

# OPRD Minimum ATV Hands-on Training Standards – Class I

1. Rider has a valid ATV Safety Education Card –or– a Certificate of Completion from the on-line safety course

2. Rider Fit - rider is evaluated on the ATV they normally ride. A Class I ATV operator under the age of 16 must meet all the following minimum physical size requirements in relationship to the vehicle (OAR 736-004-0115):

- Brake Reach: With hands placed in the normal operating position and fingers straight out, the first joint (from the tip) of the middle finger will extend beyond the brake lever and clutch;
- Leg Length: While sitting and with their feet on the pegs, the knee must be bent at least 45 degrees;
- Grip Reach: While sitting upright on the ATV with hands on the handlebars and not leaning forward, there must be a distinct angle between the upper arm and the forearm; and
- The rider must be able to turn the handlebars from lock to lock while maintaining grip on the handlebars and maintaining the throttle and brake control.

*Disabled riders are allowed to use prosthetic devices or modified or adaptive equipment to achieve rider fit.*

### 3. Safety Course Review

- Discussed *riding Safe, Smart, and Ethically*

### 4. ATV Familiarization – rider successfully identifies all applicable major controls

- Engine controls (ignition, engine stop switch, throttle, reverse, choke)
- Foot & hand controls (gear selector, brakes, clutch, parking brake)
- Lights (neutral light or gear indicator, headlights, brake lights)

**For the following, evaluate the rider on body and head position, and vehicle control**

### 5. Starting/Stopping – rider demonstrates control of ATV

- while riding slowly forward and coming to a controlled stop

### 6. Turns & Weaves – rider successfully demonstrates

- 30' diameter circles, both directions
- hard turns while weaving through at least five markers set 10' to 20' apart

### 7. Quick Stops – on signal the rider comes to a controlled stop

- while going straight
- while in a turn in both directions

### 8. Evasive Moves - on directional signal from in front of the rider, the rider *avoided an obstacle*

- by veering left
- by veering right

### 9. Rough Terrain – rider successfully navigates

- over two *single track* and two *dual track* obstacles. Obstacle height for youth are 2" minimum to 4" maximum.

Rider has demonstrated that he/she can safely operate a Class I ATV and meets or exceeds OPRD minimum standards.

Rider does not yet have the [*circle one*]

(1) necessary skills; seek more practice or attend a hands-on ATV Safety Training Program.

(2) rider fit necessary to safely operate an ATV; Rider should wait until he or she fits the ATV they will be riding.

**Upon Successful completion, rider gets a temporary ATV Safety Education Card that's good for 60 days while waiting for their plastic permanent card in the mail.**

# OPRD Minimum ATV Hands-on Training Standards – Class I

## Definitions

1. **Riding Safe, Smart, Ethically**
  - a. **Safe:** Using good judgment; making good decisions; passengers
  - b. **Smart:** Laws and rules review
  - c. **Ethically:** staging or camping areas; **tread lightly**; respecting flora & fauna,
2. **Head Position**
  - a. Head and eyes are up and always looking into the direction of travel and into the turn.
3. **Body Position**
  - a. Rider positions bodyweight into the turn.
  - b. Rider is balanced on foot pegs while standing with legs and arms slightly bent.
4. **Vehicle Control**
  - a. All wheels remain in contact with the ground.
  - b. Rider's hands and feet are always able to utilize controls.
  - c. Vehicle is doing what the rider wants it to do at all times.
5. **Avoiding Obstacles**
  - a. Rider maneuvers vehicle around obstacle.
  - b. Rider does not accidentally use excessive throttle.
  - c. Rider does not display confusion or indecision during execution.
6. **Controlled Stop**
  - a. Rider uses all brakes to stop the ATV
  - b. ATV stops with minimal sliding
  - c. Rider maintains head position and body position while stopping
7. **Single Track/Dual Track**
  - a. A single track obstacle is one which only affects one side of the quad, i.e. the left tires only
  - b. A dual track obstacle affects all four tires – the left track and the right track.
  - c. Motorcycles are single track by nature of having two in-line wheels

## Class Minimum Requirements

1. Riders should bring their own quad (3-wheelers not allowed).
2. Have completed the OPRD on-line Safety Education Course
  - Bring ATV Safety Education Card or printed Certificate of Completion
3. Have a parent or guardian accompany you (15 or younger)
4. Helmet (DOT approved motorcycle helmet that fits properly)
5. Goggles (or helmet w/shield)
6. Gloves
7. Sturdy over-the-ankle shoes or boots
8. Long-sleeve shirt
9. Long pants

## **OPRD Minimum ATV Hands-on Training Standards – Class I Additional Modules (not to be evaluated)**

1. Starting and Stopping while riding slowly in reverse
2. Hills
3. Whoops
4. Loading/unloading OHV (push-not ride, securing OHV)
5. Turning OHV around from stop,
  - a. On hills
  - b. On flat ground
6. Misc discussion items (also covered on-line)
  - a. Riding in groups: Waiting at intersections for rider behind you.
  - b. Hand signals (indicating how many riders behind you or in another group you encounter).