | 227 | 235 | 242 | 250 | 257 | 265 |
| 6'2" | 148 | 155 | 163 | 171 | 179 | 186 | 194 | 202 | 210 | 218 | 225 | 233 | 241 | 249 | 256 | 264 | 272 |
| 6'3" | 152 | 160 | 168 | 176 | 184 | 192 | 200 | 208 | 216 | 224 | 232 | 240 | 248 | 256 | 264 | 272 | 279 |
| 6'4" | 156 | 164 | 172 | 180 | 189 | 197 | 205 | 213 | 221 | 230 | 238 | 246 | 254 | 263 | 271 | 279 | 287 |

Source: Evidence Report of Clinical Guidelines on the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults, 1998, National Institutes of Health, National Heart, Lung, and Blood Institute, <http://www.health.gov/dietaryguidelines/dga2005/document/html/hchapter3.htm>

DUR Board Action:
Revisions: 7-1-06
Initiation:

