

# SCOPE STATEMENT FOR HERC COVERAGE GUIDANCE

## KNEE ARTHROSCOPY FOR OSTEOARTHRITIS

<b>Population description</b>	Adults with osteoarthritis of the knee <i>Population scoping notes: None</i>
<b>Intervention(s)</b>	Therapeutic arthroscopic lavage and debridement of the knee <i>Intervention exclusions: Diagnostic arthroscopy</i>
<b>Comparator(s)</b>	Physical therapy, home exercise programs, aquatic exercise programs, transcutaneous electrostimulation, medications (for example, NSAIDs, acetaminophen, topical analgesics, opioids, glucosamine and chondroitin), viscosupplementation, corticosteroid injections, off-loading braces or orthoses, osteotomy, total knee arthroplasty, sham surgery, acupuncture.
<b>Outcome(s) (up to five)</b>	Critical: Need for (or time to) total knee arthroplasty, long-term physical function Important: Long-term pain, quality of life, harms <i>Considered but not selected for GRADE Table: None</i>
<b>Key questions</b>	<ol style="list-style-type: none"> <li>1. What is the comparative effectiveness of therapeutic arthroscopic procedures for osteoarthritis of the knee?</li> <li>2. Does the comparative effectiveness of therapeutic arthroscopic procedures for osteoarthritis of the knee vary by:             <ol style="list-style-type: none"> <li>a. Severity of osteoarthritis</li> <li>b. Presence and severity of meniscal tears</li> <li>c. Response to non-invasive or minimally-invasive treatments</li> <li>d. Age</li> <li>e. Other risk factors (e.g., obesity)</li> </ol> </li> <li>3. What are the harms of therapeutic arthroscopic procedures for osteoarthritis of the knee?</li> </ol>
<b>Contextual questions</b>	

### CHANGE LOG

Date	Change	Rationale