



Documentary filmmaker visits MacLaren



From left: Producer Sarah Barab, volunteer Sean Bowers and cameraman Roy Yohay.

By [CJ Drake](#), Oregon Youth Authority
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New York-based film producer Sarah Barab brought her crew to MacLaren YCF in February to interview staff, volunteers and youth for a documentary on the power and potential of meditation and mindfulness. Barab has spent the past several years traveling the world to interview people and shoot footage for her film, "Naked Mind." One of the film's subjects, Sean Bowers, is a Portland-based poet who spent time at MacLaren as a youth and is now a volunteer there. He also practices meditation. Barab hopes to wrap up filming this year. To learn more, visit www.nakedmindthefilm.org.